All applicants should first assess their eligibility for, and make appropriate use of, existing Japanese-funded research fellowship programs. Such programs include fellowships offered by the Science and Technology Agency of Japan and the Japan Society for the Promotion of Science and are administered in Canada through the Natural Sciences and Engineering Research Council.

- The Canadian component of new or expanded bilateral research and development projects.
- Japanese language training for Canadian researchers with confirmed exchanges/long-term visits (minimum six months) to Japanese research facilities and for principal researchers in JSTF-funded collaborative projects. For exchanges, training must be taken prior to departure for Japan.
- Infrastructure support is available for Canadian research associations to develop closer links with their Japanese counterparts, and for activities to disseminate research results and knowledge gained of Japanese research activities.