JULY 10, 1909.

JULY 10, 1909.

elt kindly

Stand Well with Yourself.

upon your honor? When you go back on yourself nobody else can help you. If you have lost faith in your best friend, your own self-respect, where will your life structure rest, when the very foundation stone is

gone? The consciousness that you are right

purself, the consciousness that you

upon your honor?

hat Mean r Income v Cease

eath will at once y or wage earnings think what that r loved ones, and ke immediate steps rovision for them ger at hand to help. policy which, upon \$50 to your family longer if desired.

-day or write for

an Life ny RONTO



PITS TERNS . Dundas, Ont

LENDID GIFT

ANZONI"



ROMAN INDEX ORBIDDEN BOOKS

explained for Catholic ers and students by

nces S. Betten, S. J. CE 35c, Post Paid

CHATS WITH YOUNG MEN. His heart-hunger will be satisfied, his noblest longing will be realized. The Creator will not be foiled in His The Art of Covering up Our Troubles,

The Art of Covering up Our Troubles, No matter how your heart aches, learn to greet everybody with a smile, with a sweet, cheerful expression. If you can not get rid of your troubles, do not par-ade them, do not peddle them out. The people you are tempted to load with people you are tempted to load with rour own may have all they can bear of their own. I once knew a woman who got into such a habit of telling her troubles to everybody that she could not restration therself even when people went to her for sympathy in sorrow. Her own aches and pains, her own losses and sorrows, took precedence of everything else. No matter what others might be suffer-

took precedence of everything else. If it be only for the good of the public, No matter what others might be suffer-ing, they must stop and listen to her tale of woe. She never allowed an poportunity to tell somebody of her opportunity to tell somebody of her eame such a confirmed habit with her is eame such a confirmed habit with her to be in truth that which you appear or wish to annear. when she got old, even people who indly toward her avoided her.

or wish to appear. Particularly in business are men of high moral character needed. Almost felt kindly toward her avolded her. A perfect contrast to this woman is a very sweet, charming old lady whose life has been full of trouble, but who has a way of covering it up so that one who did not know her circumstances would never dream that she had any troubles. She knows how to hide her any day one can see men who are fail ures for lack of true character, though they may be brilliant in many respects. We can praise smart men, admire their shrewd tricks and cleverness; their would never dream that she had any troubles. She knows how to hide her aches and pains, to conceal the thorn that is pricking her, and to keep un-that is pricking her, and to keep un-that is pricking to herself. are failures.

that is pricking ner, and to keep un-pleasant things to herself. It is a great thing to learn to hide our aches and pains, to keep to ourselves unpleasant things—things which would project disagreeable, discouraging pic-tures into the minds of others. Men of strong moral character should be fearless in the face of temptation, firm, yet gentle, in their dealing with others, and resolved to do that which they believed to be right, to regard their good name above all honor and riches. Lavator says, "Actions, looks, words, steps, form the alphabet by which you may spell character." Most people are oversensitive about what other people think of them. Every well-balanced person is anxious to be well thought of. This is a worthy am-

Cheerfulness.

well thought of. This is a worthy am-bition: but there is only one person whose good opinion you can not get along without, and that is your own. It is possible to live even a successful life with the ill opinion of all who know you; but you must have your own ap-proval, or you will be a failure. Cheerfulness is the result of practice. Cheerfulness is the result of practice, as well as a natural trait. It is a copa-city; it is an activity. Have you never heard of a man who was uglier than he had any business to be? The unfortunate man was born ugly, but his ugly passions made him much more ugly than nature ever intended him to be.

proval, or you will be a failure. There are men and women misunder-stod and denounced by the world who yet are able to walk screnely, calmly, have any need to be. They never escape from the dark skies their own thoughts give them, their vision distorts ever they have never forfeited their good opinion of themselves. They have never lost their own approval, and as long as they hold this nothing else can matter very much; but with this lost, all is lost. Yon can stand all sorts of disappoint-ments that come unbidden, and after you have done your level best, but dis-appointment with yourself is fatal.

you have done your level best, but dis-appointment with yourself is fatal. You can outlive the others; you can live down a scandal, abuse, failure, if you have been honest and have tried lock human hearts : without it cheer-fulness cannot exist : with it, amidst the greatest trials and misfortunes, cheer-fulness will abound. your best, but how can you live down the abuse which you give yourself, the wound to your self-respect, the stain

OUR BOYS AND GIRLS.

