FITZPATRICK'S JOB MEANS ONE **MORE \$7,000 DIP**

Will Walk Away With Handsome Pension as Retired Judge.

NICE WAY "UNION" HAS

Man Appointment and Saved Money.

[Special to The Advertiser.] OTTAWA, Oct. 22.-The most recent Union Government appointment cannot be said to have created any degree of enthusiasm at the capital. Some surprise is in the first place felt that Sir Charles Fitzpatrick should accept a transfer from the high position of chief justice of the highest court in Canada, of acting administrator of the Dominion and of Canada's representative on the judicial committee of the imperial privy council, to the comparatively humble post of lieurenant-governor of Quebec. The first is a life position, the second for five years only. Moreover, Sir Charles is an Irishman, and the province which he will now administer over is French-Caradian. of acting administrator of the Dominion

Gives Up "Side Lines."
From the purely monetary standpoint te transfer would not appear to be and transfer would not appear to be devantageous. Both positions carry an annual emolument of \$10,000, but in his former position Sir Charles received extra emolument for acting as administrator in the absence of the governorgeneral, while the Borden Government appropriated a sum of \$2,500 a year in order to defray expenses incurred while der to defray expenses incurred while attendance at the privy council in

For drawing the amount, in spite of the fact that since the war he has seldom been in England, Sir Charles last session came in for severe criticism at the hands of Dr. Edwards of Fron-

at the hands of Dr. Edwards of Frontenac and others.

But There is a Pension.

There is, however, another feature to the case. On his retirement from the supreme court, Sir Charles will draw a pension based on a term of judicial service dating from 1906, and estimated at about \$7,000 a year. The transfer will, therefore, cost the public treasury \$17,000 a year, instead of \$10,000 had the appointment to the lieutenant-governorship been made directly from the appointment to the lieutenant-governorship been made directly from among the public men of Quebec. Whether, in view of the present great need for money, such pension will pass unchailenged in the House, remains to be seen. Still, Hon. C. J. Doherty, minister of justice, is in practically the same position. He draws his pay of \$7,000 as cabinet minister; \$2,500, representing sessional indemnity, and, in addition, a judge's pension of about \$3,000, or a total emolument of about \$12,500.

Catholic.

The order-in-council appointing Mr.

Migneault will, it is said, be signed tomorrow.

The order-in-council appointing Mr.

Aylmer. He was widely known and
will be greatly missed by his many
friends

DIES AFTER LINGERING ILLNESS.
WABASH, Oct. 22.—The death of ST. THOMAS, Oct. 22.—Word was Aristide Labelle, of Thamesville, received here today of the death

FIFTEEN SOCIAL **DEMOCRATS OUT**

Young Men in Stratford Court Put Up \$33,000 Security.

STRATFORD, Oct. 22.-Fifteen young men from North Easthope were charged in police court this morning with "dur-Could Have Given Quebec | ing some part of 1918, while Canada was at war, being a member or officer of

the Social Democratic party."
Those charged were Edward Berg,
Aaron Cook, Wilson Cook, Edmund
Schmidt, Charles Quehl, George Schoenhals, Wilmot Doering, Sibert Schneider,
Theo Wagner, Fred Quehl, William
Dahlmer, Albert Becker, John Lantz,
Gordon Doerr and Harry Cook, William
Cook was charged with allowing his
premises to be used as a meeting place
for the organization. premises to be used as a meeting place for the organization.

The majority of defendants claimed that the organization had been at a standstill since the order-in-council was passed. They had been notified last Friday by Secretary Harry Cook that the organization was "off," being lilegal.

illegal.

Crown Attorney McPherson held that all were gullty. The penalty provided is "not less than one year and not more than five years' imprisonment." He feit that the young men had been led into their folly by designing outsiders. It was such propaganda which put Russla in her present position, he said.

At Mr. McPherson's suggestion Magistrate Makins remanded the defendants until Tuesday next. In the meantime the department of justice will be informed of the facts.

