

Prof. J. Foster Flagg, one of the most experienced dental college teachers in the United States, has a blunt and honest way of expressing his convictions. As an authority on college matters his opinions cannot be denied. We call attention to an article by him on "Dental Boards," from the *Items of Interest*, which goes to prove the superiority of the principle governing admission to practise in Canada, where all candidates, even if they have all the degrees under the sun, must pass before the Provincial Boards. It was the twenty years' experience obtained on the Quebec Board of graduates and non-graduates, which led us to express certain convictions as to the inferiority of much of the old system of college training, but, if what Prof. Flagg says to-day be true, it ought to direct attention to the present system as well. Why should not each State authorize the National Association of Dental Faculties, to appoint the members of State Boards, before whom every graduate would have to appear for examination for admission to practise? The *personnel* of some of the State Boards elected by the State Governor have been objected to as incompetent. The N. A. D. F. could hardly make a mistake.

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INSOMNIA.—The *Universal Medical Journal* for January, among recent suggestions in therapeutics, mentions *Chlorobrom* in doses of 1½ ounces, as recommended by a contributor in the *Lancet*. Sulphonal, morphia, chloral and bromide of potassium had all failed. J. E. Huxley says to try Nature's plan instead of drugs: Lower the supply of oxygen to the blood; produce a little asphyxia; limit the quantity of air to the lungs. The heart and circulation becoming quicker, the brain will lose its stimulant and sleep will follow. Cover your head with the bed-clothes and breathe and re-breathe only the respired air. When drowsiness is produced, it is easy to go on sleeping, though you push aside the coverings and get as much fresh air as needed. The cat and dog bury their noses in some soft hollow in their hair or fur and soon drop asleep.

[But cats and dogs have neither rent nor taxes to pay; nor drafts from dental depots, nor accounts to collect to keep them awake.—ED. D.D.J.]

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The *Southern Dental Journal and Luminary*, edited by Dr. H. H. Johnson, has a bright, new face, but we wish the sunshine of its countenance, would more regularly illuminate the banks of the St. Lawrence. Last year the following numbers missed fire: February, March, April and November. Up north here we like to hear from "away down south in Dixie."