

CHATS WITH YOUNG MEN

In every place there are some men who have the courage to make an effort to succeed—to take risks—to dare—to try new things and new ways...

THE MAN WHO KNOWS IT CAN'T BE DONE

He counts the risk, not the reward. He shrinks before the things which he makes his fight. His hand is always on the reverse lever—his determination runs in the wrong direction...

OUR BOYS AND GIRLS

THE HABIT OF DECISION "You will find, Stevie," said Uncle Hiram to his hopeful young nephew, "a great satisfaction and a great help in being able to make up your mind."

Don't let him annoy you—he isn't really complete. He's an inferior product—a second-hand article...

LABOR IS HONORABLE

The hands which build are as truly great as the minds which plan. Each is helpless without the other. I know hands which would almost frighten one to look at—seamed, cracked, calloused...

FRIENDSHIPS

Be not in overmuch haste about forming friendships. The tendency of impetuous youth is to declare lasting affection for the first comrade that pleases the fancy. Better wait. Time tests. The friend who, after a probation period, appears to your reason as well as your heart, is the one to grip to your life with all the strong cords of affection and service...

THE JUDGMENT OF THE QUIET HOUR

Did you ever stop to think that no one else can really make or unmake you? Parents and teachers may do their best, companions may do their worst, precept and example, good and bad, may be forced upon you, but it is in the quiet inner chamber of your own soul that the shaping of your character is really done. Your own hand holds the graving tool. That is the meaning of many an uncomfortable hour when you cannot make the verdict of the careless crowd have any weight with the inner monitor that questions judges so relentlessly. Never mind others; they are outside; to their own master they stand or fall. You are you. What are you going to do with yourself? It is because you must answer this question in one way or another; because no one else can answer it for you, that God has put these quiet times of self-judgment into your life. If you listen to the voice

FORBEAR TO SPEAK HASTILY

From the beginning of the day to nightfall we need to say, not to our neighbor, but to ourselves—Forbear; and again forbear. Seldom do we regret silence, often must we lament its absence. Our hasty words, impetuously spoken, linger in wounded memory, and leave scars. One question whether affection is again the same after an unjust or brutal attack has flamed its perfect arc. In the home realm, where relatives meet in the unrestrained of daily intercourse and the social guard is down there is always occasion for the exercise of forbearance. Wait a little; repress the impulse to censure; drive back the spirit which is bitter and bristling, and wear the look and speak the language of amiability. Recall the assertion of a certain old book, that "better is he that rules his spirit than he that takes a city."

AN ALL-AROUND GIRL

That is what every girl should aim to be, an all-around girl. Some of the most brilliant and lovable among your friends, probably do not deserve that title. There is Phyllis who is so talented in her music, but who, if she had to get her own breakfast and dinner would be likely to starve to death. There is Rachel, who is a splendid housekeeper, and takes deserved pride in her bread and pies, but if the conversation turns on literature, or the events of the day, looks so pathetically blank. And here is still another girl who leads her class in school, and yet goes about with the most shabby, dowdy, ill-fitting appearance imaginable, simply because she will not take the time to make herself look attractive.

A NEEDED WARNING

It is well that we should be now and then shaken out of our self-complacency and be made to realize that we are at things as they really are. Use and want are so apt to make us accustomed to so many things that should arouse our indignation and keep it aroused at these things exist. A shaking up of this kind, even if it comes through thorough and vigorous enough, helps to clear the moral atmosphere. To fight evil it must first be known in its true character. We have been led to make these remarks by an established synopsis of a lecture delivered recently in Brooklyn, N. B., by Rev. Father A. P. Doyle, rector of the Apostolic house in Washington, D. C.

A BOY'S SUCCESS

A boy with a turn for invention had a room fitted up with a table, a chair and a box of tools. Here he spent every moment that he could spare from his school work or the errands his mother wished him to do for her. Mysterious sounds sometimes issued from the room, and the boy would reluctantly leave it to come to the table or mingle with the family. "Why do you allow Gerald to waste so much time?" somebody said to the boy's father. "Most inventors are disappointed about results and few of them ever succeed in making money."

