

EXPOSURE

to the cold and wet is the first step to Pneumonia. Take a dose of PERRY DAVIS'

Painkiller

and the danger can be averted. It has no equal as a preventive and cure for Colds, Sore Throat, Quinsy and Rheumatism. Always keep it handy.

Dye!

Home dyeing is easy, safe, profitable and pleasant. If a woman will only use that English Dye, Maypole Soap, which washes and dyes at the same time. No mess, no trouble. The colors are brilliant and they cannot fade. If you can't get it of your dealer, send to the Canadian Depot, 8 Place Royale, Montreal.

Maypole Soap

Use for Black, use for Colors

HAD OVER 500 BOILS.

This may seem an exaggeration to you, BUT IT IS TRUE.

All sufferers from Bad Blood should read about this miraculous cure by

BURDOCK BLOOD BITTERS.

CURED IN 1885.

Mr. David F. Mott wrote us from Spring Valley, Ont., in 1885. He said:—I suffered from impure blood and had over 500 boils, but since taking BURDOCK BLOOD BITTERS I am entirely cured, and can recommend it to any person troubled with bad blood.

CONFIRMED IN 1901.

Mr. Mott writes us from 62 Broad St., Utica, N.Y., under date of Dec. 31st, 1901. He says:—Some time ago I received a letter from your firm, saying that some years ago you received a testimonial from me, stating that I had over 500 boils. Yes, sir, I had, and I must say that I have never had the re-appearance of one since I took the course of your BURDOCK BLOOD BITTERS. I thank God that I have had good health ever since, for I was a great sufferer. I wish B.B.B. a world of success, which it surely deserves.

For sale at all druggists or dealers.

THE T. MURKIN CO., LIMITED,
TORONTO, ONT.

BEWARE

Of the Fact that

White Wave

disinfects your clothes

and prevents disease.

A Cure For Rose Cold Hay Fever and ASTHMA

A prominent New York lawyer in an unsolicited testimonial says:—"HIMROD'S ASTHMA CURE cured me when all other remedies failed. Physicians' prescriptions did not even relieve. For years I have been a sufferer of Rose Cold with all of its annoying symptoms, such as constant sneezing and itching watery eyes. Himrod's Asthma Cure in six weeks totally eradicated a Rose Cold of years standing. No words can express my appreciation of its effectiveness."

The late (Dr.) Oliver Wendell Holmes in his book "One Hundred Days in Europe" says: "I have used all remedies—Himrod's Cure is the best. It never fails."

Send for a generous free sample today and try it. It will not disappoint you.

HIMROD MFG CO.,

14-16 VESSEY ST., NEW YORK.

For sale by all Druggists.

The Home

TO PROLONG YOUTH.

The best way to ward off old age is not to fear it, not to allow oneself to be crushed by the dread of advancing years, but to look upon each added year as a period of development and fresh experience.

Keep up your interest in and association with the young, but relinquish too youthful toilets. Do not make your effort to retain youth at all apparent, nor pose as a rival to young women. It is entirely justifiable, however, to take a little extra pains to preserve the freshness of the complexion, the brightness of the eyes and the color and lustre of the hair, though experiments with the hair dyes and other patient preservatives are vulgar and apt to result disastrously. The best thing is to keep the circulation active by plenty of cleansing baths and out-of-door air and exercise. Take a brisk walk every day unhampered by heavy clothing. With each advancing year one would need to be more careful as to personal appearance; cleanliness, neatness, and, so far as possible, elegance, must be constantly secured. But above all, the qualities of the mind and heart are to be cultivated. Cheerfulness, amiability and an intelligent interest in the affairs of the day so far as to make one popular and to prolong the golden season of youth.—Queen.

WORTH KNOWING.

An armful of fresh hay, sprinkled with chloride of lime, is one of the best agents for removing the odor of fresh paint. It is a good disinfectant generally. Place it in a room and close the doors and windows, leaving it over night.

Burning sulphur with closed doors and orifices, will permanently dispel mold and mildew from the walls where they have proved obstinately troublesome.

A clean soft cloth dipped in gasoline will remove spots from wall paper, even when it is of a very delicate color and texture. Great care must be exercised, or hopeless injury may result, the cleaning defacing more than the spot.

Whiting, mixed with ammonia, will remove paint or putty marks from window glass. Mix to a cream and let it dry upon the glass, then wash off with warm soap suds. Whiting for cleaning and a good polishing with chamois gives (upon fine glass) the most brilliantly clear windows that it is possible to obtain.

The jellying properties of sour apples are much greater than those of berries and grapes, excepting currants. Apple jelly is the easiest jelly to make, as it always jells and requires three fourths of a pound of sugar to one pint of juice, instead of the usual pound.

Flies will not settle on windows that have been washed in water mixed with a little kerosene.

Dyed chamois skin makes an excellent mat for a polished table. The skins come in peacock blue, a rich terra cotta and a dull emerald green, any one of which colors makes a pleasant addition to the furnishings of a room, especially if the lamp which stands on the mat is Oriental in effect.

"Dilute your gasoline with a little water," is the advice given by a professional cleaner to those about to clean silk and other delicate fabrics. The theory is that the gasoline loosens the dirt which the water then washes away. The proper proportions are a cup of gasoline to two quarts of water.

HOME.

"Home," says Robertson in his sermons, "is the one place in all this world where hearts are sure of each other. It is the place of confidence. It is the place where we tear off that mask of guarded and suspicious coldness which the world forces us to wear in self defense, where we pour out the unreserved communication of full and confiding hearts. It is the spot where expressions of tenderness gush out without any dread of awkwardness and without any dread of ridicule. Let a man travel where he will, home is the place to which his heart untrammelled fondly turns. He is to double

all pleasure there. He is to divide all pain. A happy home is the single spot of rest which a man has upon this earth for the cultivation of his noblest sensibilities."

