

Deposits in Penny Bank Are Increasing Rapidly in City

But London Is Far Behind Some Places in Its Average.

New Toronto, with an average deposit of 86 cents per month for each pupil, leads the list issued by that institution for the months of January and February.

London is away behind with an average deposit of 19 cents. Cornwall with an average of 68 cents. Renfrew with 62 and Brampton with 59 give some idea of what is being done in this respect in some parts of the Dominion. The lowest average is 11 cents per pupil.

The total sum deposited during the months of January and February this year was \$91,522.27 in contrast with \$70,564.07 last year and \$65,287.85 in 1917.

In the city of London, Egerton street school comes first with an average

monthly deposit of 41 cents per pupil. The rest of the schools follow: Colborne, 25 cents per pupil; Baling, 32 cents; Worley, 31 cents; Aberdeen, 25 cents; Ryerson, 25 cents; Alexandra, 25 cents; Pottersburg, 25 cents; Victoria, 21 cents; Chesley avenue, 20 cents; Empress avenue, 20 cents; Simcoe, 18 cents; Tecumseh, 17 cents; Lorne, 16 cents; Lord Roberts, 15 cents; Boyle Memorial, 15 cents; Rectory, 15 cents; Riverdale, 11 cents; Talbot, 9 cents; and St. George's, 8 cents.

The total amount deposited by the

London schools during January and February was \$2,522.54, as against \$1,529.15 in 1918, and \$1,629.13 in 1917.

BARGAINS IN STOCK.

Won't interest the man who is nursing a bunch of sore corns. Give him a bottle of Putnam's Corn Extractor. It is painless, takes out the corn, cures in one day. Beware of substitutes for "Putnam's." It is the best, 25c, at all dealers.

SUPERVISION NEEDED FOR PLAYGROUNDS

Collegiate Master Urges Attention Be Given This.

FOR NATION'S WELFARE
Play Is Essential and Leadership Alone Can Get Best From It.

Knowing his intense interest in having more and better supervised playgrounds for children, several citizens have asked J. J. Syme of the collegiate staff, to agitate a movement in favor of these through the press. Mr. Syme has responded with the following letter:

To the Editor of The Advertiser:

I have been requested by several citizens who are interested in child welfare and playgrounds, to open a discussion on the subject with a view of revivifying the movement here. It has been my pleasure to direct the playgrounds at Hamilton, where there is a splendid system in force, and I am glad to give to London any help I can. Playgrounds, as a whole, are a broad subject. Space permits me to merely touch on the benefits derived therefrom, and present as briefly as possible the main thought of the subject, namely, Supervision in properly equipped playgrounds.

I hope that the thoughts expressed will be accepted in the same spirit as I give them, and thus help promote a wider and higher appreciation of play and of its value in education, and add somewhat to the sum of child happiness in the world, especially in the city of London.

Supervision Needed.

In several sections of the city one may observe the efforts of those who in the past endeavored to establish playgrounds, but as they stand today they are a monument to the mistakes of playgrounds acquired and operated without provision for supervising and directing. In all cases I know of, experience has shown that it is not desirable to establish playgrounds without adequate supervision can be provided. Moreover, it shows conclusively that a dangerous tendency lies in the over-emphasis placed upon acquiring playgrounds, and the lack of emphasis or even appreciation concerning adequate maintenance and administration after the grounds are acquired, and at the other end the relaxation of youth and adults.

Two Ways.

The playground movement is one of the desirable ways through which this demand can be met. But just a place, just a lot of land open to public use, will not answer the requirements. Experience has taught this and re-taught it. There is play that grows like a weed and never gets beyond the weed state, and it flourishes alike in the street and alley or tree and easy playground. There is also play that has careful cultivation so that it becomes a useful plant. The latter kind is required to accomplish results worthy of efforts expended. Directed or supervised play is necessary.

Personal Supervision.

This means somebody whose definite duty is to direct and supervise. Following the trail, we quickly see that this type of playground suggests something vastly more significant than the common reference to teachers and savings for little children.

The playground movement is just as much a part of the general tendency of modern people to escape from the armor of city discords as is the development of suburban estates, city beautification, clean streets, removal of eyesores in the city, and all the other elements that tend to make for practical improvement of environment.

Plenty of Organizations.

