

## FIRST AID TO A FRIEND.

How One Dog Showed Intelligent Affection in Ministering to Another.

A Princeton man who is fond of horses and dogs, says a writer, owns a finely bred hunting dog, which he missed for several days. He made inquiries, but no one had seen anything of the animal, and after a week the owner gave him up as lost, strayed or stolen. One of the farm hands was rambling through a chopped-off wood lot a few days later and came upon the dog caught in a steel trap that some one had set to catch a skunk or some other game. Both forepaws were held in the jaws of the trap, and the dog could not escape.

But, in spite of his terrible predicament, he was not enervated; and although in pain, he had not gnawed his forelegs, as many animals will do when they're in the torture of a steel trap. Strangers of all, scattered all round the trapped dog were bones, scraps of meat and various other things that dogs like. Several human bones and beef bones, with shreds of meat clinging, were right under the captive's nose, and he was chewing a bone when the man discovered his plight.

The trapped dog was carried home in the arms of the man who found him, and a little later the owner went to the trap to see who or what had brought those bones and scraps of food to the suffering captive. While he stood silently regarding the little heap of bones and scraps, another dog from his own kennel came through the brush, her jaws filled with chicken bones, meat trimmings and other gleanings from the kitchen garbage pail. The dog dropped her load close to the trap and sniffed round as if she were worried. She whined and whimpered when she decided that her friend had gone. The owner called her, and she came slinking and trembling to him, as if she expected to be punished.

The owner patted and fondled her; then he went with her to the trap and let her smell round it to her heart's content, and all the while he kept calling her "Good old doggie!" "Good dog!" until she seemed to understand that her master was praising her; then her joy was unmistakable.

Calling her after him, he went back to the stable where the injured dog was lying in his wounds. When the other dog saw the rescued animal, she showed every indication of joy. She barked, capered round, wagged her tail almost off, and then lent her own moist tongue to the healing process on her friend's sorely bruised paws. The two dogs seemed to understand each other, and the way those two friends expressed friendship was a revelation to the humans who looked on.

## When He Comes Whistling Home.

He used to come, vacation times, Home on the midnight train, Whistling as clear as any bird. In spite of snow or rain, We seldom heard that music shrill— Ring like a silver horn— We were so sure, the night before, He would not come till morn!

But in our dreams there seemed to be An echo of great joy; Our sleep was filled with visions bright, And all about "the boy!"

The doorbell peals! the household wakes, Slippers and robes are donned, And yawns and laughter break the hush, And exclamations fond.

The door is opened; up the stairs He comes on flying feet, The motley crowd that gathers there Tumultuous to greet.

"Caught us again!" "The train was late!" "Exclamations done!" "I wish we hadn't gone to bed!" "Dear boy!" "You scamp!" "What fun!"

A whistling breaks upon the ear, With scratches mingled in it, "The dog!" "He's wild!" "He heard 'your voice!'" "Oh! let him in a minute!"

The door flies wide; he clears the stairs In one long, rapturous leap, And in that happy household now Is no more thought of sleep!

So long ago! so far away! Such endless miles from home! The transports dock, with cheering crowds, And yet he does not come!

Four weary, waiting, listening years Of pride, love, fear, regret, And yet he does not come! O France, Can you not spare him yet?

Some night, upon the pavement still Shall sound a ringing heel; A step upon the echoing porch, The doorbell's eager peal. Oh, joy and laughter, hope and mirth, No longer shall you roam; You'll all be crowding back again When he comes whistling home!

## Puns.

Two British soldiers went into a restaurant at Salonika and asked for Turkey with Greece. The waiter said, "I'm sorry, gentlemen, but I can't serve 'em," whereupon the Tommies cried, "Fetch the Bosphorus." When that gentleman arrived and heard the complaint, the manager said: "Well, gentlemen, I don't want to Russia, but you can't Rumania." And so the poor Tommies had to go away Hungry.

To prevent crumbling when cutting new bread heat the knife very hot.

## The Latest Designs



Embroidery shows up well for this party frock for my little lady. The yoke may be hem-stitched on and with a ribbon sash, it is all that one can desire. McCall Pattern 8574—6 sizes—4 to 14 years—price 20c.



