THIRD SUNDAY AFTER EASTER "A little while and now you shall not see Me."

thought of soon losing Him. He comforted them, however, by assur-ing them that they would see Him again ere long, because after three days He would rise from the dead in order to ascend to heaven. For a bisqualifications for DRINK short time the Apostles were to lose Intoxicating drink disqualifies Him, and after a short time they were to see Him again. Everything here on earth, whether sorrowful or joyful, lasts but a little while. We bught to take this truth to heart, for it conduces to our eternal salvation.

The life of man is short, and as the Psalmist says, passes away like a breath. When we look forward to the future and make plans in our imagination, life seems long, but year follows year in rapid succession, and soon the man who looked forward to a long future has to look back upon a long past. He has grown old unawares; he is on the brink of the grave and cannot account for the years that are past. An old man, however long he may have lived, thinks that his life has been short; and yet, as he looks back, he seems to see here and there the graves of those with whom he once lived, played, worked, suffered and quarrelled. All have gone before him, and life, so short in itself, was shorter still in their case. We do not know whether our companions today will look back on our graves or not. Whether we are to die first, or to outlive them, life is always short, and it behooves us to make a good use of it. The time of youth is short. How soon does it become too late to make good all that has been neglected in one's early years! There is no need of death to convince us of this fact : it is enough to reach a more advanced age. Negligence in training the hearts and minds of the young often makes them incapable of doing right in later years. The short period of youth often decides whether the rest of life is to be happy or miserable. Remember that, as you grow older, it will be useless to lament over the time wasted in your youth, and that all such lamentations are nothing but so many charges brought against yourselves. It is sad to have to conss: "I am to blame for all my misfortunes; I would not listen to any well-meant advice or warning; I wasted every opportunity of doing right; I threw away all my youth and with it my whole life." You should often renew your resolution by God's grace to spend your youth in doing your best to acquire training in piety and in useful work.

Life is short, and short, too, are all our efforts to do much good and to adhere firmly to what is right. It is of the total abstinence one. It may often a hard matter to do right, and not assess for weekly benefits, but it ness and beauty?—Fenton Spence in it is no easy task to persevere and to accomplish this or that good work. will safeguard position and health, and assure dividends in respectabil. accomplish this or that good work.

But our efforts will not last forever, ity and happiness.—Catholic Uni and the days of toil, exertion and struggle pass, and when they are gone we shall indeed be happy if we can say to ourselves : "By that short struggle to please God I have won eternal merit and a reward that will never perish." Many people tell us that life is short, and therefore we ought to enjoy it while it lasts; but this is a foolish remark, for what they call enjoying life is really frittering it away unprofitably. Just because life is short we ought to work with redoubled energy and try to lay up a store of everlasting merit. Just because life is short we ought to suffer with redoubled patience time of sorrow let us never forget ence from all alcoholic liquor.

"This, I think, is one of the sadthat the hour of agony will pass. The days of our Lord's Passion, death and burial passed, and what had gone before added to the glory of His Resurrection. Under every cross, it is to win us merit, we ought to call to mind the words: "You now indeed have sorrow, but . . . your heart shall rejoice, and your joy no man shall take from you" (John xvi, 22).

Life is short, and it would be the height of folly to cling to it. Of view. course we may enjoy the good things and pleasures of this world, for God gives them to us in His incompre-hensible kindness, but it behooves a Christian to act, as St. Paul says, and delight in the things of earth as if he did not delight, i. e., he ought never

above what is earthly and temporal and as time swiftly passes, let us pray to Him, who never changes, to give us grace to keep from sin and In the Gospel that we read to day our Lord foretold to the Apostles His approaching death, and their hearts were filled with sorrow at the because I go to the Father." Amen.

