

whether riches or God will be one's owner. Both cannot be.

What, then, is to be the choice? Jesus' counsel for daily living is to put aside care for earthly riches and devote all the energies of the soul to God and his service.

"Take no thought," he says, meaning, of

course, anxious thought. Follow out the illustrations by means of which the great teacher explains and enforces the lesson of absolute trust in God.

This is a third counsel for daily living,—to give oneself wholly to God's service and trust him completely for all needed blessings.

## FOR TEACHERS IN THE INTERMEDIATE DEPARTMENT

By Rev. C. F. McIntosh, B.D., Campbellford, Ont.

Teachers in the Intermediate Department should study carefully the scholars' materials in the INTERMEDIATE QUARTERLY or LEAFLET.

The lesson might be opened with such questions as : What things have the largest place in man's thoughts and conversations? What are the chief causes of anxiety? Is it likely that these words of the Master had the apostles specially in mind? Why is the topic for this lesson given as, Golden Rules for Living?

*Thinking too Much of Material Things*, vs. 19-24. Invite a discussion of the treasures of Eastern lands. What provision is made for storing wealth? How would these words be revised, if Jesus were addressing us? Note the reference to the material of the houses, "where thieves break (dig) through." Question the group concerning the valuables of the kingdom. What things did its head set himself to produce? Consider the local range of "treasures upon earth." One writer includes, "fame, ease, pleasure, power, excitement, luxury, animal enjoyment." Explain this illustration of the healthy eye, and show how it is a symbol of the conscience. Ask how the spiritual eye can be kept healthy. How are "worldly things" to be kept in their proper place, used and not abused?

*A Warning Against Anxious Care*, vs. 25-32, 34. Ask what was Jesus' attitude to labor and foresight. The pupils should think of his own example in the carpenter's work at Nazareth, and his command concerning the

fragments after the miraculous feeding. Certainly the teaching of the Bible enforces industry and a proper provision for the future. Emphasize the revised reading, "Be not anxious." Note three arguments against anxious care: (1) It is needless; (2) it is bootless; (3) it is faithless. Show how the illustrations from God's care of the birds and the flowers argue that care is unnecessary. Have the pupils point out the verse containing the second argument, that worry doesn't get you anywhere. Emphasize the third point, that failure to trust God is the attitude of the heathen, who do not know "your heavenly Father." The Christian attitude of trust is well illustrated in the legend of the poor woman's appeal to the Sultan.

*How to Avoid These Dangers*, v. 33. Ask the class for illustrations, from their observation, of people who are least anxious. The spirit of worldliness is the hardest taskmaster. Putting the kingdom first in our lives is the best guarantee against anxiety and disappointment. It is also a general rule in life that loyalty to God is accompanied by a fair provision of material blessings. Have the pupils make suggestions of how they may "seek first the kingdom" in their every day work and recreation.

## FOR TEACHERS IN THE JUNIOR DEPARTMENT

By Miss B. A. Ross, Toronto

Teachers in the Junior Department should study carefully the scholars' materials in the JUNIOR QUARTERLY or LEAFLET.

Read Mark 10 : 23-31 ; Luke 11 : 2-4 ; 12 : 22-32.

By questioning as to the part of St. Matthew's Gospel from which the lesson passage