

Farm Women's Clubs

Reporting Regularly

IF there is one thing more than another which I would like to impress upon our secretaries, it is the absolute necessity of reporting to the Central office regularly. Even if your local has done nothing which you consider worth reporting, let us know what meetings have been held, the condition which your local is in, etc. If there is a lack of interest or enthusiasm amongst your members, write and tell us what you think the cause is, and how we can help you to remedy same. Remember that the Central office is here to help the locals, and we want to fulfill our duties in every possible way, and give our members all the service that we can. Do not let your local die out without at least giving us an opportunity to help you revive the interest in same. We cannot promise to send speakers in every case, as unfortunately, our finances will not permit of us doing so, much as we would like to, but our directors as well as the conveners of committees are all anxious to help, and any information or assistance which either they, or the Central office can give, will be very gladly given. What ever your trouble may be, do not hesitate to write and tell us about it.—M. W. Spiller, secretary, U.F.W.A.

Nuts to Crack

We will be pardoned if in this letter we mention important work of somewhat different kind—the importance of the U.F.A. asserting its influence in other lines than in the solution of strictly economic or commercial questions. Along educational lines we all agree that we have an important mission to perform, and much has been done and is being done in this direction. But our mission in this letter is to call attention to our duty along the lines of the public questions affecting the general health. Already the U.F.A. have taken important steps in this direction. Our present hospital law owes its origin very largely to its influence, and in this connection, it is to be regretted that important features recommended by the U.F.A. were not included in the law as it was enacted, and difficulties then foreseen by the U.F.A. representatives are now being encountered in the enforcement of the act. But even the hospital law, as it was contemplated, is not adequate to the situation.

We should confront the fact that our infant mortality is among the highest of any civilized country. It is needless for me to go into a long dissertation to show the enormous loss sustained thereby, or to prove that the real measure of a man's success in the world, is not the amount of money that he accumulates, nor is the real measure of a people's greatness to be determined by the dollar standard, rather should the man be judged by his own inherent worth and the character of the family that he raises and leaves behind him. And so the nation must be and is judged by its manhood and its womanhood.

We make much of the amount and quality of our fine cattle and our hogs and our horses, and the enormous amount of our number one hard wheat that we produce. We have numerous schools to train our boys to excel in the production of these products. We devote our time to how we can get the greatest amount of money from these avocations, and all of this is well. The crop of cattle, hogs, horses and wheat are important, but what about the annual crop of babies? After all are these not of the most importance, no matter by what standard the questions are judged, and yet we have numerous schools looking to the welfare of the former but we let the latter rest solely in the care of the "Mother love," unaided by training and instruction, and too often medical attention that is so sorely needed.

Are we, as a people, not patriotic enough and intelligent enough to adopt the best means of conserving life, particularly those of our native born? The

answer certainly will be, yes, we are patriotic and we are intelligent, and yet, save and except the efforts of a few good women, no serious attention is being paid to our welfare along these lines.

Let us compare the statistics of the two countries which represent most accurately the ideals that are being fought for in the great struggle today, that of Prussia with its German kultur and military rule on one hand, and that of little Democratic New Zealand on the other. In Prussia the infant mortality is 140 to the 1,000; in New Zealand, but 51. Should we compare the statistics of our Dominion, and particularly of our provinces with those figures, we would blushingly admit that they were much nearer those of Prussia than those of New Zealand. New Zealand in her devotion to the welfare of her common people has well-nigh solved the problem. There is no natural reason why Canada should not do the same. No country in the world has a healthier climate than Canada, and no country has a sturdier and stronger people. Have we not been studying the welfare of hogs and cattle, of marketing products and of acquiring wealth, to the

we hope to get buttons. The program for the remainder of the year will include the study of animal and bird life, and the sources of articles used in every-day life by the people of Saskatchewan.

Rain and Frost do not Mar

Mrs. A. M. Postans, secretary of Sunnyvale U.F.W.A., reports that they had splendid weather for their picnic on July 19. The day was very hot, but a heavy rain came on towards night. After that came the frosts which did so much damage to the crops in the district. Although a good many people were feeling discouraged by drought and crop conditions generally, they evidently made up their minds to make the best of things on picnic day, and things sold pretty well. As a result \$496.50 was raised for the Red Cross. The Y.M.C.A. Hut has not been forgotten by the Sunnyvale members either, and a substantial donation towards same has been sent to the Central office, amounting to \$159.70. This was made up from the profits derived from the booth at the picnic, an autograph quilt, and proceeds of teas and ice-creams sold at school

ful and pleasant hour is spent there by our country friends.

We are especially fortunate in our caretaker, Mrs. Bethune. She takes an interest in everything concerned in the room and her patience and kindness never fail. The rent of our room is \$144 per annum, caretaking \$60 per annum, coal \$31.20, and light \$6.30.

We hope in time to add a library to our attractions. A tea on Saturday afternoons is generally well patronized. We distribute our Red Cross sewing and knitting there, send off our crates of eggs for the Secours National and meet informally there to discuss our work.

