

HAVE YOU BEEN IN THIS FIX?

If You Have Kept a Box of Dodd's Dyspepsia Tablets for Reference—They Always Bring Relief.

How often after eating something that did not agree with you have you ransacked the house for something to give you relief. Of course you did not fear any serious results, but the discomfort was such that you were prepared to give anything in reason or out of reason just to feel at rest for a moment.

Do you know that one or two of Dodd's Dyspepsia Tablets was the very thing you were looking for? If you don't, ask anybody who has ever used them, and they will tell you. Listen to what Mr. R. Janowski, Postmaster at Fesserton, Ont., says: "I have given Dodd's Dyspepsia Tablets a fair trial, and can with every confidence recommend them. I generally use only half a tablet after eating, and it never fails to give me relief."

If you would eat what you like, when you like, use Dodd's Dyspepsia Tablets.

SERVANTS IN ENGLAND.

The Case of Muggins, Who Wished She Were Dead.

The terrors of etiquette below stairs! There once strayed into my employ a housemaid whose career hitherto had been confined to lodging houses. Upstairs she always looked frightened, and her face had a great attraction for "smuts," but she was very willing and very competent.

"It is not for me to ask madam to send Muggins away, but the rest of us will go if Muggins stays. I don't know where she has lived out before, but she drinks out of her saucer and does not even know that we expect her to be down in our sitting room at half past six dressed in her black and ready to pour out the servants' tea." Of course I gave Muggins notice, recognizing that the lodging house was her proper sphere, and in the month that followed I knew she suffered martyrdom. She used to wipe her eyes stealthily, and as she was not proud I showed her some sympathy.

"They ain't nice to me downstairs like you are, ma'am," she sobbed, "though I'm doing my best. Cook says she won't wipe up the dishes for the likes of me."

"Never mind, Muggins. You'll be going soon, and after all, you have learned a good deal here," I consoled her. "I wish," said Muggins, "I was dead."

—Mrs. John Lane in Harper's Bazar.

The Benefits of Sugar.

A correspondent remarks that sugar has modified the history of Europe and of the world in more ways than one. Used in England four centuries ago almost exclusively in the preparation of medicines and long afterward an article of luxury only accessible to the rich, it has by enlarged production and cheapened manufacture been brought within the reach of all. The universal use of this practically pure carbohydrate, which is not only a freely burning fuel and potent sparer, but a muscle food, increasing the power of doing work and lessening fatigue, must have had widespread and beneficial effects on the national health. Especially in the case of children, whose greed of sugar is the expression of a physiological want, has that food been valuable in conducting to growth, contentment and well being.

A Record Breaker.

Among the army of London carriage drivers is an Irishman noted for his native wit. It stood him in poor stead one day, however, Pat was engaged by a gentleman to drive to a hydropathic establishment.

On arrival at the gate the fare inquired, "What's your fare, driver?" "Well, sir," said Pat, "the manest gintleman I ever drove here gave me 2 shillings."

"Is that so?" exclaimed the gentleman, who was a bit of a wag. "Well, a shilling for you, my man. I the idea of breaking records." —Globe.

ONE MAN HAS DONE

Markable Achievement of a Cable Man—A splendid Example of what Untiring Devotion

Mrs. J. S. Leonard, of Neb., studied the problem of how to prevent and cure disease, is not satisfied with the ordinary after long study and much effort he had declared that the poisonous products of the fermentation and decomposition of undigested foods absorbed by the system the first cause of almost any disease.

He knew that all the medicines prescribed for the stomach and bowels contained resinous properties which left behind them a dried up condition of the mucous membrane lining of the stomach and bowels—this after effect invariably resulting in Chronic Constipation.

Dr. Leonard therefore determined that to correct disorders of the stomach and bowels he must produce an effective medicine containing absolutely no resinous substances such as are found in the ordinary pill. He succeeded and the result he called Anti-Pill.

Dr. Leonard's Anti-Pill will cure permanently any case of Dyspepsia, other Stomach Trouble, Biliousness, Constipation, Indigestion, etc. All druggists, or The Leonard-Pill Co., Limited, Niagara Falls, Ont., are agents for Canada.

