

Dr. Kellogg contributes an article to the current number of the "Good Health" Magazine, entitled, ,'Are we to be a Toothless Race?"

He opens it with a reference to the difficulties which beset the profession of dentistry a quarter of a century ago. He says at that period dentists were not nearly so numerous as they are to-day. They used to travel from town to town, carrying their outfits with them, in a manner similar to that of Methodist itinerant clergymen in the early history of that denomination. They would do such jobs ofdentistry as they could find in one town, and then go to another, with difficulty earning a livelihood. But at the present time this profession is a ing rich. So many people are putting yet of New York State Borad of Health very lucrative one; dentists are growtheir gold into their teeth that, as some one has suggested, the goldmines of the futures are likely to be found in the cemeteries of the present day.

Discussing the kuestion of premature decay of the teeth, Dr. Kellogg's opinions are indeed alarming to the ordinary citizen.

This decay of teeth, he says is not a local accident or a matter of mere local interest; it is an indication of constitutional decay, ... of the decay of the human race. A horse-dealer would not would know that that horse was losing its vitality and growing weak; yet peofrom twenty-two to twenty-five years to be fathers and mothers. Their constitutions have already begun to decay, of that constitutional deterioration.

Teeth decay just as apples, potatoes. and other fruits and vegetables decay, the action of germs. Germs, when allowed to take up their abode in the mouth and to develop in large numbers, form colonies upon the teeth. They accumulate in the mouth, and grow there in the form of patches. in whitish slime. This roughness is due to germs. They come from the food. the air, and the water, and feed upon the remnants of food which they find In the mouth and between the teeth.

Dr. Kellogg is of opinion that a vegetarian diet is conducive to the preservation of the teeth, and that the use of flesh food is one of the chief causes of dental decay.

At the National Pure Food and Drug Congress, held at Washington some months ago several of the papers read, dealing with the subject of adulteration of food and drugs were of a character to make the ordinary housewife tremble with lear at the condition of affairs. The Hon. M. Brosins, of Pennsyl-

vania, said:---Our annual food bill cannot be less than five billion dollars, and most of this food we produce ourselves. According to the best attainable estimate, two per cent. of this or one hundred million dollars is worthless stuffunsuitable for human food, of which ten per cent. or ten million dollar's worth is poisonous and destructive of life and health. Dr. Lattimore, analsaid that of 376 articles of diet in common use in every household, 255 or more than two-thirds were adulterated. These figures are only approximate, but they are sufficiently accurate to convey to the mind some idea of the enormous waste, the decelt the fraud the plunder, and I have said, the murder that are masquerading in this country in the disguise and in the

name of commerce in food products, to say nothing of the appalling consequence to the morals of our people.

What I have said of food products is buy a horse that had decayed teeth: he equally applicable to the drugs and medicines whose curative products are our last dependence when disease lays ple offered themselves to the world us on beds of suffering. In how many as being strong and vigorous when draughts and lotions administered by they have scarcely a sound tooth in loving hands to bring back to health their heads. We find young people the smitten of one of the family, death itself lurked, no man knoweth. But of age getting married, --- and without we know enough to be on our guard a sound tooth. Such people are not fit and to make us sometimes reluctant to administer the prescriptions of the best physicians, and almost enough to and their decayed teeth are an evidence justify us in believing the statement I read the other day of an occurrence which may serve to illustrate the subject. I disclaim any purpose to reflect just as dead animals decay, ... through | tipon the doctors for they are both noble and necessary. A doctor ordered some medicine for a sick boy and the father not liking the appearance of it forced it down the cat's threat. When the doctor called and inquired if the powder had cured the boy the father

the morning the teeth will feel rough, replied: "No, we did not give it to and will be covered with a yellowish or him." " "Good heaven," said the doctor, "is the child living ?" "Yes, he is, but the cat sin't: we gave it to her.' The doctor retired. This may be only an anecdote but it

points the moral of our situation. No class have more at stake in the crusade against the adulterations of food and drugs than the physicians, for in the degree in which we become sensible of eration will the profession of medi- sewn on white tulle and net for yokes, taken by my wife and did her much cine be discredited, and unless we can cure this malady which has infected our laboratories as well as our mills, manufactories, and the whole commerce of our country, the profession of medicine will fall into as bad repute as when, in the time recorded in the book of Chronicles, King Asa sickened and died. In his sickness, says the book, he sought not the Lord but the

This is the season when women, young and old, are turning their attention to furs. The show windows of our principal dealers are well filled with every style of garment. Many of the displays surpass in their variety all effort of former years.

