

MRS. J. M. CRAIG, of Los Angeles, Calif., who says no one can feel more grateful for what Taniac has done than she does. Has gained twelve pounds and health is better than in years.



"Of all the people who have taken Taniac I don't believe there is anyone who feels any more grateful to it than I do," said Mrs. J. M. Craig, of 674 1/2 E. 40th Street, Los Angeles, Calif.

"I suffered from nervous prostration and was so weak that I could not even sweep the floor and during the day I would have to lay down four or five times. I tried to walk, but found out that half a block was all I could stand before I would give out. Nervous spells came on me often. Finally my husband urged me to try Taniac and I am indeed glad he did, for it proved to be just what I needed.

"The first two bottles did not seem to help me. I guess it was because I was so bad off, but on the third bottle I could tell I was improving and that gave me more hope than ever of getting well. My improvement from them on was rapid and by the time I had taken five bottles I was better and stronger than I had been in years.

"It enabled me to sleep soundly at night and I have gained twelve pounds. That was several months ago and from then until now I have been in as good health as I ever was in my life. I have told all of my friends and relatives what a wonderful medicine Taniac is."

Taniac is sold in Newcastle by E. J. Morris in Redbank by Wm. M. Sullivan, in Doaktown by G. Hubbard and in Nelson by Mrs. J. M. Craig.



**A Warm Store
A Cold Draft**

The man or woman behind the counter is in constant danger of contracting colds. An overheated store, and the drafts from the continually opening doors—that's what causes it.

**SHARP'S
BALSAM**

of Rheumoid and Anise Seed

—a winter health preserver for indoor workers—is the most reliable remedy for all such conditions.

It almost instantly remedies incipient colds, and affords quick and grateful relief in more chronic cases, finally completely correcting the condition.

The popular cold remedy for 70 years. At all drug and general stores, 25c. The Canadian Drug Co., Limited, ST. JOHN, N. B.

Mother

"California Syrup of Figs" is Child's Best Laxative

Beware! Say "California" or you may not get the genuine "California Syrup of Figs" which doctors recommend for babies and children of all ages. Nothing else cleans the little bowels and regulates the child's stomach and liver so gently, so thoroughly. Directions on each bottle. But you must say "California." Don't be talked into an imitation fig syrup which has the delicious, fruity taste or the perfect "laxative physic" action.

**W. A., ST.
ANDREW'S CHURCH**

**Hold Annual Meeting, Also
the Junior Auxiliary and
W. A. of St. Mark's**

The Annual Meeting of the Anglican Women's Auxiliary of St. Andrew's Church was held on Thursday afternoon March 3rd, Mrs. R. H. Armstrong, chairman, president. Satisfactory reports were presented by the Secretary and Treasurer, showing the year to have been a most successful one. Talent money paid in during the afternoon amounted to \$80.25; thank offering \$17.00. The election of officers resulted as follows:

Hon. Pres.—Mrs. R. H. Armstrong. President—Mrs. W. J. Bate. 1st V. P.—Mrs. A. V. Tracey Gould 2nd V. P.—Mrs. Brownlow Maltby Re. Sec.—Mrs. J. W. Davidson. Treasurer—Mrs. Chas. Sargeant. Cor. Sec.—Mrs. S. V. Sison. Supt. of "Little Helpers of Font Roll"—Mrs. Walter Morell. Supt. of Junior Auxiliary—Miss Marion Bate.

The delegates elected to the diocesan annual meeting in April were Mrs. W. J. Bate, Mrs. Walter Morell, Mrs. J. W. Davidson and Mrs. Harold Ritchie.

JUNIOR AUXILIARY

The Junior Auxiliary held their annual meeting on Friday afternoon. Reports showed a balance of \$22.16 on hand. The thank offering amounted to \$5.00.

Officers for the ensuing year were elected as follows:

Supt.—Miss Marion Bate. Secretary—Miss Annie Morrell. Treasurer—Miss Edna Benson.

ST. MARK'S W. A.

The Women's Auxiliary of St. Mark's Anglican Church, Nelson, held their annual meeting on Wednesday, March 9th, at the home of Miss Annie Flett. Mrs. Chas. Sargeant, Sen. presided. Total pledge fund amounted to \$21.00 thank offering, \$5.50 Mrs. R. McKenzie presented the Treasurer's report, \$80.53 was spent partly on the parish and partly on missions, leaving a balance of \$18.71. Parochial Fund expended on parish amounted to \$144.74; balance, \$27.76.

The following officers were elected Hon. Pres.—Mrs. W. J. Bate. President—Mrs. C. Sargeant, sen. 1st V. P.—Mrs. James McKenzie. 2nd V. P.—Mrs. H. Drillem. Rec. Sec.—Miss M. Hubbard. Cor. Sec.—Mrs. K. McLaughlin. Treasurer—Mrs. R. McKenzie. Delegates to the diocesan annual Miss M. Hubbard and Miss Annie Flett.

REPORT OF LITTLE HELPERS OF NEWCASTLE NELSON

During the past year the Babies Branch of the Woman's Auxiliary has been amalgamated with the Sunday School, and the organization is now known as the Little Helpers of the Font Roll and Babies' Branch of the W. A.

For the Newcastle and Nelson branch the Sec. Treas. reports another very successful year. Twenty new Little Helpers have been added to the membership roll, making a total of eighty (80). The mite box returns give the sum of \$40.79 showing an increase of \$8.28 over the amount contributed last year. Many thanks are due Mrs. Charles Sargeant who kindly provided a horse which greatly facilitated the work of visiting the homes in outlying parts of the Parish.

