

INTERNATIONAL TIME CHART

Mission	Pacific	Mountain	Central	Eastern	Atlantic	Newfoundland
	Vancouver	Edmonton	Winnipeg	Toronto	Halifax	St. John's
Buffalo	+3	+2	+1	0	-1	-1.5
Cairo	+10	+9	+8	+7	+6	+5.5
Canberra	+18	+17	+16	+15	+14	+13.5
Capetown	+10	+9	+8	+7	+6	+5.5
Caracas	+4	+3	+2	+1	0	-0.5
Chicago	+2	+1	0	-1	-2	-2.5
Cleveland	+3	+2	+1	0	-1	-1.5
Colombo	+13.5	+12.5	+11.5	+10.5	+9.5	+9
Conakry	+8	+7	+6	+5	+4	+3.5
Copenhagen	+9	+8	+7	+6	+5	+4.5
Dakar	+8	+7	+6	+5	+4	+3.5
Dallas	+2	+1	0	-1	-2	-2.5
Damascus	+11	+10	+9	+8	+7	+6.5
Dar-es-Salaam	+11	+10	+9	+8	+7	+6.5
Detroit	+3	+2	+1	0	-1	-1.5
Dhaka	+14	+13	+12	+11	+10	+9.5
Dublin	+8	+7	+6	+5	+4	+3.5
Düsseldorf	+9	+8	+7	+6	+5	+4.5
Frankfurt	+9	+8	+7	+6	+5	+4.5
Geneva	+9	+8	+7	+6	+5	+4.5
Georgetown	+5	+4	+3	+2	+1	+0.5
Glasgow	+8	+7	+6	+5	+4	+3.5
Guatemala	+2	+1	0	-1	-2	-2.5
Harare	+10	+9	+8	+7	+6	+5.5

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Havana	+3	+2	+1	0	-1	-1.5
Helsinki	+10	+9	+8	+7	+6	+5.5
Hong Kong	+16	+15	+14	+13	+12	+11.5
Islamabad	+13	+12	+11	+10	+9	+8.5
Jakarta	+15	+14	+13	+12	+11	+10.5
Kingston	+3	+2	+1	0	-1	-1.5
Kinshasa	+9	+8	+7	+6	+5	+4.5
Kuala Lumpur	+15.5	+14.5	+13.5	+12.5	+11.5	+11
Kuwait	+11	+10	+9	+8	+7	+6.5
Lagos	+9	+8	+7	+6	+5	+4.5
Libreville	+8	+7	+6	+5	+4	+3.5
Lima	+3	+2	+1	0	-1	-1.5
Lisbon	+9	+8	+7	+6	+5	+4.5
London	+8	+7	+6	+5	+4	+3.5
Los Angeles	0	-1	-2	-3	-4	-4.5
Lusaka	+10	+9	+8	+7	+6	+5.5
Lyon	+9	+8	+7	+6	+5	+4.5
Madrid	+9	+8	+7	+6	+5	+4.5
Manila	+16	+15	+14	+13	+12	+11.5
Melbourne	+18	+17	+16	+15	+14	+14.5
Mexico	+2	+1	0	-1	-2	-2.5
Milan	+9	+8	+7	+6	+5	+4.5
Minneapolis	+2	+1	0	-1	-2	-2.5
Moscow	+11	+10	+9	+8	+7	+6.5