FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives" Because They Did Her Good

ROCHON, P. Q., JAN. 14th, 1915.

"I suffered for many years with terrible Indigestion and Constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try "Fruit-a-tives". I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with "Fruit-a-tives".

I consider that I owe my life to "Fruit-a-tives" and I want to say to those who suffer from Indigestion, Constipation or Headaches—'try Fruit-a-tives' and you will get well". CORINE GAUDREAU.

50c. a box, 6 for $2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Cutten.
2nd Vice President—Mrs. R. Reid.
3rd Vice President—Mrs. Geo. Fitch.
Recording Secy—Mrs. W. O. Taylor.
Cor. Secretary—Mrs. L. E. Duncanson.
Treasurer—Mrs. H. Pineo.

SUPERINTENDENTS.

Labrador Work—Mrs. Fielding.
Lumbermen—Mrs. J. Kempton.
Willard Home—Mrs. M. Freeman.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Evangelistic—Mrs. Purves Smith.
Peace and Arbitration—Mrs. J. Read.
Pess—Miss Margaret Bass.
White Ribbon Bulletin—Mrs. Walter Mitchell.
Loyal Temperance Legion—Miss Esson.

Freely Give.

Let us freely give,
Be always giving.
For as we truly, freely give,
So much the more we truly live.
Give time, give thought, give strength,
In loving deeds.
Give love—love never thinks of self,
But other's need.
Give patient service, and if need be give thy gold
Nor fear the loss,—
Give willingly thyself, but let thy sacrifice
Be free from dross:
So give thy gifts,
And mindful be to give thy gifts to God—
In thankfulness, and always in His Name,
For God rewards with joy unselfish giving;
But he who gives not, is not living,
The more we give—
The more we live.

Slavery.

Slaves are very different from servants. A servant receives pay for his work and can leave when he chooses. But a slave is the property of his master, and the master can sell, beat, or ill-treat him as he wishes. Anything that gets the mastery of people enslaves them. Evil habits indulged until they enlave the will. Strong drink makes slaves of many who take it. They want it more and more, until their will power is quite overcome by it, and say and do things they never would if they were not enslaved by strong drink.

Enslaved by Drink. The forms of sin are innumerable, and all sin, Jesus said, enslaves. But there is one particular form of sin which by common consent we speak of as enslaving, and that is drunkenness. A drunkard is the slave of his appetite, we say. And what bondage is his! Self-respect, honor, will-power, money, health, friends, moral and spiritual life—all are shackled by one who becomes this sort of slave. So it is fitting that this lesson should be chosen for our quarterly temperance lesson.

Japan has issued a striking poster of such slaves. It is entitled 'The Grand Procession of the Victims of Alcohol.' Emerging from a huge barrel is a long line of people marching past under the lash of 'the evil spirit of alcohol.' The various groups are numbered, and at the bottom of the poster they are described as criminals, paupers, insane, consumptive, depraved students, warriors and gentlemen, and corrupt members of parliament.

Beware of the First step. Every boy has seen some wretched drunkard, with his bleared eyes and broken gait, his rags and filth, shamelessly and pitifully pleading for a few pennies with which to buy a drink. No one can look on that sight, common as it is, without a shudder. Yet there was a time when every such pitiful being was free from the desire for drink. For a time he took his glass in moderation, until suddenly a bid en inheritance from some ancestor, hitherto unsuspected, awoke in him and drove headlong. No one knows whether that taint is in his blood. Yet everywhere men are saying 'O, I shall never be a drunkard! I can take care of myself.'

So it was that the good swimmers thought as they swam to a point beyond their strength. So it was that poor wretch thought in the days when he drank—before it was too late.

No human soul can go down until he starts down. He never can start down until he takes his first step down. We are not often called upon to decide in a single moment whether we shall become great criminals. We are called upon every day to decide whether we shall take a step in that direction. It is the first step that ought to be our concern. Remember the swimmers everywhere in the great Sea of Life who so confidently swam beyond their strength. Overconfidence is the forerunner of disaster. Be afraid of the first step down!—Condensed from 'The Youth's Companion.'