DRESS AND FASHION.

FUR AND LEATHER VERY PROMINENT FEATURES OF THE SEASON.

Velvet Costumes Trimmed With Fur. Fur Jackets Worn With Velvet or Cloth Skirts—The Tip Tilted Hats. Novel Leather Garbatures.

Velvet walks in the vanguard of fashion this season and in its most luxurious aspect is fur trimmed, as in the very desirable visiting gown of the cut—a silver gray adorned with Irish lace and the cape trimmed with chinchilla. Velvet skirts, plain to the hem, gain weight and finish by means of a band of fur around the bottom.

Fur coats surmount cloth or velvet skirts, with accessories of fur tie, muff and a hat that may be a combination of one variety of fur with tails of another.



FUR TRIMMED VELVET COSTUME.

Other sort and roses or other flowers. Such costumes are constantly seen at afternoon receptions, and chinchilla is the favorite fur.

"Tip-tilted" portrays the attitude of the hat of the day. Very much "off the head" it is and with the space between the hair and brim filled in with posies of flowers framed in their own leaves.

While mode makers incline to keep the expensive picture hat firmly in public favor, women generally manifest a popular feeling in the direction of turbans, toques and capotes. Very many of the hats, large or small, are raised up high at the back, with feathers or flowers placed behind to fall forward on the crown.

The little Louis XVI. hats, which are very much turned up over the forehead and a little at the sides, are made of gold or silver lace and trimmed with a narrow wreath and tuft of roses and are among chic theater confectures.

Every shape is ingeniously contorted and twisted, with amazingly taking results, when the manipulation is that of deft and tasteful fingers. These smart bizarre hats undoubtedly come as the natural sequel of the plain tailor styles in gowns, balancing well with the tight fitting coat and smaller sleeves. A very practical bit of headgear is the upturned felt trimmed with pompons shown in the cut.

Motor modes may be regarded as responsible for the popularity of leather this season. Leather pippings, strapings and leather appliques and leather



UPTURNED FELT HAT WITH POMPON.

er waistcoats, collars and cuffs represent the latest smart innovation in garment on tailor garments in tweeds and similar materials.

One of the interesting variations in the leather fad is the painting and stamping of leather by hand. The girl artist and pyrographer may make her own gown trimmings and buttons. Chamoles and numerous leathers whose origin is less apparent are employed. Shaped leather belts, widening at the back and colored in dull greens and blues, with just a suggestion of yellow and burnt sienna, make an ideal finish to a tweed skirt.

AMY VARNUM.

Those Sweet Hearted Doughnuts.

Inside the heart of bakeshop raised doughnuts you often find a delicious bit of jam, raisins or marmalade. I tried to imitate them once or twice with the most lamentable results. The doughnut always burst, no matter how carefully it was pinched together, and the filling fried out to spoil the fat. Then a professional baker told me the secret. It is simply to wet the edges of the dough after the jam has been put in and close it tightly. Set the doughnuts to rise to nearly double their size in a warm place before frying.—C. in Good Housekeeping.

WHAT AILS YOU

The U.S. mail will bring you the best medical advice for only the cost of writing materials and stamps.



Many people owe their present good health to the fact that they consulted Dr. Pierce by letter, giving him all possible information about their condition, symptoms, etc., and received in return good medical advice which cost them nothing. Write to Dr. R. V. Pierce, founder of the Invalids' Hotel and Surgical Institute, Buffalo, N. Y. Dr. Pierce by no means confines himself to prescribing his well-known medicines. He tells you in the most common-sense way what ails you, what you ought to do, what line of treatment should be followed out in your particular case, and if your case does not indicate the need for this proprietary medicine, he tells you plainly and frankly what you do need, and the best possible method of improving your health. Dr. Pierce treats many chronic cases at a distance, through the mail and all you have to do is to write him your symptoms.