In London are several active public organizations. Among them we have the chamber of commerce, C. W. A. A. trades and labor council and others that are local and sectional in scope. All these interests should be tied up with the playground movement, and it with them, so that playgrounds might be admittedly a part of the broader purpose. Playgrounds are not a means in themselves, apart from other interests, but are just one expression of the underlying truth that has been a long time coming to be believed—that men and women are created to enjoy life, not to be slaves to their surroundings all the time and to enjoy life, good health and physical efficiency is a fundamental need. Hence the use of playgrounds and other open-air recreation facilities.

Planning and Thinking.

As playgrounds are likely to become a park, sooner or later, of the general scheme for civic betterment locally—to make better the appearance and living conditions of this fair city—it is important that there be comprehensive planning and clear thinking; a careful study of actual conditions; physical, economic and social, based upon the very best expert advice obtainable. It is necessary that simple means should be found by which, by an interchange of points of view, we may bring all men into common counsel, and so discover what is the common interest. We of today must do something for the benefit of those who will live here 30 years and more from now, as well as for our own good. A great and wonderful responsibility rests on the boys of today. The war just ended has placed upon their shoulders that we have no idea of. It is our duty therefore, to provide motor education quite as freely and universally as we provide mental education. The playground movement is one of the desirable ways through which this demand can be met.

Experience in towns and cities that did not look far enough ahead teaches that an early duty of every organization interested in the playground movement, should be to secure every desirable site.

Space Needed—But.

What is said regarding play, I say, too, there are playgrounds, and there are playgrounds. The playground must provide for every child. It must have provision and space for the seasons. Games that are not enough merely to provide the grounds. I hope to get the children to use those places that are known as "playgrounds." We must see to it that

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activities are offered them that make these places attractive, and this can only be accomplished by placing them in charge of men and women who have a knowledge of the different kinds of games and activities that appeal to children of different ages.

A play leader or supervisor costs something, it is true, but there is danger of being penny-wise in this matter. In a city where a playground costs thousands of dollars, it is poor economy to save the salary of the supervisors who could more than triple its effectiveness. Very few movements, small or great, will go on for long or accomplish much without a leader. It is folly to believe that simply to furnish open spaces will secure the best results. There must be supervision of playgrounds, otherwise the older children occupy them to the exclusion of the younger ones. Thus the moral effect of the playground is wholly lost or completely reversed. It is a case of might makes right, and "to the victor belong the spoils."

One Can Do Wonders
One person can take care of a large number of children on a playground. Continued on Page Thir

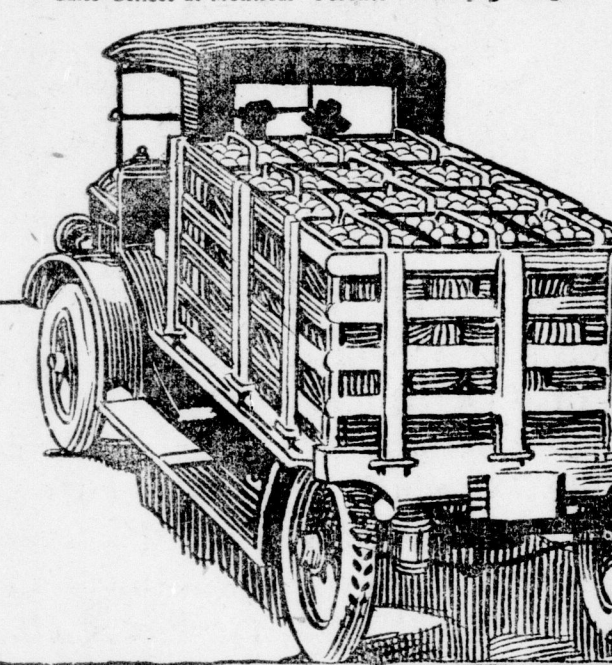
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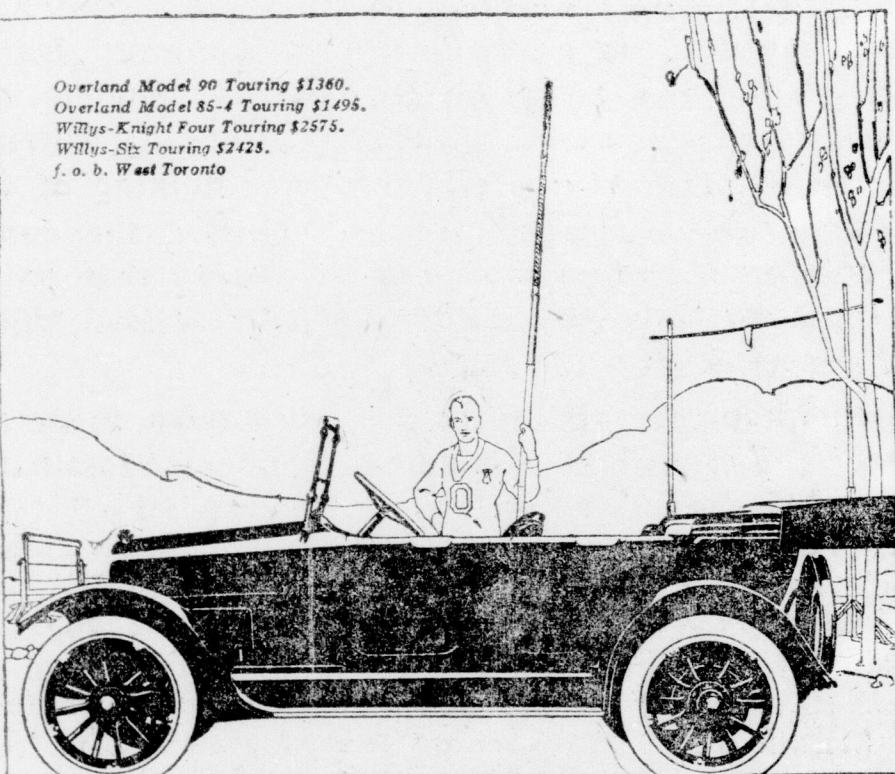
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What Makes Men of Blood and Iron?