Ball was fixed at \$2,000 each, and

Bail was fixed at \$2,000 each, and \$5,000 in the case of Harry Cook. All secured bail.

"FLU" GETS ITS FIRST UNDERTAKER OUT OF ST. THOMAS DISTRICT

William Palmer of Avlmer Succumbs to Ailment After Short Illness.

ST. THOMAS, Oct. 22.—Among the deaths reported today from this district through the Spanish influenza appears the name of the first undertaker in the district who has so far succumbed to the disease. Although probably less able to protect himself than any others who come in contact with the disease, this, so far as known, is the first case, where an undertaker **Stated, declined to accept the post.

Eugene Laffleur, K.C., of Montreal, had many backers among the legal fraternity for the position is the preogative of a Roman Catholic.

The undertaker mentioned is William Palmer of Aylmer, who died early this morning at his home in that town, after an illness of short duration. Mr. Palmer contracted the disease a week ago, but believing he had completely recovered, and was able to resume work, he opened his office again yesterday. He was taken suddenly ill again last night, and although medical aid was summoned at once, passed away early this morning.

The undertaker mentioned is William Palmer of Aylmer, who died early this morning at his home in that town, after an illness of short duration. Mr. Palmer contracted the disease a week ago, but believing he had completely recovered, and was able to resume work, he opened his office again yesterday. He was taken suddenly ill again last night, and although medical aid was summoned at once, passed away early this morning.

The undertaker mentioned is William Palmer of Aylmer, who died early this morning at his home in that town, after an illness of short duration. Mr. Palmer contracted the disease, this, so far as known, is the first case where an undertaker has been taken ill at all.

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The deceased leaves to mourn his death his wife and several other relatives, who reside in the vicinity of Aylmer. He was widely known and

Mrs. Aristide Labelle, of Thamesville, took place on Saturday last, after a lingering illness. The funeral services were conducted privately this morning on account of the churches being closed. Interment was made in the Roman Catholic Cemetery.



LEARNING HOW TO HIT THE HUN

Pollsh soldiers at Niagara camp being taught the rudiments of bayone warfare.—British and Colonial Press photo.

DIED AT SEA

INJURED STRATFORD. Lieut. George Ellesmere.

ILL

WOODSTOCK.

WOUNDED AND MISSING

WOUNDED AND GASSED

WOUNDED

Vance. PRESTON.

W. Dooley.

Corp. R. Henry.

872039 R. Barnes.

LONDON. 313138 A. McGillivray. 126170 F. S. English. 2378829 H. McPhee. WOODSTOCK.

BRANTFORD.
772696 H. Fennell.
772897 J. W. Elliott.
NOT STATED.
2138338 R. A. Joyce.
410116 S. Putton.
CLIFFORD.
3106294 J. E. Moos.
GALT.
720055 H. Allison.

A. F. MacDonaid.
William Steele.
Garnet N. Whyte.
ALLENFORD.
651279 R. Rowe.
SARNIA.

Lieut. U. Adams. 2453312 A. Steele. THOROLD. 850011 T. Black. WABASH.

Pte. John McKerracher. Pte. Louis Howes. FLESHERTON.

FLESHERTON.
838345 H. McCaulay.
PARIS.
3310159 W. McHutchIson.
MARKDALE.
838610 H. J. Watson.
ELORA.
928058 A. Foot.
MILTON.
3314305 H. Earl.
663190 A. J. Evans.
STRATFORD.
Lieut. H. Palmer.

663362 E. Statia. CHESLEY.

Lleut. H. Palmer. 3130484 R. Keane. D. McLean Ross, M.M., D.C.M. John Ross.

ORANGEVILLE.

730055 H. Allison. A. F. MacDonald.

Lieut. W. Nesbitt.

Gunner Frank Kiland. PETROLEA. Howard Knight.

SEAFORTH

DISTRICT CASUALTIES

KILLED IN ACTION

LONDON. 3131217 W. Abbott. 823030 W. L. Calhoun. A2477 F. Cadman. BRANTFORD. D. P. Pickell. W. Embury.