"During my two years of married life I have not had good health," writes Mrs. Daisy Stoddard, of 608 S. Esplanade Avenue, Leavenworth, Kan. "I was all run-down, and my husband got me to write to Dr. Pierce. I do all I can to follow his advice, and now I feel like a new woman. I do not work and do not feel tired out like I used to. I have taken eight bottles of the 'Favorite Prescription.' It makes one feel well and strong."

Dr. Pierce's Pleasant Pellets cure diarrhoea and sick headache.

SOME BIG FIGURES.

Increase of Employees on the Big Canadian Railways.

There are in Montreal many growing industries that are difficult of classification, and that, therefore, can be treated only in a general way.

Previous letters showed that in the last ten years, that is from 1894 to 1904, there had been remarkable development in the manufacture of all kinds of things to wear, of things to eat, of things to beautify, of iron and steel products, and now the object will be to show that there has been in the same time been a correspondingly gratifying increase in a varied group, including enamelled ware, sewing machines, spool silk, wire and cable, jute rope and bags, floor oil-cloth and asbestos. In these different industries individual increases of from twenty to four hundred per cent. are shown, and in nine concerns, including the two great railway systems, the number of employees increased by an average of 200 per cent.

Although within the last decade there has been a large general increase in railways, the increase in the number of employees on the two great roads should be an indication of actual growth in trade. As near as can be given the average number of employees on the Canadian Pacific Railway in 1894 was about 25,000, as against 35,000 at the present time. The shops at Montreal employed 3,000 hands ten years ago, and now they employ 5,000.

On the Grand Trunk Railway System, as near as could be told, the average number of employees in 1894 was about 19,000. At the present time it is about 26,000. Ten years ago the shops at Point St. Charles gave employment to 1,395 hands, now they employ 2,227.—Montreal Correspondence.

The average woman can break a man more successfully than she can crack a joke.

The biggest sins are the ones for which we have no appetite.

ABSOLUTE SECURITY.

Genuine

Carter's Little Liver Pills.

Must Bear Signature of

Wm. Carter

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.
FOR HEADACHE.
FOR DIZZINESS.
FOR BILIOUSNESS.
FOR TORPID LIVER.
FOR CONSTIPATION.
FOR SALLOW SKIN.
FOR THE COMPLEXION.

CURE SICK HEADACHE.

STARR'S MAGIC RHEUMATIC CURE.
Guaranteed to CURE RHEUMATISM.
Acute, Inflammatory or Chronic. Also Neuralgia, Sciatica, Lumbago, and all Kidney troubles. Removes uric acid from the system; gives immediate relief. Don't suffer but send for a bottle at once. Hundreds have been cured. The Osburn Co., Toronto, Ont. \$1.00 per bottle.

"Maddening Potted Phrases."

We have protested against the "faultless even dress" of the hurried descriptive writer, since evening dress is the only male attire that excludes the possibility of error. But a long list could be made of the phrases—tinned and stale—which all writers use who write like enterprising and hurried builders, building with ready made doors and window panes. For example, one never reads an account of a railway accident from the lips of the "badly shaken" passenger without finding that "all went well until"—the thing happened. But perhaps the most maddening of these potted phrases is "the rash act." You will read how Mr. Smith or Mr. Brown sat down and wrote several long letters to his relatives, how he had with great care arranged his affairs, how with the utmost deliberation he purchased poison, a revolver, a new razor and a ball of twine; how he sent his family away for a holiday, went to his room and conscientiously poisoned, strangled, sliced and shot himself. "No reason," runs the inevitable comment, "is assigned for the rash act," which was as deliberate as the movement of the Rhone glacier.—London Chronicle.

Turkish Attar of Roses.

Turkish attar of roses is mainly produced in Bulgaria and is carried on in the fertile valleys on the southern slopes of the Balkans. The rose harvest in Bulgaria begins about the third week in May and lasts about a month. The second great seat of rose farming in Europe is the space between the Maritime Alps and the Mediterranean, in the extreme southeast of France. This is, in fact, the great scent farming and perfumery making center of Europe, the town of Grasse being the emporium of the district. Of course attar of roses is also produced in India, Persia and Asiatic Turkey under the climatic conditions desired, but the great bulk of the supply is furnished by the European regions already noted. The roses employed for attar making in Europe are: In Bulgaria the red damask rose and in the south of France the Provence rose, a hybrid or variety of the hundred leaf rose, to which also belongs the well known cabbage rose.

