Conducted by HELENE.

When the woman went home from they talked about, her answer was, "Sin, sickness and death." Pleasant, wasn't it, and profitable, too? And that is about what a good deal conversation unts to. The horrible details of a terrible operation, the varying some morally ill quaintance, the meanness of some neighbor, the sweet morsel of scandal, the last divorce, the surmise of "How ever does she do it and he eight years ago. working on a salary ?" The miseries or a dozen kitchens with a dressmakers thrown in, with misfits and mis-statements, are topics impressed upon us when we associate with our kind. The menory of these things make us menta pictures which, for all of their triviality, rise up to haunt us when the teas are forgotten and their giv ers are dust.

If there is anything absolutely profitless and at the same time outrage ously tiresome it is to hear a wome every woman of us say in her hear hearts, after she has shaken of "Would to heaven that wo man had to do her own kitchen worl forever and ever, so she wouldn't have time to torment others, with Of course we do, and some of us have learned a lesson and vowed vows in relation to it wild horses could not drag domestic details from us.-Catholic Union and

+ + +

A PRAYER.

"Oh, my Father! when I com home from my long journey, take me into Thine arms, and lay my head down on Thy breast and make up to me for all the long absence from Thee, the weary groping after Thee foor of never reaching Thee, of which life has been full; for the distance between us caused by my sinfulness; for the miserable ser vice of Thee which is partly my fault, and partly of my Creator, th result of the frail nature Thy hands have made. As I be there folded fast to Thee, my first happy tears, be to Thee the long-deferred adoration and thanksgiving and reparation and filia love, which in Thy Fatherly compas sion Thou wilt account compensation for the past."-Mother Mary Loyola,

Under the head of vital things, or der should be written in large capi tals. No house is beautiful if laws are disregarded. The order that faints at the sight of a speck of dust, the order that locates ever chair and table by a chalk mark, the order that cannot tolerate a misplaced book, is not to be thus written This order is not vital. It was once called good housekeeping, but it is no considered good home-making, and never can be. It has wrecked homes

The order that makes for restful ness and comfort is vital. It can exist in crowded rooms. Furniture is made to be used, and book are made to be read. If the disar ranging of a chair or the misplacing of a book upsets the order of a room something is wrong, and the "some the crowded condition. Get rid of the superfluous. Most room have too many rieces of furniture and all rooms have too many things.

Simplicity of arrangement is so bound up with order and the absence of the superfluous, that it cannot well be separated. A few pictures cho sen to accord with the room, books that are placed within the reach of those who use them, lamps that are located where they are needed, flowers that are arranged with a Japanese feeling for the value of the least and stem, are expressions of a love for a simple arrangement. Beauty no less than comfort is dependent upon this vital principle.

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SCHUMANN-HEINK'S DAUGHTER: Madame Schumana-Heink's little daughter, Maria Theresa, will be a nt in the Ursuline convent at She is nine years old, and hearly all her life she has been at the Schumann-Heink home in a dren and old people. A polish which en a very happy family, and Maria resa has been the pride of them

WHAT WE TALK ABOUT. I too. "All my children are brough up very simply," Madame Schumanr "tea" and her sister asked her what Heink has said. "I teach the boys as well as the girls to mend and darn and sew in buttons, and the girls have as much gymnastics as my sons."

Lotta, the oldest daughter, 20 when she married a few months ago. The eldest son, August, is at school of navigation near Dresden and Heinrich will enter the army George Washington, one of the young er boys, was born in New York City

... VANITIES OF FAMOUS WOMEN

Can any woman, even those of the biggest brain, rise wholly superior to the small personal vanities or remain indifferent to the coquettish import ance of some particularly nice fee ture?

If we are to judge by the foibles of many of the world's most gifted we men they cannot.

