

## Selected Recipes.

For oatmeal pudding pour a quart of boiling milk over a pint of the best fine oatmeal, and let it remain all fine oatmeal, and let it remain oughly night. Next day beat two eggs and add a pinch of salt. Butter a basin longer. add a pinch of sait. Butter a washing leather gloves rinse that will just hold the ingredients. Cover tight with a floured cloth, and boil for an hour and a half. Eat it with cold butter and salt. When cold with cold butter and salt. When cold stiffly.

slice and toast it.

For baked apples take the number required, and choose them, if possible, of equal size. Wipe them well with a damp cloth, and remove the core with a fork or apple corer. Place them in a balking tin, sprinkle them first with little water and then with granus colored water. a baking tin, sprinkle them hirst who a little water and then with granulated sugar, and bake in a moderate oven until soft. The time will depend oven until soft. The time will depend oven until soft and used and will the soft of the upon the kind of apple used, and will aluminum vessels can be removed by on to a clean dish and sift a little su-

Those who are fond of carrots will find this recipe excellent:—Use three good-sized carrots for four persons. Scrape and pare them and cut into small pieces. Put a teaspoonfu! of rendered beef suet in a pot, add a little onion juice, put in carrots, let them cook for a few minutes, but not brown, pour in boiling water to cover, ning lengthyise should be of equal in the cook of the cook o brown, pour in boiling water to cover, season with a half teaspoonful of salt, a dash of pepper, and one teaspoonful of sugar. Let the carrots boil rather

Cabbage Soup.—Put two cups shredded cabbage on to cook in enough water to cover. Let simmer slowly about three-quarters of an hour until three-quarters of an pepper and pour into not tureen in taste and place on each since of twelver, which there is one teaspoon butter, mato.

If desired, strain. Serve with oyster reachers. Tastes much like oyster never be left in ordinary paper. Parent of wood nulp, rags, glue,

crackers. Tastes much like oyster stew.

Cranberry-Raisin Pie.—Mix together one cup sugar, two level table-spoons cornstarch and one saltspoons cornstarch and one saltspoons cornstarch and one saltspoons and one half cups chopped cranberries and one-half cups chopped raisins, and let simmer for fifteen minutes, being careful not to burn. Turn into baked crust and cover with meringue. If desired, this meringue, If desired, this mixing, instead of one cup of boiling water, and do not cook before putting water

and white pepper, transfer meat to hot platter and keep hot while adding flour and butter, rubbed together, to liquor in pot, where fowl was cooked. Stir until thick and smooth. To make gravy richer, pour it upon beaten egg, gravy richer, pour it upon beaten egg, return to pot long enough to make

thick, then saute case in butter. Shred up.

small, firm, well-bleached cabbage, soak in cold water thirty minutes, grad correspondent says that the officience. The General Staff works crumbs and grated cheese moistened considerations of law or humanity, with cream, and finish with thick but which has not succeeded in prosprinkling of grated cheese. Set in ducing any effect on British shipping.

with ream, and flaish with thick apprinking or graded cheese. See Geret on British silicone and contemporary and the street an

dissolve a tablespoonful of sugar in a little vinegar and add to the black-

lead.

If curtains are allowed to dry thoroughly before being starched it will be found that they will last clean

apon the kind of apple used, and will aluminum vessels can be removed by vary from 20 minutes to 1 hour boiling a solution of water and borax when the apples are ready lift hom and letting it stand for some time in

When making aprons it may be an

ning lengthwise should be of strength with the wool thread run-ning crosswise. Remnants of meat of different

of sugar. Let the carrots boil rather slowly for an hour. If the water boils low add a little boiling water to replenish.

Cabbage Soup.—Put two cups shred-let be shown and the case and fried brown on both sides. They are very good for

about three-quarters of an nour distriction to the standard to

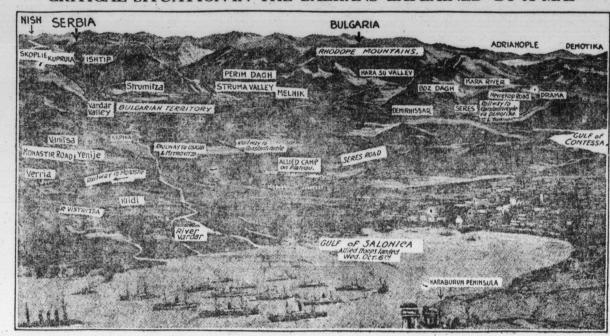
GERMANS HARD HIT.

the luncheon in the Emperor's quarters to pot long enough to make the property of the British flect in the North Sea, especially on the Dogger Bank, has driers.