I think I have said enough to show your readers that our rest room is a success and it is filling a long-felt need for strangers and a bond of friendship between town and country women.—G. E. Sykes, Shoal Lake, Man.

Constituency Convention

The Women's Institute Conference for Hand Hill constituency was held at Delia, Alberta, on August 29. Mrs. Friedel, constituency convener, was chairman. She gave a short address on constituency work and institute work in general. In closing she urged each institute to call upon the trained nurse in their community for lectures and demonstrations. In the Hand Hill constituency there are at present nine institutes, and all were well represented. Those delegates present were called upon for five-minute talks on the special work they are doing. Some are doing purely Red Cross work, others assisting this work in some way in connection with their local Red Cross branch. One is having a course in first aid work this fall. One has equipped a playground in connection with the school. Another is having a course in home-nursing and maternity work.

Two splendid addresses were given during the conference, one by Miss Isabel Noble, president of the Alberta Institutes, and the other by Mrs. Milne of the Saskatchewan Homemakers. Miss Noble congratulated Delia on its increase of 35 members since she had visited it only six weeks before. Not only have we increased our membership but we have organized two new institutes. Miss Noble gave many helpful suggestions for club work. She said in part, "In your local institute work do not leave it all for a few; everyone must work, and work harmoniously. Outside of Red Cross work, one of the best things being done by the institutes is the struggle for medical inspection of the rural schools and the baby welfare work." Miss Noble suggested that there be debates on the programs, and urged all to "be live workers, and don't say you haven't time." In speaking of Red Cross work Miss Noble urged everyone in this of all work to be workers, to do your bit and don't let it be a "wee bit." Mrs. Milne spoke on conservation. She told that Canada at present makes 120,000 shells per month. It only takes 18 pounds of bone to make glycerine enough for one 18-pound shell. So every woman should save every bone she could. She told of the co-operation of the school children through the department of education and the result obtained.

Other war-time economies, Mrs. Milne mentioned were: Using potatoes as a substitute in bread; potato starch to take the place of cornstarch; rice water for laundry starch; lemon and orange peeling for marmalade; soap from fats not suitable for cooking; lux made from your own soap by use of vegetable cutter, and the drying of vegetables and fruits for winter use. In closing, Mrs. Milne suggested hanging our food card over our kitchen stove, "Lest we forget."—Press Reporter, Delia.

Home Nursing Talks

The Women's Institute of Alix enjoyed a series of lectures on home nursing, by Miss McKenzie, of the provincial agricultural school staff. In spite of the showery weather the town hall was filled to its seating capacity,



Girls at Work on Parts of Airplanes.

neglect of questions of far greater importance! The former things "should have been done, but the latter should not have been left undone."

Why should not the U.F.A., and particularly the U.F.W.A. bring the force of great organization towards the adoption of the New Zealand system for the purpose of saving our babies—"sorter" sounds sentimental doesn't it, but is it sentimentality? Is it not business and business of great importance? Is it not patriotism and very practical patriotism? And should we not occasionally abandon the dollars and cents measures of our interest and prove that the real measure of our influence be that of the welfare of humanity and of our country?

Think it over, and if you agree with the writer, introduce a resolution in your local favoring the New Zealand system and bring this resolution before the convention.—S. S. Dunham, ex-vice-president, U.F.A.

Sydenham Juveniles

Miss Lottie Linfoot, Guernsey, Sask., reports as follows:—

"On Friday afternoon last the pupils of Sydenham school organized a Juvenile Grain Growers' Club. The following officers were elected: Supervisor, Miss Linfoot; president, Marie Anderson; vice-president, Sidney Hendrickson; secretary, Myrtle Bowman; treasurer, Evelyn Anderson; directors, Hazel Johnson, Edgar Johnson, Leonard Hendrickson.

"Meetings will be held at the school during the fall and winter. Each member painted a motto in the club colors, and part of the funds has been invested in ribbon, so each member wears his or her fold of green, white and gold. Later

picnic on July 1. At the regular monthly meeting held at the home of Mrs. Warnick in August, nine members and a number of visitors were present, some of whom came from Bloomington Valley. Mrs. Postans was invited to visit the latter district on August 29 to assist in the organization of a U.F.W.A. local there. A very enthusiastic discussion took place in regard to organizing a Boys' and Girls' Club, of which we hope to receive a report in the near future. The September meeting is to be held at the home of Mrs. Postans and each member is being asked to give her ideas on "How to Improve the Local" at that time.—M. W. Spiller.

Fifty Miles from Railroad

Mrs. Wm. Storach, of Quancock, Sask., writes of their Women's Section of the "Lost Child" Local, which was organized less than a year ago. Although nearly 50 miles from a railroad, they have 14 members, and are "doing their bit" for the Red Cross, just as the women's sections everywhere are. If there is any other W.G.G.A. more remote than this from a railroad we should like to hear from it.

Filling Long-felt Need

I have been asked by the president of our H.E.S. to send you a short account of our rest room. It is a large and pleasant room facing on the main street, near the station, has two large windows generally full of plants and flowers. It is furnished simply, as our means were small to start, but we keep adding needed articles as we can. We have a good large heater, electric light, plenty of magazines, and many a rest-



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