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Nov. 12, 1918

THE CARLETON PLACE HERALD.

HOME CIRCLE COLUMN

Pleasant Evening Reveries dedicated to tired Mothers as they Join the Home Circle at Evening Tide.

Of all evils prevailing among young men we know of none more blighting in its moral effects than the tendency t speak slightingly, of the virtue of and ladies.

its moral effects than the bendency to speak slightingly of the virtue of women. Nor is there anything in which young men are so thoroughly mis-taken as the low estimate they form of the integrity of women—not of their the integrity of women—not of their own mothers and sisters, thank God, but of others, who, they forget, are somebody else's mothers and sisters.

* * * Don't wait until a man gets into trouble before lending him a helping hand; don't wait until he gets sick to extend him your sympathy don't wait until he is dead to speak in eulogy of him. Strive to make him happy as he walks down the pathway of life, then you will have done some good, but if you wait until he dies, your hand, your evenpathy and your eulogies will avail sympathy and your eulogies will avail him nothing as he plunges into the Great Un-known.

* * * The young woman who keeps her hands white at the expense of her mother, who performs the household duties, is never likely to astonish people duties, is never likely to astonish people with her order and cleanliness when she gets a home of her own. Neither is the young man who depends on his father for the necessaries of life and the good clothes which he wears, apt to set a very large portion of the world afire.

Would that our busy toilers could realize that they must enjoy passing days, if they would be happy. The pleasure to which they look forward seldom comes. The man or woman who has not learned contentment and how to find delight in the present, thas little reason to expect it in the future.

All that the wife can do will not make the home an agreeable one. Neither can a wife be happy with a husband who is addicted to finding fault with his bread and butter. She may try ever so hard to please him, yet when he sits down to meals, she lives in constant fear that some portion of the food will not suit his fastidious taste.

Be polite to your children. Do you expect them to be mindful of your welfare, to grow glad at your approach, to bound away at your pleasure before your request is half spoken? Then, with all your dignity and authority mingle politeness. Give it a niche in

DON'T BURN THE LEAVES

One hundred pounds of teaves will make a good bonfire, but how many of the householders lighting up the street corner blazes these nights realize that for every one hundred pounds of leaves they destory nearly 20 cents' worth of plant food ? A few months ago every home garden-

er was anxiously endeavoring to increase the richness of his garden soil. Now is the time for him to accomplish considerthe time for him to accomption consider-able soil enrichment by gathering up all the leaves he can find. He should pile the leaves with layers of garden soil, so that they will not blow away. Dampen the pile slightly and protect it from the rain and snow. If rain falls on the pile much of the nitrogen and potash will be washed out.

much of the nitrogen and potash will be washed out. Dr. F. Shutt, Dominion Chemist, Ottawa, finds that 1,000 pounds of leaves contain 8.87 pounds nitrogen (the plant food that causes the stalks and tops of vegetables to grow), 1.94 pounds of phosphoric acid (the food that hastens the ripening of vegetables, grain), and 3.92 pounds of potash (the food that gives the plant strength and causes the formation of starch in the vegetable or fruit).

* * *

We cannot honor with too deep a reverence the home affections; we can-not cherish them with too much solicitude. Members of the home circle lose nothing by being polite and kind to one another. Little children with initiative creatures; if the

are such initiative creatures; if the father shows kindly attention to the mother, bright eyes will see the act and be sure to do just like papa.

* * * Every wife ought to know her

Every wife ought to know her husband's income, and that knowledge should be the guide of her domestic expenses. Better is a dinner of herbs than a stalled ox with hatred therein Where a wife makes up her mind to do her duty in this respect she will brighten her little home and make it a place of perpetual sunstine.

* * *

Words of kindness do more good than hard speeches, as the sunbeams, without any noise will make a traveller cast off his coat, which all the blustering winds ins coalt, which all the onstering whats could not do. If we are kind to others, we not only benefit them, but the influence on them is great, and if we cultivate the grave of kindness our characters grow nobler and better. * * *

There are a great many things in this world that we are not sure of but there is one thing we may be sure of— "Be sure your sins will find you out." * * *

Take aim before you shoot ; otherwise your shot may go crashing in amon heartstrings and still their quivering for

Don't try to follow every fashion unless you wish to ruin your health, your good looks and your pocket books. Wife, your power in the home unlimited. You are its queen. Then at least your sway is undisputed. There.