Fidelity to Parents. Next to God, children should bestow their greatest love and fidelity upon their parents. St. Jerome portrays a beautiful example of this fidelity in St.

beautiful example of this fidelity in St. Eustochia, daughter of St. Paula, a distinguished Roman lady. According to his story, she proved to be a tender and loving child towards her mother in all things. She clung to her affection-ately, and tried to imitate her in all that was good; her ever-willing and prompt obedience was remarkable, and she de-lighted in fulfiling her mother's yourself, the consciousness that you have been perfectly honest and sincere and have done the right thing, the square thing as you see it, will sustain you and buttress you against all the assaults of the world. But without this defense you will very quickly fall. You may survive the lack of confidence

obecience was remarkable, and she de lighted in fulfilling her mother's smallest wishes. She was always ex-tremely happy, when she could afford her any pleasure. She preferred her company to any other, and cared for her ot he world—if you are honest you may get along fairly well even though every-body else denounce you; but if you go back on yourself, if you prove a traitor to that principle which is nearer to you than your breath, closer than your heartwith untiring diligence and the great-est willingness, both in health and sick-ness, up to the very last moment of her beats, how can you expect to get the confidence or respect of others? If you

life. This was the spirit and behavior of a do not believe in yourself, you can not expect others to do so. There is one thing with which no man This was the spirit and behavior of a truly good child, which you, Christian maidens, must earnestly endeavor to imitate. Yes, fulfil loyally all the duties towards your parents, who, next to God, are your greatest benefactors. Just think for a moment of all that you here to thank them for. Remember how in your self faith with your last breath; have to thank them for. Remember how many years your father has worked for are worth nothing without it either to yourself or to the world.



SUITS

OVERCOATS

\$5.14 to \$20

Cut in Latest London and New York style, whichever preferred. No matter what part of the dominion yos live

 (\cdot)

Co to Curzon

The World's Measure Tailors, (Dept. 108). 60/62 CITY ROAD, LONDON,

ENGLAND. Addresses for Patterns I or Toronte and East Canada I

For Toronto and East Ganada GURION BROS. (c) MIGHT DIRECTORIES, LTD. (Dep. 108, 74.76 Church Strest, TORONTO, ONTARIO. For Winnipog and the West I GURION BROS. See EERDERSON BROS. ST Garry Street, WINNIPERS For sension the Septer.

THE CATHOLIC RECORD



you, the love for you, spurred him on to continue his work in spite of all difficu-ties. Count the many pleasures he has renounced, the many expenses he has incurred, so that you might stand in need of nothing, and, moreover, reneed of nothing, and, moreover, re-ceive an education to fit you for a use-ful life. Look from time to time at the horny hardness in those hands, at the wrinkles on his brow; it will all remind you of the many troubles and cares that he has willingly taken upon himself for your sake. your sake.

Then let your dear mother tell you all she has done for you. Hear her say: "My child, it would be impossible to tell she has done for you. Hear her say: "My child, it would be impossible to tell you all. For many long days I carried you all. For many long days I carried heart, and watched at your cradle. I covered you with caresses long before cansed me great fatigue, and robbed me of much needed rest. I preserved your tender life, noarished you, and underwent many hardships until you could talk, walk and help yourself. When your life was en-dangered in any way, I showed the great-est anxiety for your welfare; for days I hovered between fear and hope and for-first told you of your dear Lord, I who first told you of your dear Lord, I who first planted the spark of His holy love in your Ititle hands and taught you to pray: 'Our Father, Who art in Heaven.' Innumerable times have I sent, un ferv-

your little nands and taught you to pray: 'Our Father, Who art in Heaven.' Innumerable times have I sent up ferv-ent prayers to the Divine Savior and His Holy Mother, and amid tears did I His Holy Mother, and amid tears did 1 implore them for your welfare both in time and in eternity." This and much more, your good mother can tell you of what she has done

for you. The Germans have a proverb which truly says: "A mother's care knows no repair."—Christian Maiden.