A Dream With a Moral.

A rich lady dreamed that she went to heaven and there saw a mansion being built. "Whom is that for?" she asked of the guide.

"For your gardener."

"But he lives in the tiniest cottage on earth, with barely room for his family. He might live better if he did not give away so much to the miserably poor folks."

Farther on she saw a tiny cottage being built. "And whom is that for?" she asked.

"That is for you."

"But I have lived in a mansion on earth. I would not know how to live in a cottage."

The words she heard in reply were full of meaning. "The Master Builder is doing his best with the material that is being sent up."

Then she awoke, resolving to lay up treasure in heaven.

The Englishman's Morning Tub.

Until the beginning of the seventeenth century English princes and other babies were immersed three times in the font when christened. The last Prince of Wales who was submitted to this ordeal appears to have been Arthur, the son of Henry II, who died in 1202 at the age of sixteen. The abolition of the practice was strongly objected to upon sanitary grounds by Sir John Floyer, a celebrated physician, who died in 1734. "Immersion," he says, "would prevent many hereditary diseases," and "the English will return to it when physic has given them a clear proof that cold baths are both safe and useful." So our morning tub is the outcome of royal immersion.—London Mail.

Freshness of Youth.

He was a respectable looking man, and, judging from his appearance, he was a butcher by trade, and this belief was verified a few minutes later. He carried a white apron under his arm, and as he entered a car a huge cleaver dropped from the bundle to the floor. A youth who had not reached the age of discretion sank out merrily. "Say, mister, you dropped your pocket-knife." The passengers laughed, but they could not help but think that the youth took a long chance on kidding a man with a cleaver.

A Cruel Insinuation.

Mrs. Enpeck—I notice here in the paper that a young girl in New York confesses that she has been in the burglary business for a long time. Enpeck (recklessly)—No doubt she inherited the tendency from a mother who was in the habit of making nightly journeys through her husband's pockets.

Not Taking Chances.

Office Boy—Lady to see you, sir. Editor—Is she good looking? Boy—Yes, sir. Editor (returning)—Nice judge of beauty you'll make! Boy (in outer office to other boy)—Not taking any chances. Thought she might be his wife.

Her Laudable Desire.

"Ah," said the earl, "I am afraid you are marrying me merely for my title?" "Oh, dear, no!" replied the heiress. "It's merely because I want to see that dear old castle of yours repaired before it is an utter ruin."

Look Before You Shoot.

The true sportsman may be defined as one who looks before he shoots.

The world's great men have not commonly been great scholars nor its great scholars great men.

IT REALLY COSTS LESS Than Japan Tea because it Goes so Much Farther.

"SALADA"

Ceylon Natural Green Tea for strength, flavor and purity is superior to the finest Japan Tea grown. It is as far ahead of Japan teas as Salada Black is ahead of all other black teas. Sold only in Sealed lead packets. By all grocers. Given the highest award and gold medal at St. Louis Exposition 1904

Marketing in Paris.

Almost every woman in France does her own marketing, and ladies take their maid or cook along to carry home their purchases.

I am speaking of the average household. Rich or very chic people leave the marketing to the cook, who deals in stores which have regular deliveries, while in very wealthy households that all important personage, the chef, would not hear of any one interfering with his prerogative of selecting and ordering everything, and this able creator of sauces, of things savory, steaming or jellied, may even have his own coupe to take him to the Halles, the huge market that each day provides the provisions for all of Paris and its suburbs.

Servants love to go to market, for it is a custom with almost every storekeeper to give them a cent on every franc spent, so you will find it next to an impossibility to make your cook deal where she does not receive her sou du franc, and in engaging a servant many will ask you, "Does madame do her own marketing?"—Good Housekeeping.

Milk and Apples.