Enslaved by Cigarettes. 'I have found that cigarette smoking is one of the worst habits a growing boy can acquire. It hinders his growth, it retards his intellectual development, and, worst of all, it weakens his will, and thus renders him less capable of resisting temptation to evil courses.'—The Superintendent of New York City Schools.

Face Hints.

Be sure and rinse the soap well from the skin of the face if you wish to keep it from shining. By applying witch hazel or alcohol to the skin you can remove the shine. It is also helpful to use chamois on the shiny parts.

If almond meal is too expensive a skin cleanser you will find ordinary yellow corn meal an excellent substitute. Fill the bowl with warm water, dip in the washcloth, sprinkle with meal and bathe the face thoroughly. No soap will be necessary and the surface of the skin will be left soft and smooth.

Impure Blood in the Spring.

THE PASSING OF WINTER LEAVES PEOPLE WEAK AND DEPRESSED

As winter passes away it leaves many people feeling weak, depressed and easily tired. The body lacks that vital force and energy which pure blood alone can give.

Dr. Williams' Pink Pills for Pale People are an all-year-round blood builder and nerve tonic, but they are especially useful in the spring. Every dose helps to make new, rich, red blood. Returning strength commences with their use and the vigor and cheerfulness of good health quickly follows.

There is just one cure for lack of blood and that is more blood. Food is the material from which blood is made, but Dr. Williams' Pink Pills double the value of the food we eat. They give strength, tone up the stomach and weak digestion, clear the complexion of pimples, eruptions and boils, and drive out rheumatic poisons.

If you are pale and sallow, if you feel continually tired out, breathless after slight exertion, if you have headaches or backaches, if you are irritable and nervous, if your joints ache, if your appetite fails and food does not nourish nor sleep refresh you, Dr. Williams' Pink Pills will make you strong and well. To build up the blood is the special purpose of Dr. Williams' Pink Pills, and that is why they are the best spring medicine. If you feel the need of a tonic at this season give Dr. Williams' Pink Pills a fair trial and you will rejoice in new health, new strength and new energy. Do not let the trying weather of summer find you weak and ailing. Build yourself up now with Dr Williams' Pink Pills—the pills that strengthen.

Ask for Dr. Williams' Pink Pills for Pale People and do not be persuaded to take something else. If your dealer does not keep these Pills they will be sent by mail, post paid, at 50 cents a box or six boxes for $2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

To-day the United States stands upon the eve of actual warfare, waged by itself against the Central Powers Germany has long been waging war against the United States, but the latter scarcely realized the fact until recently. By the United States entering into the present war, a new page of history will be written in that country, a new page of history will be unfolded for the future education of its children. They will no longer grow up with separation from Great Britain, through force, as the one great historical teaching, but there will be another historical teaching, standing page by page with that record. It will be the story telling how the United States entered into this great war and fought side by side with the British Empire for the supremacy of those democratic ideals and principles of parliamentary government and civil and religious liberty, which form the heritage of the British and French peoples especially.

It is, therefore, we as a Canadian people who will benefit more than any other people by the changed current of thought and should hail with joy the entry of the republic into this great world war and especially its entry upon our side.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher

A well-known minister in a neighboring town, who had been preaching a begging sermon, concluded it as follows: 'I don't want any to contribute who have not paid their subscription to the home paper, for weekly papers need money a great deal more than do the heathen.' That clergyman knew what he was talking about.

She is a wise woman who has her way while her husband believes he is boss.

Optimism is simply the ability to see and think in averages.

Cork Stands Alone.

When a man goes into a hardware store for a supply of cork for some specific purpose he generally gets what he asks for. The reason why the dealer does not endeavor to persuade him to try something else 'just as good' is because there is nothing else he could offer, says the Popular Science Monthly. Cork is cheap, and for ages it has stood alone in its field of usefulness. It is tough and elastic and its specific gravity is only 0.24. This added to the fact that it is impervious to water, accounts for its use in life-preservers.