Mrs. Browning always arrayed he self in whatever decemt gown cam to hand without regard to style o color, and she never bothered over wrinkles, or envied any woman he eauty; but it is am old fact that he ringlets were never allowed to grow gray, and to the dressing of curls nearly half an hour was voted every morning

Very early in life Queen Victoria ecognized that her hands were her only features that could lay claim to true beauty, as they were small and soft and white, and very womanly hands, she took, until the day al most of her death, the greatest terest in and care of them. manicurist treated them once, some times twice a day. The pretty pink nails glittered at the ends of pointed little fingers almost as brightly as her rings, and whenever her photograph was taken one hand if not two, were always conspicuous ly displayed and loaded with monds. The Queen, as a rule, hated jewels, except for her fingers and her wrists, and though she roughly content to grow old, to lose her trim little figure, she took infi-

nite satisfaction in the fact that her hands remained plump and white and exceedingly firm and youthful alwavs. Not the most careless observer can fail to note, on meeting the widow of Robert Louis Stevenson, who wa a rather famous beauty in her youth, a faded debutante. She is an elde ly, dignified, gray-haired woman

for style, and cherishes whatever except for her tiny most exquisite feet. At all times she wears the daintiest of high-heeled black satin slippers with ornamented toes, and silken hose of the most expensive quality But Mrs. Stevenson's charming lit-

tle feet give her no more innocent pleasure than that eminent and state v novelist, Mrs. Humphrey Ward. derives from her wonderful complex

Mrs. Ward is a fairly handsome woman-her photographs do not do he justice—and not Bouguereau himself could paint her dazzling skin of milkand rose tints which, despite her ma tronly years, is still innocent wrinkles. Mrs. Ward is as considerate of her complexion as the great Eleanora Duse is of her hair. writes winter and summer, in fair weather and stormy, heside an c window, for she well knows that oxygen and moisture are life to the human cuticle. When a big novel is on, and hard work is the order of the hour, Mrs. Ward lives a good part of the time on bread and milk only, and those of the freshest quality.

+ + +

TIMELY HINTS. Pumpkin pies topped with whipped cream and sprinkled with minced nuts or dotted with whole pecan meats an an appetizing variation of an time dessert

Beeswax and turpentine polish for linoleum is hard to beat as far as its appearance is concerned, but it has one defect-it causes a slipperine which may be very dangerous to chilrose-sheltered villa in Germany. has no such objection is made of qual parts of linseed oil and vinegar. Appear sister, recently married. They have well on the linoleum and polish with

a clean, dry cloth. Maria has had a flower garden at ever of sulphur and one quart of soft water if applied thoroughly to the sealf. The others have gardens, scalp night and morning will remove nair rich and glossy.

A very useful cleansi

made with one quart of rainwate two ounces of ammonia, one tes spoonful of saltpeter and one of finely shaved white eastile so The mica side of oil stoves, which

get so smoked and dirty, may easil be cleaned with a piece of flannel dip ped in vinegar. When long hair become

that it is difficult to comb the tangl ed locks, they should be saturate This done, they will with alcohol. become amenable to the brush and comb as if by magic.

stove once a day, and it will always look bright.

RECIPES.

Imperial Pigeons, Served on Spin ch Toast.—Clean and truss pigeons, stuff them with a highly seasoned chestnut stuffing and plac in a large pan; half cover them with a rich soup stock, and simmer, for fifteen minutes. Remove from fire, drain and place in a baking dish that has been rubbed with a clove of garlic; bake until a golden brown basting with melted butter. oblongs of hot buttered toast with thin layer of mashed potato, then one of well-seasoned spinach; dispos the pigeons on these, garnishing with stuffed olives and aromatic jelly.

Cranberry Ice (to serve with key,)-Cook two quarts of cranberries until the skins are soft. Put through a colander, pressing all through but the skins. Add one pint of water the juice of two lemons, three cups of sugar and freeze. Serve in she bet cups.

Many fastidious housekeepers hold that chicken, and more especially turkey, should be roasted without dress ing, in which case serve with the bird chestnut timbales as follows: Boi one pound of blanched chestnuts and mash fine, adding salt, pepper, and a tiny bit of mace, three eggs yolks well beaten, and cream to moisten Whip the whites of the eggs well. and fold in the mixture the last thing Bake in buttered timbale molds in a pan of hot water.

Turkey in Cups.-This is a very good way to use left over turkey. Butter half a dozen teacups, sprinkle with bread crumbs, and fill them half way to the top with furkey meat chopped fine. Whip two eggs gently and season with one saltspoonful of salt, a pinch of pepper, a few drops of onion juice, and a little finely chopped parsley. 'Add one cupful of milk, and after mixing well. into the cups holding the turkey. Set the cups in a pan of hot water, cover them over and steam. As soon as the milk and eggs have becomslightly stiff. turn the turkey molds on to slices of toast and se

FUNNY SAYINGS

HER LOSS

Marjorie had been given some har peppermint candies, and after holdng one in her mouth for a few minrtes, she ran to her mother cried, "Oh, mother, I swallowed that candy !"

