Suddenly the lower end of the large building sank under the pressure. The children screamed and the house gave a terrible lurch —a fraction more and the leaning structure must topple into the current. She shut her teeth and gave the orders.

THE MARTYR

"Mr. Delmers, hand out the babies to me on the flooring, and I'll tie them on." Before either Delmers or the

Sisters could remonstrate, Sister Superior climbed through the open window onto the unsteady raft, which was now within two feet. Delmers' heart fairly bounded with

"Here, you older boys," he shouted, "hold the rope while I pass out the babies."

A dozen willing hands grabbed it.

A dozen willing hands grabbed it.
One—two—three babies were passed
out to the Sister Superior, who
rapidly and skilfully tied them to
the flooring, first, with her own
cincture, then with those passed
out by the other Sisters.

A fourth baby, a time total free

A fourth baby, a tiny tot of two, was passed out and Sister Joseph reached to get him, when a sudden lurch of the flooring pulled the rope

away from the boys.

Loud cries of despair arose as all observed what had happened.

Delmers cried with the anguish of death; "Oh God, spare Sister Superior and those babies and I will gladly give my life." gladly give my life."

A moment and the tragedy was

over. The rotten flooring had parted where Sister Joseph stood and they

where Sister Joseph stood and they saw her pass beneath the waters as the flooring moyed furiously up the street with the precious charges.

The house did not collapse, and, when the flood subsided two or three days later, Delmers went with the others to find the remains of the partie. heroic Sister Superior. At last, in the debris, the garb of a Religious was discovered, and, after some seconds of feverish digging among water-soaked boards and rubbish, all that was mortal of the Sister Superior was recovered. In her arms was clasped the two-year-old baby and on her face, strangely undistorted, was the peace of God.

Delmers sank to his knees in the mud and prayed as only a reconverted sinner can pray: "Oh, God, was this sacrifice necessary to bring me to my duty? What a bring me to Good Friday.

pew beside a little woman whose hair was slightly streaked with

She looked up, then leaned over to her mother, whispering: "Somebody's in our pew."

The mother dared not look—

something all unseen told her the happy story—she reached out her in his profession and entered Parliahappy story—she reached out her hand which joyously closed over a

And the choir sang with all the joys of Eastertide—"Hacc Dies"—O this is the Day that He Hath Made! Allelulia! Allelulia!

BLESSEDTHOMAS MORE

The following interesting paper on Blessed Thomas More was read on Blessed Thomas More was read by Mrs. James Rigney, of Kingston, at the Monthly Meeting of the Catholic Women's League in London, Ontario, Sunday, March 11th. In the interest of those who were not present we gladly publish the scholarly paper feeling many of our readers will derive not alone considerable pleasure but much valuable information from the account siderable pleasure but much valu-able information from the account admitted to be its province.

prepared by Mrs. Rigney of this remarkable, outstanding Catholic. In an age of doubt and materialism when principles are viewed as nebulous abstractions scarce with an argument, much less a sacrifice, when dogma is regarded as the possession of the mentally enslaved and wealth and worldly fame the sole touch stone of a life's success, it is well that we should sometimes pause to regain a truer perspective, a finer sense of values. Of this rarer and finer viewpoint, history does not lack its champions and exemplars.

Faithfully and well he served Casar, while the service of God and Casar

ants were presented, on which occaants were presented, on which occasions, we are told, young More would mingle with the masquers, and extemporize witty speeches and amusing by-plays, more diverting to the on-lookers than the actor's carefully rehearsed efforts. The Archbishop, much impressed by actor's carefully rehearsed efforts.
The Archbishop, much impressed by
the intellectual powers of his young
protege, would predict of him to
the frequenters of his palace—"This
child sitting writing at the table,
whoever shall live to see it, will
prove a great man."

The Prelate arranged with his father to send him to Oxford. There his slender means, no less than his natural bent, debarred him from participation in the amusements of his rich and highborn school fellows. A mind naturally quick and receptive was thus concentrated upon the pursuit of learning, the study of the Greek language and rich literature, but lately introduced into the Oxford curriculum, arousing his especial interest. In Latin he had already attained remarkable facility, and French he snoke with Good Friday."

Very early Easter Sunday, a strange man appeared at the door of the rectory in a large Eastern city.