Cabbage Loaf.—Remove crust and copy of the German fishing fleet from the copy out inside of oblong loaf of fread, leaving wall one-half inch fish in Germany and Sweden is going like, then squte case in butter. Street well as the specially of the second of the

small, firm, well-bleached cabbage, soak in cold water thirty minutes, drain and cook in uncovered vessel cial organ of the Government, the containing boiling salted water to Messenger, devotes a long article to cover. Add small pinch of soda. Cook twenty-five minutes, drain, season with half saltspoon pepper, one tables spoon melted butter and one-half cup white sauce. Fill bread box case with alternate layers of cabbage, bread- has been carried on regardless of all

## CRITICAL SITUATION IN THE BALKANS EXPLAINED BY A MAP



This pictorial map, reproduced from The London Sphere, goes a long way to explain the situation in the Balkans. enormous geographical difficulties which confront the armies can be grasped easily by a glance at this map. After the landing of the Allied expeditionary forces at Saloniki the detachments were concentrated on a plateau outside the city. From there they would be transferred to the Serbian border by the Saloniki-Uskub railway (seen on the left of the map). This line has an extremely Important strategic value. Another railway route shown—the through route to Constantinople—will of course prove of the utmost value to the Austro-Germans if they can gain possession of it. The map also shows the Bulgarian salient (i.e., bulge) into Serbia

Campaign.

The following authorized descrip-

case use one-half cup of cold water in mixing, instead of one cup of boiling water, and do not cook before putting between crusts.

Fricasseed Chicken.—Joint chicken, wipe off with clean, wet cloth, pour cold water over it, drain and lay it still wet in pet in layers, each layer covered lightly with minced salt pork. Set in another vessel of hot water, cover closely, bring to boiling point, then simmer slowly for some hours, until chicken is cooked. Remove lid from pot, season chicken with salt and white pepper, transfer meat to an easy to be done only when casting on stitches.

The simplest way of dealing with with his givests. Two o'clock finds the town of the bouse altogether, and this can be done at the expense of a few pints of again occupied with reports in the Emperor's private office. In mid-afternoon the Emperor and General Alexieff again occupied with reports in the Emperor's private office in mid-afternoon the Emperor and General Alexieff again occupied with reports in the Emperor's private office. In mid-afternoon the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor's private office. In mid-afternoon the Emperor's private office. In mid-afternoon the Emperor's private office. In mid-afternoon the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor and General Alexieff again occupied with reports in the Emperor a the Emperor reads the reports and issues orders until 1 p.m. He informs himself concerning the conditions on

INTENSIVE WHEAT GROWING.

Surprising Results Can Be Obtain By the Method.

Seven years ago, says Pearson's

Streets of Paris.

During the reign of Louis XV. of tion of the Czar's life at the front has reached Petrograd:

France, the light chaise came into fashion, and great ladies of Paris "Headquarters has been established were accustomed to drive in a small two-storey house in a about the city. But beautiful hands white Russia city, the name of which is necessarily omitted. Emperor because two rooms on the second floor—one as a bedroom and the king besought the minister of pother are Minister of the Court, Genjof pedestrians were constantly in danger of the court, Genjof pedestrians were constantly in danger of the court, Genjof pedestrians were constantly in danger of the court, Genjof pedestrians were constantly in danger of the court, Genjof pedestrians were constantly in danger of the court of th

CZAR'S LIFE AT THE FRONT. HE KNEW THEIR WEAKNESS. drove her own chaise. The police minister knew that few women would How the Russian Ruler Conducts the How Accidents Were Stopped in the care to advertise the fact that they were over thirty, and that the rest would probably be too old to drive, anyway.

Object: Undoubtedly Matrimony.

The woman of the house reached the conclusion that the attachment of the policeman for her cook must be investigated, lest it prove disas trous to domestic discipline.

"Do you think he means business,
Bridget?" she asked.

INTERNATIONAL LESSON.

