

Home and Health Hints.

A bag of hot sand relieve neuralgia.
A little soda-water will relieve sick head-ache caused by indigestion.

It is reported from France that the juice freshly expressed from poppy stems, if promptly applied on bees' stings, will immediately alleviate the pain, and prevent inflammation.

Hot water, if taken freely a half hour before bedtime, is one of the best possible cathartics in severe cases of constipation, while it has a soothing effect upon the stomach and bowels.

To keep poultry fresh in hot weather place a lump of charcoal in the body of the bird, and sprinkle powdered charcoal over it. Let the charcoal be washed off before cooking. This will keep it quite fresh for two days.

For years the hygienic qualities of the orange have been recognised in feverish disorders; and of late they have taken the honors as antidotes to biliousness and other gastric complaints. Doctors affirm that they contain all the salts needful for a healthy condition of the blood.

When flat-irons are dirty on the face, rub them in half a cup of table salt on a board. When dirty all over, scrub them with a fine sand soap and water, rinse, and dry on the stove. When they are to be put away unused for a long time, rub them with kerosene and wrap in newspapers.

Chicken Sandwiches.—Chop one pound of meat, dark and white, fine. Add one tablespoonful of butter, one tablespoonful of mayonnaise dressing, and season to taste with salt, pepper and celery salt, adding chopped capers if they are liked. A tablespoonful of finely chopped celery may be substituted for the celery salt.

Pineapple Fritters. Make a batter with half a pint of milk, two eggs and sufficient flour to make it the consistency of thick cream. Cut off as many thin slices of pineapple as you require and dip them into the batter. With a large spoon take up a slice of the pineapple, with enough batter to cover it. Drop this into a frying pan of boiling lard. When nicely crisp, take up and place on kitchen paper. When drained from all fat, pile on a hot dish and sift a little crushed sugar over the fritters.

Roxbury Cake.—One cup butter, three cups sugar, six eggs, two cups buttermilk, one even teaspoonful of soda and a pinch of baking powder and salt—sifted with one cup of the flour—four cups flour, flavor to taste. Cream the butter well, alone and with the sugar and yolks of eggs; add part of the milk, then one cup of the flour containing the soda, baking powder and salt, then remainder of milk and flour; beat well, and, lastly, add the beaten whites of eggs. This makes two large loaves and is superior to cakes raised with baking powder.

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