

CONSTANT PAIN AFTER EATING

The Tortures of Dyspepsia
Corrected by "Fruit-a-lives"

St. Martin's, N.B.
"For two years, I suffered tortures from Severe Dyspepsia. I had constant pains after eating; pains down the sides and back; and horrible bitter stuff often came up in my mouth.
I tried doctors, but they did not help me. But as soon as I started taking 'Fruit-a-lives', I began to improve and this medicine, made of fruit juices, relieved me when everything else failed."
MRS. HUDSON MARSHBANK.
50c. a box, 6 for \$2.50, trial size 25c.
At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

W. C. T. U. Notes.

The Noble Work of Agnes Weston.

(By Charles Bailey.)

Foremost on the roll of honor-heroes of whom the world was not worthy—stands the name of Agnes Weston, the British sailor's friend, tried and true, whose recent decease occurred in her seventy-ninth year. The impress of her immense influence for good, for godliness and sobriety is indelibly engraven in the hearts of the hundreds of thousands of men and boys who constitute the personnel of the British Navy.

About forty-five years ago Miss Weston commenced her efforts publicly on behalf of temperance as superintendent of the Royal Navy department of the National Temperance League of England.

Miss Weston's activities were both multitudinous and multifarious, and practically unceasing as well as most strenuous, to further temperance principles on land and on board ship, in addition to Bible classes, Sunday services, mothers' meetings, mission bars, in door and open air endeavors, organization and supervision of agents and helpers, etc. Chief among these combined counteractive temperance and spiritual phases of her labors for God and humanity have been the Sailors' Rests or Institutes at Davenport, Portsmouth and elsewhere. Preventive, reformatory and hortative these have proved of incalculable blessing. Drunk or sober, Jack finds a welcome there, and is helped. Even when so incapable that he has to be put to bed by the manager and his assistants, the greeting received next morning is not a lecture of reproach, but kindly words and a warm-hearted appeal to sign the pledge and start afresh. When, too, he has become an abstainer and desires to pursue the Christian way he is taught that he must in his turn seek to influence others, speaking, singing, or perhaps only by the silent but necessary witness of a consistent life.

Recognized and praised by Britain's leading admirals, Miss Weston's work received frequent marks of royal endorsement. Queen Victoria, King Edward and Queen Alexandra and King George and Queen Mary each expressed emphatic approval and admiration. By request of Queen Victoria, the "Royal" was prefixed to the title of the Rest. In May, 1910, King George sent his personal congratulations to Miss Weston on her seventieth birthday, and a kindly message when two years ago the work of the Royal Sailors' Rest was definitely extended.

Prayer, love and faith were the motive principles behind Miss Weston's magnificent achievements. She believed in God and she believed in her fellowmen. Loving all, she especially loved those, and the dear ones of those, who live and labor on the mighty deep. Her sympathies confined to no one nationality, her name, it is said, was almost as well known in distant Japan as in her own land—Britain. A keen student of the Word of God she sought to base her life and efforts on the Saviour's self-sacrificing altruistic teachings and example. Hundreds of thousands of sailors, their wives, mothers and daughters, bless God for Agnes Weston and her noble, Christlike endeavors the past half century, to save, relieve, ameliorate, strengthen and console.

Well did Agnes Weston earn the

THE EXPLANATION
Nature placed the growth-promoting "vitamins" in the oil of the cod-fish—this explains why

Scott's Emulsion
is so definite in its help to a child of any age. Latta's science reveals that the "vitamins" are essential for normal growth. Scott's Emulsion will help any child grow.
Burt & Brown, Toronto, Ont. 1914

affectionate title of "The Mother of the British Navy."—American Messenger.

Modest Dances Hereafter.

Modesty and respectability will prevail in dancing from now on, according to the official forecast at the second annual convention of the American National Association of Masters of Dancing held at New York. Three hundred members from all parts of Canada and the United States attended, and Fenton Bot, president of the association voiced these predictions.

"The old waltz is coming back—is already back," he said, "and there will be no new dances, only a few modifications. For instance, ladies who have been pushed backward over the ballroom floor too much, will go forward on a 50-50 basis with the men."