Velvet toques trimmed with fur and fur toques trimmed with velvet are equally popular for afternoon wear. Sable, chinchilla and baby lamb are the furs most employed in millinery.

There seems to be no doubt that fringes of various kinds are coming in favor again, for they are on hand in great variety and our gowns are trimmed with them. Something quite new is a fringe trimming gored by narrow strips of black cloth in graduated lengths, falling from a deep heading of bands of cloth edged with narrow braid and joined with silk-covered rings which also tip each end of the fringe. Narrow fringes which look like silk floss are made of a vegetable fibre and come in all colors.

Very large muffs are to be used this winter. A muff should be chosen to suit the individual rather than common taste, for nothing looks more ludicrous and out of keeping than to see a woman no bigger than a minute apparently weighted down by a huge muff, unless it is the sight of a large, tall creature with her hands thrust into one about big enough for a baby. By the way, muffs of sable are by long odds the most fashionable this year, and will probably continue quite novel, since a really fine one costs hundleds of dollars.

According to an authority last season's fur capes are made very smart by sloping off the front edges to give the round shape so much sought after, and sewing a frill of chiffon or real lace on the inside edge. Ermine capes are especially pretty finished in this way, and cream lace with sable is always effective.

One of the special novelties in silks is a taffeta in various pretty bright colors, embroidered in white silk, with golf sticks and balls, horseshoes or footballs. It is a foregone conclusion that these are especially designed for shirt waists to be worn in the young girls' kingdom at the various sports.

Black satin cords---not covered--- as a trimming to be used like braid are very effective in patterns or sewn on in straight rows quite close together. has since appeared. The box or two of the deleterious character of drug adul. White satin cords are especially pretty | Pink Pills which I left unused were

among foreign born inhabitants, a propartian which, if it reliects the facts. Indicates that among the foreign born residents the population is increasing very much more rapidly than among the native-born population.

A NOVA SCOTIA FARMER

TELLS HOW HE WAS CUEED OF SALT RHEUX.

His Fingers, Hands and Wrists Were a Mass of Cracks and Sores, by Menson of Which He Was Usable to Work.

To the Editor of the Enterprise:---

I have read from week to week in your paper, testimonials from those who have been cured through using Dr. Williams' Pink Pills, and as I have experienced much benefit from the use of that medicine, I believe it my duty to let others know they can be relieved from a very painful malady. I am now 75 years of age, and am at the present course of Dr. Williams' Pink Pills about two years ago, have been enjoying excellent health. Before that time I had been ailing for some months, ents. finally I was attacked with salt rheum, which came out mostly on my hands. It was not long after its first appearwork at all with my hands. I resorted getting worse and worse; until the paims of my hands and my fingers were I got discouraged altogether, believing justice to it. Let yours try. Besides GOODS IN CANADA. there was no help for the terrible com-

over my hands and up my wrists to-i wards my arms. It happened one day in conversation with an acquaintance that Dr. Williams' Pink Pills were mentioned in connection with some other case in the neighborhood, and it was suggested I try them for salt rheum. I had not much faith in the trial, but concluded to get a box and see what good they might do. To my great delight, after using the box I found an improvement in the condition of my hands, and I got six boxes more, I did not use all these, for before they were gone the disease had vanished and my hands were as sound as ever. The new

skin came on as smooth and fresh as if nothing had been the matter. I took no other medicine while using the pills and the whole praise of the cure is due to them. My general health was also greatly benefitted by their use and 1 attended to my work with more energy and in better spirits than I had done for a number of years. Ihave been in excellent health ever since for a man of my years, and no sign of salt rheum good, I cannot speak too highly of Dr.