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It Won't Rub Off

CHURCH'S COLD WATER Alabastine

The Alabastine Co., Limited 56 Willow St., Paris, Ont.

Not the most costly, but the most stylish. Alabastine tints make a room glow with warmth and cheerfulness. Free Stencils. The Alabastine Co., Limited.

whilst these conditions are becoming more and more acute the only bridle of restraint, besides the policeman's club, can be found in a widespread religious conviction, and this too has been cast aside.

The moral charnel house to which Father Doyle calls our attention need not necessarily make us despair of the future. Rather it should stimulate us to renewed effort to do our share in counteracting the poisonous emanations from that charnel house.

NEARING 15,000,000 IS CATHOLIC POPULATION—23,000,000 UNDER AMERICAN FLAG

There are 14,613,731 Roman Catholics in the United States, according to the 1911 Whitely Catholic directory. This figure does not include the Catholics in the Philippines, Porto Rico or Hawaiian Islands, where there are 9,000,000 more.

AN EASY CURE FOR SCRUPLES

A certain friend of St. Francis de Sales was all full of scruples, mistrusting whether he loved his neighbor. The saint wrote him: "Do not try to discover whether or not your heart is pleasing to God. I forbid you to do it. But you must certainly try to make sure that His heart is pleasing to you. Now, if you but meditate upon His heart, it cannot possibly be otherwise but well pleasing to you, so sweet is it, so gentle, so condescending, so loving towards all of His poor creatures who do but acknowledge their wretchedness; so grateful to the unhappy, so good to the penitent." (Spirit of St. Francis de Sales, p. 281.)

Introspection is the bane of nervous Christians, searching the Jerusalem of their souls with the lamps of self-suspicion. A scrupulous person is one who is addicted to unreasonable self-accusation. Now, according to St. Francis de Sales, whoever is reasonably eager to find the love of Christ in his soul, is a safe and sane Christian. And love is the easiest thing in the world to find, the plainest of qualities. Cannot I tell whether or not I am fond of anybody?

Professional

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stroy the whole basis of free-will, of responsibility for our actions, and of retribution. Teach that sin is an illusory belief, and no matter how you strive to hedge, you lead straight to the practical conclusion that there can be no harm in satisfying one's desires.

Common Sense Exterminator. A 25c Package Will Kill 50 Rats. Rate and mice leave every food...

DOES A WASHING JUST LIKE PLAY!

1900 Gravity Washer. Ladies! Just see how easy it is to do a big washing with my 1900 Gravity Washer. I start for the tub, I turn on the water, and the rest is done for me. Washes a tubful in 15 minutes. How a treat for you and your family. The 1900 Washer is the most marvelous machine on trial. There's not a kink for you in it, and it's so simple, that you can buy for it a little each week out of the money you save!

THE PAGE WIRE FENCE CO., LTD., Walkerville, Ont. A fence of this kind only 16 to 22c, per running foot. Shipped in rolls. Anyone can put it on the posts without special tools. We were the originators of this fence. Have sold hundreds of miles for enclosing parks, lawns, gardens, cemeteries, churches, station grounds, etc., etc. Supplied in any lengths desired, and painted either white or green. Also, Farm Fences and Gates, Netting, Baskets, Mats, Fence Tools, etc. etc. Ask for our 1911 catalog, the most complete fence catalog ever published.

MAGIC BAKING POWDER. THE WHITEST, LIGHTEST. COSTS NO MORE THAN THE ORDINARY KINDS. CONTAINS NO ALUM.

When the Children Come Home From School— give them Kellogg's Toasted Corn Flakes. "Kellogg's" is a wholesome cereal that satisfies a child's longing for sweetmeats. You can give them all they crave of it, too, for while strong in quality, it is light in digestibility. Be sure to get "Kellogg's." 10c per pkg.