St. Joseph, Levis, July 14, 1909. Minard's Liniment Co., Limited.—Gentlemen.—I was badly kicked by my horse last May and after using several preparations on my leg nothing would do. My leg was black as jet. I was laid up in bed for a fortnight and could not walk. After using three bottles of MINARD'S LINIMENT I was perfectly cured, so that I could start on the road.

An apple tree bearing thirty-two kinds of apples and six of pears has been produced by Henry Flater, of Findlay, Ohio, after years of experimenting. The tree, declared by experts to be one of the most exceptional horticultural wonders ever produced, was the last of the famous Vance orchard.

When Mr. Flater went to work on it the trunk was decayed in several places. Limbs were dead and farmers declared it never would yield again. Filling the holes with cement and bracing the broken limbs with chains, Mr. Flater grafted on various kinds of apples. Year after year he added new grafts, until this summer the tree is giving more than three dozen kinds of fruit. The tree is more than seventy-five years old and is bearing apples from early Summer until late Fall.

PILES
Do not suffer from PILES. Use the only certain cure. Chamberlain's Pile Remedy. It is a certain cure for all kinds of PILES, whether internal or external. It is a certain cure for all kinds of PILES, whether internal or external. It is a certain cure for all kinds of PILES, whether internal or external.

Former British officers returning from France and Belgium, where they have been going over the ground where a year ago they were still fighting, express astonishment at the manner in which nature is blotting out the scars of the war. "No Man's Land everywhere is covered with a mass of poppies," said one officer, "and the disappearance of the rusty barbed wire makes one almost forget the place was ever the most desolate prospect a man ever saw. But the trenches are still there and so is much of the timber, both startling reminders of the days when we did not know just what was going to happen next."

Children Cry FOR FLETCHER'S CASTORIA

A London paper states that the Dutch have been able to make arrangements for bringing over 50,000 tons of coal monthly from the United States, and as we now see from Cape Breton as well. They are probably paying a high price, but they cannot get coal from elsewhere. England sends practically none, and there is a little forthcoming from Germany, incidentally that shows how false was the story that whatever the result of the war might be Germany was ready to resume export trade at once. She is not able to export to her nearest neighbor, although a remunerative market is there open to her.

CASTORIA

For Infants and Children. Use For Over 30 Years. Always bears the Signature of Dr. J. C. Fletcher.

That Great Britain intends to insist upon having 2,250,000 tons of the three million tons of German shipping to be divided among the Allies by the reparation commission after the ratification of peace is the statement made to the Daily Mail by an official of the Ministry of Shipping, who added that the position was delicate and complicated, and that intricate internal negotiations were yet to be completed. Nevertheless, he was confident that Great Britain ultimately would obtain approximately what she demanded. Even then, her loss in shipping during the war would exceed 5,000,000 tons.

Children Cry FOR FLETCHER'S CASTORIA

Make Every Hour Count

FOR the salesman, collector, contractor—the man who "must get there"—the Ford Runabout.

Through the traffic of the city, over rough country roads to the outlying town, the Ford Runabout travels rapidly and economically.



F. J. PORTER, Dealer - Wolfville.



The Men in our Mines

know the value of wearing the right underwear. Exposed as they are to draught and dampness, these bread-winners cannot afford to take any chances with their health.

That's why so many of them wear Atlantic Underwear. They know by experience that it affords the body maximum protection, comfort and that freedom of play for the muscles that men who work strenuously require.

Sold in five different weights and qualities. Our lowest priced lines are not equal to the more expensive ones, but each is guaranteed to be the best value of its class. Compare them with others of like price and see for yourself.



G. W. V. A.

All returned soldiers should read

THE VETERAN

the official organ of the G. W. V. A.

Published monthly. Price \$2.00 a year. H. P. DAVIDSON The Magazine Man

100% SANITARY

Germs flourish in the seams and joints of ordinary milk pails. No matter how carefully you wash and cleanse, you never can be quite sure that some crevice does not harbor a colony which will make trouble later on.