- Following is the list of contributors
- | | |
|--------------------------------------|--------|
| Stewart and Gerald Clouston | \$1.00 |
| Kenneth and Edith Astles | .86 |
| Horace, Grace and Dorothy Pelkington | .41 |
| Allan and Melvin McLaughlin | .40 |
| Murdoch and Allan McKenzie | .50 |
| John Garden Burchill | 1.00 |
| Gladys and Herbert Drilen | .73 |
| Kathleen Mullin | .50 |
| Gilbert Herman and Harold Wheaton | .31 |
| Ruth Jarvis | .55 |
| Don, Ruby, Will and Jim Astles | 2.00 |
| Vincent, May and Lawrence Tozer | 1.50 |
| Edna Comeau | 2.01 |
| Raymond, Helen and Dorothy Croft | 3.30 |
| Edith, Warren and Lornetta Harris | .50 |
| Olga Watling | .50 |
| Earle and Lillian McCormack | 1.50 |
| Margaret and Lois Craig | 1.05 |
| Margaret and Florence Kethro | .59 |
| Jean Uncles | 1.00 |
| Margaret and Richard Gough | 1.00 |
| George and William Pell | .50 |
| Randolph and Isabel Millar | 1.00 |
| Elizabeth and Perley Gould | 2.00 |
| Arthur, Richard and Elsie Maltby | 1.00 |
| Margaret Connors | .60 |

Alden and Herbert Craik	1.55
Wilfrid Chapman	.50
Marjorie Wetmore	3.15
Betty Ritchie	3.00
Horace Morell	2.00
Morrison, Marion and Lily Maltby	1.75
Allan Stevens	.20
Norma MacCullum	.73
George Davies (in mem.)	1.00
Total	\$4.79

A. E. MORELL

Sec. Treas. Little Helpers of Newcastle and Nelson.

**Rheumatism
Neuritis, Sciatica, Neuralgia.**

**Templeton's
Rheumatic
Capsules**

Have brought good health to half-a-million sufferers.

A healthful, money-saving remedy, well known for fifteen years, prescribed by doctors, sold by druggists, \$1.00 a box. Ask our agents or write for a free trial package. Templetons, 142 King W., Toronto

For Sale by
DICKSON & TROY

Rod and Gun

Turn some pigs loose in a swamp infested with rattle snakes and watch the fun. F. V. Williams did not do exactly that but he tells in April Rod and Gun in Canada what happens when swine meet serpents. Mr. Williams tells of the snakes found in the vicinity of Tobermory on the Bruce Peninsula in Ontario, and what happened to them when some pigs were turned loose to slay and slaughter. "A Happy Hunting Ground" is the title of the leading story in this month's issue of Canada's national sportsmen's monthly. This article tells of the thrilling experience in hunting bears in British Columbia. Nova Scotians will read with especial interest the story of hunting shore birds by Bonnycastle Dale. It tells of the difficulties to be experienced under the terms of the Migratory Bird Convention Act. In addition to these stories and articles there are nine others that will delight the heart of the nature lover. The Guns and Ammunition department and the editorial comment on the gun permit law will take the attention of the gun "crank" while Robert Page Lincoln and Gorge Goodwin take care of the anglers and dog men, respectively. Rod and Gun in Canada is published monthly at Woodstock, Ont. by W. J. Taylor, Limited.

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OBTAIN bread with that delicious home-made flavor—pies, cakes and pastry with tender, delicate, flaky crusts.

Beaver Flour is made from the finest of selected Ontario Winter Wheat combined with enough Western Hard Wheat to give it strength.

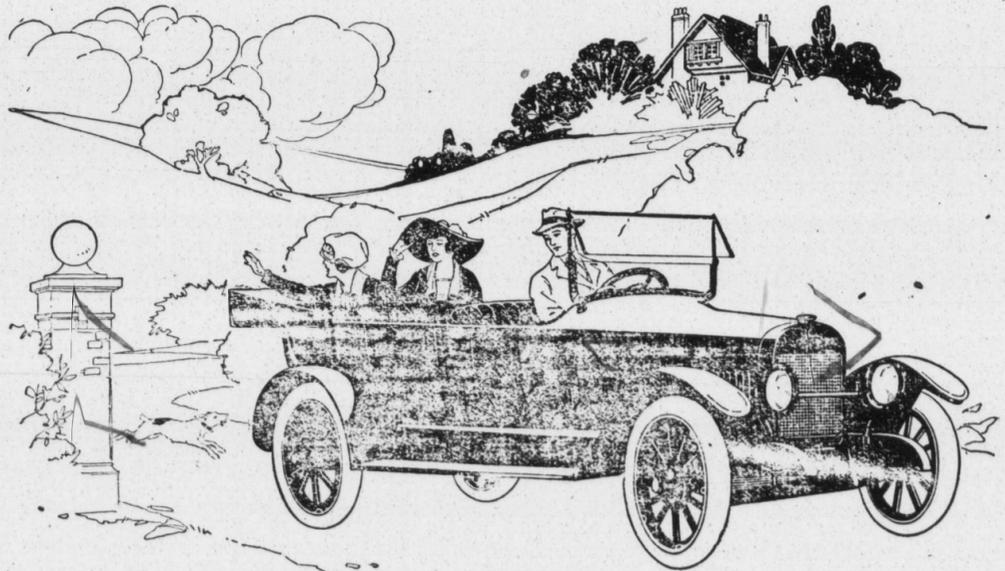
Beaver Flour is the original blended flour—and blended flour is recognized by all qualified experts to be the best flour for general baking purposes.

Don't hesitate! Try it!
Sold by your grocer.

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And this is natural, because only by deliberately intending to give heaping value could we hope to produce such a car as the Gray-Dort at its price.

**Chas. M. McLaughlin,
Newcastle, N. B.**

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