

—COVER.

This is just the thing that is needed for our Canadian youth. We should have a sort of a national gymnasium, with extensive grounds attached, on which games of a national character could be played annually, and which would receive contributions for its maintenance and prizes for its competitions from the civic, provincial and Federal authorities. It should of course be free from all sectional, racial or religious bias. It should, in fact, be thoroughly national in its character. The success which attended the revival of the Olympic games in Greece recently, under the auspices of the Government of

physical power of endurance than at length they began to strike for easier hours. His eminent brother was one of those men who hardly knew how to say "Hold! Enough. He had tried to make the engine work day and night at high-pressure speed. But then came the reversal where the engine wanted coal, and the right sort of coal, and a little rest from the wear and tear of work. The Cardinal's heart had shown signs of rebellion at this state of things, and now his physicians had ordered him off the main line. He had to shunt into a siding at Grasse for a while and get overhauled and thoroughly repaired before he was to be allowed to start afresh. Father Vaughan said he was glad to be able to inform them that there was no organic mischief

We invite attention to the Annual Concert of the Irish Protestant Benevolent Society announced in our advertisement.

The first toast, 'Our Holy Father, the Pope,' was proposed by the Chairman and drank with great enthusiasm. The Catholic Order of Foresters, was responded to by Bro. Gibeault, Provincial Chief Ranger, in a neat speech, showing the progress of the Order since its inception.

"I take great pleasure in recommending Hood's Sarsaparilla to others. It has been the means of restoring my wife to good health. She was stricken down with an attack of nervous prostration. She suffered with headaches and her nerves were under severe strain. She became very low spirited and so weak she could only do a little work without resting. Her appetite was poor, and being so weak she could not get the proper rest at night. She decided to try Hood's Sarsaparilla, as we had heard it highly praised, and I am glad to state that Hood's Sarsaparilla has perfectly cured all her ailments." C. BELLAMY, 321 Hannah St., West, Hamilton, Ontario. Remember

Hood's Sarsaparilla
Is the Best—in fact the One True Blood Purifier. All druggists. \$1, six for \$5. Get Hood's Pills are tasteless, mild, effective. All druggists. 21

Montreal.
For particulars, apply to
L. BELANGER,
Notary.

Montreal, 26th January; 1898.