Rescued by a Dog.

Rescued by a DOG. A good story is told in Dumb Animals of a red Irish setter-dog belonging to a Washington geatleman. The dog, how-ever, lives on Penobscot Bay all the year round, in charge of a fisherman. Not long ago the dog, whose name is Pat, rescued no fewer than seven persons from a fishing-smack that had been thrown on a reef in a heavy gale. been thrown on a reef in a heavy gale. The smack was wedged on one of the reefs on Great Spoon Island, about two reefs on Great Spoon Island, about two hundred feet from the shore. The men hoisted signals of distress, and were in momentary danger of being swept away. Tremendous waves were running, and the crowd of excited fishermen on shore knew that it would be fatal for them to attempt a rescue, as no boat in their possession could live in that sea. Sud-denly the one who had in his care the dog Pat bethought him that the dog had been taught to not only retrieve, but to tow boats from one point to another, and often when a boat would get adrift

DR. P. J. MUGAN, Physician and Surgeon Office, 720 Dundas street. Hours 11 to 12 a, m.; 1 to 3; 6 to 8 p. m. Phone 2058. JOHN F. FAULDS, Barrister, Solicitor, Notary Public, &c. Money to Loan. Robinson Hall Chambers, Opposite Court House, London, Canada ANOTHER CASH PRIZE CONTEST ORANGEMEAT Announces a New Prize Contest MORE PRIZES THAN THE LAST The First Prize will again be a LIFE ANNUITY of FIFTY-TWO DOLLARS CASH Equal to One Dollar Per Week Every Week During Lifetime. A Second Prize of One Hundred Dollars Cash Ten Prizes of Twenty Dollars Each Ten Prizes of Ten Dollars Each Twenty Prizes of Five Dollars Each One Hundred Prizes of One Dollar Each. CONDITIONS are similar to the last Contest, except that all Orange Meat Carton Bottoms must be sent in on or before November 30th, 1909. Your name and address, cut it out and mail it to Orange Meat, Kingston, Ont., it will count equal to ten carton bottoms. TO ORANGE MEAT, KINGSTON TO ORANGE which matures November 20, 1999 To ORANGE which matures and the second second

"I vant four bound of borterhouse, on shore were signaled to haul away, the rope was made fast to the reef and the shore, and one by one the men passed hand over hand from their place of danger, the brave dog following when right avay !" said the saloonkeeper, " und I vant the best you got !" "Certainly, sir; we will send it right up," assured the polite clerk.

Swartz took out a large roll and paying his account went out. Denny gazed after him and somehow something stuck in his throat. He thought of his family eating liver and that of Swartz eating porterhouse. He thought of his chil-dren poorly clothed, while those of Herr

he took his liver and started home. Arriving there, his wife noticed some thing unusual about him and looked en-quiringly. Dennis said not a word, but going straight to his room he called,

The boy who is never cruel. He has

The boy who is never cruel. He has no right to hurt even a fly needlessly. Cruelty is the trait of a bully; kindliness is the mark of a gentleman. The boy who never lies. Even white lies leave black spots on the character. The boy who never makes fun of a com-panion because of a misfortune he could not have not help.

The boy who never hesitates to say no The boy who never quarrels. When our tongue gets unruly, lock it in.

The boy who never forgets that God made him to be a joyous, loving, loveable, helpful thing.

HOW DENNIS WAS CONVERTED.

IT WAS EITHER A CASE OF PORTERHOUSE OR LIVER AND THE GOOD MAN CHOSE THE FORMER.



7

Professional.

g and hunting, and pleasant, cool drives along the nks of the old historic Niagara River. Excellent isine. Music for dinner by Mrs. Ramsey, Toronto. lumber of private cotta J. TASKER, Manager.