The cork oak which grows principally in Spain, Portugal, Algeria and Southern France furnishes the supply. Only the outer bark of the tree is used for the commercial product. When the tree has attained a diameter of approximately five inches, which it usually does by the time it is twenty years old, the cork, as the first stripping of bark is called, is removed. This cork is so rough, coarse and dense that it has little commercial value. But its removal does not kill the tree. On the contrary, it seems to promote development. The stripping is in July and August and great skill is necessary in order not to injure the tree. If it is injured at any place the growth there ceases and the spot remains ever afterwards hard and uncovered.

DR. A. W. CHASE'S CATARRH POWDER 25c.
is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops dropping's in the throat and permanently cures Catarrh and Hay Fever. 25c. a box; bigger free. Accept no substitutes. All dealers or Edmanson, Bates & Co., Limited, Toronto.

Open Confession.

I think Bill Shakespeare dry as dust; his books, untouched, stand on my shelf; and I could take my pen, I trust, and write much better junk myself. Long o'er his pages I perspired, and sickened 'neath the grievous strain; his noisy bombast makes me tired, his style absurd gives me a pain. But when I'm in the social swim, I do not dare to talk like this. The Avon bard! Lowership him! To read him fills my soul with bliss! I hate the dismal, horrid daubs Old Masters painted long ago; they look to me like misfit jobs, the pigments spread with broom or hoe. At these old works I gape and stare, add fail to find a pleasing thing—fat cherubs loafing here and there, and cornfed angels on the wing. I tell the truth here in my den, where no rebuke can make me smart; but when I'm with my fellow men, I'd whoop it up for ancient Art. I'd like to meet a man so bold that he would say just what he thinks, hand out the truth severe and cold, about the haloed, worship ped ginks. Alas, the man has not been born, who dares to hoot the goldbrick sage, who has the nerve to laugh to scorn the chromos of a bygone age.—WALT MASON.

To whom it may concern: This is to certify that I have used MINARD'S LINIMENT myself as well as prescribed it in my practice where a liniment was required and have never failed to get the desired effect.

C. A. KING, M. D.

'What is the meaning of the old adage about saving wood and saving nothing?' asked the innocent maid.

'It means that there is a man on the job' replied the dispenser of home-grown philosophy.

'And why could it not refer to a woman as well as a man?' asked the maid.

'Impossible,' answered the local philosophy dispenser. 'If a woman had to saw wood the world would certainly hear it.'

Children Cry
FOR FLETCHER'S
CASTORIA

To be an enthusiast is to be the worthiest of affection, the noblest and the best that a mortal can be.—Wieland.

ELDERLY WOMEN SAFEGUARDED

Tell Others How They Were Carried Safely Through Change of Life.

Durand, Wis.—"I am the mother of fourteen children and I owe my life to Lydia E. Pinkham's Vegetable Compound. When I was 45 and had the Change of Life, a friend recommended it and it gave me such relief from my bad feelings that I took several bottles. I am now well and healthy and recommend your Compound to other ladies."—Mrs. MARY RIDGWAY, Durand, Wis.

A Massachusetts Woman Writes:

Blackstone, Mass.—"My troubles were from my age, and I felt awfully sick for three years. I had hot flashes often and frequently suffered from pains. I took Lydia E. Pinkham's Vegetable Compound and now am well."—Mrs. PIERRE COURNOYER, Box 239, Blackstone, Mass.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and dizziness, should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through this crisis.

Minard's Liniment for sale every where.

For Pain in the Back Try

the famous remedy GIN PILLS, known from coast to coast. Pain in the back and sides, aching limbs, swollen joints, lumbago, rheumatism, are all the result of impure blood, which in turn, means that the kidneys are out of order and are not purifying the blood stream as it passes through them every three minutes.

Gin Pills heal and soothe the kidneys and thus remedy the trouble right at the very root. If you are suffering from any of the tortures mentioned above, take the advice given in hundreds of letters we have here on file, and try Gin Pills.

Your money will be returned if you are not absolutely satisfied. 50c. a box, or 6 boxes for $2.50 at all druggists, or a free sample upon request to

National Drug & Chemical Co. of Canada, Limited
Toronto, Ont.