EXETER. 654489 A. T. Willis. CONN POSTOFFICE. 252822 H. Wilson

WINDSOR. HANOVER. 3314319 H. Holle! ST. THOMAS. 166192 T. Froome. Pte. A. S. Pringle.

BRANTFORD. 3310272 H. J. Young. 772260 C. H. Dewar. KINCARDINE. 126660 W. E. Lovett.

772152 J. R. Herriott. THORNBURY. 1066199 A. J. Mackey. GALT,
7224 W. N. Campbell,
FORDWICH.
928607 J. R. Cattanch.
OWEN SOUND.

839086 G. S. Brignall, NOT STATED. 3081595 G. B. Cann. 2115750 S. E. Bascomb. 713219 J. E. Whalen. SIMCOE, Kenneth Church. Flight Lieut. Osborne McKenzie. STRATFORD. Sydney Tilibrook.

DIED OF WOUNDS

GUELPH. 402774 P. Kelleher. SHALLOW LAKE. PARKHILL. 820757 M. Burr. WOODSTOCK.

657645 J. P. Lynch, WALPOLE ISLAND. 844695 J. Kiyashk. DIED LONDON.

3133288 A. L. Legg. MILVERTON. 3137528 E. E. Fink. PETERSBURG. 3136521 E. Kaster. TURNERSVILLE. 3136689 J. Latimer. OTHWELL

336765 H. McCann.

3136404 R. Humphrey. DUBLIN.

3138752 P. S. Wiper.

3130663 R. English. CLARKSON. 1030144 A. Stevens. OAKVILLE. 663071 C. Stanbury. PETROLEA. 2973 G. Spickett. SOUTHAMPTON 2529329 O. Shular. ARTHUR. 472690 Sergt. G. Shortt. MITCHELL. 2529308 G. Davidson. WALKERVILLE.

730816 G. Tanquy.
AYLMER WEST.
190217 J. MacDonald.
WALKERTON.
Lieut. R. Rowland.
RIDGETOWN.
Corp. Ray Squires.
Jack. Bichie.

John Hooper.
Grant Undehay.
KITCHENER. 2334439 G. Williamson 730250 C. Thompson

MISSING NOT. STATED 651185 H. A. Williams MILVERTON 3132693 A. J. Yost. SARNIA. 3131744 E. B. Watson.

GASSED WABASH. Pte. William McKerracher

ADMITTED TO HOSPITAL

BOARD OF EDUCATION IGNORES BAN PUT ON ALL CIVIC MEETINGS

ST. THOMAS, Oct. 22.—Some interesting developments are promised as the result of a meeting held last night in direct contravention to the orders of the local board of health. The case bids fair to be the more interesting in view of the fact that the violators of the law are the chairman and members

of the board of education. The regular meeting night of the board was Monday, October 14, but owing to the epidemic of Spanish "flu," which caused all public meetings to be cancelled on that day, the board post-poned its gathering. Without notifying the officials of the board of health or anyone else, however, a few of the members met last night, and while there was only a sufficient number to

there was only a sufficient number to form a quorum, they spent two hours in the board of education chambers of the city hall.

The complaint is not made because of the meeting, but because it lasted two whole hours, and even then the business did not, it is said, comprise anything of any vital importance. The authorities intend to take the matter up at an early date, it was announced tonight.

The regular monthly committee meet-The regular monthly committee meetings of the city council set for next week will be called off, unless the ban has been lifted, and the industrial committee, which was to have met last night, postponed its weekly gathering on account of the "flu." The only remaining body, the board of education, met as usual.

The order of the board of health distinctly states: "All public gatherings shall be cancelled until further notice."

MONSTER BEET GROWN.

DORCHESTER, Oct. 2.—W. T. Wilson of Dorchester has raised a beet in his garden which weighs nine and a half pounds and measured 25 inches in circumference. Local growers claim

SPANISH "FLU" WELL UNDER CONTROL, IS ST. THOMAS' REPORT

Authorities State Disease Is Broken, But Not Yet Wholly Conquered.