8637—Comfort is shown in this house dress, and what appeals most to the housewife is that it is easily made, for body and sleeves are in one. McCall Pattern 8637—3 sizes—S, M, L—price 25c.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

## Hearthside.

So many things to love in that small house of ours, The sunlight swept across the breakfast board,

The brass bowls blooming with their nodding sheaves of flowers, The genial fireplace where stout logs have roared;

There is a little window looking to the east Where stars peeped in on us through twilight haze;

The mottled plates we kept against the seldom feast Shining from their shelves in bright arrays;

The wide, soft rug—faint-colored as some enlaid mead, With still Levantine blossoms, weaver-sown;

The stately stairs, the pipeland and rows of books to read; The sweater on the settle lightly thrown;

So much I love \* \* \* their peace, \* content and happiness, And friendships to make such corner bloom.

And, more than all, the clock, so solemn of address, That murmurs, to itself down, the still room.

There is no better disinfectant than sunshine. Let it flood the rooms which are occupied, let it shine into your bread boxes and butter jars; the sunshine makes them sweet.

## FATEFUL YEARS FOR ALL WOMEN

### How Best to Overcome the Troubles That Afflict Women Only.

The most fateful years in a woman's life are those between forty-five and fifty. Many women enter this term under depressing conditions through overwork, worry or a neglected condition of the blood, and so they suffer heavily. Still, variations of health at this time can be relieved by home treatment.

Among the commonest symptoms are headaches and pains in the back and sides, feverishness, palpitation, dizziness and depression. Women stand in need of rich, red blood all their life, but never more so than in middle age, when the nerves are also weak and overwrought. Now every woman can procure the prompt help afforded to her health by renewing her blood supply. It is a test that any ailing woman can make by taking Dr. Williams' Pink Pills, for these pills make rich, red blood, which in turn helps the appetite, strengthens the nerves and restores robust health. Thousands of women have found in Dr. Williams' Pink Pills the means by which new health and a brighter outlook of life were gained. In proof of this is the voluntary testimony of Mrs. H. S. Peterson, Milford, Ont., who says:—"I have suffered greatly from those troubles that afflict my sex, and I have found that Dr. Williams' Pink Pills in such cases not only do all that is claimed for them, but more. Dr. Williams' Pink Pills have done so much for me that I urge every weak woman to try them, and they will soon realize the great difference in one's health they make."

If you suffer from any of the ills that particularly afflict womanhood you should avail yourself at once of the health help of Dr. Williams' Pink Pills. You can get them from any dealer in medicine or by mail post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## MILITARY SEARCHLIGHTS.

### Recent Developments in This Useful War Equipment.

The military searchlight has proved of enormous usefulness during the war for a great variety of purposes, and, as a result, it has undergone very important development.

There has appeared, as one product of its evolution, a portable electric searchlight, weighing only 143 pounds, which can easily be carried by a couple of men or by a mule. Provided with a powerful arc light, it throws with the help of a bowl-shaped reflector of glass, a beam of brilliant intensity.

There is a tendency, however, to get rid of glass mirrors for war searchlights. They have two important disadvantages. One is that a chance bullet will put them out of use. The other, that properly made glass reflectors cannot be quickly or easily obtained. Nothing short of a first-class mirror-making plant is capable of turning them out.

Accordingly, the army is now using reflectors which are simply shallow bowls of thin sheet iron plated on the inside with silver. They are not equal to mirrors, but they can be turned out quickly in indefinite numbers anywhere that silver plating is done. A rifle bullet will not break them, and they have the additional advantage of cheapness. Glass reflectors are very expensive.

The French during the war have been making trial of searchlight reflectors plated with gold, which, it is claimed, have greater brilliancy. They are most costly, of course, but do not require daily polishing.

Rembrandt, the great painter, knew the light by heart from end to end. An inch of rain depending on an acre of land would fill more than 600 barrels of forty-five gallons each.

German war losses up to 30th April last were 2,650,460 dead, 4,207,025 wounded and 615,922 missing, a total of 6,873,410, according to figures published in Berlin.

"Always laugh when you can; it is cheap medicine. Merriment is a philosophy not well understood. It is the sunny side of existence."—Byron.