Stealing the Souls of Catholic Children."

n the Lor That, in a few words, is the purport of the confession which the Rev. R. J. Bryan, Anglican vicar of St. Polycarp's Liverpool, is reported by the Blackburn

" Mary Ann !" " Phat is it, Dennis ?" "Come here to me! "Come here to me! Mary Ann complied. "Have you any holy wather in the house?" said Dennis. "May the Lord help us!" exclaimed Mary Ann, "but I think you're sober! Phat's the mather at all?" "Norce mind Have you any holy "Never mind. Have you any holy wather. Isn't this a Christian house?" "To be sure it is !" snapped Mary Ann, " and there's plinty holy wather." "Bring me the bottle," commanded

Swartz gloried in the finest raiment. "An' who the divil is payin' fer it all— I dun know ?" he muttered to himself as

Dennis. It was handed to him. "Bring me the prayer-book !"

Mary Ann was too astonished to make further answer. She brought him the book and awaited developments.

Dennis having devoutly blessed himself with holy water, took his prayer-book in one hand and his rosary in the other and kneeling before the little

THOLIC RECORD LONDON, CANADA

Catholic Confessional

Albert McKeon, S. T. L. 15 cents post-paid

age Sales, 2,000 Copies per month

Catholic Record LONDON, CANADA

EFE'S LIQUID **RACT OF** LT WITH IRON

n ideal preparation for ding up the

OOD AND BODY

more readily assimilated, absorbed into the circury fluid than any other aration of iron. of great value in all forms nemia and Ceneral Debil-

for Sale at Drug Stores LLOYD WOOD, onto, - Canada General Arent

ible constitutes one of the greates tragedies of human life. tragedies of human life. The squandering of money seems a wicked thing when we think of the good that might be done with it; but what about the wicked waste of ability, the deliberate throwing away of fifty, seventy-five, perhaps ninety per cent. of one's success possibility just because he never trained himself to use it, to grasp it with such vigor and power that grasp it with such vigor and power that he can fling his life into his career with its maximum effectiveness? Most people take hold of life with the tips of their fingers. They never get hold of the life proposition with that

noid of the life proposition with that grip and tenacity of purpose and vigor of determination which does things worth while. They just hang on the outskirts of things, playing upon the surface of their possibilities without ever getting down into the marrow of their being, where efficiency and power dwell. dwell.

Unpoised Lives.

Unpoised Lives. The life of the criminal is simply an unpoised life. If a person were perfect-ly poised, wrong-doing would be so re-pugnant that it would be unthinkable. It is the one-sided, the unpoised mind that goes wrong. It is just as normal for the balanced mind to choose the wight the second s

for the balanced mind to choose the right, the good, as for the magnet to draw to itself whatever is kindred. Just as the needle in the mariner's compass always points to the north star, no matter how thick the fog or how the tempest rages, there is a needle within every human being which always points to the north star of rectitude, of right, of truth ne matter what storms of disof truth, no matter what storms of dis-cord, of weakness, or of crime may be raging in the individual mind. Nothing can prevent this little indicator from pointing to the right, no matter how far the individual may drift from it, how low he may sink in vicious living.

Our Journey Godward. The race as a whole, however it may seem to deny it, is journeying Godward; and every human being will soxetime, somewhere, ultimately come into perfect harmony with his highest aspirations. been taught to not only retrieve, but of tow boats from one point to another, and often when a boat would get adrift he would be sent for it, and he would run his nose under the painter until he would come to the end of it, and he would take it in his teeth and fetch the

would take it in his teeth and letter the boat to shore. Pat was at once called. A long cod-line was attached to a piece of lath and flung as far as possible into the water. Pat promptly sprang in, swam to it and brought it to shore. Several times he repeated the performance. The fisher-men were in despair. The waves were splashing so high they could not dire ti the dog's attention to the men on the reef. Finally Pat seemed to comprehend that there was something more serious on hand than he at first thought. He raised his head and looked intently over the water. His eyes caught sight on hand than he at his choiced intently raised his head and looked intently over the water. His eyes caught sight of the boat with its signal of distress