There is always a ray of light to pierce our gloom, if we will not close our eyes and refuse to see it.

Keep the home-fires bright if you ould have the winter of life warm and pleasant.

GUARD THL CHILDREN

FROM AUTUMN COLDS

The Fall weather is the most severe season of the year for colds—one day is warm, the next is wet and cold and unless the mother is on her guard the little ones are seized with colds that may hang on all winter. Baby's Own Tablets are mothers' best friend in pre-venting or banishing colds. They act as a gentle laxative, keeping the bowels and stomach free and sweet. An occasional dose will prevent cold or if it does come on suddenly the prompt use of the Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont. The Fall weather is the most severe

How One Skipper Escaped

There are so many tragic stories in connection with the murderous warfard of the German submarines that one is grateful to Syren and Shipping, of London, for a highly amusing story of London, for a highly amusing story of what happened to one gallant merchant ship captain. His ship had been sunk and the crew were rowing away when they were ordered by the commander of

Farmers of Canada Have Much at Stake In the Victory Loan

Money From Loan Needed to **Finance Exports of Farm Products to Britain.**

The Canadian farmer stands to gain or lose much through the success or failure of the Victory Loan. He is much more dependent on it for the ready sale of his products than has generally been realized. than has generally been realized. Some there are, even to-day, who fail to grasp the facts of the situation. It is a mistaken idea that all a farmer has to do these days is to raise grain, cattle, hogs; or produce cheese, butter or eggs and he is sure to find a ready market at high cash prices. A keen demand for these



MR. J. H. GUNDY. Vice-chairman of the Dominio Victory Loan Committee, and strong leader in the campaign. and a

strong leader in the campaign. products, of course, exists, and Great Britain will take all of them that Canada has to spare; but the de-mands of the war have been so heavy that she cannot pay cash for all these things. She must have credit. It is here thaf the Dominion Govern-ment steps in, and provides the cash, obtaining the necessary funds through the Victory Loan. The farmers should be as enthus-iastic over the Victory Loan cam-paign as any other class. If it is not a decided success they stand to lose heavily. But if they subscribe to it liberally and endeavor to get others to do so, its complete success is assured.

PRAIRIE FARMERS' EXAMPLE. Saskatchewan, which is almost a purely agricultural province, has given a splendid lead to the rest of the Dominion. Owing to the crop failure in sev-eral of the districts, the allot-



Vegetable and Root Crops Grown This Summer Must Be Carefully Stored to Prevent Loss — Proper Temperature Checks Decay-Sand Will Ensure Firm Vegetables. (Contributed by Ontario Department of Agriculture, Toronto.) THE year 1917 provided, both

in the United States and in Ontario, conditions very unfavorable for the production of good seed corn. Excess of mois-ture in the crop was followed by freezing and these conditions result ed in one of the worst seed corn years in a generation. As a result of this, much of the seed corn sown in Ontario in 1918 was, to say the least, of varieties that were late in matur-ing. A very high percentage of this corn which will be used for seed next year, now contains a large amount of moisture. To make this corn of the greatest value for seed purposes, it should be harvested, if possible, be-fore heavy frost and thoroughly dried. Maturity is one of the essentials in producing good seed corn, but no less important is the thorough drying of the seed. ed in one of the worst seed corn

It is not even necessary for corn to be frozen to loss some of its vital-ity, it will deteriorate at ordinary temperatures if not well dried. When freezing occurs, greater loss in vital-ity is experienced. Corn which is har-vested with an excess of moisture should be dried as rapidly as pos-sible as this removes the danger of injury from moulding, fermenting and freezing. In the process of dry-ing, a free circulation of air should be provided and, if necessary, arti-ficial heat used. Seed corn can be most readily dried when stored in the ear. seed.

ear, Where the corn is well matured and is grown in large quantities, the corn-crib provides one of the most satisfactory drying mediums, as it supplies the best of air circulation along with protection against storms and vermin

and vermin. A post in which a number of nails are driven at an angle of forty-five degrees, and the ears stuck on the protruding ends, provides a good me-dium for drying seed corn ears. These posts with a platform at the base may be readily removed to places where artificial heat can be used if neces-sary.

where relatively small amounts of

Straw for Idle Horses.