**A-Drink So Delicious**  
that many prefer its  
flavor to that of any  
other table beverage.

**INSTANT POSTUM**

For old and young.  
Gives zest to any meal.

## CANARY BIRD VS. MOUSE.

Interesting Experiments Showing Effect of Poison Gas.

Mice have been found useful for giving warning of the presence of dangerous gases in mines. They were employed for the same purpose in the trenches during the war. But canary birds proved much better.

It is the exceptional sensitiveness of mice and canaries to such gases that renders them valuable in this way. They show signs of distress long before human beings notice the poisoning of the air they breathe.

But the mouse (in a cage) may at any time be inactive and sluggish, so that the indications it gives are not to be relied upon. On the other hand, the canary is perpetually alert and hopping about. If it droops or becomes quiet it is time to get out of the mine or put on the gas mask.

Many experiments have been made to determine the exact degree of the canary's sensitiveness to poisonous gases, relatively to that of human beings. In one of them a man was put into a glass enclosed box and a quantity of deadly carbon monoxide was introduced. The man held in his hand a cage containing a canary.

Presently the bird collapsed. But the man stayed in the box eight minutes longer before he found himself unable to stand up. He was then promptly dragged out. Beyond a severe headache for some hours, however, he suffered no ill effects.

This proved definitely that a man can endure a more than fairly dangerous gas poisoning eight minutes longer than a canary. Hence the conclusion—most valuable for practical purposes—that workers in mines have eight minutes in which to escape from a gas-filled mine tunnel after their bird (they commonly carry canaries with them nowadays) shows symptoms of severe distress.

The birds subjected to these experiments are quickly revived by putting them into a little glass cage box, the handle of which is a small steel tube containing liquid oxygen. The oxygen is allowed to flow into the box and soon the canary is well and lively.

## BABY'S OWN TABLETS OF GREAT HELP

Mothers, if your baby or growing child is likely if he does not sleep well at night; if he cries a great deal; is constipated and his little bowels and stomach are not working right, give him Baby's Own Tablets—they have proved of great help to thousands of mothers.

Concerning the Tablets Mrs. W. H. Darter, Corson's Sidling, Ont., says:—"I have used Baby's Own Tablets and have found them excellent for the little ones and would not be without them." The Tablets are a mild but thorough laxative and are guaranteed to contain no harmful drug—this is why they always do good and never harm. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## Politeness Pays.

A bright-eyed little boy in a sailor suit saluted the occupants of a passing motorcar so quaintly that they stopped to give him sixpence.

"You're a very polite little fellow," the lady motorist said. "Do you salute all the strangers who pass in the same way?"

"No, no, ma'am, only motorists," the boy stammered, fingering his sixpence nervously. "Father says I'm to be polite to them, because motorists bring him trade."

The lady seemed disappointed. "What is your father's trade, my little man? Does he repair motorcars?"

"No, ma'am; he's an undertaker," was the little fellow's response.

## Minard's Liniment Co. Limited.

Dear Sirs,—This fall I got thrown on a fence and hurt my chest very bad, so I could not work and it hurt me to breathe. I tried all kinds of Liniments and they did me no good. One bottle of MINARD'S LINIMENT, warmed on flannels and applied on my breast cured me completely.

C. H. COSSABOOM, Rosway, Digby Co., N. S.

## STAMPS REFLECT HISTORY.

### Centrevy Over Flame Shown in Postage Stamps.

A striking example of the manner in which the events are reflected on the postage stamps of nations is provided by the Italy-Slovak deadlock at Fiume.

When the Jugo-Slavs first occupied the town, immediately after the declaration of the armistice, they signalled the event by issuing the initials of the united Slav states—"S. H. S."—upon the Slav stamps, which, however, proved short-lived, for on the arrival of the Italians they were suppressed in favor of a somewhat similar series, bearing the simple imprint "Fiume" in large black letters.

Whatever may be the ultimate fate of Fiume, these transitional stamps will constitute historical evidence of the rival claims to its possession.

There is no more certain way of spoiling a good voice than by singing loudly.

