Scientific and Aseful.

CREAM FRITTERS.—One and a-half pints of flour, four beaten eggs, one pint of milk, one teaspoonful of sait, one pint of cream. Stir together and fry in small cakes.

POLISHED steel will not shine in the dark; no more can reason, however refined and cul-livated, shine efficaciously but as it reflects the light of divine truth shed from heaven.

RICE PUDDING WITHOUT EGGS .- Take two quarts of milk and one cup of rice, one half cup sugar and teaspoonful of salt. Bake in a moderate oven three hours. Should be stirred gently two or three times after it has begun to bake. Raisins may be added if one likes. Cream and sugar is a nice dress-ing for it if anything is desired.

two teaspoonfuls of salt and milk enough to make a stiff batter. Shape the cakes in the hand, making them an inch thick; bake on a griddle: they should be said by JOHNNY CAKES .- One quart of corn meal, a griddle; they should be quite brown when done. Split them open and lay a lump of butter inside. Serve hot.

GOOSEBERRY PIR. - Stew the berries in as little water as it is possible to use; when the berries begin to be tender, mash them with a spoon; then you will preserve the richness of the juice, and will not have to throw any of it away. Sweeten with light brown sugar, and bake with two crusts.

AN Ex-Alderman Tried It. Ex-Alder-MAN Taylor, of Toronto, tried Hagyard's Yellow Oil for Rheumatism. It cured him after all other remedies had failed.

PEACH PIE—Line a deep dish with soda biscuit dough or pie-crust rolled one-fourth of an inch thick, fill with peaches pared, sprinkle with sugar and a little flour, and if not too juicy add about two tablespoonfuls of water. Put on the upper crust, secure the edges and bake. Eat with cream.

BAKED BEBRY ROLLS .- Make a biscuit dough, roll it thin and cut it in squares of five or six inches. Spread over with berries or other fruit; double the crust over and fasten the edges together. Put the rolls into a dripping-pan, close together, until full, then put into the pan a little water, sugar and butter. Bake and serve with any desired pudding sauce.

A CURE FOR CHOLERA MORBUS. -A positive cure for this dangerous complaint, and for all acute or chronic forms of Bowel Complaint incidents to Summer and Fall, is found in Dr. Fowler's Extract of Wild Strawberry; to be procured from any druggist.

FROZEN PEACHES .- Take two quarts of rich milk and two teacupfuls of sugar; mix well together, and put into a freezer with ice and salt packed around it. Have ready one quart of peaches mashed and sweetened. When the milk is very cold stir them in and freeze them all together. Strawberries can be used in the same way, but will require more sugar.

HOLIDAY BUNS .- One pound of flour, four ounces of butter, three ounces of lard, half pound currants, quarter pound raisins, two ounces candid lemon peel, quarter pound moist sugar, two eggs, one large tablespoonful of baking powder, half-pint of new milk. Rub the butter and lard thoroughly into the flour, add all the dry ingredients, beat the eggs well and mix them into the ingredients; then add the milk, and mix up thoroughly well. Put a teaspoonful of the mixture into each patty pan well buttered, and bake in a very brisk oven unti nicely browned over.

HOME-MADE CREAM CANDY.—If made according to the following directions, it is said that you will have cream cardy equal to that of the confectioners: To any quantity of white or clean, light sugar, add an equal quantity of cold water. Dissolve in a little cold water wheat starch, in the proportion of two teaspoonfuls to one cup of sugar, and set it aside ready for use. Set the sugar and water on the fire to boil; do not stir much after the sugar dissolves. Let it boil until a little of it dropped in cold water will harden readily. Then add the starch, stirring very rapidly, and boil a minute or two; again try; when done, pour into a buttered dish or pan, and set aside till cool enough to work with the hands. Add to it while warming such flavouring extract as may be preferred. Work till very light. Draw out into flat lengths and cut into sticks.

A SAD NEGLECT. Neglecting a constipated condition of the bowels is sure to bring ill health and great suffering. Burdock Blood Bitters regulate the bowels in a natural manner, purifying the blood and promote a healthy action of the stomach, liver, kidneys and Bowels.

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- -Take all the Kidney and Liver
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- Take all the Dyspepsia and indigestion
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- -Take all the Brain and Nerve force revivers. -Take all the Great health restorers.
- -In short, take all the best qualities of all these, and the Qualities of all the best medicines in
- the world, and you will find that Hop -Bitters have the best curative qualities and powers of all
- powers of all —concentrated—In them, and that they will cure when any or all of these, singly or —combined
 —Fail. A thorough trial will give positive proof of this.

Hardened Liver.

Five years ago I broke down with kidney

and liver complaint and rheumatism.

Since then I have been unable to be about at all. My liver became hard like wood; my limbs were puffed up and filled with

All the best physicians agreed that nothing could cure me. I resolved to try Hop Bitters; I have used seven bottles; the hardness has all gone from my liver, the swelling from my limbs, and it has worked a miracle in my case; otherwise I would haue been now in my grave. J. W. MOREY, Buffalo, Oct, 1 1881.

Poverty and Suffering.

"I was dragged down with debt, poverty and suffering for years, caused by a sick family and large bills for doctoring.

I was completely discouraged, until one

year ago, by the advice of my pastor, I com-menced using Hop Bitters, and in one month we were all well, and none of & have seen a sick day since, and I want to say to all poor men, you can keep your families well a year with Hop Bitters for less than one doctor's visit will cost. I know it."—A WORKINGMAN.

27 None genuine without a bunch of green Hops on the white label. Shun all the vile, poisonous stuff with "Hop" or "Hops" in their name.

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We, the undersigned, druggists, take pleasure we, the undersigned, druggists, take pleasure in certifying that we have sold Dr. Wish-TAR'S BALMAR OF WILD CHERREY for many years, and know it to be one of the oldest as well as one of the most reliable ure-parations in the market for the cure of Coughs, Colds, and Throat and Lung Complaints. We know of no article that gives greater satisfaction to those who use it, and we do not hesitate to recommend it

Ottawa. June 20, 1889

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TRUTHFUL TESTIMONY.

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I would not be with out Kidney. Work if it cost \$10. It coured my Liver and Kidney troubles after I had lost all hope. SANL HODGES, Williamstown, W. Va.

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Reugered for 12 years from Piles, as none but those hat have been afficted can realize. Kidney Wort pulckly cured me. LYMAN T. ABELL, Georgia, Vt.

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I was a great sufferer from diseased Kidneys and was terribly constipated for years. I amnowatieventy as well as ever I was in my life and it is due alone to Kidney-Wort. C. P. BROWN, Westport, N. Y.

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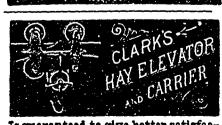
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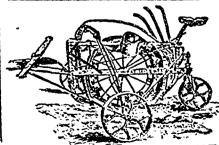


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