MIRACULOUS CURE OF ASTHMA

Suffered Terribly for 15 Years Until He Tried "Fruit-a-tives"

D. A. WHITE, Esq.
21 WALLACE AVE., TORONTO,
Dec. 22nd. 1913.

"Having been a great sufferer from Asthma for a period of fifteen years (sometimes having to sit up at night for weeks at a time) I began the use of "Fruit-a-tives". These wonderful tablets relieved me of Indigestion, and through the continued use of same, I am no longer distressed with that terrible disease, Asthma, thanks to "Fruit-a-tives" which are worth their weight in gold to anyone suffering as I did. I would heartily recommend them to all sufferers from Asthma, which I believe is caused or aggravated by Indigestion". D. A. WHITE

For Asthma, for Hay Fever, for any trouble caused by excessive nervousness due to Impure Blood, faulty Digestion or Constipation, take "Fruit-a-tives"

50c. a box, 6 for $2.50, trial size, 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. G. Bryant.
2nd Vice President—Mrs. J. D. Chambers.
3rd Vice President—Mrs. Geo. Fitch.
Recording Secy—Mrs. W. Mitchell.
Cor. Secretary—Mrs. Geo. DeWitt.
Treasurer—Mrs. H. Pineo.

SUPERINTENDENTS.

Peace and Arbitration.—Mrs. L. Reid.
Evangelistic—Mrs. Geo. Bishop.
Temperance in Sabbath schools—Mrs. (Dr.) Brown.
Scientific Temperance in Schools—Mrs. G. Cutten.
Lumbermen—Mrs. J. Kempton.
Willard Home—Mrs. M. Freeman.
U. B. Bulletin—Mrs. Langille.
Press Work—Miss Margaret Barss.
Parlor Meetings—Mrs. J. Kaye.
L. T. L.—Mrs. Howe.

Sunshine vs. Drink.

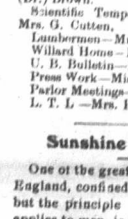
One of the great reform works in England, confined to women alone, but the principle of which equally applies to men, is being conducted by Lady Henry Somerset at the little village of Duxhurst. It is the reclaiming of women lost in the desolation of woe brought on by strong drink.

The most disgusting and revolting sight on earth, Lady Somerset thinks, is a woman drunk. In her dissolute being, humanity seems to have sunk to its lowest. A man, drunk, is bestial. A woman, by so far as she rises above man in her diviner hours, sinks, when she is drunk, so far beneath him in her depravity.

Only the eye of faith could have seen, as did Lady Henry Somerset, the possibility of redeeming those lives from distruction. Hundreds of rosy, healthy, happy, respectable English women are shedding abroad the light they gained from Lady Somerset's village at Duxhurst, who once had sunk to the seeming lowest depths of depravity.

FEELS LIKE A NEW WOMAN

As Lydia E. Pinkham's Vegetable Compound Dispelled Backache, Headaches and Dizziness.



Piqua, Ohio.—"I would be very ungrateful if I failed to give Lydia E. Pinkham's Vegetable Compound the praise it deserves, for I have taken it at different times and it always relieved me when other medicines failed, and when I hear a woman complain I always recommend it. Last winter I was attacked with a severe case of organic weakness. I had backache, pains in my hips and over my kidneys, headache, dizziness, lassitude, had no energy, limbs ached and I was always tired. I was hardly able to do my housework. I had taken Lydia E. Pinkham's Vegetable Compound on one other occasion, and it had helped me so I took it again and it has built me up, until now I feel like a new woman. You have my hearty consent to use my name and testimonial in any way and I hope it will benefit suffering women."—Mrs. CHRYSA TURNER, 421 E. Wayne St., Piqua, Ohio.

Women who are suffering from those distressing ills peculiar to their sex should not doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Minard's Liniment Cures Diphtheria.

What Have You Spun.

Now hushed the whirl of the spindles,
The factory day is done,
Home to your wives and children,
Take them what you have won.
Spin, spin, spin, in the morning,
Spin, spin, spin, all the day—
Ye are spinning big towns and ugly,
Ye are spinning the green to grey;
Ye are making money and markets,
Ye are making sinders and dirt;
Are ye spinning life to goodness?
Are ye spinning it to hurt?
Thick is the town around you,
Dreadful and drear and dull!
With steam and smoke and stenches
Your streets and souls are full!
Spin, spin! look at the children—
Are these the things ye are spinning,
Woe and disease and sin?
Slums and vice and squalor,
Wretchedness and rags—
Are these the things ye are spinning
Out of your cotton bags?
But hushed and still are the spindles,
The darkened day is done.

