

Make All Your Preserves with



It did not require much urging from Pat to make the man forget his instructions. "I'll take them off, if you promise not to try to escape," he finally said, as he suited the action to the words.

Barely had the near-defective removed the handcuffs from Pat's wrists when Duke Hestor entered the room with a few men from the People's League delegation that he had quietly called from the presence of the king, and before Kelly's assistant realized what was going on he found himself handcuffed to the chair where Pat had just been sitting. He was alone in the room.

Kelly, meanwhile, was before the Kelly, meanwhile, was before the cancelusion that most per complain of stomach trouble stomachs that are absolutely and is acid in the stomach, usually of aggravated by. Good ferm

ACID STOMACHS AND FOOD FERMENTATION patriotic race.

when Duke Hestor entered the room with a few men from the People's League delegation that he had quietly called from the presence of the king, and before Kelly's assistant realized what was going on he found himself handcuffed to the chair where Pat had just been sitting. He was alone in the room.

Kelly, meanwhile, was before the king expressing himself in no uncertain terms. The Sphinx was thoroughly aroused by the turn of events, "If I had known when you sent for me that you wanted me to rob thespoor people of what was justly theirs, I would never have taken the commission," said Kelly. "But when I gothere it was too late."

"You forget that you are addressing the king," said his majesty, as he made a signal to the guard, who stood at the door.

"Call the full guard," commanded the king, "and have this person imprisoned." When the man left to fulfill the command, Kelly was alone in the room with the king.

The Sphinx did some quick thinking and let his actions keep pace with his rapidly formed plans. He leaped



TWENTY-FIVE LESSONS. Lesson IV.—Cellulose.

The human body is the most won- to perform their functions properly, it erful piece of machinery in existence. is necessary to eat foods which have

THE VIOLET.

Down in a green and shady bed A modest violet grew;
Its stalk was bent, it hung its head,
As if to hide from view.

And yet it was a lovely flower, Its colors bright and fair;

It might have graced a rosy bower, Instead of hiding there.

Yet there it was content to bloom, In modest tints arrayed; And there diffused a sweet perfume, Within the silent shade.

Then let me to the valley go,
This pretty flower to see;
That I may also learn to\grow

Duffane is accomplished. Her smile of triumph was not lost on the great detective.

The king, who had been a spectator of the proceedings, with his prisoner. The king, who had been a spectator of the proceedings, with his prisoner into an adjoining room. When the her police commandant. The Sphinx statemed to headquarters and was soon with the chief. That your work hing was alone Duke Hester entered and said:

"I come from the people, who would acclaim you for your good deed in given the funds raised by selling." May have come to the conclusion, "I come from the people, who would go away—to -America, "We believe that the king accepted their homage, peasants to the number of a dozen or more, representing the people were not the nonity greening that was being personally extended to the king. Phil kelly and his prisoner, in the room, heard the shouts of the populace, surrounding that was being personally extended to the king. Phil kelly and his prisoner, in the room, heard the shouts which here is concerned. "France will be best of its but the sease in which he is concerned. "France will be best of its but the last than intruders, now that the king in the place, added to the noisy gree-ing that was being personally extended to the king. Phil kelly and his prisoner, in the room, heard the shouts and his people were reconciled. "We will see if the king you worked for will help you now that you may need him." Was Par's taunting readed to the king. Phil kelly and his prisoner, in the room, heard the shouts of the mast than intruders, now that the king in the prisoner in the room, heard the shouts of the mast and not the prisoner in the room heard the shouts of the mast and not the prisoner in the room heard the shouts of the prisoner in the room heard the shouts of the prisoner in the room heard the shouts of the prisoner in the proposal prisoner in the prisoner

whom keny made through their American agencies, and began at once to ply her winsome arts upon the near-detective.

She chattered with Kelly's assistant and soon had him engaged in friendly conversation,

"These handcuffs are hurting my wrists—won't you unlock them, like a good fellow?" The girl spoke in her most engaging tones. "You are a big, strong man, capable of watching me without having me chained helpicss."

It did not require much urging from Pat to make the man forget his instructions. "I'll take them off, if

reports are achieving remarkable results. It is up to Canadians to see that Canada is not left behind in this will not be held too high.

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COAST DEFENCES

THE AIR FRONTIER IS THE MOST VULNERABLE

How England Guards Her Coast Against Attack From Enemy Aircraft.

"That bloke'll only clutter up the ir," said one of the mechanics who had started Robinson's machine. A dozen other fliers were already in the air. They knew a lot more about fly-ing, but not one of them had a greater determination to get the

Great searchlights swept the The wings of the aeroplane looked like silver when the light shone upon them. One of the aeroplanes was seen to climb crazily, toppling once in a while and manoeuvring every way ex-cept in the manner that the books said it should, until it was directly above the Zeppelin. The lights were switched off for a second for fear of dazzling the aviator and spoiling his aim.

The Poorest Flier in England.

The man was Robinson. Presently he launched an explosive bullet directly downward at the big gas bag.

Down the burning mass tumbled. London went wild with joy. Crowds rushed in automobiles, cabs, 'buses and afoot to Potter's Bar, where the tangled hurning rubbish had fallen.

tangled, burning rubbish had fallen Robinson, the "poorest flier in Eng-and," who had achieved his ambition, managed his machine so badly that he landed miles from his own but finally managed to get there. There he rode out to Potter's Bar.

he rode out to Potter's Bar.

He forced his way through the crowd. Nobody knew him. If they had they never would have dreamed that Robinson could be the man who sent the "baby killers" plunging thou-

sands of feet to death.

Amid the wreckage lay the remains of a few charred bodies. On the crush

ed breast of one there had been pinned the Iron Cross. "Pretty tough!" Robinson muttered

"Pretty tough!" Robinson muttered and walked away.

"Who got that Zepp?" asked a soldier in the crowd, recognizing Robinson's aero corps uniform.

"I did," said Robinson, quietly.

The news ran through the crowd, and "the properst flor in Faciland" at

and "the poorest flier in England" al-most lost his uniform before he got away from the men and women who away from the men and women who wanted to shake his hands, kiss him and steal his buttons.

A Pious Gift of Bells.

In Crosthwait, Westmoreland, there is a church dating from the seventeenth century, in the belfry of which there are three bells given by a musi-cian named William Gilpin. He had the following inscriptions engraved on

them: The first bell-"Jesus Be Our

The second-"Soli Deo Gloria."

'A young man, grave in Godliness, William Gilpin by name, Gave fifty pounds to make these

sounds To God's eternal fame."

Bombs and mortars were invented in the year 1540.

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hat I may also lead In sweet humility.
—Jane Taylor. Linen will have a more beautiful exture if it is ironed on the wrong