

# Short term help

by John Roggeveen

An alternate source of psychotherapy that may help people who have tried other methods unsuccessfully, has been established at the U of A.

Unlike most other psychotherapy centres, the Western Canadian Centre for Experimental Psychotherapy treats clients with a team of eight psychologists. Seven of the psychologists assist the primary therapist from behind a one-way mirror. All sessions are recorded, with the consent of the client. They are later analyzed to determine which treatment methods are most effective.

According to Barbara Paulson, one of the centre's eight psychologists, the centre uses short term methods to treat emotional problems as depression and anxiety, as well as behavioral problems such as delinquency. Clients are treated for a maximum of ten sessions, but often less than ten sessions are necessary, Paulson says.

Modelled on research and treatments clinics in Milan, Italy and Palo Alto, California that use the same approach, the centre is hoping to continue operating indefinitely although some members may change, she says.

The centre is a non-profit research company. But it receives no outside funding, so it charges clients \$35 per hour to meet its expenses.

The centre is located in the Education North Building, and accepts referrals from a variety of sources, including self-referrals.

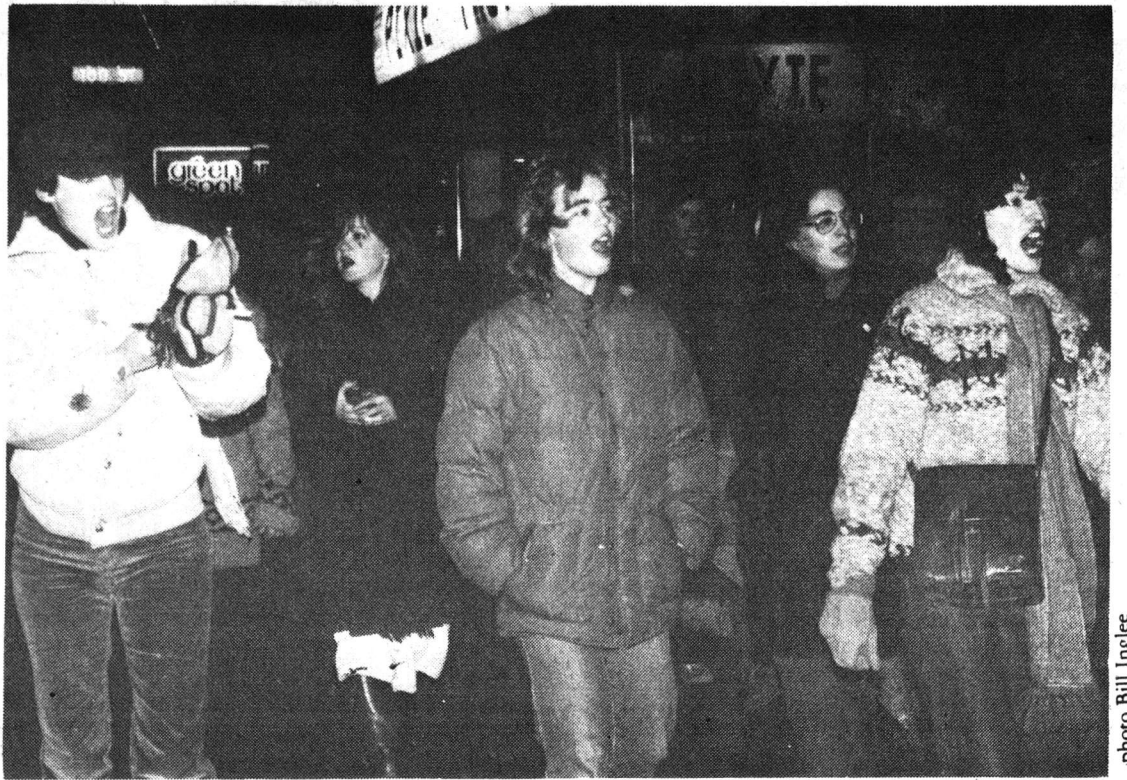


photo Bill Inglee

"Two, four, six, eight no more violence, no more rape," chant these women marching down Whyte Avenue Saturday at the "Women Reclaim the Night March."

continued from page 3

"Pornography is propaganda for sexual facism," said one march organizer.

The rally after the march in Knox Metropolitan Church ended in small group discussions. People discussed ways to combat the problems women face as the oppressed sex.

The general consensus was that a women's centre should be established in the city as a place where women could go for support, discuss their concerns and share information.

"It should serve women from all walks of life," said one participant.

The many newcomers to the city at the rally said they were surprised that Edmonton has no women's centre and no strong feminist movement.

However, the feeling at the end of the rally was, "we're going to organize and we're going to accomplish our goals."

# Council thinks twice

Once you start, it's easy to get carried away.

That's what the students' Union discovered after it cut the hours of the Students' Union Building information desk last month. It now appears the SU actually made money during the evening and weekend hours that were cut. The hours from 5 to 8 p.m. weekdays and 11:30 to 3:30 Saturday have been restored.

"You have to eat your words once in a while," said SU vp finance Pat Haws Monday.

The real culprit in the Information Desk's losses was excess staff during the day, Haws said, not the cost of operating in the evenings and on Saturdays.

The original decision to cut the desk's hours was challenged at a November Students' Council meeting by Commerce rep Phil Soper. He estimated that the desk need only sell \$50 from 5 to 8 p.m. to make enough profit to cover wages for that period.

Soper caught the executive and General Manager Bert Best by surprise. None of them could respond to his challenge. But now he has apparently been proven right.

"It's the cut cut cut syndrome", a triumphant Soper said last week. "They just didn't really

analyze it."

Soper was concerned that students and visitors might miss the information function of the desk.

Day staff will remain cut, Haws said, saving about \$800 per month.

# Gays bombed under

TORONTO (CUP) — Meetings of the newly-organized Ryerson Gay Student Association have gone underground as a result of several bomb threats directed against them.

Group organizer Mike Balz said the gays decided they would no longer publicize their meeting places.

"Our main concern is that new members may be intimidated," says Balz. "The idea of the group was to get gays who

were leery of stepping forward to do just that."

During the group's first meeting November 5, three Toronto police officers informed them that a call had been made claiming that a bomb was planted in the student union offices.

Balz contends that "Neither of the calls have scared anyone.... but we are worried all the media coverage will ruin our group."

Balz says the group — which is not yet officially recognized by the student union — will continue to hold their private meetings until things have calmed down.

No links have been made between the two bomb threats which interrupted the meetings.

The Gay Student Association has been concerned with the appearance of an anti-gay poster on the walls of a Ryerson building.

"We have some supporters" at Ryerson, said Mike Keller of the League Against Homosexuals, the group responsible for the poster.

Keller, who said the League has about 20 supporters at Ryerson ("most of them are students"), added that the league did not have permission from the institute to put up the posters.

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