ST. THOMAS, Oct. 22.—Only two deaths are reported in this city today from the Spanish flu, and the authorities believe the disease is now well under way, although there is no likell-hood of the ban on public gatherings being lifted for at least a week or two. Every precaution is being taken against a fresh outbreak. The congestion at the Amasa Wood Hospital is reported to be lessening and several of the more serious cases of the first few days are able to be around again, but the medical health officer and board of health authorities still insist that citizens must not take any unnecessary risks. Fresh air, they state, is the only sure preventive, but with this they must avoid contact with all those who are suffering from the disease. Above all, physicians state, anyone suffering from the epidemic must be exceedingly careful after they have recovered, for it is then that they are most susceptible to pneumonfa, which is far more dangerous than the influenza itself.

Although at first the epidemic was confined almost entirely to the city, and the more thickly populated sections of the outlying districts, it is now reported to have spread to several farms in the county, and in some cases whole families are down with the disease, yet their homes are isolated from anyone else by several miles. In view of this fact one prominent local physician has stated that the disease is in the air, and unless the human body is in the best of condition anyone can be stricted and the more though isolated for the stricted are the disease is in the air, and unless the human body is in the best of condition anyone can be stricted and the more though isolated for the stricted are the disease is in the air, and unless the human body is in the best of condition anyone can be stricted and the more though isolated for the stricted are the stricted and the stricted are the disease is in the air, and unless the human body is in the best of condition anyone can be

the air, and unless the human body is in the best of condition anyone can be stricken, even though isolated by many miles from other sufferers.

TOOK HEALTH CENSUS.
CHATHAM, Oct. 22.—The local health board this morning passed resolutions to the effect that a census of the number of families in the city needing assistance along nursing lines be taken and that the opinions of the physicians be secured, as to whether the influenza epidemic is increasing or on the decline, and also regarding accepting the assistance of any patriotic organizations in taking care of the sick.

This afternoon Mr. Cowan stated that the unanimous report of all the physi-

This afternoon Mr. Cowan stated that the unanimous report of all the physicians in the city was to the effect that there are no families in the city needing assistance and that the disease was on the decline.

John Frederick Appleby died at noon today following a week's illness with pneumonia. The deceased man was born in Barrie 34 years ago, and moved to Chatham about two fears ago. He only recently recovered from an attack to Chatham about two years ago. He only recently recovered from an attack of typhoid fever. A wife and three small children, his mother and three sisters and four brothers survive. Interment will take place at Barrie.

George Quinton, aged 74 years, passed away at his home on Delaware avenue this morning, following an illness of two weeks. Mr. Quinton was a native of Port Hope, and lived in Chatham 45 years. Besides a wife and daughter at home, one son, of Detroit, and two brothers of Dover Township survive.

Harold Roy Milton, the 2-year-old son Harold Roy Milton, the 2-year-old son of Mr. and Mrs. Thomas Milton, passed away this morning following an illness of a few days. The father is "somewhere in France" doing his bit, and the mother has to bear the sorrow alone, as Harold was the only child.

William Duncan Eberts, aged 29, died at St. Joseph's Hospital this morning, where he was taken yesterday, followwhere he was taken yesterday, follow-ing an illness of eight days with pneumonia. He is survived by his father, Newton Eberts, and one sister.

SIX WALLACEBURG VICTIMS. CHATHAM, Oct. 22.—Pneumonia lowing in the wake of the Spanish influenza has claimed six victims in Wallaceburg in the last few days. On Friday J. Power was claimed as its victim, and on Saturday his 2-year-old daughter followed him. Mrs. Garnet Campbell passed away Saturday, leaving a husband and three small children to mourn her death. Joseph McDougall, son of Mr. and Mrs. James McDougall, and Newton Hayes, son of Mr. and Mrs. Wm. Hayes, died on Sunday.