U. S. Address—Na-Dru-Co. Inc., 202 Main St., Buffalo, N.Y. 57

Gin Pills
FOR THE KIDNEYS

FRUIT FOR THE WEST

Why Bushel Basket Is Poor Package—For England

Best packages for tender fruit shipments are discussed by O. M. Creelman of the Dominion Cold Storage Division, Grimsby, Ont., as follows:

There has been an impression gaining headway among some fruit growers that the bushel basket, as used in a number of the American peach-growing districts, was just what was needed in this country. With this idea, we made a shipment of Elberta peaches in bushels to Winnipeg. These were picked hard ripe and packed in these baskets, which had a post in the centre for support and a paper pad over the top for protection. The fruit arrived in Winnipeg in excellent shape, but would not sell. In fact, they hardly brought the freight and icing on them.

The package was attractive, in its way; was strong enough, it loaded easily in the car, was cheap, but the market didn't want it. Why? Peaches in Winnipeg, as in nearly all the west, are more or less of a luxury, being comparatively high-priced, and being so they were used to them in an expensive package, so did not take to these. They expect their expensive fruit put up right, and will pay for it that way. This practically throws the bushel basket out as a peach basket for long-distance shipments.

In the west they desire a high-class package for peaches. We find there the standard western peach box, 18 1-2 by 11 1-2, and with varying depths from four inches to five inches. Practically all the peaches that enter the west are in this case, at least all that come in from Washington, Oregon, and British Columbia. In it the peaches are packed in a diagonal pack and are wrapped in tissue paper. This seems to be the ideal package. It is strong, attractive, displays the fruit well, if properly packed, loads easily in cars, is excellent for express shipment, pilfer-proof, with cleats, allows plenty of ventilation, is the most efficient to handle, if trucks are used, and it is not hard to pack. It is also the only package in which peaches can be shipped to England. For shipment to the Canadian west use for strawberries and sweet cherries the British Columbia full pint Hallock crate; for sour cherries, the six-quart Climax basket, and for peaches the Standard western peach box.

EVERGREEN WINDBREAKS

After a careful estimate and investigation of the rapid progress in evergreen tree planting for windbreak purposes one must come to the conclusion that an evergreen windbreak is not only a paying proposition, says the "Michigan Farmer," but in some cases an absolute necessity where the need for some object to act as an obstruction to the wind is felt.

Evergreen trees are especially desirable for windbreak purposes for several good reasons. When compared with deciduous or leaf dropping trees, they do double duty because of the fact that they retain their foliage throughout the entire year, while the deciduous trees drop their leaves right at a time when they are most needed to give protection against winter storms. Two rows will lodge more snow and check more wind than several rows of deciduous trees, and in addition to their value as windbreaks they are a thing of beauty always.

HAVE A FRUIT GARDEN

But Watch For Ravages Of Tent Caterpillars

Henry Gibson gives advice to the fruit gardener of eastern Canada as follows: This is an excellent time to set out a new fruit garden. When setting out have plenty of the small fruits, such as blackberries, raspberries, currants, and gooseberries, in it. Then there are those trained fruit trees that you told your neighbor you thought of having. Don't overlook them, they are as easy to manage as any other form of trees. Don't be afraid to cut any newly-planted fruit trees. They require heavy cutting back to form a foundation for the coming tree. Keep a sharp lookout for any tent caterpillars that may be among the fruit trees. Destroy every one of them, for these gregarious insects are doing untold damage throughout the country by their ravages. We find that burning the tents or webs with a kerosene torch is one of the most effective means of destroying these pests. When they are thus destroyed, spray the trees with arsenate of lead to finish up any that have escaped the torch.

The Cheapest Vehicle.

The national desire to practise economy should bring many more cyclists on our roads. There is no pastime quite so diversified, so healthy, and so inexpensive a scycling, for to the observant rider it is ever full of interest from the sense of its scenic character; it keeps one fit and supple even unto the late years of life, and it costs, even a constant enthusiast like myself, something under a farthing a mile.

