

Housekeeping, Nursery, Gardening and News of Interest to Women

PATRICIA TO OPEN IMPROVED CRECHE

New Building on Euclid Ave. Will Accommodate One Hundred Children.

WOMEN GIVEN WORK

Enough to Keep One Woman Employed More Than Two Decades.

At the annual meeting of the West End Creche, Adelaide street, held yesterday afternoon, reports showed a most successful year of work and fine promise for the future. Mr. Frank Arnold presided and a large number of the friends of the institution filled the reception room. Among the gentlemen were Rev. Canon Inghis, Rev. Mr. Maenan and Rev. Mr. Bridges and Mr. McMurrich.

The institution has now been five years in operation. During the past twelve months, 1775 children have been cared for and 7675 days' work has been done for women. On an average the creche shelters 40 children daily. Cost of maintenance, \$2151.84; city grant, \$650. Small sales had brought in \$60.34. The house is supported partly thru contributions and subscriptions and it was suggested that future contributions be paid a month before the close of the year. The kindergarten has 29 pupils. Good reports from the relief and sewing committees were read.

The new building in course of erection on Euclid avenue will be ready for the spring and is to be opened by Princess Patricia. The cost of the building and equipment is estimated at \$23,000 for which between four and five thousand dollars are still required. The new nursery will accommodate between 75 and 100 daily. In order that everything may be up-to-date and carried on according to the most approved methods, Mrs. Wadsworth and Miss Tall had spent a week among the nurseries of Chicago, learning how things are done there.

Miss Baldwin, the retiring president, thanked her co-workers for their enthusiastic support, which had made her office comparatively light and the work a pleasure. The such a procedure is against the constitution at the suggestion of Miss Arnold, a most hearty vote of thanks was tendered Miss Baldwin for her services.

Recognition and thanks were also given to the auditors, doctors, Mr. Arnold, the Social Service Commission and Miss Phoenix, also to contributors, among them Miss McGowan, who had contributed \$500.

Congratulatory short addresses were made by the reverend gentlemen present and by Miss McGowan, head of the downtown church workers. The new president is Miss Plummer.

HOLY NAME UNION

The final meeting of the year for the executive committee of the Holy Name Union will take place at De la Salle Institute, corner Duke and George streets, on Monday evening next, commencing at 8 o'clock prompt.

A MOTHER'S DUTY TO HER DAUGHTER

Is to Guard Her Health by Keeping Her Blood Supply Pure.

Anxious mothers who see their daughters fall in strength, become pale and languid, can be certain that the cause of their anxiety is the condition of the growing girl's blood. At no time in her life does a girl stand in greater need of pure, red blood and the strength which it alone can give her, than when she is developing into womanhood. It is then that anemia rapidly develops and the growing girl finds herself in declining health. If your daughter complains of feeling constantly tired, if her appetite is feeble, if she is breathless from slight exertion, or if her heart palpitates violently on going upstairs, it is a certain sign that the blood is failing to meet the demands upon it, because it is thin and watery. It is at such times that Dr. Williams' Pink Pills for Pale People are worth their weight in gold to tired anaemic girls. They actually make the new, red blood, that brings brightness to the eye, the bloom of health to the cheeks, and strength and activity to the whole body. The following is an instance of their value to young girls:

Miss Hilda Pearl Snow, Barrington, N.S., gradually dropped under an attack of anemia. At first she was pale and listless, suffering from occasional headaches, but as the trouble progressed, a severe cough also attacked her and her friends feared she was in the grip of consumption. Almost from the outset she was being treated medically, but with no apparent benefit. At a critical stage in her illness Miss Snow wisely decided that she would give Dr. Williams' Pink Pills a trial. After taking them for some time there was a noticeable improvement in her case and the pills were steadily continued until she was fully restored to health. Miss Snow is today as healthy and rugged as any girl could wish to be, and her friends believe that Dr. Williams' Pink Pills saved her life.

These pills not only cure anemia, but all troubles due to poor blood and weak nerves. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50. From The Dr. Williams' Medicine Co., Brockville, Ont.

The Tango is Barred.

Owing to objections being made on all sides it is likely that the "new dances" will be officially barred from university functions. Miss Salter, the official chaperon of the first year students of University College at their reception, characterized them as unfit for polite society. As strenuous objections have been raised by many students by their parents, and by the officials of the university, it is possible that some definite action will be taken.



JANE DOE
Now, do you think
It nice or neat
To throw your papers
in the street?
I saw Jane Doe,
the other day,
Throw several
of them away.
They've blown about
the street since Friday.
Jane is a Goop!
Goops are untidy.

Don't Be A Goop!