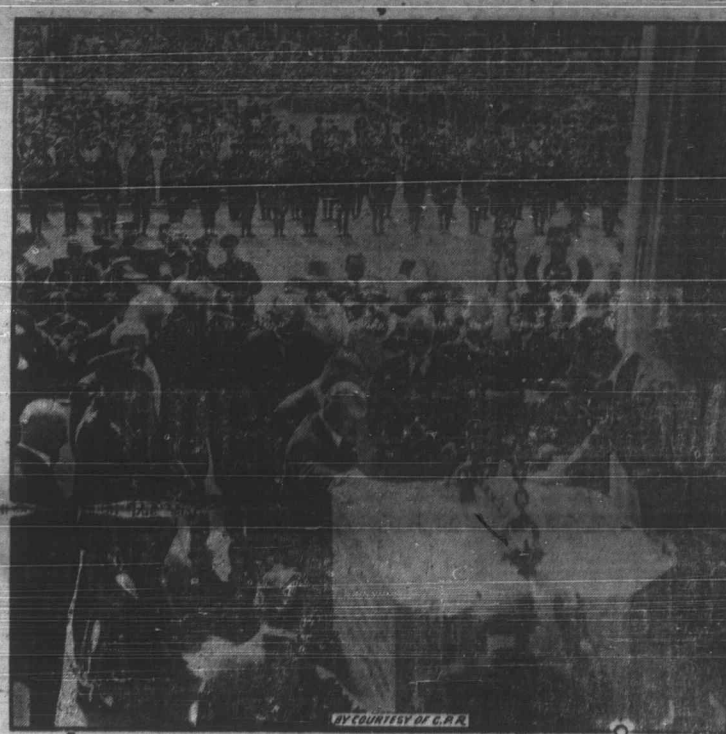
EDDY'S INDURATED FIBREWARE MILK PAILS

are 100 per cent sanitary, because there are no joints or seams to cleanse. They are made in one piece, from wood only, and are completely impervious to high temperature, and are absolutely impervious to liquids. Eddy's Milk Pails are practically indestructible. They cannot be dented and no cracks can develop on the surface. They cannot be attacked and no ordinary accident will do them injury. They cost no more than ordinary milk pails. They will save you labor now, and in the long run they will save you money.

The E. B. EDDY CO., Limited HULL, Canada Makers of the Famous Eddy Matches

SHIPPING TAGS

PRINTED TO YOUR ORDER THE ACADIAN PRINT SHOP



Prince of Wales laying the corner-stone for the central tower of the Parliament Buildings, Ottawa.



The Prince inspecting Cavalry at Rideau Hall, Ottawa.

Another Niagara Discovered.

What is thought to have been a second mighty cataract of Niagara has been discovered at Thorold, Ont., by Doherty, Quinlan and Robertson, Limited, contractors on Section 3 of the new Welland ship canal. After excavating some twenty feet of solid clay near the upper end of this section the rock bed was found to be very smooth, and further down a series of steps in the rock have been found to be smooth on the edges also and well worn.

The edge of the cataract so far uncovered begins at the new Niagara, St. Catharines and Toronto railway bridge, and runs in a southwesterly direction for a distance of about 400 feet. This being the end of the excavation does not permit further explanation.

The first fall is in the form of steps for a distance of thirty feet with a total drop of twenty-five feet. The depth of the next fall cannot be determined yet, but the excavating shows that it likely was a perpendicular fall for an unknown distance.

Altogether it gives the appearance of an immense river which connected Lake Erie and Lake Ontario some thousands of years ago, the exact age being unknown.

If Marshal Foch did not actually give the British credit for winning the war he at least came very close to doing so, in his letter to the British Parliament.

"If I was able to bring the war to a speedy conclusion, it was due to the sustained determination of the British government to reinforce and keep up in 1918 sufficient effective and give powerful assistance to the transport of American divisions.

Marshal Foch's letter should end the 'who won the war' talk, as well as the 'we won the war' talk.

The U. S. Government has so much 'coin of the realm' that it actually bulges out the walls of the vaults containing it. The Treasury has asked Congress to appropriate \$1,500,000 to make the vaults secure and provide additional ones. The treasure is gold and silver accumulated during the war.

It used to be that cleanliness was rated next to godliness. But that was before the nickel bar of soap wore to ten cents, with bright prospects of it becoming two for a quarter. Now cleanliness is next to impossible.

Mail Contract.

SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 3rd, October, for the conveyance of His Majesty's Mails, six times per week, between—

Berwick P. O. and Griffin P. O. and over the Kentville No. 2 Mail Route.

under proposed contracts for four years, to commence at the Postmaster General's pleasure.

