## Constipation

Fruit is nature's laxative. Plenty of fruit will prevent Constipation, but won't cure it. Why? Because the laxative principles of fruit are held in peculiar combination and are very mild.

After years of labor, an Ottawa physician accidently discovered the secret process by which

## Fruit-a-tives

or Fruit Liver Tablets

are made. He used fruit juices, but by combining them in a peculiar way, their action on the liver, kidneys, stomach and skin is increased many times.

"FRUIT-A-TIVES" TABLETS contain all the medical properties of fruit—are a mild and gentle laxative—and the only permanent cure for Constipation, Torpid Liver, Sick Headaches, Bad Stomach and Kidney Troubles.

All druggists have them.

50 cents a box.

FRUITATIVES Limited OTTAWA.