Deliver Cream Often

Cream is a highly perishable product. Like other similar products, it is best when fresh, and should therefore be marketed as early as possible. Age will deteriorate cream under any condition. While proper care retards such deterioration, it cannot entirely prevent it; hence delivery should be made often, preferably three times per week in summer and twice per week in winter.

Vegetables in Autumn

As soon as the cutting season is over, the asparagus bed should receive a good top dressing of barnyard manure. Do not wait until autumn, as an application then will not benefit the next year's crop. Keep the celery plants well covered with bordeaux mixture to prevent the plants becoming diseased. Save as much of your own vegetable seed as possible. Good seed may be scarce sometime.

'Is dis where dey wants a boy?'

'It is; but it must be a boy who never lies, swears or uses slang.'

'Well me brudder's a deaf mute; I'll send him round.'

ROSES IN ALBERTA NEED SPECIAL CARE

Household Care With Extra Labor Get Good Results Despite Supposed Climatic Difficulties

W. R. Reader, Parks Superintendent of Calgary, writes: Roses, though shrubs in the true sense of the term, belong more to the flower garden than the shrubbery. Notwithstanding the universal admiration that is expressed for them, they are grown in but few gardens at present, possibly because it is feared that the climate is too severe or that they require knowledge and special treatment, only such as an expert can give. It is true that they do require treatment somewhat different from most other shrubs or plants, but it must be conceded that the extra labor involved in giving this treatment is amply rewarded by results.

To be able to cultivate roses to the best advantage, it is advisable to have a bed or border devoted to them entirely. The ground should be deeply dug and a liberal dressing of rich old manure incorporated. The rose is very fond of strong feeding. Do not plant until the soil has had time to settle, in fact, the ground should be prepared in the fall and planted in the spring.

Protect in Winter

Roses should be planted rather deeper than other plants, at least two buds ought to be covered. They will be less likely to be killed out during the winter. This particularly applies to roses that have been budded or grafted. After planting make the soil very fine about the roots by treading. Water the bed according to requirements and weather conditions throughout the growing season. Occasional spraying of the growths is beneficial during hot dry spells.

Some of the hardier species of roses, such as the Austrian Briars and Rosa Rugosa, might be satisfactory without winter protection, but I prefer to take no chances, and my practice is to cover all varieties with thoroughly decayed manure, first of all pulling as much earth as possible up to the crown after the manner of hilling potatoes. Roses are always killed back to some extent, and I find that the more wood that can be preserved in reason, the greater the crop of blossoms.

Spring Troubles Worse

It is not the cold that kills the growth of any kind in this climate, so much as the bright sun and dry winds of early spring. Therefore do not remove the covering until danger of frost is over. Remove the mulch with a fork so that the finer portions are left on the border and lightly fork these in, but be careful not to dig deeply. All the pruning that is usually necessary is to remove all dead wood after growth has started early in May. It is sometimes advantageous, however, to shorten back some of the stronger growths of certain varieties in July, thereby prolonging the flowering season.

POTATOES IN ALBERTA

Prepare Ground In Fall For Quality, Says Calgarian

Writing of Potato Culture in Southern Alberta, H. C. Burrows, Secretary, Calgary "Vacant Lots Garden Club," says: The potato has been termed the "King of Vegetables" and perhaps rightly so, for it is unquestionably the most important of all vegetables. It is the one and only vegetable that is palatable 365 days in the year. It is an important part of our daily food, and we cannot over-estimate its value.

We should, therefore, endeavour to get the very best quality obtainable.

Potatoes can be grown in any good garden soil, provided there is good drainage. Wet, heavy and retentive land is the most unsuited for potato culture, while the most adaptable is a rather light sandy loam; on such, the ripest, cleanest and best quality tubers can be grown.

The best time to prepare the ground is in the fall. Ground which has been well manured for the preceding crop—such as cabbage or cauliflower will not require additional manure, but where the ground is poor and impoverished a liberal amount of well rotted manure should be applied and the ground dug or plowed deeply. As early as possible in the spring, rake the surface of the ground level. By this means all the moisture is conserved and early weed seeds are checked. Heavily manured land is not desirable for a potato crop and fresh manure from the stable should not be applied to the ground in the spring. It has been amply demonstrated that the application of fresh manure immediately before planting assists the development of scab and affects the quality of the potatoes.

