

MEN AND WOMEN TO EARN MORE MONEY

The most powerful single influence in greater production, and consequently in greater earning power, is the energy of the worker.

To work his or her best, the worker must be in possession of perfect health. So many who start the day's work with full vigor, tire as the day's work goes on and are forced to make frequent stops to relieve an aching back.

This backache is not due to the work, but to defective kidney action, and will disappear if treatment with Gin Pills is resorted to.

We have a number of testimonials on file from men who have had to give up work on account of backache, rheumatism, and the various ills that follow poor kidney action. Gin Pills enabled these people to resume steady work again, with the vigor of youth and all the happiness of unfettered activity.

We will gladly send a free trial of Gin Pills to all who feel the need of this tested remedy, or we urge you to buy from your dealer on the strict understanding that your money will be returned by us if Gin Pills fail to benefit your particular case, accepting your word on this matter. Gin Pills are 50c. a box or 6 boxes for \$2.50. Write for sample to National Drug & Chemical Co. of Canada, Limited, Toronto, or to the U.S. address, Na-Dru-Co Inc., 202 Main St., Buffalo, N.Y. 122

Guide-Advocate

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AUCTIONEER CARDS—\$5.00 a year.

LOCALS—10c. per line each insertion. Minimum Charge 25 cents.

Advertisements without specific directions will be inserted until forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS
WATFORD, OCTOBER 19, 1917

NOTE AND COMMENT

A German paper says that peace cannot long be delayed. Yes, the kaiser's defeat is not so far away as some persons imagine.

The Manitoba Government will spend \$125,000 for the purchase of sheep in Ontario at once and will sell these at cost to the farmers of the province. This is the announcement made by Hon. Van Winkler, Minister of Agriculture. The Minister was notified by the Department of Hon. W. J. Hanna, that large quantities of sheep were being sold for slaughter on the Ontario market, and that it would be wise far Manitoba to get a number of sheep to stock up the farms of the province.

The Provincial Government will fix the price to the public of the fish shipped from Lake Nipigon and Nipissing. It is to be 12½c a pound, allowing the dealer 2½c. Places wanting fish will be sent the amount required from general distributing plants. It is not intended that other fish shall be substituted for the Government fish.

London Daily Telegraph: If the war has revealed the great virtues of democracy, has it not also brought out into high relief its perils and

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and this is catarrh. Catarrh being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Cure is taken internally and acts through the Blood on the Mucous Surfaces of the System thereby destroying the foundation of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrh Cure that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

defects? We urge this as a convincing reason for repairing our shattered constitution without delay, and for setting up a new and complete political genius of these islands. We believe in the principle of the second chamber; we believe that its powers should be a reality and not a sham, and that its composition should be in accord with the ideas of the time without breaking wholly with its noble historical past.

An order is in preparation requiring all wholesale dealers in fruits and vegetables throughout the Dominion to register with the Food Controller. There is also in preparation a further order which requires that a statement of all purchases of apples from the fruit growing districts shall be filed with the Food Controller. The order covers contracts entered into for the 1917 crop.

Freight Charges on Cattle Shipments

Mr. W. P. Macdonald, local representative of the Ontario Department of Agriculture, is co-operating with the Honorable Martin Burrell in carrying out the plan recently announced, by which important freight concessions apply on carload shipments of female cattle and sheep and also on stockers and feed cattle to country points.

Ontario breeders will be particularly interested in the Free Freight Policy included in the Minister's announcement. Under this policy female cattle under two years of age and ewes three years or younger may be shipped from any Canadian Stock Yards to local points without the payment by the purchaser of freight charges on same. By arrangement with the Railway Companies 25 per cent. of these charges will be rebated by the railroads and the remaining 75 per cent. will be collected by the Railroad Companies direct from the Dominion Livestock Branch. The shipper will be required to make a declaration that he is a bona fide farmer and that the stock so returned is for his own use or that of his neighbors and is for breeding purposes only. Representatives of the Dominion Live Stock Branch, who are now employed in connection with other work at the different stock yards, will be prepared to render assistance to shippers in assembling their consignments if so desired.

