# CASTORIA

The Kind Y u Have Always Bought, and which has been in use for over 30 years, has borne the signature of Carff Hitchin Sonal supervision since its infancy.
Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that triffe with and endanger the health of Infants and Children—Experience against Experiment.

#### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Swotking Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhesa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS



In Use For Over 30 Years.

A Record Business Six Months'

## Che Manufacturer

Business First Six Months, 1906.

Increase for six months For rates and plans apply to

- THE E. R. MACHUM Co., LTD, Managers Maritime Provines ST. JO IN. N. 16

Middleton, N S., July 1905.



30 DAYS

WOODPECKER

1. M. FR13 ( 3).

TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMU Quining

#### DOMINIUM ATLANTIT RAILWAY

4,724,554

steam in D Lines St. John via Olgby

and of Evangeline" Route

Trains will arrive at Bridgetown:

Express from Yarmouth, ... 2.34 p. m. Accom. from Richmond, ... 5.10 p.m Accom. from Annapolis, ... 7.20 a.m.

Boston and Varmouth Service Broken china may be mended by from most companionship because

THE LOST ARTISTE.

Monday, Wednesday and Saturday. Leave by e site initial

Trains and steamers are run on

Teething Babies

Nurses' and Mothers' Treasure

## Household

\*\*\*\*\*\*\*\*\*

as being more modish and a trifle entire corn can be removed. newer than a very short one. tic remedies.

SHORT WAISTED EMPIRE EFFECTS

are in high favor for the little wraps with which the spring tollette is comply a ring plaster of amadon or champleted. Shortened pony coats, little ois skin. cape boleros and some other little Another effective remedy for corns garments to which the French name of and bunions is: Borate of Sodium, I veterments seems the only one applied drachm; Fluid extract of Cannabis Inable are among the devices whereby a dicia, 1 scruple; Collodion, I ounce. home or house frock is made suitable. This is to be applied nightly to the for street wear. In the new voiles, affected parts until they soften and crepes, benriettas, pongees and such can be scraped away. they are most successful, and velvet ribbons are largely drawn upon for their adornment.

little wraps is that they are not sup- enough to avoid any pressure upon posed to match the gown either in the parts. The following lotion has coloring or material. That is when been found beneficial: Glycerine, 2 silks are used. The idea is too good, drachms, Carbolic Acid, 2 drachms nowever, to be confined to separate tinct, of lodine, 2 drms. Paint the inwraps, and already they are being flamed joint with this lotion several fashioned the most delightfully quaint times a day. Clear tincture of iodine modish little costumes in which the is also good, and should be applied separate wrap is made of the material with a camel's hair brush.

wrap and gown will make for much store. It should be worn at night.

#### THE GOODMAN OF THE HOUSE.

doesn't have to wade through the domestic rut," says a writer in the man." snow when hanging out the clothes. North American "Philadelphia," is "But," said the surgeant, "you can Better yet-hang 'em out yourself! really the victim of her own sense of learn in a short time. The King knows "Yes," said the sexton, as he way Many a bad cold results when the duty. She neglects her back hair, every man in the Guards. As soon as showing the visitors round the church. housewife goes from a steaming tab wears frayed shoe laces, and leaves the he sees you he will ride up and ask "We had an amusing experience here to a freezing clothes yard.

Thawing out the pump when the ber determination to make her house 'Twenty-seved' in German; next, how

One who has tried it says that the panionableness.

to whether you are provided with foo job can quickly be done by applying a ... There's the woman who gets into and clothes; you answer, Both.

holding the inhaled air as long as or of the Mid and Provision leave Windson for Tru of at 730 period of the same of 50 period of the same of 50 period of the same of 50 period of the same of 1 classification o from rapid exercise.

Atlantic Standard time.