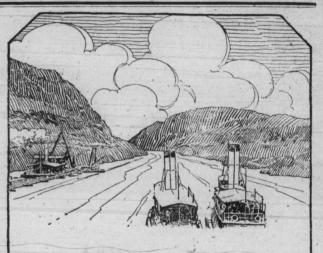
 We have seen horses and one or two feeds whether it is more composed of straw, and less grain the Spirit of the Boys Over There Exists at Home.
Canadians at home must do their utmost in the Victory Loan drive, for the boys in France are looking on These brave fellows, the pride of the spirate of the provinced and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed to horse at hard work, but during the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's digestive system is not suitable feed and the horse's at hard work, but during the horse's digestive system is not suitable feed and advantage where hay is scarce, and particularly if a little grain ration. If the system is not suitable for a light feed on a dight grain ration. If hay were available for a light feed on the boys in France are looking on the system wates the best feed, barlies the straw makes the best feed, barlies the straw makes the best feed, barlies the straw coming second and wheat and ry estraw last. A few roots may utmost in the Victory Loan drive, for the boys in France are looking on These brave fellows, the pride of the British Army, who have carried all before them during the last three months, must not be disappointed in the folks at home. It must be demon-strated to them that the spirit er-hibited in the front line, is to be found also on the home front. There is no problem confronting Canada to-day, or likely to confront her in the future, which Canadians cannot solve, if they put their minds to it. There is no task for them too difficult. But, while everybody be-lieves this, there is no use talking about it, unless the Victory Loan is put over. It will be, for it must be.



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. C. F. BURGESS, Can. Food Board License No. 9-279 Headquarters for the Lake of the Woods Co. products



How Is Your "Culebra Cut"?

The Panama Canal is a clear passageway as far as the Culebra Cut. But Gold Hill has a-way of slipping into the cut. And until dredges can clear the channel, the industrial schedule of the world is out of gear.

How about your own canal? The intestinal canal is a clear passageway as far as the large intestine. There, if you become constipated, waste matter is allowed to stagnate. It becomes unnaturally dry and undergoes abnormal fer-

assured.

BUY MORE VICTORY BONDS.

Don't burn the leaves. Their ferti-zing value is too great. Either dig

bolt our due teaves. Then tert lizing value is too great. Either dig them into the garden soil thi- fall or save them in a pile. Besides adding plant food, leaves add exceeding valuable plant matter or humus to the soil. This humus gives body to your garden soil if it is light and neady or opposit to if the soil is deaved sandy, or opens it up if the soil is clayey. Leaf humus also forms a home and store-house of food for millions of soil bacteria, whose work it is to change the soil into such form that it can be used by grow-

Don't burn your leaves. Gather all you can and save them for your garden They benefit the plant home and increase its food supply.

A Good "Buy"

The United States farmer who bought a bond in the Third Liberty Loan re-ceives 44 per cent. These bonds are now standing in the market at approximately 97.40. The Canadian farme who bought a Victory Bond in 191 receives 51 per cent., and this bond, which cost him \$98.66, is now quoted at \$100 and interest. His investment at \$100 and interest. His investment is more profitable than that of his American neighbor, for he gets 25% more in interest return on the amount he invested than does the latter

What the Drill Sergeat Said

The new recruits were very keen One man especially did everything with energy. The order was given to march. energy. The order was given to march The enthusiastic one, who was in the front rank, set off with a will.

