

The woman answered : "I have no bread. I have only a handful of flour in my barrel, and a little oil in a cruse." A cruse means a jar, and the oil was olive oil, which, in Eastern lands, is eaten with bread, as we use butter. "I was just picking up sticks to kindle a fire to bake a cake for my son and myself to eat. When the cake is gone, we will have to die, for there is nothing else to eat."

Elijah answered : "Fear not. First make me a little cake. Then make one for thyself and thy son." The cakes which were used in those days were like our pancakes, round or oval in form, and 10 or 12 inches across.

"The Lord hath promised that thy barrel of flour shall not be empty, nor thy jar of oil, until He sends the rain." Then the poor widow, though she had only enough flour to make one meal for herself and her son, did as Elijah had told her, trusting in the promise that the Lord would provide for her.

After that, for a year, the woman took flour from the barrel each day. She and her son and Elijah had plenty to eat, yet the barrel never grew empty.

God was taking care of Elijah and his friends.

Questions on the Lesson

1. About what prophet is the Lesson ? 2. What king had Elijah made angry ? 3. With what message had he gone to the king ? 4. Who had sent this message ? 5. Why were the people to be punished ? 6. Where was Elijah told to go and hide ? 7. How was he provided with food ? 8. What happened at last to the brook ? 9. Whither was Elijah then told to go ? 10. Who was to provide food for him there ? 11. What did Elijah find the woman doing ? 12. What did he ask her ? 13. What did the woman answer ? 14. What did Elijah say the Lord had promised ? 15. What did the woman then do ? 16. How long did her flour and oil last ? 17. What is the Golden Text ?

Lesson Hymn

God, who made all things,
On earth, in air, in sea,
Who changing seasons brings,
Careth for me.

God, who sent His Son

To die on Calvary

He, if I lean on Him,

Will care for me. Amen.

—Hymn 509, Book of Praise

The Catechism

PRIMARY CATECHISM—43. What would have happened to us if Jesus had not died for us ? If Jesus had not died for us, we all would have been lost.

SHORTER CATECHISM—Review Questions 24-27.

The Question on Missions

9. What does the Settlement's summer camp do for its members ? It gives clean air and good food to worn-out mothers and sickly children. It gives a glimpse of a happy Christian home life to those who have never known a Christian home, and helps to form friendships on which is based the best work of the winter.

AFTER SUNDAY SCHOOL

Color the drawing which shows Elijah, the fearless prophet, bringing God's message to



the wicked king Ahab, and remember that God can make you strong and brave to fight against evil as Elijah was

I Have Learned To-day

THAT I SHOULD NOT BE ANXIOUS