GLASSWARE.

Simple white glass in graceful shapes is at all times most satisfactory for table use. From time to time one may be attracted by iridescent novelties and delicately tinted shapes, but one is sure to turn again to the clear crystal. Those who have inherited the old, heavy cut glass from colonial grandmothers are fortunate indeed, but for those who have not a very desirable imitation of it is procurable at many of the best glass and china shops. Then there is the "feather" glass, one of the most beautiful of the uncolored glass. The shapes are blown with thoughtful carelessness, so that there is a slight and delightful irregularity in form and edge which, combined with the suggested "feather" in the body of the glass, gives a most artistic result.

CHILDREN'S MEALS.

A habit which seems to possess no significance whatever to many mothers is that of allowing juvenile life to assert itself in regard to the amount of liquid consumed at the table, especially ice water. Children are allowed to dispose of several glasses of ice water in addition to one or more cups of tea, coffee, or glasses of milk at one meal. If mothers will study the harmful effects of this practice from a hygienic standpoint they will exercise a more judicious supervision over the amount of liquid drunk at the table.

It is a foregone conclusion that the short walking skirt has come to stay, and it is to be fervently hoped that it will carry so much moral sentiment with it, that a long skirt for walking in street will appear disgraceful.

IS YOUR STOMACH ON A STRIKE.

There is Nothing to Prevent You Employing a Substitute to do its work.

There is such a thing as forbearance ceasing to be a virtue even in the case of one's stomach. There is no question but that some stomachs will stand a great deal more wear and tear and abuse than others, but they all have their limit and when that limit is reached, the stomach must be reckoned with as sure as fate. The best way and really the only effective way to treat your stomach when it rebels is to employ a substitute to do its work. This will give the weakened and worn-out organ an opportunity to rest and regain its strength and health.

Stuart's Dyspepsia Tablets relieve the stomach of its work by taking up the work and doing it just as one set or shift of workmen relieves another. They actually digest the food in just the same manner and just the same time as the digestive fluids of a sound stomach do. In fact, when dissolved in the stomach, they are digestive fluids for they contain exactly the same constituents and elements as the gastric juice and other digestive fluids of the stomach. No matter what the condition of the stomach is, their work is just the same. They work in their own natural way without regard to surrounding conditions.

The stomach being thus relieved by Stuart's Dyspepsia Tablets, is restored and renewed by Nature and the rest of the human body does not suffer in the least by reason of its failure to perform its work.

A Wisconsin man says: "I suffered the pangs of dyspepsia for ten years. I tried every known remedy with indifferent results until I was told of the remarkable cures of Stuart's Dyspepsia Tablets. I bought a box, began taking them and forgot I had a stomach. Three boxes cured me completely. I have had no trouble whatever, and have an appetite like a harvest hand, and can eat anything that is set before me without fear of bad results."

Stuart's Dyspepsia Tablets are for sale by all druggists at 50c. a box. The druggist never fails to have them in stock because the demand for them is so great and so pronounced that he cannot afford to be without them. People who could not get them of one druggist would go to another and would get in the habit of buying their other drugs there as well as their Stuart's Dyspepsia Tablets.

While returning to Eastport from a visit to their home at Deer Island Monday Mr. and Mrs. Eugene Johnson were drowned, their boat capsizing.

AFTER SHAVING POND'S EXTRACT



COOLS, COMFORTS AND HEALS THE SKIN, ENABLING THE MOST TENDER FACE TO ENJOY A CLOSE SHAVE WITHOUT UNPLEASANT RESULTS. Avoid dangerous, irritating Witch Hazel preparations represented to be "the same as" Pond's Extract, which easily sour and generally contain "wood alcohol," a deadly poison.

O. J. McCully, M. D., M. R. C., S. London

Practice limited to

Eye, Ear, Nose and Throat

Office of late Dr. J. H. Morrison.

163 Germain St.

"The D.L." Emulsion

Trade-mark.

Prevents Emaciation
Increases the Weight!
Builds up Solid Flesh
Sweet and Palatable as Cream
Does not Derange Digestion.

A POSITIVE CURE FOR
Nervous Exhaustion,
La Grippe, Anaemia,
General Debility and
Pulmonary Diseases.

"This School Has

Been the Making of Me"

Is what a young man who has just graduated from

Fredericton

Business College,

Remarked to the Principal, as he said good-bye before leaving for Toronto to accept a position in that city. It can do the same for you. Send for catalogue.

W. J. Osborne,

Fredericton, N. B.

SAME OLD STORY!

Too many good positions to fill and not enough proficient young men to fill them. Still the industries must go on. It is too bad business men have to import clerical help. We train some hundreds each year. What more can we do? Qualify you for better salary.

KAULBACH & SCHURMAN,

Chartered Accountants,

MARITIME BUSINESS COLLEGE,

Halifax, N. S.

Don't Chide the Children.



Don't scold the little ones if the bed is wet in the morning. It isn't the child's fault. It is suffering from a weakness of the kidneys and bladder, and weak kidneys need strengthening—that's all. You can't afford to risk delay. Neglect may entail a lifetime of suffering and misery.

DOAN'S KIDNEY PILLS

strengthen the kidneys and bladder, then all trouble is at an end.

Mrs. E. Kidner, a London, Ont., mother, living at 499 Gray St., says:

"My little daughter, six years old, has had weak kidneys since birth. Last February I got a box of Doan's Kidney Pills at Strong's drug store. Since taking them she has had no more kidney trouble of any kind. I gladly make this statement because of the benefit my child has received from this medicine."