Chiefly About Shopping by Mail and the New Winter Catalogue.



The good health and rapid progress of this Business ic shown by the tremendous increase in its. Mail orders. The Company's system of dealing with mail orders is probably the la gest and most elaborate in Canada, but with all the encouragement the firm is constantly impressed with the conviction that only a limited portion of the people of Canada comprehend the great facilities of this Store, hence the issuing of a comprehensive and useful catalogue, twice every year, which will be sent to any address in Canada.

post paid, on app'ication to our Mail Order Department. A Postal Card coes it. The Best Talent the Store possesses is placed at your disposal and every order is attended to the same day as received. The best aid in ordering goods is a copy of our Winter Catalogue.

KING FORWARD to CHRIST

Thousands of Little Child-Hearts Toys there are other things just as inwill beat heartily when they learn that ! portant that claim attention. There's time, and in fact ever since I took a THE BIG STORE TOY-BAZAAR IVORY FIGURES, AND DOLL KINGDOM are ready for their reception --- and that of their par-ODD FURNITURE,

Already Christmas livelineas pervades the store, and sounds of merriment are heard that have a delightful fescinance before I was unable to do any ation for old and young. Step with us into Toy Realm and we'll unfold its to all the domestic cures I could hear | mysteries. DOLLS .-- First nations of of, but the disease kept on its course, them: English, French, German, African and Mongolian .-- Dolls of all sorts and sexes, from one cent to twenty a mass of cracks, open sores and hid- dollars. Armies of soldiere, Fleet? of the doctor, which I used for several numerable. Games more than you can weeks, with no benefit whatever, --- my count. And Books: but that's another hands still becoming more and more story. Toyland is a delightful place is the largest, the most varied, the crippled with the disease. My general to visit, but no man can describe it --- most complete, the fairest priced. In: health too, at this time was poor and none but a youngster could really do the freshest collection of CHRISTMAS

plaint that was gradually spreading STYLISH WINTER DRESS GOODS.

SILK AND WOOL NOVELTIES ---- PICARDY WHIP CORDS--- The reli That have no superior the world over, beautiful fabrics, in rich colorings. Special, \$1,10.

ALSACE BROCHES--- In unique and novel designs, dainty shell effects, in Silk and Wool, elegant material for Calling or Reception. Special, \$1.401

Irish - Linen Damasks.

QUALITY CONSIDERED, CARS- HRISH DOUBLE DAMASK ... Para LEY'S LINENS are lower in price by 10 to 15 per cent, than any ordinary store.

IRISH DOUBLE DAMASK -- Fine quality, 72 inches wide, 67c. IRISH DOUBLE DAMASK ... very

fine quality, 72 inches wide, 80c. IRISH DOUBLE DAMASK ... Superior

quality, 72 inches wide, \$1.10. THE S. CARSLEY CO., LIMPTED Write for the new Winter Catalogue, just published ; 176 large Quarto Pages, beautifully Illustrated,

\$1.25.

The S. CARSLEY CO., Limited.

184 to 194 St. James St., Montreal. 1765 to 1783 Notre Dame St.

SETS OF BOOKS FANCY GOODS, NEW JEWELLERY, SILVERWARE.

BRIC-A-BRAC,

PRETTY PICTURES.

NOVEL STATIONERY.

FANCY PERFUMERY. ELEGANT CHINA. CHRISTMAS BOUNTIFULNESS IS cous scabs. I then got medicine from Ships, Herds of Animals, Horses in everwhere, but nowhere more lavishing

displayed than here. Everything is done thoroughly at CARSLEY'S. This

able kind, strong, serviceable

The Choice Fabrics from the Let:

boms of Paris, Lyons and Licardy

generously displayed in rich and .

THE S. CARSLEY CO., LIMIT: D

IRISH DOUBLE DAMASK --- Porta

superior quality, 72 inches with

IRISH DOUBLE DAMASK S ()

extra quality, 52 inches wide. Etch.

quality, 72 inches wide, 30c.

very fashionable, \$1.30.

clusive designs.

