

LABORATORY
OF THE
INLAND REVENUE DEPARTMENT
OTTAWA, CANADA

BULLETIN No. 278

INFANTS' AND INVALIDS' FOODS

OTTAWA, February 19, 1914.

WM. HIMSWORTH, Esq.,
Deputy Minister of Inland Revenue.

SIR,—I beg to hand you a report dealing with 86 samples purchased as foods for infants and invalids, in June and July of last year.

This class of foods have been examined on two former occasions, viz: in 1898 (See Bulletin No. 59) and in 1909 (See Bulletin No. 185).

They fall into three groups, essentially characterized by predominance of fat, protein or starch, and all of them are of value under certain conditions. Their economical use depends largely upon the intelligence with which they are used. Regarded merely from the point of view of nutrient value, they are undoubtedly expensive foods, but under the guidance of a physician or qualified nurse, they may be found economical or at least not unduly expensive.

Thirty different brands are represented by the work contained herein: and this report will be found helpful to mothers and to physicians. No adulteration has been found in any of these foods.

I would respectfully recommend its publication as Bulletin No. 278.

I have the honour to be, Sir,

Your obedient servant,

A. MCGILL,
Chief Analyst.