#### MESSENGER. NORTHERN

#### TOM.

Yes, Tom's the best fellow that ever you knew Just listen to this: When the old mill took fire, and the flooring fell through,

And I with it, helpless there, full in my view, What do you think my eyes saw through the fire That crept along, crept along, nigher and nigher But Robin, my baby-boy, laughing to sco The shining? He must have come there after me Toddled alone from the cottage without Any one's missing him. Then what a shout-Oh ! how I shouted, "For heaven's sake, men, Save little Robin !" again and again They tried, but the fire hold them back like

wall. I could hear them go at it, and at it, and call, Never mind, baby, sit still like a man! We're coming to get you as fast as we can.' They could not see him, but I could. He sat Still on a beam, his little straw hat Carefully placed by his side ; and his eyes Stared at the flame with a baby's surprise, Calm and unconscious, as nearer it crept. The roar of the fire up above must have kept The sound of his mother's voice shricking his

name From reaching the child. But I heard it.

came Again and again. O God, what a cry!

The axes went faster; I saw the sparks fly Where the men worked like tigers, nor minded the heat

That scorched them-when, suddenly, there at their feet,

The great beams leaned in-they saw him,-then, crash,

Down came the wall! The men made a dash Jumped to get out of the way-and I thought, "All's up with poor little Robin!" and brough Slowly the arm that was least hurt to hide The sight of the child there-when swift, at my side.

Something rushed by, and went right through the flame.

Straight as a dart-caught the child-and then camo

Back with him, choking and crying, but-saved Saved safe and sound !

Oh, how the men raved, Shoutediand cried, and hurrahed! Then they all

Rushed at the work again, lest the back wall Where I was lying, away from the fire, Should fall in and bury mo.

Oh! you'd admiro To see Robin now ; he's as bright as a dime. Deep in some mischief, too, most of the time. Tom, it was, saved him. Now, isn't it true Tom's the best fellow that over you knew ? There's Robin now! See, he's strong as a log! And there comes Tom, too-

. Yes, Tom was our dog. Constance Fenimore Woolson.

# 16.1 RESUSCITATION OF THOSE AP-PARENTLY DROWNED.

Every season a greater or lesser number of persons are drowned at the summer watering-places. Imprudence in bathing or carcless boating are the almost invariable causes of such deplorable accidents. Not infrequently the victims of such accidents are rescued before life is extinct, and could be resuscitated if the proper measures were resorted to in a prompt and effectual manner. In order, however, to accomplish results at once so urgent and desirable, every person should understand the few plain and practical rules that are usually relied upon to bring about restoration. These rules, as will be seen, are simple and can be employed by almost any one who can remember them and retains the self-possession to apply them in an intelligent manner.

When a person drowns he suffers death from suffocation. Air has ceased to enter the lungs, and in place thereof the air passage and cells are filled with water. This is especially the case if a person breathes or gasps after sinking, in which event the water is sucked in and the air forced out. If a person sinks and the body is recovered ve. ten. or fifteen minu in even more-there are three natural conditions to be re-established as rapidly as possible : breathing, warmth, and circulation. The instant the body is in hand, begin the work for life, but let everything be done in a cool and methodical manner.

1. Loosen constricting clothing. Turn the person face downwards, then, bending over, clasp your arms under the lower por tion of the person's breast and lift up and continue so doing for two or three seconds This procedure will make the head lower than the rest of the body, at the same

time it compresses the lower portion of the chest, thus tending to force the water out of the air cells. This processshould be repeated two or three times after brief intervals. Don't hang the person up by the heels, roll him or her on a barrel, or do any useless and brutal acts.

2. Then turn the person upon the back, and if there is any dry clothing at hand, quickly tear off the wet garments and wrap with those that are dry and warm-for warmth is one of the essential conditions on which life depends.

3. Now commence the "Sylvester Method" for the restoration of respiration. This method is probably as good as any and has the advantage of being very simple. "Place the patient on the back on nearly

a level surface. Raiso and support the head and shoulders on a small, firm cushion or folded articles of dress placed under the shoulder blades. Draw out the tongue and hold with a cloth of some kind in order to avoid its slipping back and preventing the entrance of air into the lungs. Now begin the imitation of breathing by kneeling at the patient's head and grasping his arms just above the elbows. Carry the arms steadily upwards from the body to above the head, and keep thom stretched upwards for about two seconds. By this means air is drawn into the lungs. Then turn down the victim's arms, and press them gently and firmly for about two seconds against the side of the chest. By this means air is pressed out of the lungs. Repeat the mea-sures alternately, deliberately, and perseveringly, about fifteen times in-a minute, until a spontaneous effort to respire is perccived. Immediately upon which, cease to imitate the movements of breathing and proceed to favor the circulation and warmth.