SEVRES VASES. ONYX TABLES. FANCY MIRRORS,

The remark is very often heard in circles of married people of some of their acquaintance:----

"She is such a nice girl! I wonder why she doesn't marry?" and we agree with the speaker that the girl in question is amiable, clever, domestic and attractive, yet she is single and likely to remain so. Girls who have apparently, fewer attractions, or fewer good qualities to recommend them, make excellent matches, but this girl is passed by, and her friends wonder within themselves and then quietly assign her to "the shelf."

A writer in an exchange in account. ing for some of the causes says :---

"Well, some girls are too imbitious; they want a rich or a famous husband and will not marry for love in a cottage. Again, some girls are shy and constrained, so afraid of seeming to run after men that they go to the opposite extreme and almost repel them. They show to the worst advantage in girls they are ignored and passed by. Others are overlooked because they will not give a man even ordinary encouragement; indeed, if they find themselves caring for one man more than another among their acquaintanfrom showing it, not because they are stupid, but because of an unfortunate temper which they cannot overcome. Then there are those girls who are so clever, such universal favorites, so that enjoying society as a whole they have overlooked the individual; their a lover among them.

AFashion Magazine says:---

And the second

Of the 14 reputed centenarians who died during the past year, no fewer than eleven were women. Out of the 188 persons who were declared as over ninety years of age at death, 108 were women. The superior longevity of the female sex is a well-established fact. To some extent it depends, of course, ing, but by no means exclusively, as the world. The vital power of girls is

• •

fathers. Now let me weary you with a few details for the sake of a more distinct view of the nature and extent of the adulterations of which the people complain. In doing so, I borrow from a body of facts with which all who have

studied the subject are familiar. I will only give you a few instances as illustrations of many which could easily be produced. Many a housewife if she were a chemist and had the requisite facilities could demonstrate how much of falsehood and deceit are represented in her pantry; wheat flour containing company, and though nice, intelligent | peas, ground rice and soapstone; olive oil made largely of cotton seed. Sago is potato starch. Vermmicelli is poor flour whitened with pipe clay. Powdered sugar is glucose, flour, clay and sand. Butter, supposed to be made from the pure nectar of the cow ces, a mistaken pride prevents them is largely the fat of the cow. The pure refined family lard is quite likely to be tallow and cotton seed oil. Black pepper may be mustard husks, sand, bran and red clay. Allspice contains cracker dust and corn meal. The musmuch in demand for every occasion, tard is flour and cayenne pepper. The that at length they awaken to the fact latter may be rice flour and red lead. Cream of tartar is strongly tinctured with phosphoric acid, and so on. These youth and heyday has passed by and are but sample instances but they afthey have a string of admirers but not | ford indication of adulterations, frauds and impositions, which ought to bring the blush of shame to every honest American face.

If the housekeeper has not already repaired her blankets for the cold weather, she should begin to do so. Thin places in blankets should be darned with yarn very much as stockings are darned. The tops of the blankets which have been bound with ribbon on their own sheltered method of liv- i should have the ribbon ripped off after they are washed, and it should be rethe women of the laboring classes placed with a buttonhole finish in red show a great vital tonacity as well as or dark blue worsted, to match the those who have an easy time of it in stripe in the blanketing. This is a neat though less showy finish than ribdisplayed in babyhood, for though bon, and wears well. Ct saves trouble, about 104 boys are born to every 100 to cut pairs of blankets apart. They present birth rate is 21.7; showing a girle, the females have more than over- are then more easily handled when they taken the deficiency before the end of are in use or when they sare folded the first year. ... have the away than double blankets are.

÷. .

collars and vests.

Jet is very much the fashion for trimming evening gowns generally. Black net well covered with jet paillettes in pretty designs is quite as popular for entire costumes as it was last season, but it is made more elegant than ever by the lavish use of cream or white lace, Venetian point being especially desirable. physicians, and Asa slept with his

> Round rosettes of black velvet baby ribbon are used as a trimming on lace evening gowns.