## CANADA IS PAR GOLF.

"Canadian golfers are hard to beat, but Canadian hospitality cannot be beaten," declared Charles ("Chick") Evans, Jr., amateur and open champion golfer of the United States, after he had returned from the Hamilton and Scarborough Golf Clubs. Canadian experts in these clubs had compelled him to play his best to win, and then both clubs had made him a life member. "Canada, in my opinion," he added, "is par golf."

About the third week in June Evans hopes to make his fifth trip to Canada to play for the benefit of the Canadian Red Cross. Other noted golfers who may go along are Francis Olmsted, Jerome D. Travers and John G. Anderson. The cities visited will be Montreal, Ottawa, St. Andrews-by-the-sea and Toronto.

Canada has a string of well-planned golf courses from the Atlantic to the Pacific, ranging from seaside links at St. Andrews-by-the-sea on the Bay of Fundy to the Banff Springs Golf Club, Alberta, where the golfer can play his game at an altitude of nearly a mile. Going further west he can play the Vancouver Golf and Country Club, where the altitude is not far above the sea and where the golf sharp can play the royal and ancient game every month in the twelve, because the Japan current decrees that there shall be no "winter killed" greens.

This year will be the greatest in the history of Canada, and the United States so far as international golf is concerned. Ten of Canada's best golfers will play against ten of the best from the United States at the Hamilton Golf and Country Club, Hamilton, Ontario, on July 25th, and the Canadian Seniors, who won the Duke of Devonshire's Cup in a match against the United States Seniors, will defend the cup in a return match at Apawamis Golf Club, Rye, N. Y.

Champion Evans has a very high opinion of Canadian golf courses, and of the Hamilton Golf and Country Club in particular. "This Club," he states, "is one of the very best links in North America. It 'swings well,' and is a thorough test of golf."

The St. Andrews-Algonquin Golf Club at St. Andrews-by-the-sea is an 18-hole links, 6,000 yards in length, and there is also a 9-hole links near by. The long course resembles some of the best seaside links of Scotland, Toronto, Montreal, Quebec, Winnipeg, Calgary, Victoria and Vancouver are all great golfing centers. At the Banff Springs Golf Club on "The Roof of the World," the golf is excellent and the scenic surroundings unsurpassed in beauty.

## TORONTO FAT STOCK SHOW.

At the annual meeting of the Toronto Fat Stock Show, held recently, it was decided to again have classes for female cattle, also that instead of requiring ninety days' ownership of carloads of cattle that it would be sufficient if owned by exhibitor at time of entry. This will be welcome news to some exhibitors who were unable to compete in some of the classes last year.

## The North Bridge.

An American naval officer, on arrival in Scottish waters, was signalled to anchor at the North Bridge. After cruising about for hours the officer signalled back this message:—"Have searched this brook from mouth to source. Have found the first bridge all right, but I'm blest if I can find the second, let alone the third or fourth!"

## MONEY ORDERS.

Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

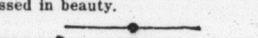
## Merchant shipping sunk by the Germans is officially estimated at:

Great Britain, 2,197 vessels; France, 238; Italy, 230; United States, 80; Japan, 29. In tonnage, the British losses were 7,638,020.

## GENUINE ASPIRIN HAS "BAYER CROSS"

TABLETS WITHOUT "BAYER CROSS" NOT ASPIRIN AT ALL.

Get Genuine "Bayer" Tablets of Aspirin in a "Bayer" Package, Plainly Marked With the Safety "Bayer Cross."



There is not a penny of German money invested in "Bayer" Tablets of Aspirin nor will a German citizen profit by its sale or ever be allowed to acquire interest.

The original world-famous Aspirin marked with the "Bayer Cross" is now made in Canada and can be had at your druggist's in handy tin boxes of 12 tablets and larger "Bayer" packages.

Genuine Aspirin has been proved safe by millions for Pain, Headache, Toothache, Earache, Rheumatism, Lumbago, Colds, Grippe, Neuritis. Aspirin is the trade mark, registered in Canada, of Bayer Manufacture of Monacetylacetic Acid of Salicylic Acid.

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## BITS OF HUMOR FROM HERE & THERE

### The Young Profiteer.

"Now, Charles, if you're a very good boy, I'll give you a penny."

"I'm afraid I can't afford to be good for less'n a nickel, gran'ma—not the way prices is to-day."

