

RTURED BY RHEUMATISM

UIT-A-TIVES" Brought Quick
and Permanent Relief



MR. P. H. McHUGH

103 Church Street, Montreal.
December 10th, 1917.

was a great sufferer from Rheumatism for over 16 years. I consulted all sorts of doctors, took medicines, used all sorts of remedies; but nothing did me good. Then, I began to use "Fruit-a-tives"; and in 15 days, the pain was gone and the Rheumatism was cured. Gradually, "Fruit-a-tives" cured my Rheumatism; and now, after 16 years, I have had no return of the trouble. Also, I had severe Constipation, and "Fruit-a-tives" relieved me of these ailments; and gave me a good appetite; and in every way restored my health". P. H. McHUGH.

a box, 6 for \$2.50, trial size 25c. Dealers or sent post paid on receipt of price by Fruit-a-tives Co., Ottawa, Ont.

CENYRA
Business College
WATFORD, ONT.

The largest and best commercial school in Western Ontario. We give individual instruction and students may enter our Commercial,orthand or Telegraphy Departments at any time. We assist graduates to positions. Write now for our free catalogue and learn the nature of our work.

A. McLACHLAN, Principal.

Ontario general election will be held on Monday, October 20, the same day as the referendum on the Ontario Temperance Act. The date of the last election was June 29, 1914. The parties contesting the election were the Conservatives, Liberals, and Labor. The Conservatives won the election, securing 54 seats, the Liberals 25, and the Labor party 1. The standing of the parties at the time of the election was: Conservatives 54, Liberals 25, Labor 1. The Conservatives won the election, securing 54 seats, the Liberals 25, and the Labor party 1.

CHERRY-BLOSSOM LAND
Japanese Give Good Example



It is a proverb of Cherry Blossom Land that beauty of face and figure depend on womanly health.

What is it that makes our Canadian women often pale, sallow-faced, with dark circles under the eyes, and very often old at forty-five when they should be in their prime?

Women suffer in girlhood from back-ache and headaches, followed by irregularities and as a result diseases of the womanly organs are more common than any one but a physician in active practice could suppose.

Long experience in the treatment of such diseases, Dr. Pierce evolved a tonic and corrective which he calls Dr. Pierce's Favorite Prescription, a purely vegetable preparation, free of a particle of alcohol contained in it.

A woman complains of 'back-ache' or pain—when every-thing black before her eyes—a feeling of nervousness, she turns to this "temperance" herbal. It can be obtained in almost every drug store in the land and the ingredients are listed in plain English on the wrapper. Put up in tablets or liquid form. Write for a trial size of the medicine for ten cents.

- COMING TO WATFORD -

One Night and Matinee

Saturday, October 18th

An Attraction of Extraordinary Interest and Educational Value. An Entertainment Enchantingly Delightful.

D. W. GRIFFITH presents his Newest and Mightiest Photoplay

"THE GREAT LOVE"

There is nothing just like it—and nothing just as good. With Special ORCHESTRA and Effects.

Also a Novel Musical Prologue, including the Famous Jones Family, in refined and up-to-date vaudeville.

You will see many Celebrated Society Women of England—including the DOWAGER QUEEN ALEXANDRA; LADY MANNERS, the most beautiful woman in England; MISS ELIZABETH ASQUITH, daughter of England's former Prime Minister, and many others working for World Democracy.

Matinee at 2.30 - Doors open 2.

Evening at 8.15 - Doors open 7.30

MATINEE--Children 27c, Adults 55c.

EVENING--Children 37c, Rush 55c, Reserve 80c

THESE PRICES INCLUDE WAR TAX.

SEATS NOW ON SALE AT TAYLOR'S DRUG STORE

What are Peps

Peps provide a new treatment for coughs, colds and lung troubles. They are little tablets made up from Pine extracts and medicinal essences. When put into the mouth these medicinal ingredients turn into healing vapors, which are breathed down direct to the lungs, throat and bronchial tubes. The Peps treatment is direct. Swallowing cough mixtures into the stomach, to cure ailments and disorders in throat and lungs, is indirect. Peps are revolutionizing the treatment of colds and their price is within the reach of all. All dealers, 50c. box. Send 1c. stamp for FREE TRIAL PACKAGE.

DO you consider your bread a luxury as well as a necessity? If so, then you want the best. Our ever-increasing trade and satisfied customers are reasons why you will not be disappointed if you give us a trial.

