

convict ships bound for New South Wales. Following the long and gloomy procession whenever a convict ship, with females on board, was to sail, was Mrs. Fry's carriage, and during the time before the ship started she was busy reading, and praying with the women, and distributing work of all kinds to be done on the voyage, so that upon landing they might have something that could be turned into money.

She passed away in her sixty-sixth year, deeply lamented by thousands who had been helped by her philanthropy. The key to her whole character may be found in these words from her own pen:

"I can say one thing—since my heart was touched at seventeen years old, I believe I have never awakened from sleep, in sickness or in health, by night or day, without my first thought being, how best I may serve my Maker." She served God by serving her fellow beings.

## Life Issues.

BY REV. A. K. BIRKS, M.A.

IN Proverbs, the fourth chapter and twenty-third verse, we read: "Keep thy heart with all diligence, for out of it are the issues of life." We are so kept by the power of God unto salvation we are apt to forget we have any keeping to do. This passage teaches us that we are to watch, guide, restrain, preserve that fountain of real life—the heart. Every one knows it does not mean the fleshy, muscular organ; but that which is the seat and centre of the mental, moral and spiritual faculties and powers. While the heart beats there is life, but what makes the heart beat is a mystery. Physiologists tell us all about the formation of the brain, but none of them ever saw the thought that passes through it, and it is that inmost essence, which no eye can



THE FORWARD MOVEMENT FOR MISSIONS, IN ITS WORKING CLOTHES

## A Remarkable Exhibit.

THE striking picture on this page shows our friend Dr. Stephenson, surrounded by the various instruments which he makes use of so effectively in pushing the "Forward Movement for Missions." Here are missionary maps, books, pictures, stereopticon, lantern slides, etc., all having one object, to awaken and maintain interest in the missionary work of our Church. Dr. Stephenson is a believer in the use of literature in the campaign which he is pushing and the best books and papers are kept well to the front.

The papers lying on the floor, reading from left to right, are *Onward*, *EPWORTH ERA*, *Christian Guardian*, *Missionary Outlook*, *Wesleyan*, *Methodist Magazine*.

Considerable prominence is being given just now to the text book, "The Heart of Sz-Chuan," and "The Missionary Bulletin."

The most remarkable part of the exhibit, however, is "the man behind the gun." All these educational appliances would not be of much account without wise and enthusiastic management. This Dr. Stephenson has supplied and the success of the Forward Movement is largely due to his energetic leadership.

ever see, and no philosophy ever explain, that is to be kept with all diligence, or, as the marginal reading has it, "above all keeping." Nothing else is to be guarded so zealously and kept so carefully, because out of it are the issues of life. The issues of life are from within, and not from without. They have their source-spring and fountain in the heart. A man may live in a royal palace with all the wealth of a Rockefeller many times multiplied, with all this world's luxuries that heart could wish for, and be the most miserable being on earth, living in a veritable hell, and with his mouth full of cursing. Another man lives in a little hut; he has hardly the necessities of life. He lies upon a bed of straw and suffers the agonies of inflammatory rheumatism, but ever and anon he bursts forth into songs of praise and hallelujahs of thanksgiving. He testifies to his supreme happiness and abundant life. In the one instance, where from outward appearances we would most expect to find happiness, we look for it and it is not there. In the latter case, where we least expect to find it, lo! it is there. How is it? Because happiness, joy, peace, life are in the heart, and not in material things. Out of the heart are the issues of life; keep the jewel with all diligence.

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