Cherry red taffeta is the latest thing for petticoats.

"Craquile" lace, so much used last summer, is spotted with smalltufts of chenille and brought out as one of the season's novelties.

White cloth, fine and silky in finish, is one of the fashionable materials for the bridesmaid's gown.

Fancy muffs of velvet to match the hat are displayed very temptingly. among the extravagant novelties. They are flat in effect and made with a double ruffle at each end, but large in size. A stylish sable muff in a similar style has a wide circular frill at each end, is lined with white satin, and is finished on the edges with tiny short tails set two or three inches apart all around.

Illustrated postal cards on which pictures of fortified places are represented have been prohibited in Germany on the ground that they betray military secrets. Thousands of cards with pictures of Posen, Coblenz, Mainz, Spandau, Madgeburg and other towns have been confiscated, and a fine of three marks will be imposed on any one caught selling these cards.

The present estimated population of New York, five boroughs, is 3,500,000. On July 1st, according to the estimate of the Board of Health, it was 8,438 892, and the increase since that time has brought it close probably to 3,-500,000.

During the last quarter officially reported there were 15,000 deaths and 18,000 births in the Greater New York. The present death rate of the city, is 17.7 per thousand inhabitants; the steady ratio of increase. The Board of Health figures show, too, a steady in--l crease in the proportion of births,

Williams' Pink Pills and am pleased to give my testimony to their merit, hoping that others may thereby be induced to use them in cases like my own.

HENRY CHESLEY.

The Editor of the Enterprise can add that Mr. Chesley is a representative farmer living about three miles from the town of Bridgewater, N. S., and and American Governments, the patthe utmost reliance can be placed on his statement.

Dr. Williams' Fink Pills create new blood and in this way drive disease from the system. A fair trial will convince the most skeptical. Sold only in boxes the wrapper around which bears the full trademark "Dr. Williams' Pink Pills for Pale People." If your dealer does not have them they will be sent post paid at 50 cents a box or six boxes for \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

Toothache stopped in two minutes with Dr. Adams' Toothache Gum. 10 cents.

People talk of open jealousies; but the secret heart-burnings that arise from misunderstood, half-understood. and women are much worse. It is the smallest details in your toilet.

unuttered sorrows, the unadmitted and impossible-to-be-avenged wrongs, which cause the sharpest pangs of existence.

NEW INVENTIONS.

Below will be found list of new patents recently granted by the Canadian onts being secured through Messrs. Marion & Marion, Solicitors of Patents, New York Life Building, Monttreal, and reported by them for the benefit of our readers.

Canada .--- Nos. 61,697, A. E. A. Smith and Carlos Worth, Stanstead, P. Q., check rein; 61,715, Stanislas Rosenberg, Paris France, ceramic decoration. United States .--- Nos. 613,499, W. J. Curry, Nanaimo, B. C., collapsible bed.

CAPITAL PRIZE.

At the Distribution of the 16th inst. of The Society of Arts, of Canada, 1600 Notre Dame street, the first capital prize was drawn by Mr. Octave Charland, 964 De Montigny street, painter, C. P. R. shops.

Don't neglect to put a certain amor wholly false positions between men ount of thought and care into the

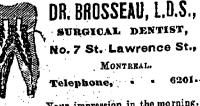
SINGER SEWING MACHINES Are so simple that the youngest can understand them.





OFFICES IN EVERY CITY IN THE WORLD





Your impression in the morning, Teeth in the afternoon. Elegant full gum sets; Rose Dearl (flesh colored.) Weighted lower sets for shallow jaws. Upper sets for wasted faces. Gold crown plate and bridge work, painloss extincting without charge if. sets are inserted. Teeth alled; teeth repaired in .50 minutes; sets in three hours if required.

FOR SALE FOR THE MILLION Kindling, \$2.00; Out Maple, \$2.50; Tamarao Bioks, \$1.75; Mill Bloks, stove, lengths, \$1.50; J. C. McDIARMID; Richmond Square, Phone 8358.