### Saving the Tip.

He was looking for a chance to pop the question and the girl was not averse. "Did you pay my little brother to remain out of the parlor?" she asked. "Yes; I hope I was not presuming." "You were not. But if you paid him, I won't." They're engaged now.

### Dry Cleaned.

A little four-year-old who is most emphatically opposed to having her face washed, said to her grandmother the other day: "I am not going to wash my face any more."

When asked for an explanation, she said, "I've decided to have it dry cleaned."

### Instructing Grandpa.

"I was talking to my little granddaughter over the telephone the other day," said an old man recently to a few of his friends at a hotel, "and when I ended I said, 'Here, Dorothy, is a kiss for you.' She replied, 'Oh, pshaw, grandpa! Don't you know that a kiss over the telephone is like a straw hat?' I said, 'Why, no, sweetheart, how's that?' 'It's not felt, grandpa,' she said."

### Beguiling Giles.

Everything in the dear old village seemed the same to Giles after his absence of four years as a prisoner of war in Germany. The old church, the village pump, the ducks on the green, the old men smoking their pipes while the women talked—it was so restful after the treatment he had received at the hands of the enemy.

Suddenly he missed something. "Where's Hodge's other windmill?" he asked in surprise. "I can only see one mill, and there used to be two."

The native gazed thoughtfully round as if to verify the statement. Then he said, slowly: "They pulled one down. There weren't enough wind for two of 'em!"

## Minard's Liniment Cures Dizziness.

Brown (dictating to his typist):—"But why do you stop so often? Can't you keep up with me?" Typist (who is rather shaky in her spelling):—"Oh, yes; but your language is so eloquent that I frequently find myself spell-bound."

## LEMONS MAKE SKIN WHITE, SOFT, CLEAR

Make this beauty lotion for a few cents and see for yourself.

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to whiten the skin and to bring out the roses, the freshness and the hidden beauty? But lemon juice alone is acid, therefore irritating, and should be mixed with orchard white this way. Strain through a fine cloth the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quarter pint of skin and complexion lotion at about the cost one usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle then this lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin.

Any druggist will supply three ounces of orchard white at very white cost and the grocer has the lemons.

## Mrs. Lilian Taylor Tells How Cuticura Healed Her Baby

"Our baby was two weeks old when his face became very red and terribly itchy, and he was fairly crazy rubbing and scratching till the skin broke and bled. He could not sleep, and did nothing but cry. His face looked as though he might be disfigured for life."

"I thought I would give Cuticura Soap and Ointment a trial. I found the free sample so good that I bought more and two cases of Cuticura Soap and a fifty-cent box of Cuticura Ointment healed him." (Signed) Mrs. Lilian M. Taylor, Box 99, Bracebridge, Muskoka, Ont., Dec. 30, '18.

Cuticura Soap to cleanse and purify. Cuticura Ointment to soften and soothe and Cuticura Talcum to powder and perfume are ideal for daily toilet purposes.

For free sample each of Cuticura Soap, Ointment and Talcum, address: "Cuticura, Dept. A, Boston, U. S. A." Send no money.

## Spring Fever—What Is It?

THREE o'clock in the afternoon— and absolutely no "pep." You call it spring fever, but is it?

When you are constipated waste matter remains in the intestines, decays, forms poisons which are absorbed into your blood and carried by it to every cell in your body. When your cells are thus poisoned, of course you have no "pep."

Pills, salts, mineral waters, castor oil, etc., merely force the bowels to act, and make constipation add self-poisoning a habit. Nujol is entirely different from drugs as it does not force or irritate the bowels.

Nujol prevents stagnation by softening the food waste and encouraging the intestinal muscles to act naturally, thus removing the cause of constipation and self-poisoning. It is absolutely harmless and pleasant to take.

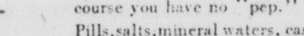
Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world. Get a bottle of Nujol from your druggist today and watch your "pep" come back.

Warning: Nujol is sold in sealed bottles bearing the Nujol Trade Mark. All druggists insist on Nujol. You may suffer from substitutes.

## Nujol For Constipation

REG. U.S. PAT. OFF.

Regular as Clockwork



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