"Father, please," he said awkwardly, "I've no right to ask, but I need to go to the Sacraments as never did mortal man before."

The prient leoked at the cities and service of the prient leoked at the cities and fearing the effect of its pagan philosophy on his son's faith, decided upon withdrawing him from Oxford and placing him in the Inns of Court to follow his never did mortal man before."

The priest looked at this visitor closely. Then a beautiful smile lit up his features and he pressed the grounded indeed were his fears for his son's orthodoxy. Oxford, with up his features and he pressed the man's hand.

"John," he said, tears of happiness gathering in his eyes, the while, "slip into the sacristy; I'll be in the confessional presently."

At 10 o'clock the great choir was singing "Regina Coeli," and a well dressed man slipped into a familiar pew beside a little woman whose hair was slightly streaked with

ances, nor did they in their turn militate against his intellectual development, or render him less More's reputation as lawyer and diligent in practical matters, or the pursuit of legitimate worldly adment where he was soon known as a fearless and independent larger one.
"John," she said softly, "you've speaker. His first notable Parliaof a measure for the levying of heavy and oppressive taxation on the people of Henry VII. This monarch, we are told, was divided between sentiments of anger and amazement that a beardless boy should successfully assail a royal prerogative—for that royal prerogative from which each century has shorn a margin, was, in the days of Tudor absolutism, a thing of wide and far

> Meanwhile he had married, and something of the mental attitude of the scholarly celibate seems to have characterized his wooing. He had become intimate with an Essex gentleman named Cote, whose household included three daughters. The second of these being "fairest" and "best favored," seems to have enlisted More's preference, but disconnicional and the second of these being "fairest" and "best favored," seems to have enlisted More's preference, but disconnicional and the second of th cerning it discourteous to the eldest

Then there seemed to be a staying of the flood, followed by a strange sickening setting of the building. The truth rushed upon her. The water had, indeed, reached its climax, but the peril of its receding has even worse. The subsiding had begun. Could the old, half-rotten floors withstand the suction of the receding flood.

Suddenly the lower end of the large building sank under the pressure. The children screamed strange on whose name is writ as large on the history of his country as of his church—an imperishable glory for England as for Rome.

Sir Thomas More! How clearly happy in a patriarchal family life, his professional success the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in him, the philosopher, the humorist, appraisation to have been richly gifted with domestic virtues often lacking in those more showily endowed. Ideally happy in a patriarchal family life, his professional success the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he moved, always a little aloof from the brilliant Tudor Court in which he with domestic virtues often lacking in those impressed by his quick-wittedness, entrusted him with a mission to Flanders—the object of which was the improvement of trade relations

returned with the germ of his epoch-marking book, the "Utopia." In this work he sketched an ideal country in the new world, where the wrongs and oppressions of the old did not exist. In the England of his day he had frequently deplored the greed and callousness of the rich, their indifference to the surrounding unemployment and poverty which had its natural sequel in lawthis work he sketched an ideal counwhich had its natural sequel in lawlessness and desperation. As one called upon to administer the laws, he had been harrowed by the injustice which pronounced the death sentence alike on thief and murderer, so that England had not sufficient gibbets for its male sufficient gibbets for its male-

In More's imaginary country, the prevention, more than the punishment of crime, was the legislator's Labor was compulsory for all, certain hours being apportioned to the practice of a craft or trade, certain others to tilling the soil, and the remainder to recreation and intellectual pursuits. Much care and time was devoted to the education of the children, and families were housed in pleasant dwellings surrounded by gardens—all this at the expense of the State. Enlightened sanitary regulations safe-guarded the public health—in short all the reforms of modern social workers were foreshadowed in this wonderful book, where deepest thought and airiest fancy so happily

Shortly after the publication of the "Utopia" More was recalled from the speculative to the actual by the religious upheaval in Germany. Luther, the apostate monk, was laboring to overthow papal supremacy, a principle in defence of which More was prepared to make hair was slightly streaked with gray. Beside her knelt a beautiful girl, who bent her head devoutly in began to shape itself.

ever reserved for him a different any sacrifice. Henry VIII., himself testimony, towards which his life began to shape itself. girl, who bent her head devoutly in prayer.

