most dry.

To take the shine from clothes, rub gently with the finest emery paper. It is also good for cleaning white felt and corduroy hats.

The little girl travelling with her mother on a street car, was suddenly heard to say to the man next to her: "Da Da." Her "No, dear; that is not your daddy; that's a gentleman.

New Eyes

But you can Promote a

Clean, Beathy Condition



SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 17th March, for the conveyance of His Majesty's Mails six times per week over AYLESFORD NO. 1, RURAL MAIL ROUTE, under a proposed contract for four commencing at the Postmaster Ge

Acting Dis Office of District Superinti Postal Service, Halifax, Jan. 30, 1922

HOUSEHOLD HINTS

Moisten fruit stains before washing, with camphor, and they can be easily removed

To clean white enamel, rub it well with common baking soda, Roll raisins in a little melted butter, before putting them into cake, and they will not go to the bottom.

The famous American ist once edited a paper, and in its once edited a paper, and i ed in a clean damp cloth before putting away.

Boil hooks and eyes in strong soda water before sewing them on garments and they will not rust.

Sprinkle a few drops of kerosene on a broom a little while before sweeping and there won't be as much dust.

When washing lettuce or greens of any kind, put a tablespoon of salt into water and the dirt and grit will go the bottom of the pan.

To get the real flavor of the real country boiled dinner the vegetables should, with the exception of the beets, be boiled in the same kettle with the piece of pork or beef used.

The HOME MERCHANT.

graphs of a crater with a circum-ference of thirty-seven miles. Hun-dreds of photographic reproductions have it is stated, proved irrefutably the springing up at dawn, with an unbelievable repidity, of vast fields of foliage, which come into full blossom just as rapidly, and which disappear in a maximum period of eleven days. The plates also show that great blizzards, snowstorms and volcanic eruptions are ferquent. "We agir cat?" asked his grand-mother.

"Well," replied the youngster, I saw her washing her face and she washed her ears, and nobody but a girl cat would wash behind its ears."

FUNNY ADVERTISEMENTS

salt into water and the dirt and grit will got the bottom of the pan.

To get the real flavor of the real country boiled dinner the vegetables should, with the exception of the beets, be boiled in the same kettle with the piece of pork or beef used. The turnip should be put in to cook first, then the cabbage, the potatoes will not take as long. Allow plenty of time for the beets, also. There should be a larger proportion of potatoes and beets than of the other vegetables, the potatoes for hash, and the extra beets to slice and put in vinegar.

In making the bash, omit carrotts and meat, and heat in the liquor in which the vegetables were cooked, instead of frying with pork. Serve hot with hot biscuits and the pickled beets. The liquor in which the vegetables were cooked is very nutritious and many like it to eat on the potatoes of horse radish root on top. It does not make them sharp, gives them a fine flavor.

Save your wall paper sample books for the children to use in making kindergarten chains, book covers, dresses for paper dolls, tops for old candy boxes and many other things.

For cleanine cooking utensils secure a 10 cent metal mitt. This

tops for old candy boxes and many other things.

For cleanine cooking utensils secure a 10 cent metal mitt. This is made of copper wire woven in to cloth or twine, and shaped so that the hand may be slipped into it. As a time and temper saver it is the best thing of its kind that I know.

For chopping potatoes to warm, use edge of a round baking can, in the bottom of which a few holes have been broken. It saves the time and bother of using a meat grinder.

Clean oilcloths with milk an water; a brush and soap will ruin them.

HUGE APPLE TREE

At Meeth Gardens, Helston, Cornwall, England, is a remarkable apple tree planted over sevently sears ago. It needs a thirty-five stave ladder to reach the top branches and the tree is dome shaped, with branches reaching to the ground. When underneath the tree it looks like a room capable of holding over 200 persons. It is reprited to be the largest apple tree in Cornwall, Devon was loaded with fruit of very fine quality estimated to weigh over two tons.

Even the superlatively pretty girl ought to think occasionally of something besides herself.

Silver should never be washed with soap if you wish to retain its original luster. When it requires polishing use a piece of soft chamois and whiting, and rub hard. When washing a red linen tablecloth, put enough powdered borax into tepid soft water to make it feel slippery. Use no soap. Put a small quantity of boiled starch into the warm rinse water. Hang in the shade and iron when almost dry. printing trade he went to see a preacher's daughter. The next time he attended meeting he was considerably astonished at hearing the minister announce his text: "My daughter is being grievously tor-"My daughter is being grievously tor-"My daughter is being grievously tor-"Pearl Street, Brooklyn, N. Y.

visitors, which must be at hand not later than February 20th 1922. Write

FREE "HOOTCH"



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Every bend in the road brings a vision joy to the heart that's in tune with the ride: the reward measures up to the mea we wmploy, as we treasure the things that abide. . . And the distance we go, as our vision expands, lends judgment with wisdom replete, if we pause not to wail at the uncertain sands, which cumber the way-farer's feet.

So onward and upward we travel each day, unconscious of shadder or tears. . . . While the starshine of love adds its wealth to the way, and ripeness gives strength to . . When wisdom encounter the bend in the road, no grim disappoint-ments ensnare,—'Tis only the weakling that bends from his load, or sinks in the ands of despair.

It is possible to get a great re-putation for wisdom by giving people the kind of advice they

If nobody were extravagant, some fortunes wouldn't grow up so quickly as they do.

shouldn't she look at her wrist enthusiasm is seldom fired by the watch every little while?



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Received a fresh shipment this week. Have a pound ground from the freshly roasted beans with your next order.

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At age 40 he finds the security of his





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THE CANADA LIFE will guarantee to provide at your death an Estate which is twenty or thirty times greater than the amount of your annual deposit with the Company. And if you

Every dollar of regular annual deposit will be returned at the end of twenty years, and substantial dividends will be paid at intervals.

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1st. Deposits are made yearly. This is what you are saving, d at the end of 20 years the Canada Life guarantees the return of every dollar paid in.

2nd. Your life is insured from the day you make the first deposit—for \$5,000, or whatever amount you decide. 3rd. Dividends are paid at stated intervals in addition to the return of all deposits at the end of 20 years.

4th. These dividends may be used to increase the amount your insurance, or be allowed to accumulate at interest for

5th. The cash value of Policy and Dividends represents a aluable asset, useful in business, and your "estate" is protected

6th. At the end of Twenty Years you can draw out all you have paid in, along with the accrued dividends—

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