Children Cry
FOR FLETCHER'S
CASTORIA

Moderate Drinking.

Dr. G. VonBunge, professor of Physiology in the University of Basle, Switzerland, says truly:

'Every drunkard was once a moderate drinker and everyone who leads others by his example to moderate drinking leads some of them to immoderate drinking. He sets a stone rolling which it is out of his power to stop. It is not the drunkard who has to bear the reproach of seducing others. The seducers are the moderate drinkers, and as long as the seduction continues, in moderate drinking, with its consequences, disease, insanity and crime, will continue. Anyone who is not aware of this does not know the history of the battle against drunkenness.

'The chief cause of drinking is the tendency to imitate. The first glass of beer does not taste any better than the first cigar. Men drink because others drink. When once they have formed the habit there is no lack of excuse for repeated drinks.

'From the first glass to insanity, crime, despair, suicide, there are a thousand stages of misery. Only those who sink to the lowest levels are taken account of by statistics. We must not forget also that all of these miseries spoil the happiness of others. How much family happiness is lost, how many tears of innocent fellow sufferers, how much deep rankling pain of which no intimation is to be found in statistics.

'What shall we say to the man who thinks to himself: 'Let millions of my fellowmen every year languish in hospitals and asylums; let millions plunge themselves and their families into ruin, so long as I get my glass of beer?' '

PILES

Do not suffer another day with Itching, Blind, Bleeding or Protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and is certainly cure you. 60c. a box; all dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 2c. stamp to pay postage.

When Women Vote.

The recent Illinoise State election attracted no small degree of interest throughout the entire continent, inasmuch as a large number of women voters were for the first time enjoying the privilege of the franchise. In Chicago seventy two per cent. of the men who were registered voted and seventy three per cent. of the registered women. Women were candidates for aldermanic honor in eight districts but none of them were elected. In other parts of the state twenty six women were elected to the office of town councilor and three were made town clerks. The power of the women voters was felt by the saloons. Sixteen counties in Illinois went dry for the first time, and with these eleven cities. More than a thousand saloons are now due to go out of business.

Corns Drop Out Instant Relief

Paint on Putnam's Corn Extractor to-night, and corns feel better in the morning. Magical the way 'Putnam's' eases the pain, destroys the roots, kills a corn for all time. No pain. Cure guaranteed. Get a 25c. bottle of 'Putnam's' Extract to-day.

War Banishes Ragtime.

One of the most noticeable effects of the war on London's life and habits is the practical banishment of rag time, more particularly the erratic coon song' type, which seems to have taken hold of the English people with the unshakable tenacity of a plague. Up until August 1st, it was an outbreak of insanity in the theatres and music halls, hotels and restaurants, clubs and banquet rooms, and in every home. Even the boys on the street whistled it day and night.

Now it is changed and ragtime is forgotten. Since the war began the ear is greeted with two inoffensive melodies. One of these is Tommy Atkins' marching song, Tipperary, and the other, the national anthem God Save the King. At the close of the performances in the music halls the audience is expected to stand for quite so minutes while the orchestra plays successively the national hymns of the allied countries fighting against Germany.

Children Cry
FOR FLETCHER'S
CASTORIA

MOTHERHOOD is not a time for experiment, but for proven qualities, and nothing exceeds the value of good cheer, needful exercise and SCOTT'S EMULSION.

SCOTT'S EMULSION charges the blood with life-sustaining richness, suppresses nervous conditions, aids the quality and quantity of milk and insures sufficient fat.

Its COD LIVER OIL feeds the very life cells. Its LIME and SODA help avoid rickets and make teething easy. 14-46

Accept Substitutes.

SCOTT & BOWNE, TORONTO, ONTARIO

Algy at the Front.