"Never mind," siad her mothe; "it

will not hurt you."

"Yes, I know," said Marjorie, "but lost the use of it."

> . . . TRADE SECRET.

"Are you the little boy whose papa vrites so many cute sayings of chil-

"Yes, ma'am."

"I suppose your papa is always

"No, ma'am. He threatens to whip

Consumption

There is only one cure for it. "PSYCHINE" is the greatest remedy in the world for all forms of pulmonary trouble. Scores of peonle in Canada attest this fact. "PSYCHINE" stands without a rival as a permanent and absolute cure for Consumption and lung diseases.

It reaches the sore spots, heals the decayed tissue, destroys the tuber-cle germs, creats rich blood, tones up the whole system, and cleanses from all impurities.

GREATEST OF ALL TONICS

NCED SI-KEEN)

me if I even

VERY TIRED INDEED

It remained for a little girl nearly, if not quite, equal a far withinism of Le'gh Hunt. Of co his ripened intellect Hunt, in describing an exceed

spoke of it as one which ten ain, to strip off his flesh and sit The dear little miss had been

romping and running all day. ward nightfall her father met "Are you not very tired, little one?

replied. Then in a burst of confi-dence she whispered, "Only I do feel as though I'd like to take my off and carry them awhile."

. . . RAW ANIMALS

With a heart attuned to "natur study," a little Hungarian girl in the Canadian Northwest exclaimed "Yah, teacher: It's certain beautiful on our prairie, where the birds an the small sheep run about raw.'

... A SAD REMINDER.

A good story is told by the write of "Some stories of the Concert Platform," concerning Mme. Patey, th famous English contralto. The sing er was delighting a large audience in the Town Hall at Birmingham, when a working man at the rear of building was observed to be in tears

There was nothing in the words to account for this display of feeling and, had this been otherwise, famed prima donna was singing the Italian tongue. But the grief of the man became more pronounced ere Mme. Patey had concluded. A length, 'mid-a thunder of appla

the singer retired, and the was asked the reason of his grief. "She reminds me so o' my darter, said the tearful one. "She was the singin' line."

"But surely your daughter not sing like that ?" queried the man in the next seat.

"No," answered the mourner with another sob, "but you never could tell what she wos singin' about!"

A CARDINAL VIRTUE.

(By Lady Milnes-Gaskell)

Sidney Smith once wrote: Man are the shadows of virtue, the momentary display of those qualities which our fellow creatures love and respect." But if these shadows are not fleeting, but grow in time to be the real thing, they are indeed beautiful and health-giving, and become in time the fair frame of a fair picture. Politeness can be skin deep, visible sign of a noble nature. 'Malice is murder begun," but the courteous man's or woman's first aim is their ease, to efface with dignity distinctions of rank, and to make life sweet and happy to all who surround them.

Gentle consideration and a modes bearing are singularly attractive to the most worldly. The even 'push'' of modern life is ugly, and always vulgar. Self-advertisement is not pretty, even when successful. To fly above the vulgar flights of common souls is extremely rare in these days of many inventions. The material side of life is always with us, and a preacher is more than even wanted to impress upon his hearers the importance of living a little in tirely to the vulgar and the common

Discourtesy is brutality to heart or soul of another. We have all seem some such acts of cruelty done, the nervous silenced, the bully triand the modest made ashamed. These savage onslaughts are the work of small, and generally ignorant, souls, and postarity, if it cannot save the victum, holds up at least a finger of scorn at him did the harm,

If few of us can take part in spler did examples of world famed cour-tesy, everybody can do something to make life sweeter. The crippled and malmed cross every man and woman's path. "Help your lame dog over the stile." The advice is as good now as it was in Swift's time. good now as it was in Swift's time we all of us know tame dogs. Dog on three legs, blear eyed and unlowed by to whom the pull over a barrie in life not only saves materially, be warms their heart with gratifuld "What a fine thing hope is!" wro the sage, and what a joyous thing the bring it back to some broken hear by a well timed word of kindre by a well timed word of k

How Is Your Cold?

