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The companies represented by these physicians employ over 250,000 men and women, skilled and unskilled, of many languages and nationalities, and working both indoors and out in greatly diversified occupations.

The Board meets periodically. So far eight meetings have been held and some important results have already been achieved; much other work of far-reaching character is now under consideration. The individual members of the Board are actively co-operating in the prosecution of research work in respect to special problems which can be studied best in the particular industry with which they are connected. The results of individual investigations, however, are referred to the Board for broad consideration and joint action.

INSTRUCTIONS TO LAYMEN FOR FIRST AID.

One of the first tasks assumed by the Board was the development of "Instructions to Laymen for First Aid Treatment of Common Injuries and Disorders." It was the intention to issue instructions of such simple character that they could readily be followed by the ordinary man without even an elementary foundation of first aid knowledge. The instructions agreed upon by the Board are concise and pertinent; they stipulate what the laymen should do, without wasting any words in stating the reasons for so doing. In an emergency treatment, loss of time by reading irrelevant matter may prove of serious consequence. The remedies