round of beef cut in strips and dried, then shredded or mixed with beef tallow and currants." As will doubtless have occurred to the reader, pennnican of the far Canadian North and biltong of the Boers on the South African veldt are consins. Both contain the largest amount of nourishment in the smallest space.

As for the palatableness of pemmican, whether eaten just as it is, or cooked, there is nothing can be said that will begin to make as lasting an impression upon the reader as an actual test of the contents of the accompanying little sack. The late Bishop of Saskatchewan, as we have seen, declared before a distinguished audience in London that eating pemmican was like chewing a tallow candle. The reader may be inclined to take this jocular remark of the