FRUIT TREES IN FALL

"Cover Crops" Needed For Many In Canada

Trees which grow late in the summer and have not thoroughly ripened wood are very liable to be injured by winter, particularly in parts of Canada where the season is relatively short. It is important, therefore, to stop cultivation as early as possible without danger of the fruit suffering from drought. The time of stopping cultivation will vary from the latter part of June in places having the shortest summers to the middle of July where seasons are long. It is desirable for many reasons, as soon as cultivation ceases, to sow seed for a cover crop, and among the best plants for this purpose are the clovers and vetches, although rape, millet, buckwheat, and other plants all have their value.

When Clutch Slips

At the first sign of a slipping clutch, tend to it at once. If a leather-covered cone clutch, use neatsfoot oil. If a dry-plate clutch, the spring may be weak. If a multiple disc running in oil, the oil may be too thick. If this trouble is neglected rapid wear follows and it may end in an expensive repair.

'What do you think I ought to get for this painting?' asked the young and unsophisticated artist.

'Well,' replied the matter-of-fact friend 'I think any judge would be justified in giving you at least six months.'

ROLL OF HONOR

Several thousand officers and employees of the Canadian Pacific Railway Company enlisted for active military duty with the Canadian Expeditionary Forces, and the majority of them are now in Europe, bravely battling for Canada and the Empire. This list of those who have given up their lives for their country or been wounded in action does not include the Army Reserves.