I was what they called a 'knut' in Piccadilly,
It used to tire me out to walk a mile,
If they woke me up at noon I would yawn 'to bally soon.'
And I was very, very rarely seen to smile.
I never spoke above a languid whisper,
Though the effort seemed my intellect to rive,
And the rottonest of form was to sing or rave or storm,
Or to act in any way as though alive.
But I've marched ten miles this morning,
And I rose at four a.m.,
I was bawling 'Tipperary'
With the very best of them.
My hair was always parted in the centre,
Three separate suits of clothes I wore each day.
And to wear the same one twice would be very far from nice,
For my tailor I'd do anything but pay.
The only place a man could live was London,
And every other town was just a term,
Monte, New York, Paree, I'd occasionally see,
But I wouldn't know a German from a germ.
Now I've worn to rags my khaki,
To wash is a luxury rare,
As for Germans—my word, old fellow!
I know 'em enough and to spare.
I used to lie in bed to nurse a headache,
My feelings they were mostly jolly blue,
Every bally kind of work most religiously I'd shirk,
As being a thing no gentleman should do.
To dress me and to shave me and to call me,
'My man' was always Johnny on the spot,
If it hadn't been for him, I'd never move a limb
To get what little fun I ever got.
But a war makes things look different,
As only fighting can,
Now I'm rather fers of a gentle,
And rather more of a man.

Children Cry
FOR FLETCHER'S
CASTORIA

Mrs. Newed—Hello, Central! I've just put some eggs on to boil and I find that my clock has stopped. Would you mind ringing me up in three minutes?'

Paralyzed Limbs.

Today it is sleeplessness, headaches, digestive trouble, and irritability. Next thing you know some form of paralysis has developed. Mr. Alex. Hossburger, 10 Moore street, St. Catharines, Ont., 'Nervous trouble developed into paralysis of the limbs so that I became helpless. Doctors failed, failed me, but after using ten boxes of Dr. Chase's Nerve Food I resumed work, and now feel better than I did for 20 years.'

She—What did you think of our scheme for Christmas decoration—holly leaves over lamps?'

He—'Well, I should have preferred mistletoe over yew.'

'Never give up,' is a good motto, but the minister would hesitate to preach it just before the collection plate is passed.

The income tax doesn't bother the man whose principal holdings consist of castles in the air.

The man who says he has never forgotten to mail one of his wife's letters is either an awful liar or has never had a wife.

Many a woman boasts that she can marry any man she pleases, who does not seem to please any of them.

THE CRUISER'S SHARE

The cruiser has to perform, perhaps, more varied functions than any other class of warship in the fleet.

It is her business to stop and fight when the circumstances are, from her point of view, favorable, and also to possess a high speed to enable her to run away when the position is unfavorable.

The cruiser is admirably termed the policeman of the fleet, for her capacities of mobility and long passage-making without replenishing her bunkers are her chief attributes.

Although the introduction of wireless telegraphy has somewhat lessened the responsibility placed upon the cruiser for scouting work, she is still regarded as the "eyes of the fleet."

For the object of scouting work there is a special type of scouting cruiser in existence.

The armored cruiser's advent has almost extended that class of ship to be considered to come within the scope of the battleship. Indeed, in some cases they are so perfectly equipped in aggressive policy as to be deemed competent enough to go in the battle line with the capital ships."

SURGEON MAJOR-GENERAL FISET
Deputy Minister of Marine at Ottawa.
He has been twice honored since the outbreak of the war, having been created a Companion of the Order of St. Michael and St. George and promoted from the rank of Colonel to that of Major-General.

DODGING INTERNMENT

Even Being a Prisoner of War Preferred by British Soldiers

Mr. Percival Phillips, war correspondent of the London Daily Express, had walked into Belgium for a distance of nearly two hundred yards when he saw a queer figure dressed in the garb of a peasant, but in the boots of a British soldier, making for the boundary of Holland.

He crossed over to him, and the figure introduced itself.

"Drummer ——, of the 2nd Battalion ——," it said. "Fell out with sore feet on Tuesday evening. Been dodging Germans ever since. Is that Holland on the other side of the wire fence? Let's get into Holland and then talk."

They walked past the boundary post, and the drummer took a deep breath.

"Now let the Germans find me," he said.

The correspondent explained that some hundreds of British sailors and soldiers were interned in Holland, and explained the disadvantages of internment at length.