Now is the time for Weddings and your wedding will not be complete unless you have one of our cakes.

F. H. Lovell

BAKERY, CONFECTIONERY
AND ICE CREAM PARLORS

High School Field Days

The annual Field Days of the Watford High School were held in the Park on the 25th and 30th of September. On the first day the weather was fine and the sports went off well under the able direction of Mr. Ballantyne, the different events were carried out and the championship for the year decided upon. The students entered heartily into the various contests and emphasized the feeling of unity existing among them, as pupils of the Watford High School.

For the second day, a goodly number of boys and girls from Strathroy Collegiate Institute, and a baseball team from Forest, came for the events. The sports were not much interfered with by the damp weather and were entered into with a spirit of friendly competition and good feeling.

The day was brought to a suitable conclusion by a banquet in the Armory at which the Watford students entertained the visitors.

JUNIOR GIRLS.
Throwing the Basket Ball—A. McNaughton 38' 8"; M. Irwin 33' 5"; R. Bruce 32' 3".
Throwing the Baseball—A. McNaughton, D. Fowler, H. Williamson.
Walking Race—B. Cooke, J. Lucas, A. McNaughton.
Batting Tennis Ball—A. McNaughton, H. Williamson, M. Dowling.
50 Yards Dash—H. Morris, J. Cran, M. Smith.
100 Yard Dash—H. Morris, B. Cooke, J. Cran.
High Jump—A. McNaughton, R. Bruce Junior Champion, A. McNaughton 13. Second, H. Morris 6. Third, B. Cooke 5.

SENIOR GIRLS.
Throwing the Basket Ball—L. McIntosh 56' 6"; V. Wright 54' 5"; G. Manders 46'.
Throwing Baseball—L. McIntosh, G. Manders, S. Barnes.
Walking Race—G. McDougall, V. Wright, L. McIntosh.
Batting Tennis Ball—S. Barnes, G. McDougall, Ellen Lucas.
50 Yards Dash—S. Barnes, L. McIntosh, G. McDougall.
100 Yards Dash—S. Barnes, L. McIntosh, G. McDougall.
High Jump—G. McDougall, L. McIntosh.
Senior Champion, L. McIntosh 12. Second, S. Barnes 10. Third, G. McDougall 10.

JUNIOR BOYS.
Standing Broad Jump—G. Richardson 7' 4"; W. Shepherd 7' 3"; R. Botford 6' 4".
100 Yard Dash—G. Richardson, L. Jones, W. Shepherd.
Running Broad Jump—G. Richardson 14' 5"; L. Annett 13' 10"; W. Shep-

herd 13' 7".
220 Yards Race—G. Richardson, W. Shepherd, L. Jones.
Running Hop, Step and Jump—G. Richardson 31'; W. Shepherd 30' 3"; R. Botford 27' 8".
Standing Hop, Step and Jump—W. Shepherd 21'; G. Richardson 20' 3"; R. Botford 18' 2".
Hurdle Race—L. Jones, G. Richardson, W. Shepherd.
440 Yards Race—W. Shepherd, G. Richardson, C. Letherland.
Half Mile Race—L. Jones, W. Shepherd, C. Letherland.
Running High Jump—W. Shepherd, L. Jones, G. Richardson 4' 1.5".
Putting the Shot—L. Jones 25' 2"; G. Richardson 20'; W. Shepherd 18'.
Junior Champion, G. Richardson 24. Second, W. Shepherd 21. Third, L. Jones 14.

SENIOR BOYS.
Standing Broad Jump—G. Cox 8' 2"; N. Cox 8'; N. Trenouth 7' 9".
100 Yard Dash—G. Cox, Lon Jackson, N. Cox.
Running Broad Jump—B. Sutton 14' 7.5"; L. Jackson 14' 4"; G. Cox 13' 7".
220 Yards Race—G. Cox, B. Sutton, N. Trenouth.
Running Hop, Step and Jump—B. Sutton 34' 4"; G. Cox 32' 3.5"; N. Trenouth 30' 6".
Standing Hop, Step and Jump—G. Cox 22' 3"; N. Cox 21' 7"; G. James 19' 10".
Hurdle Race—B. Sutton, G. Cox, N. Cox.
440 Yards Race—G. Cox, G. James, N. Cox.
Half Mile Race—G. Cox, N. Cox, G. James.