Farmers who are in a position to handle additional cattle for feeding purposes this winter or for finishing on grass next summer will receive a rebate of 25 per cent. of freight charges paid on any carload shipment which they may purchase on Eastern Stock Yards. This rebate is being granted by the Railway Companies following regulations made by Mr. Burrell regarding the need of making the fullest use of Ontario's abundant supplies of feed in increasing the beef supply of the country.

Owing to the scarcity of feed in many parts of Western Canada this fall there has been a heavy run of stocker and feeder cattle in the Winnipeg yards during the past few weeks. In view of the fact that feed conditions in Eastern Canada are so satisfactory and the demand for feeding is so general the Dominion Department of Agriculture has agreed to pay fifty per cent. of the freight rate paid on carload shipments of feeding cattle from the Winnipeg Stock Yards consigned to country points in Eastern Canada. This concession will be applicable to both drovers and farmers alike. Shippers consigning to Eastern Stock Yards from the Winnipeg Yard will not be entitled to this reduction, however.

The District Representative will be glad to furnish any further information desired and assist farmers in arranging for co-operative shipments if desired.

A REAL ASTHMA RELIEF. Dr. J. D. Kellogg's Asthma Remedy has never been advertised by extravagant statements. Its claims are conservative indeed, when judged by the cures which it preforms. Expect real relief and permanent benefit when you buy this remedy and you will not have cause for disappointment. It gives permanent relief in many cases where other so called remedies have utterly failed.

MR. HANNA has announced that after November 1 the net profits of Canadian millers will be limited to a maximum average of 25 cents on the milling of sufficient wheat to make a barrel of flour of 196 pounds and the offals produced in connection therewith. Mills will be licensed and will be required to manufacture one or more of three standard grades of flour, which will represent a higher percentage extraction than the white flour now in general use in Canada. Cash prices for these standard grades will be set from time to time.

Household Hints

It is a good idea to make the most of corn meal before it becomes expensive. If the members of your family are properly fed they will feel fit and equal to whatever they have to do.

Stale bread can be saved to make gems as well as griddle cakes.

All gravy and bits of vegetables or meat will make good soup.

Left over cereal of any kind will make very good breakfast muffins.

Dough should be kept covered while rising to prevent a crust from forming which interferes with expansion.

After baking out the fat from the tallow of beef, the cracklings can be ground fine, mixed with rice and fried in cakes.

A custard mixture of one egg to a cupful of milk, well seasoned, mixed with well chopped greens, or any left over vegetables and baked as an ordinary custard, makes an unusual meat substitute.

Cold starch may be used more than once. Let the starch stand for a few minutes to settle, then pour the water from the starch. Put the remaining starch into a hot place to dry out. Turn into a box for future use.

Cuts Down Fuel Bills

The "Pandora" requires less fuel than other ranges because the McClary Flue System directs the heat Twice Around the oven and stops the usual wastage. Send for illustrated descriptive booklet. We mail it free.

McClary's PANDORA RANGE

LONDON TORONTO MONTREAL WINNIPEG VANCOUVER
ST. JOHN, N.B. HAMILTON CALGARY
SASKATOON EDMONTON

For Sale By T. DODDS & SON.

Redpath SUGAR



2 and 5 lb. Cartons—
10, 20, 50 and 100 lb. Bags.

has sweetened half a century with the same crystal purity that makes it the favorite to-day. Buy it in original packages and be sure of the genuine.

"Let Redpath Sweeten it."

Made in one grade only—the highest!



Get Behind the Wheel of a Ford and Drive

TRY it just once! Ask your friend to let you "pilot" his car on an open stretch. You'll like it, and will be surprised how easily the Ford is handled and driven.

If you have never felt the thrill of driving your own car, there is something good in store for you. It is vastly different from just riding—being a passenger. And especially so if you drive a Ford.

Young boys, girls, women and even grandfathers—thousands of them—are driving Ford cars and enjoying it. A Ford stops and starts in traffic with exceptional ease and smoothness, while on country roads and hills its strength and power show to advantage.

Buy a Ford and you will want to be behind "the wheel" constantly.



THE UNIVERSAL CAR

Runabout - \$475
Touring - \$495
Coupelet - \$695
Sedan - \$890

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