The movement of the stranger as he knelt beside them attracted the attention of the girl.

The abandonment of all thought which earned for him from the of a religious vocation did not result in any abatement of pious observing the attention of the girl. diplomatist kept pace with his literary fame. Wolsey, with much astuteness, recognized and availed himself of his abilities, conferring upon him new posts and honors, secure in the knowledge that the great esteem in which More was held by all classes made them as popular as they were politic appoint-ments. Gradually he was drawn into the circle of the court whence, a contemporary tells us, he was as eager to escape as others to pene-

More's charming personality, his ready wit, his wide range of knowledge, his breath of outlook, speedily won the favor of a Monarch himself, learned, gay, affable, with the personal bravery of his race and a certain appreciation of life's higher things which enhances the tragedy of his subsequent dowfall. Henry's Tudor shrewdness must have taught him how to appraise the rare service of a man indifferent to rewards and honors. More's transparent honesty and sturdy independence of speech and action in a court where most men had their price, must have kindled some answering gleam, in those brighter days of Henry's reign before the scholar and soldier were submerged in the libertine.

In 1529 Wolsey forfeited the royal favor, to maintain which he has sacrificed so much, and greatly to More's surprise he was called upon to fill the vacant post. More's father, Sir John More, was still a

"Kisses I have given you in plenty and stripes but seldom," he wrote to one of his children in an age when great austerity characterized the relation of parent to child.

Faithfully and well he served cleaser where the compatible, unhesitatingly and well he served compatible, unhesitatingly and the proper for the sanction of the proper for the ment, won to his scheme, was ready with enactments to abolish papal

some while only to God and myself, I have now, by the special grace of Almighty God and the favor of my most indulgent prince, obtained."

most indulgent prince, obtained."

His retirement left a vacancy in public life difficult to fill. So impartially had he administered the law and earliest biographer has left us tially had he administered the law that we are told "the poorest suitor that we are told "the poorest suitor that we are told "the poorest suitor this touching picture of his last meeting with his favorite daughter. that we are told "the poorest suitor obtained ready access to him and speedy trial while the richest offered presents in vain and the claims of kindred found no favor." The language is the language of another day, but the emotions it depicts are as old as time—as changless as eternity. "When Sir Thomas More came from West-

at the time greatly stirred by the pretensions of Elizabeth Barton, called the Holy Maid of Kent; claiming divine inspiration she delim about the neck and kissed him. soul and prophesied his speedy end as a punishment for his divorce. More was interested in her revelations, (upon whose authenticity he maid, was fraught with grave danger. She was brought to trial for treasonable utterances and by way of defence her adherents declared Sir Thomas More, the late Lord Chancellor, to be one of her disciples. More was able to exonerate himself in the matter and at once admitted that he had been the momentary dupe of a foolish imposture. But at the trial, striking proofs of More's popularity and influence aroused the suspicions and jealousy of the King. Henry was ready at any time to welcome his ex-chancellor back to court at the ex-chancellor back to court at the price of the concession More would never make. His resolute with-drawal was a tacit criticism which Henry could not, brook. His with soul at peace he declared to the country of one with soul at peace he declared to the country of the country Henry could not, brook. His divorce from Catherine of Aragon had been swiftly followed by the announcement of his marriage to Anne Boleyn and Parliament had passed a bill vesting the rights of succession to the crown in the children of this union. Commissioners dren of this union. Commissioners were appointed to administer this oath throughout the Kingdom, with in some cases, the additional clause by which the subscribers are the first above all the things of the commissioners were appointed to administer this oath throughout the Kingdom, with in some cases, the additional marryrs it was the habit of a lifewith in some cases, the additional clause by which the subscribers renounced all allegiance to foreign

act of succession whereby the first marriage of the King was declared to be illegal, for on this question Rome had spoken in no uncertain tones