CHILDREN'S BOOKS
IN GREAT DEMAND

Thirteen Are Now Being Read
for Every Four Last
Year.

Submitted by George H. Locke Show Public is Taking Interest.

Walmer Road Baptist

Rev. John McNeill, B.A. presided last night over the annual meeting of Walmer Road Baptist Church.

The finance committee reported that the weekly offerings amounted to \$17,700.82, an increase of \$4360.07, and the expenditure to \$17,201.98, the latter including \$5338.05 to memorial institute. The 1912 deficit was reduced by \$493.24 and now amounts to \$1072.57. The weekly contributions increased \$41.50 per Sunday. Missionary and benevolent offerings from the church amounted to \$10,178.96, an increase of \$119.23. The aggregate attendance during the year reached 70,336. The church estimates for the year amount to \$21,850 and include salary of an assistant pastor.

DOOR IS CLOSED ON WESTERN COAST

British Columbia Attitude to Immigration Contrast With Eastern Welcome.

STUDY FARMING LIFE

C. C. James, at Empire Club, Lays Stress on Rural Importance.

In his address before the Empire Club at luncheon yesterday, C. C. James showed the difference between conditions in Prince Edward Island and British Columbia. He drew attention to the fact that the immigration problems of the two provinces were vastly different, as British Columbia was exporting its people to stop the flow of immigration, especially in the case of Chinese and Japanese, while the island province was encouraging immigration.

MONOPOLY OF RADIIUM NEED NOT BE FEARED

Dr. Howard Kelly Accused of Ulterior Motives by Syndicate's Head.

WASHINGTON, Jan. 23.—(Can. Press). Charges that Dr. Howard Kelly of Baltimore had inspired the effort to withdraw radium lands were diverted attention from himself were made by Dr. Barlow Williams, head of two radium mining companies of Colorado, before the house mines committee today. Fears of monopolization of radium ores, Mr. Williams said, were groundless.

DUKE NOT TO ATTEND BUT BALL TO BE HELD

OTTAWA, Jan. 23.—(Can. Press). The following official bulletin has been issued from government house: "In view of the fact that Lord Strathcona's funeral is on the morning of Jan. 26, some modifications have been made as regards the ball at Quebec. His royal highness will not be present at the ball, but will attend a reception given by the lieutenant-governor at parliament buildings about 9:30 p.m. After the departure of his royal highness about 10:30 p.m. the ball will take place as originally arranged."

CANADIAN INSTITUTE

The members of the Canadian Institute will hold their usual meeting at the physics building, University of Toronto, this evening at 8 o'clock. Mr. R. S. Stupart, director of meteorological service of Canada, will give an illustrated address entitled "Canadian Storm Warning System." The public are cordially invited.

The Most Delicious OF ALL TEAS IS "SALUDA"

CEYLON TEA—BECAUSE OF ITS UNVARYING GOOD QUALITY

EFFICIENT HOUSEKEEPING

BY HENRIETTA D. GRAUEL DOMESTIC SCIENCE LECTURER

TREATISES in plenty on cooking have been given to the world by women and, alas! by some men, from the days of Beau and Jacob to our own time. But when we examine their work we are struck by the fact that no two of them are agreed on the elements or fundamentals of the science. If we enquire, for instance, the variety and number of fish, fowl and meat dishes suitable for certain company days, we find that where Madame X is satisfied with one, Madame Y declares in favor of several of each, and Madame Z announces that meat is unnecessary and extravagant.

If we seek the criteria by which schools have been wont to make distinctions and assertions, we find one great fact: each school is as distinct, as far apart, and as eager for experiment as fifty years ago. Yes, as far apart as twenty centuries ago, when Aristotle pronounced all substances to be derived from four elements—air, earth, fire and water.

It is seldom practical to use a menu exactly as given in columns of food magazines or cookery books; they are not intended for hard and fast guides, but for convenience and custom, and for aids in selecting foods that harmonize. Sometimes combinations and suggestions are found that, followed out, make old foods seem like new dishes.

Food has two distinct uses. One is to repair the wastes of the body, the other is to produce heat in the blood. For this reason we should know the different qualities of foods. If we eat too much cooling food in cold weather, Nature calls for something heavier in a most uncertain manner. She is a very sensitive dame and her language is quickly understood.

HELD ANNUAL MEETING. PASTOR'S SALARY INCREASED AT CLOSE OF SUCCESSFUL CHURCH YEAR.