TEMPERANCE

Intoxicating drink disqualifies. From what? From almost everything that requires reason, talent and effort. Men who pay for labor or for effort recognize the disqualification of drink almost as clearly as they recognize the disqualification of bad health. The man who needs stimulants to perform his work confesses to his evident weakness. The free horse is more desirable than the one that requires the whip before he will work. The necessity of the stimulant and of the whip increases with use or habit. This is evident. Public service corporations realize the drawbacks of drink and legislate against the users. A railroad in Chicago lately posted the following Who can ever depict the tragedies notice

'No employee is allowed to use liquor in any form when on duty, and no employee will be allowed to work when there is any indication that he has used liquor in any form before coming to work, and the smell of liquor about him will be sufficient Employees who are noted as having used liquor when on or off duty, or who are found to frequent saloons when off duty, will be deemed habitual users of liquor and are subject to dismissal from the service. Employees who go into saloons when on duty in any capacity will be discharged.'

This is not an isolated case. It is a policy in force on all the lines that enter Chicago, and that enter other cities, for that matter. There are many manufacturing estaband stores and shops that adopt the same policy. The policy may not be published, but they all have the "dead line" established in

The breezy agent, drummer, engineer, clerk, and so on, who needs stimulants to smile and to work and to think, are soon numbered among "the missing and the dead" in the battle for business success. There are not many of the "old guard" left on the field, and none of them are selected to lead a charge. "Eye openers," "bracers," and "night caps' "Eye ought to be discarded by those who enter the race to win. No one goes to the saloon to look for men reliable strong and alert. A steady hand and prospects.

AN EXPERT OPINION

Dr. Evans, who is paid \$10,000 a year to write a daily health article for the Chicago Tribune, must be a man of considerable knowledge and experience. In that light, it is worth while reading twice the following paragraphs from one of his recent

When a young life starts out from the shelter of home to fight the battles that must be fought and brave the dangers that must be faced, one of the most priceless possessions, one of the greatest safeguards he, or she can have, is that of total abstin-

dest things that can be said about alcohol: that many a life that otherwise had kept its purity, but now inhabits the underworld of our social system, entered the pathway leads to the gutter whilst under the influence of alcohol; and there, sooner or later infected, becomes a source of infection to other lives trooping that way, led on by the king of the carnival—alcohol." — Sacred Heart Re-

MOTHER

MOTHERS' DAY, MAY 14

not becoming a slave to it, but always the testimony of other great men in thinking of what is eternal. Who acknowledgment of the boundless tion of rage and hate, as he awaited thinking of what is everlain. Who ever clings too much to the pleasures debt they owe to their mothers would the opening that would make possional joys of this world is preparing for himself a very sad and painful dawn of history to the present day. Into the lobby walked a slender, departure from them; for everything bere lasts but a short time, and sooner or later he will have to give mother's love and inspiration. She to the American army officers and up all to which he is now attached. It is who believes in us when the asked what was the trouble. Whoever sets his heart on the things of this world must look forward to a sorrowful death, for the more his heart clings to earth, the more his heart clings to earth the more his heart more his heart clings to earth, the more painful will be the wrench, when, after a little while, God requires his soul of him. Life is short, and yet this short time is often long and

principles that she instilled into him and courage that she breathed into him. It is the pennies that a mother teaches a boy to save and the self-denial that she inculcates in doing it, that form the real foundation of

the fortune of the millionaire. When we were tossing on beds of deadly fever and no one cared to come near us, who held the cooling cup to our parched lips? Who bent over us day and night and, with with almost superhuman strength, snatched the darts from the hands of death? The world's greatest heroine

-Mother Many mothers in the poor working classes freely sacrifice all that people hold dearest in the world for their children's sake. They impair their health, and wear themselves out, and make all sorts of sacrifices to send a son or daughter to school. They do not shrink from the most menial work, in order to give their boys and girls the priceless opportunities that they themselves never enjoyed; yet, how often is their devotion requited with indifference and even ingrati-

that are daily enacted in the hearts of American mothers, the untold tortures they endure from the neglect of those who should cherish them in their heart of hearts? What pathetic stories many a mother's letters from her grown-up children could tell! A few straggling lines, a few sentences hurriedly written and mailed—often to ease a troubled conscience-mere apologies for letters, bringing no joy to the poor mother's heart.

