

A. I observe due modesty in going to bed entertaining myself with the thoughts of death ; and endeavour to compose myself to rest at the foot of the Cross, and to give my last thought to my crucified Saviour.

Q. *How do you make an Act of Faith ?*

A. O eternal Truth, who hast revealed thyself to me, I believe all the divine Truths, which thou, my God, hast taught us by thy word, and by thy church. because thou hast taught them, who art the sovereign Truth : and I had rather die, than call any of them in question.

Q. *How do you make an Act of Hope ?*

A. O my God, who art infinitely powerful, and infinitely merciful ; I firmly hope for mercy, grace and salvation from thee, through the merits of Jesus Christ my Saviour ; resolving on my part, to do all that thou requirest of me.

Q. *How do you make an Act of the Love of God ?*

A. O my God and my all, infinitely good in thyself, and infinitely good to me, I desire to praise thee, bless thee, glorify thee, and love thee for ever ; O take possession of my whole Soul, and make me for ever a Servant of thy Love.

Q. *And how do you make an Act of the love of your Neighbours ?*

A. O my God, thou hast commanded me to love every Neighbour as myself, for thy

sake.