Running High Jump—B. Sutton 4' 7.5"; G. James 4' 6"; N. Trenouth 4' 5".
Putting the Shot—N. Trenouth 27' 10"; L. Jackson 27' 4"; G. Cox 23' 9".
Senior Champion, G. Cox 24. Second, B. Sutton 14. Third, N. Cox 9.
Basket Ball—Strathroy vs Watford. Strathroy won.
Marjorie Sullivan.....Nellie Kinnell
Annie Murphy.....Helen Barron
Marjorie Gough.....Sadie Howden
Alegria Walker.....Ruby Lucas
Gertrude Millikin.....Mamie Moir
Jean Thompson.....Violet Wright
Score, Strathroy 6, Watford 2.
100 Yards Dash, Boys, open—Bert Sutton, Dwight Sexton, George Cox.
Girls Coat Race—Ellen Lucas, Gladys McDougall, Marguerite Annett.
75 Yards Dash, Girls—Linda McIntosh, Sadie Barnes, Electa Beamer.
440 Yards, Boys—Dwight Sexton, Basil Wilson, Hugh Nicholson.
50 Yard Dash, Girls—Elva Smith, Linda McIntosh, Marguerite Annett.
Hurdle Race—Bert Sutton.
Indian Club Race, Girls—Ellen Lucas,

Gladys McDougall, Marguerite Annett.
Boys Relay Race, teams—Strathroy, Dwight Sexton, Hugh Taylor, Robert Nicholson. Watford, Bert Sutton, Lon Jackson, Geo. Cox, Norman Trenouth. Winner—Strathroy.
Fatigue Race—Sexton, Wilson, Nicholson-Osler, McGillicuddy-Cox.
220 Yards Dash, Boys—Basil Wilson, George Cox, Dwight Sexton.
Girls Relay Race, teams—Watford, Sadie Barnes, Violet Wright, Ellen Lucas, Marguerite Annett. Strathroy, Elva Smith, May Hoskin, Electa Beamer, Miss Murphy. Won by Watford.
Half Mile, Boys—Robert Nicholson, Hugh Nicholson, Wesley Shepherd.
Baseball—Forest vs Watford.

Watford Forest
S. Trenouth.....Kemp
George Cox.....B. Crowe
R. Johnson.....B. Crowe
K. Mitchell.....Webster
A. Jackson.....Paisley
G. James.....Fraleigh
H. Taylor.....Walden
O. McGillicuddy.....M. Crowe
N. Cox.....Lansing
Score, Forest 8, Watford 7. Umpire—Rawlings.
Total Points—Strathroy 29, Watford 28.

ALL WEAR VELVET

Material Also Popular for the Small Girl.

Enters Largely into Construction of Best Frocks as Well as Garments for School Wear.

Everyone wears velvet this winter. This means that the small girl is either entirely or partially velvet-robed during the majority of her wide-awake hours. Velvet is not used to develop evening frocks for the very young, but it enters very largely into the construction of many best or "Sunday" frocks, as well as into the garment designed for school wear. The dress made entirely of velvet is usually very picturesque and distinguished, with white collar and cuffs, and often a wide wash of satin in self or contrasting color. For school or service wear a velvet skirt may be accompanied by a blouse of crepe de chine or satin, or a sleeveless velveteen blouse may be worn over a plain or plaid frock of serviceable wool material.

The sketch shows a smart little frock for a girl of six or eight years, combining a one-piece dress of plaid serge in red and black with a square cut, hip-length coat of black velvet or velveteen, finished at the neck with a ruffle of white organdie or georgette. The sleeves of the jacket are cut short enough to show a few inches of the plaid sleeve.

The cap to be worn with this outfit may match either dress proper or jacket, or a combination of the two materials may be employed.

A great deal of attention is being paid to clothes for children this winter, and it is interesting to observe the exactness with which the wardrobe of the well-dressed grown-up is copied in miniature for the child.

Sleeveless and low-necked underslips of pale colored silks and satins



Velvet and Plaid Serge Dress.

for girls as young as four years are shown, to be worn under little party frocks of net and other sheer fabrics. Hand-embroidered silk pajamas and silk nightgowns are also developed for these very little people. This scheme of dressing has its advantages, too. It is a real education in the art of being well dressed, started at the right time.