Every place you go you hee question asked.

Do you know that there is nothing so dangerous as a neglected cold?

Do you know that a neglected cold will turn into Chronic Bronchitis, Pneumonis, disgusting Catarrh and the most deadly of all, the "White Plague," Consumption.

Many a life history would read different if, on the first appearance of a cough, is had been remedied with Do you kn

Dr. Wood's Norway Pine Syrup

This wonderful cough and cold medicine contains all those very pine principles which make the pine woods so valuable in the treatment of lung affections.

Combined with this are Wild Cherry Bark and the soothing, healing and expectorant properties of other pectoral herbs and barks.

For Coughs, Colds, Bronchitis, Pain in the Chest, Asthma, Croup, Whooping Cough, Hoarseness or any affection of the Throat or Lungs. You will find a sure cure in Dr. Wood's Norway Pine Syrup.

Mrs. C. N. Loomer, Berwick, N.S., writes: "I have used Dr. Wood's Norway Pine Syrup for coughs and colds, and have always found it to give instant relief. I also recommended it to one of my neighbors and she was more that pleased with the results."

Dr. Wood's Norway Pine Syrup 25 cts. per bottle at all designs.

the results."
Dr. Wood's Norway Pine Syrup 25 cts. per bottle at all dealers. Put up in yellow wrapper, and three pine trees the trade mark. Refuse substitutes. There is only one Norway Pine Syrup and that one is Dr. Wood's.

DEATH OF MRS. JAS, MURPHY. RICHMOND.

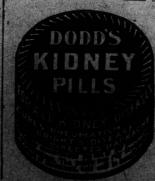
Ellen Morrissy, wife of Mr. J. Murphy, Collector of Customs, Richmond, died Sunday, Dec. 17th, after a few days' illness. She had been in her usual good health until Tuesday when she contracted a severe bronchial cold, which gradually worse. Comforted by the rights her church, and surrounded by family, she passed to her eternal reward, death coming like a peaceful sleep. Born in the County Kerry, Ireland, Dec. 25th, 1836, she came to this country when quite a child, and was married Nov. to J. Murphy. Six children blesse the union, and she is survived by loving husband and two daughters, Mrs. R. H. Gain, wife of Mr. R. H Gain, Route Agent, Canadian Expres Co., and Miss Mangaret Murphy, four children having predeceased her. Her maiden name was Ellen Morrissy, being the eldest daughter of Edward and Margaret Morrissy, who settled in Ely County, Shefford, in the early forties. One brother and four sister: survive her, Mr. John Morrissy, Ely; Mrs. P. Healy, Richmond; Mrs. T. Rahill, Richmond; Mrs. J. Pullam Montreal, and Mrs. H. Murphy, Tilton, N.H. Her sudden demise came as a great shock to all the commu nity, few being aware of her illness which was of exceedingly short duration.

Of a lovable and motherly disposi tion, she was ever ready to assist the poor and needy, and her loss is not confined to the family, but is universally felt by all. Mr. Murphy family have the sincere and heartfelt sympathy of the whole community in the loss of a good wife, kind loving mother and a Christian whose life was full to overflowing in usefulness, charity and good works. The funeral, which was very large

ly attended, took place Monday to the Catholic Church, where high mass was celebrated by the Rev. P. Quinn parish priest. Interment was Richmond.

The greater the irritation in the the importance of rend and not looking throat the more distressing the coughl becomes. Coughing is the effort of nature to expel this irritating substance if not belonging totally and ensure the more distressing the coughly becomes. Coughing is the effort of Nature to expel this irritating substance from the air passages. Bickle's stance from the air passages. Bickle's Anti-Consumptive Syrup will heal the inflamed parts, which exude mucous and restore tham to a healthy state the cough disappearing under the curative effects of the medicine. It is pleasant to the taste, and the price 25 cents, is within the reach of all.

> The saddest part of all our accum lating catastrophes lies in the wait-



The Poet's Corner.

WHAT SHALL THE NEW YEAR BRING ?

What shall the New Year bring us, Asthore, ma Dear love of an Irish heart, What shall it bring to thee? And me?