Though no one would think so from looking at a fluid glass of milk and a solid apple, the percentage of solids and water in apples and in milk is almost the same, apples being 85 per cent water, and milk 86 per cent.

There is more sugar in apples and more acid in milk. A diet of both apples and milk is one of the most wholesome and well balanced. The potato contents of both are high. They are the best for brain, bone and muscle nourishment, and in their effect upon the nerves they are soothing.

In skimming milk the cream removed lessens the fat percentage, and for older people or fat children the skim milk is equally desirable, in some cases better. In eating apples the skin, too, should be eaten. Pared apples are not so nutritious, as the ash contents of the apple skin are valuable to the human system.

Odd Animal Laws.

When a dog was unlawfully killed in countries differing so widely as Germany and Arabia the owner of the animal used to be indemnified in the following manner: The dog was hung up by the tail, with the point of its muzzle touching the ground, and the man who had committed the offense was obliged to pour over it corn or flour until the carcass was completely hidden by the heap. This heap then became the property of the man who owned the dog.

In Syria there was a specially curious variation, for if it were a street dog that was killed the flour was made into bread and given to its fellows. No doubt this arose from the value attached in those old parts to street dogs as scavengers. By the old Welsh laws of Howell the damages for killing an animal belonging to another were assessed in the same odd manner.

Two Kinds of Reading.

If we make the pages of our books merely a sort of pleasant maze in which to set our minds to wandering during idle hours we in reading shall have acquired a pastime that is usually harmless. But there is a vast difference between such a way of spending our time and the reading that teaches us to think as the greatest and wisest men and women have thought. Words stand in our minds for certain ideas

Lime, Cement AND Cut Stone.

We keep the best in stock at right prices.

JOHN R. OLDBERSHAW,
Thames Street,
Opposite Police Station.

or images. From what we read we learn to make these plain or hazy, clearly drawn pictures or carelessly executed sketches, and thus our powers of thinking are directly trained by our method of reading.—St. Nicholas.

Magnet Power.

The lifting of massive iron and steel plates weighing four, six and twelve tons by magnetism is now done every workday in a number of large steel works. The magnets are suspended by chains from cranes and pick up the plates by simple contact and without the loss of time consequent to the adjustment of chain and hooks in the older method. It is also found that the metal plates can be lifted by the magnets while still so hot that it would be impossible for the men to handle them. A magnet weighing 300 pounds will lift nearly five tons.

Position in Sleep.

According to Dr. Fischer of Berlin, the most effective position of sleep for obtaining intellectual rest is to keep the head low and the feet slightly elevated. Falling this, the body should at any rate be horizontal, so as to irrigate the brain well. The habit of sleeping with head low and feet high is, according to the doctor, a remedy for brain trouble and some internal maladies. It can be adopted gradually.

Ill Luck Averted.

"My dear," said Mrs. Spenders by way of preliminary, "would you consider an opal unlucky?"

"I would if I got a bill for one and had to pay it," began her husband sternly.

"Oh," she interrupted, "I'm so glad I ordered a diamond instead!"—Catholic Standard and Times.

Sarcastic.

Cholly—D'you know, I'm sometimes inclined to think—Clara (encouragingly)—Why don't you do it, Cholly? It's not such a difficult thing if you really try.

Limit to Rights.

Even the free citizen of a free country may not have in all cases the right to do what he pleases with his own property.

Not So Enjoyable.

Friend—Your wedding breakfast was a delightful affair. Mr. Honeycomb (with a sigh)—Yes, but we've had others since.



Sunlight Soap is recommended, by those who have investigated the different kind of soaps, as being the best and purest on the market. Those who have gone still farther and tried the different methods state that the Sunlight way of washing is greatly superior to ordinary methods because it requires much less work and makes the clothes whiter and cleaner. Because Sunlight Soap is quite pure and free from adulteration it will not injure delicate fabrics or the user's hands.

SUNLIGHT SOAP

ASK FOR THE OCTAGON BAR

Sunlight Soap washes the clothes white and won't injure the hands.

LEVER BROTHERS LIMITED, TORONTO.