The reports presented at the annual meeting of the Olivet Congregational Church showed the most successful year in the church's history. Total receipts were \$6142.55, made up as follows: Church collections, \$3948.86; Sunday school, \$648.24; missionary societies, \$1126.20; C. E. Society, \$165.22; other societies, \$254.03. Eighteen new members were added to the roll. The pastor's salary was increased to \$10,000. The following officers were elected: Deacons—R. Wightman, W. Tanna-hill, Board of management—S. Boggie, Mrs. L. Mait, A. Monk, W. Davis and F. Beckingame, Missionary treasurer—Mrs. C. Smith, Director of Sabbath School—Dr. M. H. Haight.

KNOWS ONLY ONE PIANO.

Tetrazzini, the world-famous prima donna, knows only the piano of "Ye Olde Firm of Heintzman & Co., Ltd. when she visits Canada. In next Tetrazzini-Ruffo Concert in Massey Hall these great artists will use a new grand piano of Heintzman & Co., Ltd. that has just come from the factory, and will be used for the first time at this concert.

A CURE FOR DRUNKENNESS WITHIN THE REACH OF ALL.

That alcoholism is a disease is now recognized by science. No man in his senses brings disgrace and ruin on himself and family through choice. Alcure stops the craving for drink, builds up the system, steadies the nerves. It is guaranteed to cure at once. Alcure is sold by mail at \$1.00 per box. Ask for our Free Booklet about Alcure. G. Tamblin Limited, at all ten stores.

LADIES

Have Your Beaver, Velour or Felt Hats cleaned, dyed, bleached and remodeled at 555 YONGE STREET. PHONE 11, 5165.

THE GARDEN CONDUCTED BY RACHEL R. TODD M.D.

Children's Gardens (Concluded)

To Teach the Beginnings of Botany. The possibilities for present learning and future application of such learning that these gardens offer are not, may, cannot be finally estimated. Here the child may be taught to study the various leaves of plants and the whys and wherefores of their shape, sizes, textures and other points.

The varieties of roots, the work each set of roots must do, the especial manner of their entering and holding their grasp in the earth should be taught. Even why some trees send a great main root down deep and straight into mother earth, while other trees spread great crawling fingers just below the surface of the ground, should be taught. And here comes in an important fact upon which forestry learning depends. The children will discover that some plants complete their life cycle in one year, others in two years, and others in a longer time.

They may be taught to study the formation of the seed pods and to watch for the beautiful and artistic in every plant, at a time when the flowering interests discover the most hidden things in flower blossoms. How many of our readers can call to mind, now, the cunning we animal that peeped out from the flower of a single Larspur. True, only his head is shown, but have you seen him wave his long ears? Oh, no! It is not the donkey who has peeped out.

How many of you know just how the Columbine fights his way out of the frozen earth, fast first? Have you ever seen him? Have you ever seen the Antirrhinum snap his jaws? Who has noticed the fluted crown of Poppy places upon his smooth green cap? What can you find the whole wide world over that is more delightfully carved in soft green marble than the growing seedpods of the Canterbury Bell?

PRESS ASSOCIATION IS ASKING INCORPORATION

Seeks to Elevate Standard of Newspaper Writing and Publishing.

OTTAWA, Jan. 23.—(Can. Press)—The following companies have been incorporated by the stat department during the week: The Canadian Northwest Development Company, capital \$300,000, Villeneuve, Limited, capital \$300,000; Colonial Petroleum Company, capital \$1,000,000—all of Montreal. The Canadian Press Association will seek incorporation by act of parliament this session. In the notice of application the objects are set forth as follows: To elevate the standard of newspaper writing and publishing in Canada, to foster the business interests of its members, to promote a more enlarged and friendly intercourse between its members.

SISTER: READ MY FREE OFFER

I am a woman. I know a woman's trials. I know her need of sympathy and help. I know her need for household duties, health, and feel unfit for household duties, pleasures, or daily employment, until you try what you suffer, and ask for my free treatment, which will give you health, strength, and happiness by its use. I want to tell you how they have regained health, strength, and happiness by its use. This successful method of home treatment yourself, my reader, for your daughter, your mother, or your mother-in-law. You can do it yourself at home at trifling cost, and without aid from anyone. Men cannot understand our sufferings; what we women know from experience, we know better than any doctor's hope in my method of home treatment. I suffer from pain in the head, back, and neck, and I would like to see you in my method of home treatment. I will explain a simple home treatment which quickly and effectively cures greenness, chlorosis, irregularities, headaches, and lassitude in young women and restores normal complexion and health. Tell me if you are worried about your daughter. Remember! It is health worth asking for! Then accept my generous offer, write for the free treatment to your needs, and I will send it in plain wrapper by return mail. To save time you can call on me to-day, as you may not see my offer again. Address: MRS. M. SUMMERS, Box 65, WINDSOR, ONTARIO.