Dr. John McGinnis, M.O.H., of Wallaceburg, passed away at his home Monlaceburg, passed away at his home Monday. He leaves a wife, who is very ill, and one son, Pte. D. Hubert, C.A.M.C., a medical student at Western University. Dr. McGinnis formerly practiced at Seaforth.

ADMIT THOSE RECOVERED.

WOODSTOCK, Oct. 22.—No deaths directly resulting from the influenza epidemic are reported in the city, or from the surrounding townships, today. This fact, added to the statement of local physicians that fewer new cases are reported today than usual, would indicate that the crisis in Woodstock was perhaps reached over the week-end.

The local board of health has passed a resolution to the effect that "the request of M. J. Brophy, superintendent of the local business college, to reopen the college to scholars who have had the influenza and have fully recovered, be granted." This measure has since been criticized by citizens, who claim it is not fair.

Mr. and Mrs. V. L. Francis received word today of the death in New York of their son Teddie, following an attack of influenza. Deceased was but 17 years of age, and the fact that he was ill was not known by his parents until they received a telegram this morning summoning them to his bedside. While preparing to start, a second telegram, informing them of his death, was received. His body will be brought here for burial. The local board of health has passed

BAN WILL REMAIN.

KITCHENER, Oct. 22.—At a meeting of the board of health here this afternoon it was decided to take no action in connection with lifting the ban on places of public assemblage.

M. O. H. McGillawe stated that reports from three physicians showed fifteen more cases reported since yesterday. There were only three deaths reported in the city today, the smallest number since the epidemic became prevalent. The board of health will meet Friday for the purpose of glving further consideration to the question of lifting the ban on places of public assemblage.

improving AT STRATFORD.

STRATFORD, Oct. 22.—Over 800
meals were prepared yesterday and today at the canning kitchen and distributed to the sick. Twelve volunteer nurses are on duty. Dr. J. A.
Robertson, M. O. H., stated today that
conditions were continuing to improve.
Doctors report receiving fewer calls
and it would lead to the belief that the
epidemic was now on the down grade.
Recent deaths—Grace Currie (infant), George Downes, whose wife died
early Monday morning, and Cecil
Robertson.

Robertson.

PNEUMONIA HITS SEAFORTH.

SEAFORTH. Oct. 22.—In addition to the three deaths from pneumonia last week two more occurred today. One, Mrs. John Quail, wife of the G. T. R. baggageman here, was ill only a week. She leaves one little child. A sad feature of this case is the death of her brother at Galetta, Ontario, at about the same hour and from the same hour and from the same Mr. William Oughton, an employee at the Bell engine works. He leaves a netive of Seaforth, and a member of the Seaforth fire brigade.

AND TENERNOLE.

NONE AT FLORENCE.
FLORENCE, Oct. 22.—There are at present no cases of influenza in the town of Florence, and every precaution is being taken to prevent it. A ban has been placed on gatherings by closing churches, schools and places of amusement. Sunday was the first churchless day for the town.

SARNIA YOUNG MAN DEAD. SARNIA, Oct. 22.—Nelson Brown, son of W. A. Brown, 462 North Christina street, died in Toronto this afternoon



The Bigger Bar of Comfort Soap gives you a chance to save money—and still to get the Comfort quality that has stood the test of twenty-

five years. This is real Thrift. Everything else is going up by leaps and bounds, or getting smaller in size, but Comfort Soap with its Bigger Bar gives

you more soap for your money than you got a year or so ago. Remember, Comfort washes perfectly in hard or soft water,

hot or cold. It lessens work, it cuts expenses. Ask for the Bigger Comfort Bar to-day.

PUGSLEY, DINGMAN & CO., LIMITED, TORONTO

Talk No. 4

War Costs and Rates

VEN before the war came along upsetting values and disturbing the balance between costs and revenues, telephone service had been constantly expanded and increased in value, with no corresponding increase in rates.

In the telephone business the burden of such added costs is especially severe, because as a telephone system grows, even in normal times, the cost per telephone increases.