NOVEMBER 28.

Lesson IX.-Amos the Fearless Prophet, Amos 5. 1-15. Golden Text: Jer. 23, 28.

I. The Impending Fall (Verses 1-3). of the watch.

The virgin of Israel is fallen: She shall no more rise; She is cast down upon her land:

There is none to raise her up.

is personified as a maiden, but one no longer blithesome and gay, going her coast-warning signals, which are happy way erect and vigorous, but cast down and mournful. (Compare labeled to maiden or mother is here used for the first time. Afterward the personification is frequent. fication is frequent.

II. The Fate of Israel Deserved (Verses 4-11).

4. Seek ye me, and ye shall live-The Hebrew has a more forcible expression: "Seek ye me and live." (See Gen. 42. 18). To seek God means to consult him through a prophet or oracle (Gen. 25. 22; Exod. 18. 15; 1 Sam. 9. 9; etc.). It also means to regard his revealed will and to obey him (Isa. 9. 13; Jer. 10. 21; Psa. 9. with out little exaggeration, it may be said that the Italian army divides. 10; 24. 6; etc.). It was in this latter be said that the Italian army sense that God wanted Israel to seek its spare moments between him, not as in verse 5.

SEA SIGNALS.

How Messages Are Sent From Ship

Means of communication between one ship and another, or between a ship and the shore, of however crude nature, are known to have been in existence from the very earliest days

In many parts of the world watch towers were utilized by night, and the method employed is to this very day practised in uncivilized countries. The strength and utility added to

our Navy by wireless telegraphy can hardly be imagined. At the same time, it has its limitations.

In clear weather wireless tele-graphy is sufficient, but in thick weather, although it can be used for summoning help, it will not give the exact position of the boat in danger, and the rescuing ship may be within a few miles of the wreck, but unable

to locate her for many hours.

Another method of communication is the use of fog-horns, steam-whistles and sirens, but these are not always reliable, for the atmosphe performs some curious tricks

A noise made under water, however, is an extremely reliable guide, and can be heard at a greater dis-tance than the same sound through air. The best way to recover a watch which has dropped into the water is for the swimmer to be guided by the sound of the ticking.

This is a scientific fact, the explanation of which would entail a long, highly technical treatise, which would extend the state of the carried treatise.

would not enlighten or entertain the average reader. But it is a which makes out a strong case

signalling by bells under the sea when safety is being considered. The instalation for receiving bell sound consists of two cast-iron water tanks fixed against the skin of the ship on each side, as far below the water-line as possible. Hanging with-in the tanks are telephone transmit-

ters of special construction.

The bell sound passes through the skin of the ship and is communicated through the water in the tanks, and thence to the receivers. The sound is then conveyed by telephone wires up to the bridge or chart-house so as to be easily accessible to the office

Verse 1. A lamentation — Hebrew, "Kinah," which means a "dirge." A composition carefully prepared, in poetic form, and usually sung by women as professional mourners at a funeral. See Jer. 9. 17.

2. The Kinah is represented by two parallel members, the second member of which re-echoes the first, but with a plaintive, melancholy cadence. Verse 2 is a good example of this form of noetry.

its infancy, but there can be little doubt that, sooner or later, it will be almost universal. At present it has to combat certain arguments used against it.

The chief of these is that in See the book of Lamentation (for example, chapter 1) for a repeated use of the Kinah.

The virgin of Israel — The nation better the virgin of Israel — The nation better this is based on an entire better that in the hope of picking up a submarine bell a captain will enter dangerous waters when, otherwise, he would take no chances and give the place a wide berth. This is based on an entire not go hunting for it.

SOLDIERS SING AND PRAY.

Religious Devotion Shown in Italian Armies.

and praying. It is believed in Italy Justice to wormwood — Israel's that King Victor's troops are the gar 7. Justice to wormwood — Israel's crying evil was civil injustice and the oppression of the poor. The Hebrew word for wormwood has been turned by the Greek and Latin into absinthe, thich, let us hope, is no more to be a synonym for curse to the strong drinker of France.

8. Pleiades—"The seven stars," as used in Old English. Shakespeare, Henry IV., I., 2, 6; see also Job 9. 9: 38. 31. 1, 1, 2, 6; see also Job 9. 17. The religious enthusiasm in the