"Oh, Lord," said the drummer, "then let's get back into that corner of Belgium again!" And he got back.

Soldiers Must Have Teeth

Many Canadians have complained that they were not allowed to go and fight the Kaiser because their molars weren't mates, and the public has been examining its own outfit and wondering just what kind of teeth the Germans like. This is the regulation: A man must have on each side of his mouth three molars in opposition, either two in the upper jaw biting on one in the lower jaw, or one in the upper jaw biting on one in the lower jaw. That makes six molars in all. Partial plates are allowed, and bridges but no entire plates.

Britons First as Sailors

The true basis of England's naval power, says Prof. Usher, professor of history at Washington University, lies in the natural ability and genius of Englishmen as sailors. This, in fact, is the vital thing, and, no doubt, the English owe it to the location of their country, to its isolation, and to the stormy character of the waters around it. Practice makes perfect. With hardly any exception, the world owes every feature of modern maritime architecture, seamanship and naval strategy to the British race.

When Rheumatism Strikes the Heart It Kills---"NERVILINE" the Cure

Effect of Nerviline on Chronic Cases is Almost Magical.

Exposure to wet or cold is apt to bring an attack.

The muscles stiffen, the joints swell and exertion brings excrutiating twinges.

Often the pain shifts from one part to another, and this is dangerous, as the heart is apt to be attacked. Death as a rule follows a heart attack.

The pain of rheumatism is quickly rubbed away with Nerviline.

This is a swift, lasting, and safe way to cure rheumatism. You can depend on Nerviline. It has the power, the penetrating force, the control over pain that is so essential to a rheumatic remedy.

Lots of testimony to prove Nerviline's certainty to cure.

The following letter is from Mr. H. G. Stutter, Port of Spain, Trinidad: 'Last year I was severely troubled with rheumatism. I had it in my arms, shoulders and knees. The pain was at times excrutiating, and laid me up so that I couldn't work. I went to Smith Brothers' Drug Store and was advised by the managers to use 'Nerviline.' That was excellent advice. I used Nerviline as directed and was cured, completely cured of every trace of my old enemy.'

Once you use Nerviline you'll realize it's difference from all the others that it contains something that gets 'at' the pain the minute you rub it on. The large 50 cent family size is the most economical—get it today, or else the 25 cent trial size. Sold by dealers everywhere, or the Catarrhozone Co., Kingston, Canada.

Note the Color of *your* flour—
And the Bread it makes for you.
Delicately *creamy* is FIVE ROSES flour.
Because it is *not bleached*, don't you see.
Clear—Immaculate—Desirable.
A *pure* Manitoba wheat flour—FIVE ROSES.
And the healthy sun-ripened spring wheat berries are *naturally* of a *golden* glow.
And the meaty *heart* of the polished kernels is *creamy*.
Milled from *this* grain, FIVE ROSES is *delicately* "creamy."
The only *natural* flour from Manitoba's prime wheat.
Which gets whiter and whiter as you *knead* it.
And *your* bread is most appetizing, *unusually* attractive in appearance.
Tastes good.
And *is* good.
Bake this purest unbleached flour.

Five Roses Flour

Not Bleached Not Blended

LAKE OF THE WOODS MILLING COMPANY, LIMITED, MONTREAL

FOR SALE BY WM. C. BLEAKNEY

Columbia Records
Note the Notes

New

Columbia Records

For February

On Sale Today

85c —UP— No Records offer the same value—none wear so long as the famous Columbia Double Disc Records. They are the best Records on the market today. —UP— **85c**

The name Columbia stands today for the best records on the market. And that in every detail. In a Columbia Record you have the best record it is possible to get at any price. You have the finest recording, years ahead of any other. You have many of the biggest and best artists and bands, most of them exclusive. And in Columbia you have a record which will unfailingly WEAR TWICE AS LONG as any other make—no matter what you pay. It is those combined points of superiority that have made Columbia supreme today—the best records and the biggest value (only 85 cents.) No other records dare make such specific claims, because no other records can prove them. If you are not acquainted with Columbia Records get the demonstration double disc for 30 cents (15 cents extra for postage.)

Feb'y Records On Sale Today

All Double Disc Records—a Selection on each side.