Alexander, Geo. B.	Laborer	Calgary	Wounded
Allingham, J. R. E.	Brakeman	Medicine Hat	Presumed dead
Armstrong, Albert P.	Brakeman	Cranbrook	Presumed dead
Bailey Arthur	Clerk	Outremont	Wounded
Beggs, P. J.	Switchman	Glen Yard	Wounded
Bell, Gerald Joseph	Clerk	Winnipeg	Wounded
Bennet, John George	Nut Tapper	Winnipeg	Wounded
Bibby, Lawrence	Wiper	Calgary	Wounded
Biddlecombe, Geo. A.	Constable	Vancouver	Wounded
Bishop, Gilbert	Clerk	Montreal	Wounded
Blois, George	Loco. Engineer	Regina.	Presumed dead
Bowden, Chas. J.	Checker	New Westminster	Presumed dead
Brown, John Aylmer	Trainman	Regina	Suffering from shock
Buckle, Thomas W.	Loco. Fireman	Brandon	Died of wounds
Campbell, George	Fireman	B.C. Coast Strs.	Killed in action
Chaffey, Joseph	Waiter	Montreal	Died of wounds
Chapman, George	Checker	Vancouver	Wounded
Clark, Chas. Branch	Clerk	Angus	Died of wounds
Colley, Vincent	Loco. Fireman	Minnedosa	Killed in action
Copping, Ernest Noel	Instrumentman	Weyburn	Wounded
Corbin, Harold John	Steam Fitter	McAdam Jnct.	Killed in action
Cornwall, Chas. W.	Buffer	Angus	Presumed dead
Cregg, Joseph	Tinsmith	WestToronto	Wounded
Crouch, Jack	Porter	Port McNicoll	Died of wounds
Cumine, Butler P.	Night Watchman	Glacier House	Presumed dead
Davidson, Henry	Appr. Carpenter	Winnipeg	Suffering from shock
Davies, John Thos.	Brakeman	Moose Jaw	Wounded
Decker, Archie	Apprentice	Coquitlam	Killed in action
Delaney, Martin	Loco. Fireman	Outremont	Wounded
Dickinson, Chas. E.	Mach. Apprentice	Winnipeg	Presumed dead
Dove, Andrew	Machinist	Winnipeg	Killed in action
Dubois, John	Janitor	Regina	Presumed dead
Edgar, John	Painter	Brit. Col. Dist.	Wounded
Fawcett, Archie	Clerk	Moose Jaw	Wounded
Gallagher, James W.	Checker	Montreal Wharf	Presumed dead
Gammon, Lee	Loco. Fireman	Cranbrook	Wounded
Gordon, Harry	Wiper	Medicine Hat	Presumed dead
Gray, David	Loco. Fireman	Brit. Col. Dist.	Wounded
Green, John	Wiper	Minredosa	Wounded
Greentree, Geo. D.	Rodman	Strathmore	Killed in action
Guyot, Alfred	Boilermkrs. Appr.	Angus	Suffering concussion
Gwinn, Cecil	Wiper	Dunmore	Wounded
Hall, Joseph	Storeman	Montreal	Presumed dead
Harrison, Robt. H.	Trimmer	West Toronto	Wounded
Henderson, John	Loco. Fireman	Kenora	Wounded
Hern, Loftus Roy	Clerk	Edmonton	Presumed dead
Hill, Albert	Car Repairer	North Bay	Presumed dead
Hinton, Thomas	Car Repairer	Windsor, Ont.	Killed in action
Jenkins, Alexander	Clerk	Montreal	Died of wounds
Johnson, W.	Pantryman	Chat. Frontenac	Killed in action
Kay, Robert	Cook	Montreal	Wounded
Keay, George Ness	Loco. Fireman	Cranbrook	Wounded and missing
Kinne, Hudson P.	Trainman	La Riviere	Wounded
Lamourie, Peter	Switchman	Winnipeg	Wounded
Lawson, Frederick	Lineman	Revelstoke	Wounded
Leonard, Frederick	Specialist	Angus	Presumed dead
Lewis Arnold	Cook	Montreal	Wounded
Longmire, Harold	Transferman	North Bay	Died of wounds
Loveridge, Harold D.	Laborer	Glen Yard	Wounded
Lowe, George	Loader	Lethbridge	Wounded
McDermott, Charles	Bell Boy	Winnipeg	Presumed dead
McKenzie, Alexander	Cook	Montreal	Wounded
McNicol, James	Trainman	North Bay	Wounded
Marr, Lionel Galdert	Gardner	Duncan	Suffering from shock
Mead, Mark	Cook	Montreal	Died of wounds
Morkill, Francis E.	Trans. Student	Toronto	Killed in action
Newman, George S.	Clerk	Winnipeg	Wounded
Norton, Cecil Herb.	Draftsman	Montreal	Presumed dead
Parkinson, Alfred O.	Brakeman	Red Deer	Killed in action
Parnell, Reginald R.	Laborer	Muskoka	Wounded
Pope, Christopher L.	Stakeman	Koot. Cent. Rly.	Presumed dead
Queenville, Stephen	Sectionman	Green Valley	Wounded
Renton, Sidney C.	Loco. Engineer	Lethbridge	Presumed dead
Robinson, Alfred	Leading Handler	Montreal	Wounded
Robinson, John R.	Cook	Montreal	Wounded
Roughton, Clifford G.	Baggage Checker	Calgary	Presumed dead
Sexton, F. J.	Laborer	Winnipeg	Wounded
Spencer, Kenneth M.	Clerk	Cranbrook	Killed in action
Sweeney, James A.	Purser	B. C. Lake Strs	Died of wounds
Todd, Arthur	Brakeman	Laurentian Divn.	Died of wounds
Wade, Robert C.	Loco. Fireman	Winnipeg	Killed in action
Westwood, William	Chef	Montreal	Believed dead
Wood, W. J.	Waiter	B. C. Coat. Strs.	Presumed dead
Woodward, Fred'k.	Car Repairer	Cranbrook	Killed in action

MONTREAL, March 7th, 1917 (List No. 15).

NOTE.—Where "presumed dead" appears above, the employees referred to have been missing for long periods, and their death is presumed by the Militia Department.

This is the Economical Paint to Use

CERTAIN inherent qualities are essential in paint to ensure your permanent satisfaction with its application.

Of these, the more important are Endurance and Covering Capacity. The extent to which these qualities are present, accurately determines the real value of your paint.

