Though Christ demands an undivided heart,
Yet kindred beings justly claim a part:
Thus heavenly objects may thy thoughts emplog, In harmony with Friendship, Love, and Joy.
It is satisfactory to add, that these simple lines had the benoficial effect of awakening the lady to a sense of her folly; and their insertion here may passibly have a similar result in cases to which they bear a reference.

## PERSONAL REAUTY.

A recent writer concludes his obscrvations on the means to be adopted to procure beauty in the person in these words.-" Let then the ladies observe the following rules:-In the morning use pure water as a preparatory ablution: after which they mast abstain from all sudden gusts of passion, particularly envy, as that gives the skin a sallow paleness. It may seem trifling to talk of temperance, yet must this be attended $n$, hoth in cating and drinking, if they would avoid those pimples for which the advertised washes are a curc. Instead of rouge, let them use moderate excreise, which will raise a natural bloom in their check, unimitable by art. Ingenious candour, and unaffecied good humour, will give an openness to their countenance that will make them universally agrecable. A desire of pleasing will add fire to their cyes, and breathing the morning air at sunrise will give to their lips a vermilion hue. That amiable vivacity which they now possess may be happily heightened and preserved, if they avoid late hours and card-phying, as well as novel-reading by candle-light, but not otherwise ; for the first gives the face a drowsy, disagreeable aspect, the second is the mother of wrinkles, and the third is a fruitful source of weak eyes and a very sallow complexion. A white hand is a very desirable omament; and a hand can nover be white unless it be kept clean; nor is this all, for if a young lady would excel her companions in this respect, she mast koep her hands in constant motion, which will oceasion the blood to circulate frecly, and have a wonderfit effect. The motion recommended is.