WHY WE GET INDIGESTION. alone; or a dressmaker whose world is

P. GIFKINS, Recently a medical man gave it as bounded by tucks, gathers, seams and Recently a medical man gave it as bounded by tucks, gathers, seams and his opinion that the oven was respon- gores. It does not make any difference Many a sallow and blotchy complex- "Oh, George," she whispered, when sible for more dyspepsia than any oth- what the work is. You have no right ion could be soon helped by a plain he slipped the engagement ring on her er household contrivance. The modern to let it make you narrow—to put you diet. Women of today, especially finger, "how sweet of you to rememcook finds it much easier to bake into a rut." than to roast. The spit dog has al- DON'T SERVE MEATS LUKFWARM, injurious cosmetics which give no per- others were so thoughtful." most gone out of existence, and there is seldom any one in the kitchen to However simple a meal may be there is seldom any one in the kitchen to However simple a meal may be there many cases is an unwholesome diet. Then he came back with: take its place. It follows very reasonfood that is to be served hot. Fish,

Too much grease and sweets cause

"Not at all, dear; you overrate me." ably that any food cooked with a like soup, cannot be served too hot, confined space will not be so digest- and roast meat should sizzle as the can only be removed by a simple diet. She was inconsistent enough to cry

AND BUNIONS.

To remove a corn you should first soak the feet for fifteen or twenty minutes in hot water, preferably made fragrant with tincture or benzoin or toilet vineger, and softened with bor-So well has the blouse been established, and so emphatically have its horny skin of the corn which is suflines been laid down, there is but hit- ficiently softened should be removed. tle scope for the ingenuity of the de- This can be done most easily by using signer to display itself, except in the the pointed tip of a nail file, working matter of the trimming scheme and it gently and carefully around the the sleeve. Indeed, it is in this latter edges of the callous skin; and then fenture that the best ideas now prest paint the corn with the following loent themselves. Sleeves, anyway, are tion: Saliylic acid, 1 grain; Tincture always in a transition state; they are of Canabis Indica, & gram; Alcohol, either growing larger or smaller all 90 per cent. 1 gram; Ether, 65 per the time, and seldom to they seem to cent, 21 grams; Collodion Elestique, stand stilk. Now the problem is en- 5 grams. Apply with a camel's hair hanced by the question of length as | brush every night for two weeks. At well as of fulness; and a very long the end of this time, after soaking the sleeve is beginning to be recognized feet in hot water for half an hour, the It is best to steer clear of all caus-

> To avoid soft corns keep the skin between the toes perfectly dry. To protect a corn from the shoe ap-

TREATMENT OF A BUNION.

In curing a bunion it is absolutely essential for the shoe to be large Bunions are the result of wearing

But since the separate wran will un- shoes with high heels, and those which doubtedly be far, and away the most force the foot in a false position, makiniversal in application, it is to those ing the big toe joint bear the pressure that attention is especially directed, of the boot, which enlarges it. An in-The fact that there is not any espec- strument has been made to correct with the economical woman, while at A good and simple remedy for the travagance for the woman whose dress cut lemon. The following is the recipe for a good powder (o prevent profuse perspiration, or swelling; Lycopodium, 3 drachms; Alum, 1 drachm; Tannin,

WOMEN WHO LIVE IN RUTS.

old soft cloth on one end of a heavy ends; she really understands the situation of long weeks he appeared before the King in of his wife." The sexton smiled cloth with coal oil.

There is big labor economy in keep
There is big labor economy ing the axe sharp and the saw in "She never seems to realize that arms." good shape; besides there is pleasure these nuggets of wisdom would not be in working with sharp tools.

She cannot comprehend why Rosa

"She never seems to realize that arms.

"How old are vou?" said the King, that paper as a book-marker for more than a year, and Mr. H. in a smart grey suit, sat in a front pew with the Jones, who went to school with her, service?" asked His Majesty. A good remedy for a sudden chill is and always paid as much attention "Twenty-seven years." A good remedy for a sudden chill is to her stocks as she did to natural "Am I a fool or are you?" roared to inhale three or four breaths, expanding the lungs to their full extent, holding the inhaled air as long as the attention of extraordinarily culti-

Broken china may be mended by their true worth is misunderstood, and brushing the edges with white lead, she sinks a little deeper into the rut. At an afternoon party in London, was found that one of the children S. S. BOSTON.

brushing the edges with wind such as painters use. Press the pieces that really has been her undoing.

she sinks a little deeper into the rut. At an atternoon party in London, was found that one of the children described by The Tattler, the hostess had apparently regarded the sentence as subtly connected in thought, for by far the finest and fastest steamer plains out of Boston, leaves Yarmouth, N. S., Wednesday and Saturday immediately on arrival of express rain from Halifax, arriving in Boston next morning. Returning leaves Long Wharf, Boston, Tuesday and String Hong at 2 p. m.