B-H "ENGLISH" PAINT 70% Pure White Lead 30% Pure White Zinc 100% Pure Paint

made in over fifty artistic shades, combines these virtues in such a manner as to produce a result no other paint can excel, and few can equal.

It is economical because it will cover more surface and wear longer than other paints. A cheap paint does not permit of the use of the best ingredients, and always is expensive in the long run.

B-H "English" Paint—costing but little more than a cheap mixture—produces a better job that lasts three to four times as long.

L. W. SLEEP, Wolfville, N. S.

are our authorized agents. They will gladly give you color cards and prices. Or you may write our Service Department direct for advice on your painting problems.

BRANDRAM-HENDERSON

'Some day you'll be rich enough to retire from business.'

'Give up my nice, pleasant office and return home?' replied Mr. Growcher, 'I should say not.'

Children Cry
FOR FLETCHER'S
CASTORIA

Hub—One night while you were away I heard a burglar. You should have seen me going down stairs three steps at a time.'

Wife (who knows him)—'Were was he, on the roof?'

Children Cry
FOR FLETCHER'S
CASTORIA

'Don't you find it hard these times to meet expenses?'

'Hard? Man alive, I meet expenses at every turn.'

Even If War Is On You Must Have Clothes

And we are well prepared to serve you in this line.

Our work in

MEN'S CLOTHING OF ALL KINDS

Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.

We guarantee every garment and shall be pleased to show goods and quote prices.

A. E. Regan, Wolfville

There is nothing to equal a woman's scorn, especially if you have it.

Minard's Liniment Cures Dandruff

Wolville Time Table

DOMINION ATLANTIC RY
& STEAMSHIP LINES
TO ST. JOHN VIA DIGBY;
AND TO BOSTON VIA
DOMINION ATLANTIC RY & YARMOUTH Express Steamers of the BOSTON & YARMOUTH STEAMSHIP Co'ys
— YARMOUTH LINE —
LAND OF EVANGELINE ROUTE

Effective March 1st, 1917.

Service daily, except Sunday.

ARRIVING

Express from Kentville	6.15 a m
Express from Halifax & Truro	9.55 a m
Accom. from Middleton	11.55 a m
Accom. from Windsor	1.30 p m
Express from Yarmouth	4.20 p m
Express from Halifax	5.59 p m

LEAVING.

Express for Halifax and Truro	6.15 a m
Express for St. John and Yarmouth	9.05 a m
Accom for Windsor	11.55 a m
Accom. for Middleton	1.30 p m
Express for Halifax and Truro	4.20 p m
Express for Kentville	5.59 p m

ST. JOHN AND DIGBY

Daily Service (Sunday Excepted)

Canadian Pacific Railway S. S. 'Empress' leaves St. John 7.00 a. m. arriving in Digby at 10.00 a.m. Leaves Digby 2.00 p m. arriving St. John 5.00 p.m., making connection at St. John with trains of Canadian Pacific Ry. for Montreal and the West.

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Express train leaving at 9.55 a. m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing on Wednesday and Saturday for Boston.

Buffet parlor cars run each way, daily, except Sunday, on express trains between Halifax and Yarmouth.

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General Passenger Agent,
George E. Graham, General Manager
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Repairing of Boots and Shoes of all Kinds
Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed.

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Carefully Screened and Promptly Delivered.
Springhill, Albion Nut and Old Sydney.
GIVE US A TRIAL.
Burgess & Co.

FOR SALE!
Modern 8 room house and 60x150 lot, Prospect street, Wolfville. Bath, large basement with laundry, hot air furnace, fruit-trees. Magnificent view. Possession September, 1917. For particulars apply to MRS. L. C. Hutchinson, 2402 East Colfax avenue, Denver, Colorado, U. S. A.

PUBLIC NOTICE.
The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in thus trespassing will be prosecuted without further notice.
EVANGELINE D. BOWLES.
Wolfville, Sept 10th., 1915.

FOR SALE!
Those interested in building lots at the west end, would do well to confer with E. C. Johnson, as he is now offering for sale the only available lots at this centre.