Though Christ demands an undivided heart, Yet kindred beings justly claim a part: Thus heavenly objects may thy thoughts employ, In harmony with Friendship, Love, and Joy.

It is satisfactory to add, that these simple lines had the beneficial effect of awakening the lady to a sense of her folly; and their insertion here may possibly have a similar result in cases to which they bear a reference.

## PERSONAL BEAUTY.

A recent writer concludes his observations on the means to be adopted to procure beauty in the person in these words.-" Let then the ladies observe the following rules:-In the morning use pure water as a preparatory ablution: after which they must abstain from all sudden gusts of passion, particularly envy, as that gives the skin a sallow paleness. It may seem trifling to talk of temperance, yet must this be attended to, both in cating and drinking, if they would avoid those pimples for which the advertised washes are a cure. Instead of rouge, let them use moderate exercise, which will raise a natural bloom in their cheek, unimitable by art. Ingenious candour, and unaffected good humour, will give an openness to their countenance that will make them universally agreeable. A desire of pleasing will add fire to their eyes, and breathing the morning air at sunrise will give to their lips a vermilion hue. That amiable vivacity which they now possess may be happily heightened and preserved, if they avoid late hours and card-playing, as well as novel-reading by candle-light, but not otherwise; for the first gives the face a drowsy, disagreeable aspect, the second is the mother of wrinkles, and the third is a fruitful source of weak eyes and a very sallow complexion. A white hand is a very desirable ornament; and a hand can nover be white unless it be kept clean; nor is this all, for if a young lady would excel her companions in this respect, she must keep her hands in constant motion, which will occasion the blood to circulate freely, and have a wonderful effect. The motion recommended is