Sister Susie's Sewing Shirts for Soldiers	$1.00
By the Originator, Al. Jolson	
Tip Top Tipperary Mary	.85
When You Wore a Tulip	.85
The Ball Room (Funnier than "Cohen on the Phone")	.85
When You're a Long, Long Way From Home	.85
Arrival of British Troops in France	.85

This is a splendid descriptive record. Be sure to hear it.

NEW DANCE RECORDS

Including latest Fox Trots, One Steps, Tangos, Maxixes, etc.

Columbia Records Made in Canada—Fit any Standard Machine. You can get Columbia Grafonolas and Records from

A. V. RAND, - - WOLFVILLE.

30 DAY SALE!

Beginning January 11, 1915, $25.00 and $28.00 Suits at

$20.00 CASH

40 suit lengths to pick from. Best workmanship, best trimmings and any style you wish. Fit guaranteed.

J. G. VANBUSKIRK
"THE CLOTHIER"

PREPARE FOR WINTER

BY

Ordering your Storm Sashes and Doors from us

FLOORING
SHEATHING
INSIDE FINISH
ALWAYS IN STOCK

J. H. HICKS & SONS
BRIDGETOWN, N. S.

HUTCHINSON'S
Livery and Automobile Service
WOLFVILLE, N. S.

Teams or Autos always ready for a drive through the Evangeline Land.
Teams at all trains and boats.
Weddings carefully attended to by Auto or team.
Give us a call. Telephone 58.

T. E. HUTCHINSON, - Proprietor.

DOMINION ATLANTIC RY
& STEAMSHIP LINES
TO ST. JOHN VIA DIGBY
AND TO BOSTON VIA
DOMINION ATLANTIC RY TO YARMOUTH Thence Steamers of the BOSTON & YARMOUTH STEAMSHIP Company TO YARMOUTH LINE
LAND OF EVANGELINE ROUTE

Wolfville Time Table

Corrected to Jan. 15th, 1915.

LEAVING.

Express for Truro and Halifax 6.15 a.m.
Accom. for Halifax 12.35 p.m.
Express for Truro and Halifax 4.15 "
Express for St. John and Yarmouth 9.51 a.m.
Accom. for Annapolis 1.30 p.m.

Express leaving at 9.51 a.m. connects at Kentville with C. V. Branch train for Kingsport.

ARRIVING

Express from Kentville 6.15 a.m.
Accom. from Annapolis 12.35 p.m.
Express from Yarmouth and St. John, N.B. 4.15 "
Express from Truro & Halifax 9.51 a.m.
Accom. from Halifax 1.30 p.m.
Express from Halifax 8.54 "

These trains only run on week days.

Boston Service

Express train leaving at 9.51 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing Wednesdays, and Saturdays for Boston.

R. U. PARKER
General Passenger Agent,
P. Gilkins, Manager.
Kentville, N. S.

BOSTON & YARMOUTH STEAMSHIP CO., Ltd.

TWO TRIPS per week in each direction between Yarmouth and Boston.

Steamers leave Yarmouth Wednesdays and Saturdays at 4.00 P. M. for Boston. Leave Boston Tuesdays and Fridays at 1.00 P. M. for Yarmouth.

Tickets and Staterooms at Wharf Office.

A. E. Williams, Agent.

GET YOUR

Shampooing, Face and Scalp Treatment, Manicure

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Mrs. Melanson's

McKENNA BLOCK.

R. J. Whitten & CO.
HALIFAX

Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited.

Prompt Returns.

COAL! COAL! COAL!

Carefully Screened and Promptly Delivered.

Springhill, Albion Nut and Old Sydney.

GIVE US A TRIAL.

Burgess & Co.

If You Ride Horseback, or drive in a carriage, see before you make a start that the Trappings or

HARNESS

are in good order.

Repairs executed promptly. All work will prove highly satisfactory.

We carry a full line of Harness Dressing, Axle Grease, Whips, etc.

Also Buckles, Straps, Rivets, Punches, You'll not find our prices too high.

Wm. Regan,
HARNESS MAKER.

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Catalogue

It will tell you the best way to keep down the cost of living.

Get a copy of our catalogue and ask for our prices on lines that are not listed therein. Cut out, fill in and send coupon below:

Wentzells Limited,
The 'Big Store,' Halifax, N. S.

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Name .....

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