There's the woman who has got into the rut of her work. It may be wery nice work—very interesting, up to a certain point, to her fellow-being beautiful to her rut of her work. It may be treatment of her guests. The party was a great success. When it broke up a loud wail rent the air. It was the voice of the impressario frantie with schemes and high lights and perspective, with her collar under one at the collar and the certain point, to her fellow-being beautiful to a certain then they will become soggy.

ROYAL MAIL S.S. YARMOUTH.

then they will become soggy.

then they will become soggy.

and the dust on her tea table even madam, I has lost vun of my fleas, grandly our daughter swept into the

> and counterpoint; or a business we-shoulder; "vun of my artistes." WHY WE GET INDIGESTION. man whose heart is tuned to addition alone; or a dressmaker whose world is

### COD LIVER OIL and IRO

- Add, PHOSPHORUS and you have FERROL

For many years it has been recognized by physicians everywhere that Cod Liver Oil and Iron should be given in combination if possible, as where one is required the other is in all probability needed, too, each enhancing the value of the other.

Strange to say, although many attempts have been made, no one ever succeeded in combining the oil and iron until, quite recently, a Canadian physician, after some years of study and experiment, managed to solve the problem He then added just a little phosphorus; the result is

digested emulsion Cod Liver Oil, Iron and Phosphorus, the exact constituents necessary to Increase the Weight, Enrich the Blood and Build up the System.

No argument is needed to prove the value of such a preparation in the treatment of Bronchitis and Pulmonary Diseases, Scrofula, Rickets, Anæmia and wasting diseases of any kind.

For Croup, Whooping Cough and Chronic Coughs and Colds Ferrol is an absolute specific.

FERROL is not a patent mystery. The formula is freely published. It is prescribed by prominent Hospitals, Sanitariums, etc.

S. N. WEARE, BRIDGETOWN, N. S.

#### Jokers Corner

AN INNOCENT CRIMINAL.

mania for enlisting gigantic soldiers a meal of proteid diet, which would into the Royal Guards, and paid an otherwise be increased and harmful. enormous bounty to his recruiting of- It tends to promote all digestive proal matching in color necessitated in this, and may be obtained at drug ficers for getting them. One day the cesses, and keeps human fat at a norrecruiting sergeant chanced to espy a mal standard of composition. And as Hibernian who was at least seven feet fat is the food of the skin, it follows the same time opening up a new ex- feet is to rub the soles with a fresh high; he accosted him in English and that the more pure and perfect the proposed that he should enlist. The food the better the condition of the idea of military life and a large boun- skin. The warm, rosy complexion of ty so delighted Pat that he immed- the Italian and Sicilian women is due

the King will not give you so much." country. From one to two tableson

mercury is down below zero, is not a a fit abode for her bushand, then de long have you been in the service; you filled his pulpit. During the service, mercury is down below zero, is not a a fir about for her hushand, then de-pleasant task, as many can testify. feats her own and by her lack of com-must reply, 'Three weeks'; finally, as finding a written notice tucked in the

MOUTH. an easy way to make a ruffle is to saturday.

The draw carefully the under thread after which stitch across the top with a small stitch to stay the ruffle.

The day way to make a ruffle is to more than artistically thick; and the dust on her tea table even madam. I has lost vun of my fleas. grandly our daughter swept into the work wearing a grey gown brushed then draw carefully the under thread after which stitch across the top with the manager. The day of the manager of the madam. I has lost vun of my fleas. grandly our daughter swept into the wearing a grey gown brushed night?"

The day of the manager of the

. THE BEST COSMETIC

young women, resort to all kinds of ber my favorite stone. None of the ible as that done before an open fire, white makes the first incision. Nothing A good remedy for clearing the syswhere all gases have freedom to eshipe.—Country Life.

Idea served of the simply spoiled unuspect.—Health Culturs:

GARCET IN COWS.

Olive oil, though incapable of sup-

to the free use of olive oil as much

to whether you are provided with food Bible on the reading desk, he read it coal oil touch to the seat of the an intellectual rut. She has all of Pat soon learned his German antrouble. To make the touch, wrap an Maeterlinck's theories at her fingers' swers but never dreamed of getting pathy and prayers for Mr. H., who request for the congregation's sym-

PLACING THE BLAME

"The hen has three legs,"

after which staten across the top with small stitch to stay the ruffle, rhapsodise over naught but harmony lightly picking something from her in a walk, but when it comes to

GARCET IN COMS