Shall it bring gladness, Or shall it bring sadness? Shall it bring roses or thorns? The gain that gladdens, The loss that saddens A future that sings or mourns? Asthore, machree ! 'Answer-which shall it be?

What shall the New Year bring us ? Joy of my breath? sweet love of an Irish heart,

Shall it bring life or death? Dark death? -Solund thro' its powers Of sunlight and flowers, Echoes of sport and song? Or bitterest sighing For loved ones dying-Death-knells, weary and long? Asthore. machree! Answer-which shall it be?

Ah! this shall the New Year bring us, Jewel, asthore Brave love of an Irish heart.

This shall it bring, and more, Much more ? Sunshine, for crosses, Courage, for losses Hope, for the darkest hours:

Love's resignation To God's dispensation Turning the thorns to flowers! Machree, asthore.

This shall it bring-and more. Eleanor C. Donnelly +++

WRITE WITH CARE.

We sperid our year as a tale that is

And which shall this new year be-A tale of gladness, or one of sadness, To be told of you and me?

Will its pages glow with unselfish deeds

With a record undefiled, A story sweet, with a cheer replete That would gladden the heart of a

Or can it be, when the year is done, That its record will be marred By wasted hours or misused powers, Or by words that have cut and

God gives us each day as a pure white page, But write, dear heart, with care,

For thy doings all are beyond re-

When once imprinted there. ...

THANKSGIVING. We thank Thee, Lord, for blessings

Upon us in the twelve months past! We thank Thee for a country dowered With harvests bountiful and vast!

But greater far than earthly gifts, Howe'er so precious they may be, We thank Thee for the grace that lifts The nation's heart more close to Thee !

-Denis A. McCarthy.

* * *

In life's strange book, for every year a leaf, To-day we turn, alas! another over;

Another year has passed away-how Could we the ending of life's book

Could we to-morrow's peak a moment climb And look far out upon the other

side. And see beyond, into the coming time What is to be that Fate's dark curtains hide !

In ignorance we murmur here below That we can see so little of the

Yet 'tis God's mercy that we never The nearing future, even by a day.

Trusting, as ever, why the future fear Though with its longed-for joys its sorrow brings?
O, holy Spirit of the Coming Year,

Be you our guide to nobler, better things.

New opportunities new days will senid New tests of soul, new victories to be won; And while we sigh, "The year is at

an end,?

Good angels sing, "The Year is just begun ?"

George Birdseye.

OUR or Girls and Boys hope all my little

had a happy Christi Claus was gen cifts. I hope they wil nos down whose ch did not go. Before What it has in hidden, but let me I wish for all my boy the best that it can sheir little feet may thorns; that their ha no burden; and that the feel no sting of sorror but flowers and sunsh their way are the sine AU

THE ANIMALS AT Said Santa Claus, "

(The arimals looked And each of you will His yearly Christma But I'd be glad if eve Yould mention what

I'll state succinctly, If I may be so bold a The only thing I can Would be those match With which I'd like to A timid little Adder

The Tapir said: "That

'Sir, but a trifle it w To make my Christa A slate and pencil, if Would let me do my su The Reinder said: "Y I'd be a happy fello If I were sure I would A good sized umber

Es and a rubber mac The Pig a fountain p The Cow tin horns The Horse, for a new His gratitude attest The Caterpillar said: '

And also I'd like four

Proud of my caterpill So all of them were g And they were happy They liked the presents And waxed exceeding

Dear humans, at y feasts. Pray take a lesson fro -Caroline Wells, in Re

...

A GOLD MEI shall never forget ceived when at school a boy named Watson to pasture. In the ev her back again, we where, and this was

veral weeks. nearly all sons of we and some of them were to look with disdain who had to drive a co With admirable good son bore all their atte

"I suppose, Watson," another boy, one your father intends to man of you?"

'Why not ?' asked V "Oh, nothing, Only much water in the ce rinse them-that's all, The boys laughed, an in the least mortified, fear. If ever I am a

give good measure and The day after this there was a public ex-which ladies and gentle neighboring towns wer prizes were awarded by of our school, and both Jackson received credit for, in respect to school were about equal. A mony of distribution, t marked that there we consisting of a gold me rarely awarded, not so count of its great cost cost count of its great cost instances were rare white the stowal proper. It is awarded about three sawarded about three sawarded about three sawarded about the principal them the permission of the