

to the changes which had recently been made in the management of the Board of Health, and deprecated the tendency to lessen medical influence on the Board. Dr. Peters gave a general review of sources of disease caused by the impure air of cities. The prevalence of diphtheria depended in a measure on the condition of the streets. When the streets were clean, the disease was less common. The streets should not be torn up during the warm season.

DR. STEPHEN SMITH offered a resolution which was passed, that a committee of the section be appointed to confer with the authorities and urge the importance of not allowing the streets to be torn up between June 1st and October 1st of each year, also for the devising of some plan for a better method of street cleaning.

REMEMBER, in all ordinary cookery simmering at 180° is more effective in rendering meat tender than violent boiling at 212° .

A LUMP of washing soda laid upon the sink grating will prevent the clogging of the pipe with grease, especially with the occasional use of boiling water.

A CORONER'S jury in Philadelphia "found," after a post mortem, that the death of an eleven-year-old boy had been caused by cigarette smoking.

IT is now believed that it is dirt (waste matters in the wrong place) and not money that is the root of all evil.

IT has now been discovered (Med. Press, Lond. E.) that the passage of an electrical current through large bodies of sewage generates enough gas to float all solid particles in a scum on the surface, leaving a clear residual which may be run off.

IN showing how in a thousand ways disease may be prevented, we shall when it does come, make the physician all the more appreciated by the people.

FREE.—This magazine will be sent free for one year to any one sending us the full name and P. O. address of twelve good, intelligent reading men, heads of families, in good circumstances, conscientiously selected from among those whom the sender knows personally and believes would be likely to subscribe for a health magazine. See address on title page.

TO SUBSCRIBERS.—This number has been made later than anticipated by reason of the non-arrival of the paper, from being snow-blocked. The next number we trust will soon follow this one.

VERY THANKFUL, we shall be to any who will send in at an early day the amount of subscription for this year. Those who are in arrears for last year and longer need hardly to be reminded that a journal cannot be published without a great deal of money. Will they kindly favor us NOW?

ALSO, we should be thankful if some of our friends, when remitting their subscription or other time, would kindly send us the name and address of a few neighbors or friends to whom specimen copies could be sent.