He atrode out, arms swinging, head erect, and eyes strictly in front, never noticing that he had left his comrades ebind

The drill sergeant swallowed hard, then called sweetly : "Say ! When you get there, seed us a picture postcard !"

they were ordered by the commander of the U-boat to bring back their skipper

who was to be made prisoner. "All unwillingly," the story goes, "the men row their skipper to the pirate and in reticent sailor fashion wish

him good luck as he mounts her iron side. He reaches the deck and is incontinently ordered below. English and German looking on, the former glum at the fate of their captain, the latter jubilant that they have gallantly accounted for another hateful British "The skipper, waving his adjeu to his

"The skipper, waving his adieu to his late crew, repairs to the conning tower, and the facetious Huns crowd round to assist him below. Cautiously he lifts one leg into the darksome hatch and then the other. "And then—there is an hiatus, for now appears that he is of such Falstaffian proportions that he can get no further. Even the commander takes a hand in the struggle. But all in vain ; get him below they cannot. The conning tower was not made for the accommodation of such a joyial rotund accommodation of such a jovial rotund Britisher. Even the perspiring com mander is compelled to admit that thei prisoner cannot be cribbed and cabined

in their pirate craft. """ Fortunately that U-boat commande was not devoid of humanity and a saving grace of humor, and so instead of submerging and leaving him to drown he ordered the captain back to his

a command obeyed with alacrity, the British jacks grinning audibly.

Money Wins-Buy Victory Bonds.



Canadians at home must do their utmost in the Victory Loan drive, for the boys in France are looking on. These brave fellows, the pride of the British Army, who have carried all before them during the last three months, must not be disappointed in the folks at home. It must be demon-strated to them that the spirit ex-

BUY BONDS FOR VICTORY.

DOUBLE UP.

DOUBLE UP. The call is now "Double np." Everybody seems to be doing it. Why shouldn't they? The cause is worth doubling up for. Besides, it would be impossible to get a better invest-ment. It's better than the Amer-icans were offered, for their Fourth Liberty bonds bear, only 4% per cent, whereas ours carry 5%. So "doubling up" is the correct thing. It is patriotic and also good business. Double up. up.

THE CRISIS.

Your country needs your fincial help to meet its crisis to-day. You may need financial resources to meet a possible crisis in your affairs later on. There is one safe, sane, sure way to meet either kind of crisis. In taking it you discharge your duty to your country and to yourself. Take it to-day. Buy Victory Bonds. Buy all you can.

LEND TO CANADA.

cold damp conditions. Lift the roots with a digging fork and twist off the tops, putting them in piles and cover-ing with the tops. If a large area is to be lifted and one is expert with a sharp hoe he can very quickly re-move the tops, but they will not keep quite as-well. The roots should be ploughed out, throwing them as much as possible on the top. Bins with slatted sides and bottom should be used for storage where possible as slatted sides and bottom should be used for storage where possible, as this gives the roots a chance to sweat. If the storage room temperature is above 40 degrees F. cover them with sand. Carrots should not be deeper than two feet in a bin, others may be four feet. Where cellar storage is not available use pits. These should be three feet wide, two or three feet high and of any length. Run the pits north and south where possible, and high and of any length. Run the pits north and south where possible, and have them on well drained ground. Put a layer of straw on the ground and cover first with straw six inches deep, then six inches earth, and as frost gets harder cover with fresh strawy manure.' Have ventilations every 15 or 20 feet as all roots sweat in storage. These may be filled with straw during cold periods. All roots should be as free from dirt as possible when put in storage. It is often advisable to leave a few days in small'piles so that at the sec-

days in small piles so that at the se ond lifting any adhering will be moved.—A. H. MacLennan, B.S. Ontario Vegetable Specialist. B.S.A.

mentation and putrefaction. Germ activity is increased. Your whole system is out of ge ir. Result, the production of irritating and pois onous substances, which are alborbed your blood and carried all over your body, liable to produce disease anywhere. The longer such stagnation is allowed to exist, the harder it is to clean out the canal. 50% of human disease originates in the "Culebra Cut."

If engineers tried to blast out the slide from Culebra Cut they would have more slides to cope with. If you try to blast out accumulated waste from your Culebra Cut with pills, salts or purges, you will increase your constipation-and next time you will have to take stronger medicine in a larger dose.

You can't dredge your canal. You can clean it out with Nujol.

Nujol softens the mass, and supplies the intestinal canal with sufficient moisture to replace deficient mucus. It causes the obstructive waste matter to pass gently out of your system at a regular hour, absorbing and removing the poisons as it goes. Nujol regularly keeps the traffic of your mind and body operating on schedule.

i a

You admire the Panama Canal system. Why not safe-guard your own? Your druggist has Nujol.

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