of the dominion you live th, we undertake to sup-ply you with a smart, somfortable Suit, fitting you perfectly, or other-wise to refund your money in full. The process is simple.merely fill in a post eard and address same to us as below, asking for our latest ascorting of materials. Together with petterns, we send you fashion-plates and complete instructions for accurate self-measurement, tape measure, all sent free with patterns, we send you rannouplated and complete instructions for accurate self-measurement, tape measure, all sent free and carriage paid. We dispatch your order within seven days, and if you do not approve return the goods, and we will refund th SUITS & OVERCOATS to measure from \$5.14 to \$20. URZON BROS

"I have-can ye cash the check ?" "Sure !" said the obliging Mr. Swartz. Now, let see, your beel vas nine tollors and transfer conta."

over the water. His eyes caught sight of the boat with its sigual of distress and the waves dashing over it. When the lath with the cod-line attached was again thrown into the water Pat at once sprag after it, took the lath in his teeth, and instead of turning to the shore, struck out through the roaring surf to the reef. Many times he was buried under the waves, but after a few minutes of intense sus-pense he was seen from the shore clam-bering up the side of the reef, and a great shout went up as the imperiled sailors took hold of him and lifted him into the boat, in an almost exhausted condition. In brief time a strong rouge was attached to the cod-line. The men

Five years have passed and Dennis has faithfully kept his resolution, for when speaking at a local me ing received his check, made nis way to the place where Herr Swartz dispensed beer and other liquid forms of trouble. He fourd the genial proprietor behind the bar and was greeted by him with a cheerful "Hullo, Denny! How vas it cas 20 berry in the state to have made the second the sec

great steel mills.

Herr Swartz still does a good business, Herr Swartz still does a good business, for all the fools who go into his place don't realize their foolishness, and of the small number of those who do, a very few realize what can be accomplished in the Name of the Father, and of the Son, and the Holy Ghost.—Victorian.

Christ's life was spent in sacrifice and Christ's life was spent in sacrifice and solicitude for the poor, wandering, way-ward sinner. Think of the stories of the Prodigal, of Magdalene, and of the Penitent Thief! Christ's prayes, while Peritent Inter Contacts project, more suffering the most terrific torture on His Cross of anguish, was for pity and forgiveness for His very murderers, so anxious was He to secure their souls. — Pere De Ravignan.

can have three guesses as to where he was born. And if you pass a certain quiet little street in Pittsburg, you may notice a pretty little cottage, which seems to have a particularly cheerful aspect, and if it happens to be about the hour of noon and it isn't Friday you are quite sure to get a whiff of porterhouse. You will see well-dressed boys and girls, whose progress in school is the delight of their father, whose name is Dennis Ryan, and who is a foreman in one of the great steel mills.

brought up in the Protestant faith and thus rescued from Romanism." A more native acknowledgment of the powerlessness of Protestantism to reach the understanding, and of an un-fair, contemptible method of prosely-tism we do not remember to have ever read. Mr. Bryan in effect says : "We can make no headway when we have to deal with Catholics who have come to the use of reason. They see no force in our arguments and prefer their own creed. We can do nothing with them But let us steal the souls of the chil-dren." And apparently he has succeed-ed in stealing two. This frank avowal of disgraceful Protestant tactics should be to all Catholics a lesson as to the necessity of vigilance, and of giving generous support to our Catholic Pro-tection and Rescue Societies.

It tickles an honest man to pay an honest debt.

-

ASKFOR FREE CATALOGUES NEW IDEA GRATE SEND SIZE OF HOUSE NO SIFTING F YOU WISH ESTIMATE OF OF ASHES COST OF FURNACE NSTALLED READY FOR USE SHAKING. THE GURNEY TILDEN CO. DUMPING AMILTON LIMITED MONTREAN BOTH SHAKES AND DUMPS