Shortly after More's elevation to the Chancellorship, the King consulted him upon the subject of his divorce from his wife, Catherine of Aragon. More frankly confessed his opposition to the King's design and for the time the matter was left in abeyance though no power could long deflect Henry from what was now a settled purpose. True he still hoped for the sanction of the Pope, but failing that he had already considered his course. Lutheranism hitherto discouraged in his realms would be fostered; with enactments to abolish papal supremacy in England and remove all obstacles to the royal divorce. But all his life More had avoided the easy paths of compromise. To remain in office when Parliament was committed to heresy was to do violence to his conscience. Transthe benevolent tutelage of saintly was committed to heresy was to do violence to his conscience. Translated into terms of today, we might say he voted a lack of confidence in the Government when he laid down the seals of his high office, his brief tenure of which had been memorable and brilliant ones in the annals of English jurisprudence. Of his resignation he wrote to a friend "Erasmus,"—"That which I have from a child to this day continually wished, that being freed from the troublesome business of public affairs I might live some while only to God and myself. The original sentence of hanging,

claims of kindred found no tavor.

Not only in court did he dispense justice but his son-in-law tells us 'it was his wont every afternoon to sit in his open hall to the intent that if any person had any suit unto him they might the more boldly him they might the more boldly as time—as changless as eternity. 'When Sir Thomas More came from Westration in the total place to the Tower ward again, his daughter, my wife, desirous to see her father whom she thought she would never see in this world. come into his presence and there and also to have his final blessing, open complaint before him. open complaint before him.

More employed his new found leisure in his library and chapel, philosophically reducing his scale of living to suit his altered fortunes and striving to avoid all political reverently received, she, hasting discussion, but events were conspiring to withdraw him from his or care of herself pressing in scholarly seclusion. England was clared that the King had lost his Who well liking her most natural and and dear daughterly affection towards him gave her his fatherly blessing and many Godly words of however did not pronounce,) and after he was departed not satisfied, impressed by her religious fervor, with the former sight of him she impressed by her religious fervor, but wisely counselled her to devote herself to pious exercises and not meddle in political matters. Intercourse, however casual with the meck and divers times kissed him lovingly and at last with a full and the median course, however casual with the meck and divers times kissed him lovingly and at last with a full and the median course. and heavy heart was fain to depart from him, the beholding whereof was to many that were present so lamentable that it made them for very sorrow thereof to weep and mourn." For More we may imagine all the bitterness of death was in that moment.

was committed to beheading, a favor which More, with a flash of

His high courage carried him unflinchingly through the final scenes. Ascending the frail steps of the scaffold on Tower Hill, he jestingly begged the officer in charge to see him safely up and as for coming down he could shift for himself. "Pluck up thy spirit man he died in and for the Catholic Faith and prayed God to send the King good counsel. There is a fine line written of the Jesuit martyrs who in a subsequent reign suffered for the Faith, More prized above all time, that gave courage for the final ordeal. It was that courage strengthened by a thousand small decisions before which royal sister that her junior should predact that her junior should predact the highest legal post in England, and finer viewpoint, history does not lack its champions and exemplars. Oftimes the miracle has occurred whereby the camel has penetrated the needle's eye and the rich man has not turned from the Master, sorrowing, because of his great possessions. It is of such an example, I would speak today, of one in whom intellectual pre-eminence was lallied with child-like faith, of

What ails the Child?

Why does it not grow big and strong? Think of this simple fact. The body is built solely by Food. The child can only get out of its food what that food contains. If the food is illbalanced the child's growth is illbalanced. If the food is lacking in certain vital elements, the child will be lacking in those vital elements which maintain strength and resist disease.

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Their parents decided to give them piano lessons.

Mildred's parents as a first step, bought a cheap, used "practice piano." "It will be good enough for Mildred to learn on," her father said, "and then, when she is well advanced in music, we can buy a good piano.

Florence's parents acted more wisely. First they consulted the teacher, and upon his advice they bought a new Sherlock-Manning 20th Century Piano.

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After the recital the teacher explained. "It isn't that Mildred has less talent—but she has been given a false sense of tones by your piano," the teacher said. "It's a mistake to have a practice piano. Children should learn to play true to tone - and they can only learn that on the best piano you can buy for them.

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Mrs. Alex. Marshall, Sprucedale, Ont., writes:-



"When my little son was three months old he broke out in sores on his chest and arms. We did all we could to heal those terrible sores, but nothing did him much good. Finally I ventured on a box of Dr. Chase's Ointment and kept on using it. At last we were rewarded by the

steady healing of the sores, and finally he was completely relieved of them. He is now three years old, and has had no return of the trouble since."

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