

RADWAY'S READY RELIEF

FOR INTERNAL AND EXTERNAL USE.

Instantly stops the most excruciating pains, allay inflammation and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or mucous membranes.

ACHES AND PAINS.

For headache (whether sick or nervous), tooth-ache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

Strong Testimony of Emigrant Commissioner, the Hon. George Starr, as to the power of Radway's Ready Relief in a Case of Sciatica, Rheumatism.

VAN NESS PLACE, NEW YORK.

DR. RADWAY—With me your Relief has worked wonders. For the last three years I have had frequent and severe attacks of sciatica, sometimes extending from the lumbar regions to my ankles, and at times to both lower limbs.

During the time I have been afflicted I have tried almost all the remedies recommended by wise men and fools, hoping to find relief, but all proved to be failures.

I have tried various kinds of baths, manipulation, outward application of liniments too numerous to mention, and prescriptions of the most eminent physicians, all of which failed to give me relief.

Last September at the urgent request of a friend (who had been afflicted as myself), I was induced to try your remedy. I was then suffering fearfully with one of my old turns. To my surprise and delight the first application gave me ease, after bathing and rubbing the parts affected, leaving the limbs in a warm glow, created by the Relief. In a short time the pain passed entirely away. Although I have slight periodical attacks approaching a change of weather, I know now how to cure myself, and feel quite master of the situation. RADWAY'S READY RELIEF is my friend I never travel without a bottle in my valise.

Yours truly, GEO. STARR.

INTERNALLY.—A half to a teaspoonful in half a tumbler of water will in a few minutes cure Cramps, Spasms, Sour Stomach, Nausea, Vomiting, Heartburn, Nervousness, Sleeplessness, Sick Headache, Diarrhoea, Colic, Flatulency and all internal pains.

Malaria Cured and Prevented.

There is not a remedial agent in the world that will cure fever and ague and all other malarious, bilious and other fevers, aided by RADWAY'S PILLS so quickly as RADWAY'S READY RELIEF.

25 cents per bottle. Sold by all Druggists

RADWAY & CO.,

419 St. James Street, Montreal.

BARLEY CRYSTALS

New Diuretic, Rheumatic Tonic Cereal; also Gluten Dyspepsia Flour, and Diabetes Flour. Pamphlet and Cooking Samples Free. Unrivalled in America or Europe. Ask Dealers, or Write Farwell & Rhine, Watertown, N.Y., U.S.A.

\$3 A DAY SURE Send us your address and we will show you how to make \$3 a day; absolutely sure; we furnish the work and teach you free; you work in the locality where you live. Send us your address and we will explain the business fully; remember we guarantee a clear profit of \$3 for every day's work; absolutely sure; don't fail to write today. IMPERIAL SILVERWARE CO., Box 45 Windsor, Ont.

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First Class \$10.00 Sets teeth for \$5.00

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**Dr. Wood's
Norway Pine
Syrup**

A Perfect Cure for COUGHS AND COLDS

Hoarseness, Asthma, Bronchitis, Sore Throat, Croup and all THROAT, BRONCHIAL and LUNG DISEASES. Obsolete coughs which resist other remedies yield promptly to this pleasant piny syrup. Beware of Substitutes.

Sold by all Druggists. Price 25 & 50c.



Tenders for Supplies 1895.

The undersigned will receive Tenders for Supplies up to noon on **MONDAY, DECEMBER 3rd, 1894**, for the supply of Butchers' Meat, Butter, Flour, Oatmeal, Potatoes, Cordwood, etc., for the following institutions during the year 1895, viz.:—At the Asylums for the Insane in Toronto, London, Kingston, Hamilton, Mimico, Brockville and Orillia; the Central Prison and Mercer Reformatory, Toronto; the Reformatory for Boys, Penetanguishene; the Institutions for the Deaf and Dumb, Belleville, and the Blind at Brantford.

Two sufficient sureties will be required for the due fulfilment of each contract. Specifications and forms of tender can only be had on making application to the Bursars of the respective institutions.

N.B.—Tenders are not required for the supply of meat to the Asylums in Toronto, London, Kingston, Hamilton and Mimico, nor to the Central Prison and Reformatory for Females, Toronto.

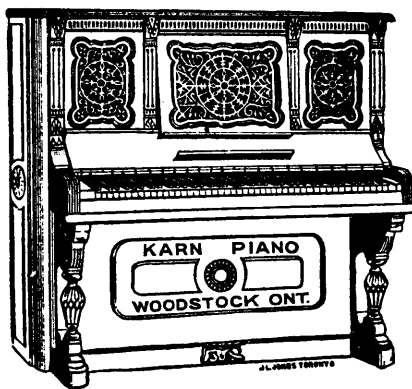
The lowest or any tender not necessarily accepted.

R. CHRISTIE,
T. F. CHAMBERLAIN,
JAMES NOXON,

Inspectors of Prisons and Public Charities.
Parliament Buildings.

Toronto, November 19th, 1894.

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KING & CO., 156 King St. West

HEALTH AND HOUSEHOLD HINTS.

