

CONSTIPATION.

SYMPTOMS.

Inactive or Irregular Acting Bowels,
Pain Across the Bowels,
Accumulation of Wind,
Straining at Stool,
Piles, and often Fistula,
Sallow Complexion,
Headache,
Eruptive Sores.

There is probably no organic action more important to health than that of the Bowels, being one of the principal channels to carry off morbid matter and foul accumulations, which, if long retained in the system, would poison the blood and cause disease. Any irregularity in their action is always a serious matter that should receive prompt attention. In fact, many cases of Diarrhoea are but an evidence that Nature is trying to remove from the system some foreign irritating or injurious substance. Without a regular action of the bowels there can be no perfect health. When the bowels are clogged, impure blood, headache, piles, humors, fevers and many other ills, occur and serious disturbance generally is the certain result.

CAUSE.—Neglect of regular habits; food hard to digest; torpid liver; spices, stimulants and astringents; too free use of cathartics, etc., of a harsh nature, which destroy the tone of the stomach, liver and bowels. Healthy bile being the natural cathartic or regulator of the bowels, therefore a torpid liver that fails to secrete such bile is the most certain cause of Constipation.

CURE.—Eat ripe fruit and vegetables, oatmeal, coarse bread, mush and molasses, broths, etc. Shun harsh physic. Be strictly regular at efforts to evacuate the bowels. Correct the inactive liver and biliary organs with that best of all regulators, Burdock Blood Bitters, which tones and regulates the bowels, promotes the flow of bile, which keeps the blood pure and healthy, and secures a natural action of the bowels, without weakening the digestive organs in any manner. Burdock Blood Bitters never fails to promptly relieve, and permanently cure, the most obstinate cases of Constipation. You have but to take a few doses to become convinced that you have found the right medicine at last.

It is a great success. I used it for Constipation and it works wonderfully on the system. It gives new life. I refer to Burdock Blood Bitters.

MRS. A. MULLIN,

Dec. 13, 1855. 33 Orange St., Manchester, N.H.

I have used four bottles of Burdock Blood Bitters for Constipation and think myself entirely cured. It is the most effectual remedy for this disease that I have ever heard of.

FRED CONWAY,

Nov. 27, '55. Haverstraw, Rockland Co., N.Y.

TESTIMONIALS.

I had almost given up all hope of ever being cured of Constipation and very bad headaches. I have taken almost everything in the line of drugs for my complaints. A friend recommended Burdock Blood Bitters to me. The first bottle I took gave me great relief, and I now take this medicine as regularly as I take my breakfast. It is of more value to me than all the world contains.

J. PENDLEBURY,

Dec. 27, 1855. 13 Nepperham Ave., Yonkers, N.Y.

I have been a victim for years to aggravated Constipation. Sometimes nearly a week would pass without any movement of the bowels. When in Syracuse recently I saw a copy of your little book, and I at once concluded to give Burdock Blood Bitters a trial. I took two bottles, and they regulated my entire system. The best thing I ever used.

H. COEN,

Redfield, N.Y.

July 8, 1855.

I was suffering from Constipation, weakness and loss of sleep. I was advised to try Burdock Blood Bitters. After using a few bottles my health was greatly improved. I recommended a young friend to try it also. After using one bottle she said that she felt like a new person. I cannot praise the Bitters too much, and the Burdock Pills are the best I ever used.

MRS. J. G. RENNIE,

Stockwell, Quebec.

I take much pleasure in stating that since using Burdock Blood Bitters I have entirely recovered from a severe attack of General Debility and Constipation accompanied with a loss of appetite, and can confidently recommend the medicine to any suffering from the same complaints.

GEORGE W. PLATT,

Dec. 10, '55.

Box 275, Picton, Ont.

We have used Burdock Blood Bitters in our family for Constipation of long standing, and can truly say that they are all you claim them to be. The Bitters were discontinued as the disease had disappeared and the whole system strengthened and much benefited.

J. O. DALTON,

Nov. 6, '55.

Lock Draver D, Picton, Ont.

I have used Burdock Blood Bitters with the greatest of satisfaction. Last spring I felt dull and stupid and was very costive. After taking several other medicines which failed to help me, I thought I would try Burdock Blood Bitters and it helped me so much I purchased another bottle which cured me entirely and I felt like a new man.

HARMAN L. LUTTS,

Sept. 7, '55.

Lutes Mountain, N.B.

I have used one bottle of Burdock Blood Bitters for distress in my stomach and also for Constipation. It has relieved me of both.

MRS. O. I. FISHER,

March 15, '56.

Palmyra, Portage Co., Ohio.

I have been greatly troubled with Constipation, headache, loss of appetite, and weak stomach. I found great relief by using Burdock Blood Bitters. I recommend it to all. My husband is now taking it.

MRS. JAMES A. ERWIN,

March 23, '54.

Little Falls, N.Y.

Burdock Blood Bitters is a good medicine. My wife takes it to relieve costiveness and headache. It is priceless.

THOS. D. AVERY,

Feb. 26, '55.

Grand Rapids, Ohio.