Printed notices containing further information as to conditions of proposed Contracts may be seen and blank forms of Tenders may be obtained at the Post Offices of the terminal and route offices, and at the office of the Post Office Inspector.

W. E. MACGILLIVRAY Post Master Inspector. Post Office Inspector's Office, Halifax, 2nd August 1919.

Children Cry FOR FLETCHER'S CASTORIA

Mr. Arthur Henderson, former Labor Minister in the British Government, intimates to the workers that they are mistaken in thinking that they have the right to strike on every possible occasion and for every purpose. Popular opinion evidently is with Mr. Henderson. He has just been elected by a thousand majority in Widnes, where he fought one of the most notable bye-elections since the present Parliament was elected.

Sir Joseph Davies, K.B.E., who has just returned to England from a visit to several United States shipbuilding yards, is optimistic as regards the future of British shipbuilding. Sir Joseph states: "I have had an opportunity of seeing shipbuilding in America, both in the old and the new yards, and I have returned convinced that we at home can hold our own in shipbuilding, unless a great change is brought about on the other side."

Say, do you know the kind of a fellow who's just to the world's mind? The kind that folks enthrone over and take off their hats to? It's the man who does things. Not the man whose grandfather got there; not the man who would if he could; not the man who is going to some day—but the man who does things.

Canada will send four representatives to the labor conference at Washington—two representing the Government, and one representing capital and another labor.



Every 10 Packets of WILSON'S FLY PADS WILL KILL MORE FLIES THAN 58 WORTH OF ANY STICKY FLY TRAP.

Clean to handle. Sold by all Drugists, Grocers and General Stores.

PUBLIC NOTICE!

All persons having legal demands against the estate of Avar J. Woodman, late of Wolfville, merchant and undertaker, deceased, are requested to render the same duly attested within twelve months from the date hereof, and all persons indebted to said estate are requested to make immediate payment to: SELINA WOODMAN, Administratrix. OTTA FOSDAY, Administrator. Wolfville, October 5, 1919.

Professional Cards.

DENTISTRY.

A. J. McKenna, D. D. S. Graduate of Philadelphia Dental College. Office in McKenna Block, Wolfville. Telephone No. 48.

Geo. C. Farrell, O. D.

Webster St., Kentville. Every Thursday, Friday and Saturday. Appointments for Examination of the Eyes may be made by mail or phone.

Charles Hogan, C. E.

Provincial Land Surveyor. Surveys, Plans, Levelling & Estimates. Church Street. Greenwich, Kings Co., N. S. Long distance telephone, Wolfville 1204-1204.

If You Have Funds

to invest and want advice notify me and I will call.

R. W. TUFTS

Phone 32. BROKER. Agent Halifax Fire Insurance Co.

DR. J. T. HOTCHKIS

Veterinary Surgeon WEBSTER ST., KENTVILLE. Phone 10.

M. R. ELLIOTT

A. B., M. D. (Harvard) Office at residence of late Dr. Bowles. Telephone No. 28. Hours—8 to 10 a.m., 1-3, 7-9 p.m.

E. S. NOTTING

V. S., B. V. S. C. Veterinary Surgeon, Physician, Etc. Nictus Bldg., Aberdeen St., Kentville. Phone No. 214.

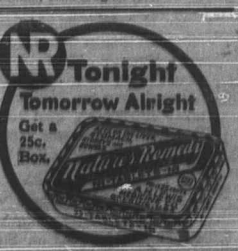
Mail Contract.

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W. P. O., Halifax, Berwick P. O. and East Hill's Harbor Road P. O. under proposed contracts for four years, to commence at the Postmaster General's pleasure.

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W. E. MACGILLIVRAY Post Office Inspector. Post Office Inspector's Office, Halifax, 15th August 1919.



Sold by A. V. Rand.

Know A Good Repairman?

Ever neglected shoe repairs because you did not know where to take them? It's not economy—to do that. You can have your work done right here in a way that pleases. Try us—and be your own judge. We repair children's shoes—work boots—all kinds of jobs—carefully and promptly. You can have NEELIN SOLES—we apply them. They add longer life to the upper and preserve the shape and form of the shoe. Very conveniently located—we await to be of service to you.

JEFFERSON'S "THE CASH SHOE STORE"