Tomatoes stimulate the action of the liver, as well as lemons and other acid fruits.

Celery is a nerve vegetable, and its action upon the nervous system will greatly ameliorate, if not cure, nervous disorders.

Always put through the eye of the needle first the end of the thread which comes off the spool, and the thread will be less apt to knot and gnarl.

A hot lemonade, upon retiring, will break a cold. The same is true of the unfermented juice of currants, strawberries, sour plums, grapes, etc.

A piece of beef weighing ten pounds requires two hours to roast. Allow ten minutes to every pound over or under this weight. The second cut of the sirloin, the second cut of the ribs and the back of the rump are considered the best parts of beef for roasting.

Onions are a simple tonic for persons suffering from insomnia when eaten raw, and have a stimulating action upon the circulatory system, thus promoting digestion. If cooked and given to children as often as once a week they will be kept free from intestinal parasites.

Cheap Fruit Cake.—One cupful of butter, one of brown sugar, half a pint of molasses, two eggs, one cupful of sour milk, one teaspoonful of soda, one pound of flour, one of currants, one and a half of raisins; one teaspoonful of cinnamon, half a teaspoonful each of cloves and allspice. Bake in a slow oven. This is excellent.

Powdered French chalk is recommended for cleaning light summer woollens. It is very inexpensive, and may, therefore, be used liberally. Cover the soiled parts thickly with the chalk, let it remain a day or two, and then remove with a camel's-hair velvet brush. It is claimed that in most cases this treatment will cause the spots to disappear entirely.

Oatmeal Blanc Mange.—Mix a pound of steamed oatmeal with cold water to make a paste; pour upon it a quart of boiling milk; add salt, and sweeten to taste; put into a saucepan, and boil for ten minutes or a quarter of an hour; remove from the fire, and flavor with lemon and spice; pour into a wet mold, and turn out when cold. When eaten with cream, this is delicious.

Never make covers of very cheap cretonne; it is not worth the labor. Light cretonnes wash better than dark. In cutting be careful not to cut away too much in little corners; nothing is easier. Do not forget the notches or the difficulty of putting the parts together will be increased. The parts of a cover that are to be left open should not be notched; this will easily distinguish them from other seams.

Crumpets.—Scald a pint of milk in the evening; when luke-warm stir in three cups of flour, a teaspoonful of salt, four ounces of melted butter and half a cake of compressed yeast dissolved in luke-warm water; beat well and let stand over night. At breakfast time grease muffin rings and place on a hot griddle; fill each ring half full of batter, bake on one side, then turn and bake on the other. After the crumpets have become cold they are very nice toasted.

A bottle of lime water in the house is a great convenience. To make it, put about a pound of unslaked lime in a large bowl; pour over this three quarts of boiling water. Let it stand for ten minutes, then stir with a stick. Place the bowl in a cool place for eight or ten hours. At the end of that time pour off the clear water, letting the sediment remain in the bottom of the bowl. Bottle the clear water and keep in a convenient place. A tablespoonful of this lime water may be added to a glass of milk to be given to a patient with an acid stomach. In case of burns cover the burned parts with a cloth wet in lime water.

I was CURED of painful Goitre by MINARD'S LINIMENT.

Chatham, Ont.

BYARD McMULLIN.

I was CURED of inflammation by MINARD'S LINIMENT.

Walsh, Ont.

MRS. W. W. JOHNSON.

I was CURED of facial neuralgia by MINARD'S LINIMENT.

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J. H. BAILEY.



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Thou Canst Make Thy Life
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THROW OFF THY BURDEN OF
DISEASE AND SUFFERING.

Paine's Celery Compound Does the
Good Work.

Cured People Send in Strong Testimony
Every Day.

Go bury thy heavy burden of sorrow, disease and suffering at once. It may be that thou hast been in agony for years. No doubt disappointments have attended thy past efforts and endeavors, and now thou art sad, despondent and hopeless.

Suffering one, thou hast been misled and deceived up to the present by medicines that had no curative virtues. Whilst thou hast been groping in darkness for a cure, thousands have been made well by the mighty curing powers of Paine's Celery Compound.

This marvellous medicine is made to meet the wants and necessities of rich and poor, of old and young, who suffer from any derangement of the system.

Hast thou read any of the wonderful cures wrought by this health-giver? If not, send at once for a book wherein are records of attested wonders—men and women saved even at the point of death. Amongst these records will be found the names of some of Canada's best people; you will know many of them.

Strong testimony is pouring in every day in favour of Paine's Celery Compound. A letter has just come from Mrs. E. Rankin, of Courtright, Lambton Co., Ont. From it we give the following extracts:—

"With great pleasure I beg to inform you of the good I have received from the use of Paine's Celery Compound. For a number of years I have been in very poor health owing to various causes, and lately I was advised to try your medicine. I used three bottles, and have received a world of good. My severe headaches are completely banished, and heart disease, from which I suffered for thirty years, has almost disappeared, and altogether I am vastly improved. I am fully convinced that Paine's Celery Compound is all it is recommended to be."