For 1918 our wage bill will total over \$7,000,000 as compared with \$5,100,000 in 1914.

The price record of telephone material since 1914 shows increases ranging from 50 to 200 per cent. Copper wire advanced from 181/2 to 361/2 cents a lb.; lead cable from 74 cents to \$1.59 a foot; conduit from 51/2 cents to 10 cents a foot; poles 67 per cent; dry batteries 107 per cent; desk telephone sets 111 per cent; telephone transmitters 93 per cent; receivers 60 per cent; stationery 98 per cent; bar iron 178 per cent; pig iron 230 per cent, and many other raw materials over 100 per cent.



Ordinary variations in the cost of materials are expected and provided for, but only a complete readjustment of our charges for service can enable us to carry on in the face of such increased costs for operation and maintenance as we are now obliged to meet.

The Bell Telephone Company of Canada

BURGESSVILLE, Oct. 22. — Both churches and the public school are closed owing to the epidemic of in-

FEW IN PLYMPTON.

CAMLACHIE, Oct. 22.—The "flu" epidemic has not yet reached the village, although there are a few cases on the sixth line of Plympton.

MALADY MILD AT WINGHAM.
WINGHAM. Oct. 22.—While there are a large number of new cases of influenza in and around Wingham, there have been up to date no more deaths. Among those lately stricken is Officer George Phippen, provincial police officer, who has been ill since Saturday.
The Western foundry here is closed down temporarily on account of the large number of employees ill with the disease. Several entire families are down with the malady, and there is no one to take care of them, there being a great scarcity of nurses.

CURTAIL BUSINESS HOURS.
BRANTFORD, Oct. 22. — Although the death rate from Spanish influenza was again higher today, there being seventeen deaths reported over night, the situation was markedly improved. The health authorities expect that there will be many more deaths, but by the end of the week there should be a decided abatement. Few new cases are being reported.

Starting on Thursday local stores will not open until 9:30 a.m., a move to afford more rest for depleted staffs

from influenza, according to word which reached his parents tonight.

He left here only a week ago to join the Royal Air Force. Three sisters and three brothers, in addition to his parents, survive.

BURGESSVILLE IN LINE.

and to permit fumigation of premises. The closing of the schools will last for another week.

Among the deaths reported today were Alex. Aitken, a well-known Pasents, survive.

BURGESSVILLE IN LINE. SAILORS GET "FLU."

SARNIA, Oct. 22. — Evidence of how the Spanish "flu" has spread, no only on land, but on water, was given

the city. INCREASING AT GUELPH.

GUELPH, Oct. 22.—The epidemic of influenza has struck Guelph in real earnest and the physicians, nurses and GUELPH, Oct. 22.—The epidemic of influenza has struck Guelph in real earnest and the physicians, nurses and undertakers are working night and day. There were no less than nine funerals in the city this afternoon, and it was with difficulty that men could be secured to dig the graves at the cemetery.

It is estimated that there are at least 1,500 cases in the city, with the number increasing daily, many of them of a very serious nature. Among those who died today were W. G. Clark, 93 Perth street; Jacob Griffenham, Hooper street; Mrs. Geo. Taylor, 85 Queen street; Mrs. E. N. Worth, 3 Cambrige street; Mrs. E. N. Worth, 3 Cambrige street; Jos. Miller, 129 Water street; Wm. Christie, Liverpool street.

Leonard McCrea of Toronto, whose brother was only buried here yesterday, died last night, and his parents, Mr. and Mrs. W. R. McCrea, are grief-stricken. In connection with the epidemic several persons have been brought before the magistrate and fined for spitting on the sidewalks.

Easy to Make This Pine Cough Remedy

Thousands of families swear by its prompt results. Inexpensive, and saves about \$2.

You know that pine is used in nearly all prescriptions and remedies

how the Spanish "flu" has spread, not only on land, but on water, was given here, when the steel freighter J. Frater Taylor tied up here late last night with every one of the crew affected by the disease. Six of the crew were in bed, and one, a young man named Markey, was taken to the hospital in the ambulance suffering from pneumonia.