Do You Know Any of These People?

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United States Judge G. W. Atkinson, Former Governor.
Dr. George H. Baker, Former Hospital Physician and Surgeon.
Hon. Anthony Caminetti, United States Commissioner of Immigration.
Former U. S. Senator Wm. E. Mason, Now Congressman from Illinois.

Read What They Say About Nuxated Iron
AS A TONIC, STRENGTH H AND BLOOD BUILDER.

Physician Explains How It Helps Put Renewed Vim and Energy into the Veins of the Weak, Run-down, Infirm and Aged—Often Increases Their Strength in Two Weeks' Time.

When widely known men of the highest calibre come out frankly and publicly endorse a product which they have personally found valuable for building up the health and strength, it must arouse the interest of every thinking person in Nuxated Iron, which is today being used by over three million people annually to help create red blood, power and endurance.

Dr. T. Alphonsus Wallace, a physician of many years' experience and formerly of the British Naval Medical Service, says: "It is the men of the blood and Iron—on a par with the war-hardened fellows returning from camp and fields—who will forge ahead in the business and political life of the country today."

"Living in the open, eating coarse foods and leading regular lives have made blood rich in iron for these strong, healthy, vigorous specimens of manhood. But, no such opportunity for building up their health is open to thousands of men and women in civil life whose wearing tasks and iron-impaired vitality sap their energy and vitality, make them weak, anemic and run-down, and often cause their blood to literally starve for want of iron. Without iron there can be no strong, red-blooded men or healthy, rosy-checked women, and unless this strength-giving iron is obtained from the foods we eat, it must be supplied in some form that is easily absorbed and assimilated. For this purpose I always recommend organic iron—Nuxated Iron—which I have used successfully both in civil life and for convalescing soldiers that I am absolutely convinced of its effectiveness for helping to build red-blood, strength and endurance."

Of great importance to the public should be the strong endorsement of Nuxated Iron as a preparation of great merit as a tonic and blood builder given by former U. S. Senator William E. Mason, who has the distinction of being one of the really big men of the nation. His championship of Pure Food and Drug legislation, his fight for the rural free delivery system, and his strong advocacy of all bills favoring labor has made him a popular figure and endeared him to the hearts of the working man and the great masses of people. Senator Mason says: "I have often said I would never recommend medicine of any kind. I believe that the doctor's power after editing with the hardest political campaign of my life, without a chance for a vacation, had been given to me by Nuxated Iron. I found that horrible, tired feeling one cannot describe. I was advised to try Nuxated Iron. As a pioneer in the pure food and drug legislation, I was at first loath to try an advertised remedy. But after editing with one of my medical friends, I gave it a test. The result has been so beneficial in my own case, I made up my mind to let my friends know about it, and you are at liberty to publish this testimonial if you so desire. I am now 65 years of age, and I feel that a remedy which will build up the strength and increase the power of endurance of one at my age, should be known to the world."

One Can Do Wonders
One person can take care of a large number of children on a playground. Continued on Page Thir

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