What movement then of recent years deserves heartier support than that for the establishment of a national Mothers' day? We should unite in doing all we can to make it a real Mothers' Day, by honoring our mothers; in the flesh; those of us who are so fortunate as to have our mothers with us; in the spirit, those who are not so fortunate. If away from home, write loving words to the best woman that ever lived-your mothers. Send her some flowers, some little token of affection ; better still, go and spend the day with her, and gladden her heart. Show her that you are all a son should be, and that you give her credit for all that

Have we been remiss in filial love and loyalty? We can now make up for past neglect by paying our own mother every tribute of honor, respect, affection and gratitude that grateful hearts can cherish. And we can acknowledge to the world the great debt we owe them by wearing on Mothers' Day a white carnationa clear head are not the products of the bar. "He drinks" is a whisper of motherhood. Happily chosen that upsets many a young man's emblem! What could more fittingly represent motherhood with its white-The most popular society ought to ness and fairness, its fragrance and

is best in you and in your life.

WHEN KELLY COWED VILLA

PANCHO, THE TIGER," DRIVEN cruel and callous world. TO COVER BY A SLENDER BLUE-EYED IRISHMAN

Some years ago there was a scene at the Hotel Sheldon, El raso, Texas. Villa had it in for another revolutionary compatriot named Garibaldi, who was about to receive some preference in the military line. He announced that he would cross the river to El Paso and kill Garibaldi on American soil. American soil.

in the lobby of the Hotel Sheldon. The news that the bandit was coming over the bridge to settle matters child over the bridge to settle matters with the Italian spread like wildfire, and the labby of the hotel was and the lobby of the hotel was crowded with men waiting to witness the entry of the Chihuahua tiger. Villa came on time—and with him some six faithful bodyguards.

Finally Garibaldi, slender, pleasantfaced, entered the hotel. But he was not alone. With him were several United States army officers and four secret service agents. They had decided that if Villa wanted vengeance he would have to seek it somewhere else than in El Paso.

Garibaldi, the American soldiers MOTHERS' DAY, MAY 14 and secret service men forming a circle around him, stood near the to set his heart upon them; he may Lincoln, after he had become President in the hotel lobby. Villa, his make use of whatever is permitted, dent, "I owe to my angel mother."

FIVE MINUTE SERMON therefore let us live mindful of count. It is the things that he eternity. Let us lift up our hearts learned at his mother's knee, the the river again. You know what I the river again. You know what I mean. Now go, and go fast!"

in his very cradle, the tastes and habits that she formed, the strength faster than he did on that memorable retreat into Mexico.—Catholic Col-

FILIAL RESPECT

Parental love and filial affection are natural to man. They are deeply planted by the God of nature in the human heart. No other love is so strong as that which urges the parents to struggle and make sacrifices for their offspring; no affection so sacred as that which prompts the children to honor and revere those from whom they received the life they enjoy. These are sentiments, instincts so much a part of human nature that they can never be wholly suppressed. They are so securely lodged in the human breast, and so universally recognized as Nature's law that the parent forgetful of her child is in her own eyes and in the eves of mankind a monster, and the child neglectful of the parent a perfidious ingrate.

Some one has said that in the history of any man there is no more galling recollection than the eproach which memory frequently lings before him who has been wanting in duty to his parents. And in the heart of a parent no more bitter anguish finds a home than that which has its source in the dishonor and disrespect which too often are the substitutes for filial affection and devotion. Many a father and mother have gone to the grave broken-hearted because of their children's ingratitude; many a child, in moments when the calloused heart is open to feeling, has found the memory of his filial disrespect like "the bite of a serpent and the sting of an adder."

In these days, however, an unnatural coldness has seized upon the hearts of many a son daughter. One of the crying evils of the day is filial ingratitude and disrespect. An old pagan teacher, speaking of the duties owed by the child to the parent, once said: "There is on earth no image of the divinity more worthy of respect than our father and our mother. are visible deities; we were born in their houses as it were, in their temples, so that we should offer to them sacrifice of honor, of love, and of allegiance. We should feel their presence as we should feel before an altar.