Dr. William Logie, M. O. H., stated tonight that the epidemic was thought to be on the decline in this city, as the number of cases being reported is a great deal less than the number reported the first of last week. Up to date there have been six deaths caused by the "flu," but none since last Sunday. There are still about 500 cases in the city.

SARNIA. Oct. 22. — Evidence of the surface in mearly all prescriptions and remedies for coughs. The reason is that pine coughs. The reason is that pine for coughs. The reason is that pine and remedies for coughs. The reason is that pine and healing the membranes of the area throat and healing the membranes of pine cough syrups are combinations of pine and syrup. The "syrup" part is usually plain sugar syrup.

To make the best pine cough remedies for coughs. The reason is that pine and year plants are throat and healing the membranes of the area remarkable effect in soothing and healing the membranes of the throat and chest.

Pine cough syrups are combinations of pine and syrup. The "syrup" part is usually plain sugar syrup.

To make the best pine cough remedies that have a remarkable effect in soothing and healing the membranes of the throat is usually plain sugar syrup.

To make the best pine cough remedy that money can buy, put 2½ ounces of Pinex (50 cents worth) in a 16-oz. bottle, and fill up with home-made sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, you make 16 ounces—more than you can buy ready-made for \$2.50. It is pure, good and very pleasant—children like it.

You can feel this take hold of a cough or cold in a way that means business. The cough may be dry, hoarse and tight, or may be persistently loose from the formation of phlegm. The cause is the same—inflamed membranes—and this Pinex and Syrup combination will stop it—usually in 24 hours or less. Splendid, too, for bronchial asthma, hoarseness, or any ordinary throat ailment.

Pinex is a highly concentrated compound of genuine Norway pine extract, and is famous the world over for its prompt effect upon coughs.

Beware of substitutes. Ask your druggist for "2½ ounces of Pinex' with directions, and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded, The Pinex Co., Toronto, Ont.

yesterday. Thirteen patients are at present in the emergency hospital, and nly three new cases were reported to-

ABATING AT SIMCOE.

SIMCOE, Oct. 22.—The Spanish intuities epidemic, which is raging in this district, is reported to be abating. One death was reported today and one employee of the Molson's Bank.



He Cannot Sleep

T isn't the body that craves rest, but When you are bodily tired you can

usually fall to sleep at the first opportunity. But when the nerves are irritated by anxiety and worry rest and sleep seem to be impossible.

The mind seems to be most alert, and you are thinking, thinking, thinkingfirst of one thing and then of anotheroften matters of little or no importance. But you simply cannot sleep. Sleeplessness is the most common and

often the first indication of a breaking down of the nervous system. The object of sleep is to allow the body to rebuild tissue and the nerves to recover tone. Sleep is the ideal condition for this

If you cannot sleep you worry, and worry breaks down nerve cells at a tremendous rate, so that instead of laying up nerve force for the demands of the day

you are using up the reserve. The nerve centres are sometimes likened to storage batteries. If you continue to consume the nervous energy in reserve, without paying back, these centres become sooner or later depleted, and you find yourself a nervous wreck.

After a sleepless night you get up

feeling tired and lacking in mental energy. Your day's work seems more than you can face, and you become down-hearted and discouraged.

The future is not bright, for you must realize that the natural result is exhausted nerves, paralysis, locomotor ataxia or some form of helplessness. In Dr. Chase's Nerve Food is found the

most natural and the most rational treatment for the nerves imaginable, because this food cure contains the vital substances which go to the building up of the blood and the depleted nerve cells.

Dr. Chase's Nerve Food does not induce sleep, but it does restore the nervous system, and after you have been using it for a few days you will begin to find yourself resting and sleeping naturally.

A little patience is necessary if your nervous system is greatly exhausted, but you will be encouraged by the benefits obtained to keep up the treatment until the exhausted nerves are fully restored, and you feel the energy and snap which means success and happiness.

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto. To protect you against imitations the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on every box.