4. Warmth is best promoted by removing the wet garments from the victim and replacing them with woollen blankets if these can be had. If they can not be had, use any covering at hand, providing it is warm and dry. Also employ, if it can be had, artificial warmth in the form of hot flannels and bottles filled with hot water. Friction, such as rubbing the patient with the bare hand or with flannels, also aids towards restoring warmth and exciting the circulation. Let it be borne in mind that warmth is one of the indispensable conditions of life, and it is ever one of the chief agents in restoring those who are apparently drowned.

5. The restoration of the circulation is the third object to be kept in view. Here warmth performs another important part, for it tends to relax the capillaries which are in a state of contraction from the effect of cold. It renders it possible for the blood to circulate, and it relieves the congested state of the internal organs. Rubbing not only aids in increasing heat but also favors greatly the motion of the blood. The efficiency of rubbing is increased by using such stimulants as turpentine, whisky or salt water. Rubbing should be made towards the heart.

6. Finally, less important efforts, but still worthy to be employed, are the cautiously passing of ammonia or hartshorn under the victim's nose; allowing plenty of fresh air; sprinkling cold water in the face; "flipping" or slapping the face with the end of a towel wet with cold water; keeping the victim flat on his back so as to favor the heart's action. As soon as there is ability to swallow, stimulants may be guardedly used, but they are of doubtful utility.

In conclusion there are four cardinal maxims to be borne in mind when attempting to restore those who are apparently drowned ; act promptly ; don't get excited use common sense ; persevere. -- Exchange.

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MISSIONARY MESSENGERS.

WHAT MISSIONARIES THINK OF IT. Our missionary Messengers are doing such good work where they have been sent that we are sure our readers will like to hear from some of them. One missionary teacher in Japan writes :---

teacher in Japan writes :--DEAR SIR,-I had been greatly puzzled by re-ceiving from your office six copies of your oxcel-lent paper the Northern Messenger, but the mystery is explained, and I see it is by the gen-crosity of some unknown friend. It has occurred to me that perhaps this friend of missions would be interested in the particular school to which the papers regularly come, and an occasion the interest in regard to our school and Kyoto in general. Will you kindly convey my thanks to our friend, and accept our thanks also for yourselves for your generons offer. I distributed the papers to our older girls who can read English, and they onjoy reading them I am sure. Very truly yours, FLOMENCE WHITE. Doshisha Girl's School, Kyoto, Japán. Another teacher writing to thank us for

Another teacher writing to thank us for our premium pictures says :

our premium pictures says : DEAR SIR,—I received in good order the pre-mium picture "Christ before Pilate" and am de-lighted with it. I am now having it framed. and it shall be a good companion picture to "Suffer the Little Children to come unto Me." And as under God to these the lesson of active benevo-lence for others' good, so may the former, that of suffering, and I trust they may be a blessing under God to these Japanese who see them. I cannot write to the *Witness* now. In Govern-ment schools toachers are worked hard. There' are no Saturdays allowed them, and in addition the examination craze seems to have extended hither, which gives the teacher much labor. The English instructor has about three hundred pupils under his charge. The March examina-tion is just over, and the next comes in May. The present one has lasted nearly two weeks. However, I shall write when I get leisure. I should be very glad to receive Sunday-school papers for the Academy. I received some from Nova Scotia, and the students were pleased with the Mone Department. With many thanks for the picture, I am, Yours respectfully. *M.* R. TUTTLE. *Chu Cakko. Matsumoto, Naguno Ken, Japan.* 

Many who have sent money for these papers decline to give their name, but we will be glad to publish as many items of general interest from all missionaries who receive our papers as our space will permit. The letter containing the money for Miss White's papers was signed "A Friend. to Missions." These are only two of the much interesting reading for the home circle, many letters we have received expressing appreciation of the papers and we hope our readers will see their way clearly to rapidly advance the movement. A Presbyterian church in the State of New York has shown its appreciation of the religious paper by furnishing with one each family of its congregation, not already supplied. The subscriptions for these papers are paid out of the regular church funds.

The work in this line so well begun by our subscribers is bound to grow. One of our subscribers writes :---

"I have sent three copies of the Northern Messenger to the Rev. G. L. Muckay, D.D. For-mosa, a field in which thousands of copies could be easily circulated. Do not publish my name."

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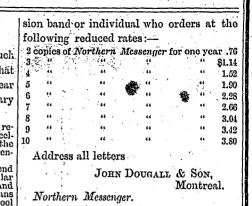
come. Hoping the grand work will prosper abundantly as I am suro it will, Iremain, Yours truly, MIRIAM WHITE. 1 Stewart P. O., Ont.

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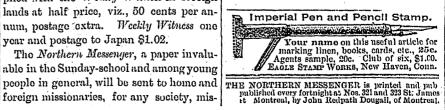
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