

own divine power, He rose again, and shewed Himself alive by many infallible proofs. Yes, during forty days, our dear risen Lord shewed Himself again and again, and on one occasion to more than five hundred friends at the same time, until at length, instead of dying any more, He was received up, in the very sight of His Apostles and others, into Heaven. Thus, He ascended up on high, that He might reign above and send forth upon us, His children, His richest gifts.

We are now, therefore, once more in the midst of the Great Forty Days. We have commemorated the wondrous descent of the Son of Man down to Death itself, even the death of the Cross; and we have also joined in the Songs of Resurrection Triumph. And in order to complete the wondrous story of the Glory of our Blessed Lord, we are now looking earnestly forward to Ascension Day, to the day of our Lord's glorious Coronation, and the day upon which He ascended His Mediatorial Throne. Just, in fact, as on Easter Day we eagerly came to receive the Holy Communion, and so to be united to our risen Lord, so it is to be hoped we shall come again on Ascension Day, Thursday, May 27th, and drink into the very Nature of our glorified Master, ascending up on high, leading captivity captive, and receiving gifts for men. Thus we shall be doing honor, on His Day of Joy and Triumph, to our risen and ascended Lord.

### Rogation Days.

It is comparatively easy in the present day to convince people of the duty of publicly expressing their thankfulness to Almighty God for the blessings of another year, by joining in a great Harvest Thanksgiving Service, but how few there are who realise the duty earlier in the year of publicly uniting to ask for those great blessings. It is for this purpose that Rogation Sunday and the Rogation Days are appointed in our Prayer Book to be observed. These "days of asking" are the Sunday, Monday, Tuesday and Wednesday before Ascension Day, *i. e.*, May 23rd-26th, and it is well on such occasions to offer special prayer to God. Last year the Archbishop of Canterbury issued and sanctioned for use on those days two alternative Collects, and also recommended the substitution of Psalm 65, 66, 67, for the Psalms of the Day. He further sug-

gested the use of the Litany every day, and said he felt "sure that the fulness of the promise of the Gospel for Rogation Sunday (S. John xvi. 23-33), on which the custom of observing these days is founded, would be generally and sympathetically explained." For the benefit of any of our Clergy or people, who would like to use these special Collects we give them below:—

O God, heavenly Father, Whose gift it is that the rain doth fall, the land is fruitful, fishes multiply in the seas, and metal is taken out of the earth; we beseech Thee so to order all things by Thy governance and prosper the works of our hands by Thy heavenly benediction, that we, receiving the seasonable relief of Thy bountiful liberality, may use the same to Thy glory, the help of the needy, and our comfort; through Jesus Christ our Lord.  
*Amen.*

*or*

Almighty Father, Lord of heaven and earth, of Thy great goodness, we beseech Thee to give and preserve to our use the kindly fruits of the earth, the treasure of the mines, and the harvest of the sea, so as in due time we may share Thy gifts with thanksgiving; through Jesus Christ our Lord.  
*Amen.*

### Great Truths.

#### THE HOLY COMMUNION.

The Holy Communion, or Lord's Supper, is the second Great Sacrament. Its outward and visible sign is Bread and Wine, which the Lord has commanded to be received. The inward part is the Body and Blood of Christ, which are verily and indeed taken and received by the faithful in the Lord's Supper. The benefits of duly receiving the Holy Communion are the strengthening and refreshing of our souls by the Body and Blood of Christ as our bodies are by the Bread and Wine.

All should become communicants, that is, partake of the Lord's Supper as soon as possible after Confirmation, and the Holy Communion should be received often, since it is the Bread of Life, and is needful to nourish and sustain the Soul.

#### Information for those Who May Think of Engaging in Canadian Farming.

Being the substance of a Report made by a Committee of Clergy of the Diocese