A man who knew not the blessings of Christianity, who viewed the family merely as a natural institution could speak thus beautifully of filial obligation. Yet how often in homes supernaturally elevated by the sacramental grace of matrimony and made as one with the home of Nazareth do we find the young forgetful even of the consideration which even the offspring of animals give to those to whom they owe existence? Mindful only of themselves, ever bent on having what they call a good time, in their pleasures they forget the old folks, and turning their backs upon them leave them to bear alone the pains and sorrows all too common in a

How often too, in the home do the children add to the parents' burdens and trials, if not by causing them to bow their heads in shame, at least their harsh words, their bitter rebukes, and their utter disregard of parental counsels and commands? Modern economic and moral forces are breaking down the sanctity of causing between the parent and the

man. Children forgetful of it are false to the dictates of reason, heedless of the promptings of nature, are in the eyes of thinking men repulsive in their ingratitude. Those faithful to it bring sunshine into the home, they excite the joy and the admiration of others, for the virtue of filial devotion is reflected in their lives by other qualities equally attractive. The home to be the happy and the sacred spot God willed it should be must restore the parents to their place of honor. The world to be a happy dwelling place for man must teach its youth to lovingly fulfil the divine precept "Honor thy father and thy mother. -Boston Pilot.

THE CATHOLIC AND HIS PAPER

The same reason which makes it necessary for the doctor to read medical journals, for the judge and and yet this short time is often long enough for us to insult God by committing many grievous sins. In a short time we earn for ourselves an eternity of pain. How foolish this is! The pleasure afforded by sin lasts so short a time, and yet we prefer it to everlasting happiness. When we are tempted to sin, let us ask ourage tempted to sin, let us ask ourage what it will profit us to enjoy salves what it will profit us to enjoy and yet we have the labor of her hands without stint for him, who infused new ambition into him when he grew discouraged, and supplemented his weakness with her strength; who filled him with her faith, her hope, her love when all his own had salves what it will profit us to enjoy alves when all his own had failed.

**What's this 1 near:

**Kelly, looking straight into the Mexican's eyes.

**What's this 1 near:

**Welly, looking straight into the Mexican's eyes.

**Welly, looking straight into the Mexican's eyes.

**Well alves alves while straight into the Mexican's eyes.

**Well alves al a deceptive happiness in sin for a few moments, hours, days or even years. The excitement of sin soon ceases, the false dream vanishes, and nothing remains but unending misery and lamentation. Time is short,

larly those who are entirely indifferent to the Catholic press, who neither patronize nor read what is written instruction and personal benefit.

As soon as we cease to pray, we hasten toward hell.—Bl. Cure d'Ars

THE ARNOTT INSTITUTE



I CUUCUURA CARO

CANADA'S CALL FOR SERVICE AT HOME

The Empire needs food. If you are not in the fight-Produce More and Save More ing line you may be in the producing line. Labour is limited—all the more reason to do more than ever before. Grow food for the men who are fighting for you. The Allies need all the food that you can produce. Every little helps. You are responsible for your own work. If you cannot produce as much as you would like, produce all you can. Work with the right spirit. Put fighting energy into your effort and produce now when it counts. The more you produce the more you can save. Producing and saving are war-service.

Make Your Labour Efficient

In war-time do not waste time and energy on unimportant and unprofitable work. Economize labour.
Put off unproductive work till after the war, and, if possible, help in producing something needed now. Let us not waste labour. Canada needs it all. If possible help to feed the Allies. Make your backyard a productive garden. Cultivate it with a will. Make your labour count for as much as possible.

There should be no waste in war-time. Canada could

Do Not Waste Materials There should be no waste in war expenditure out pay the annual interest on her war expenditure out of what we waste on our farms, in our factories, in our factories of waste in war expenditure out of what we waste on our farms, in our factories, in our factor our homes. Every pound of food saved from waste is as good as a pound of increased production. The way for a nation to save is for every individual to save. France is strong to-day because of thrift in time of peace. The men and women of Great Britain are not only "doing" but are learning to "do without."

Spend Your Money Wisely

better investment.

Practise economy in the home by eliminating luxuries. Wasting our dollars here weakens our strength at the Front. Your savings will help Canada to finance the war. Save your money for the next Dominion War issue. There can be no

THE GOVERNMENT OF CANADA

THE DEPARTMENT OF AGRICULTURE

THE DEPARTMENT OF FINANCE