Surprise your friends with the latest recipes and the very newest ideas in cooking and serv-Don't miss this big new 200 page book. Rich in valuable household information.

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Ship your Cream to McKENZIE'S CREAMERY at MIDDLETON, N. S. gampse of the possibilities of this sort of work, and of the advantages Satisfaction guarante Price paid the Patrons between Nov. 16th to 30th was 42c. per pound

TRYING TIMES

ceedingly strenuous and not a few for example, to the cities as there the same crop in the same fields year difficulty of marketing farm produce United States in recent months.

was as acutely aware of the situa- shape.

the State of Illinois: that it was a revelation to him to justify its wide and general use in ten and ninety—is made, without refind so many farmers, in the most the near future.

No Smoking -- No Spraying -- No Snuff

ust Swallow a Cansule

GUARANTEED RELIEF

al breathing, stops

ASTHMA RAZ-MAH Freedom from Pain

WRITE FOR PARTICULARS. prosperous areas of these choice por-

much of this is reflected in the busi- much reduced buying on the part of of crop rotation and soil foods? ness of the towns and cities. While farmers, a greatly reduced attend- The parallel between agri and aqua would be a fifty pound box of Canaprices appear to be high on almost ance at State Agricultural Colleges, culture is a true one. Just as certain dian apples. everything one buys, there is no doubt and, generally, much the same situa- crops thrive on certain kinds of land The Canadian National Express has that business men are on the whole tion as we have here. Carly in the and fail on others, so certain forms established a rate for shipments of finding the times as difficult as the year the cities were prosperous, but of fish life flourish in some waters \$3.00 per box of 50 lbs. from Halifax farmer. All over head expenses, tax- they are now beginning to feel the and die in others; just as seed plant- or St. John, including cold storage. es, etc., remain high and the turn- lack of buying power on the farms, ed with a too-generous hand yields to any station on the railroads of over is very slow in most lines of and business men are freely predict- a stunted crop, so fish crowded into Great Britain and Ireland, also in-The reasons for this state of at- the city trade. It would seem to be normal size just as a farm may be All agents are prepared to accept fairs are fairly evident. Practically a time when every man in his own overworked, so waters may be overairs are fairly evident. Fractically place should do his best under the fished, and for the same reason that tention to forwarding. poverished by the late war and con-

At the same time it would be the It is noteworthy that the dairymen waters where fish are to thrive. worst possible policy to give up hope, are at least doing fairly well. This In farming, modern appliances have and, discouraged and disgusted, to let is the type of farming which is be- worked wonders. In fish culture, the things drift. Every such period has ing urged in this province, by all same fact holds. Fish culture was come to an end, usually much sooner who have opportunity for wide sur-than the pessimist has calculated. In veys of the situation. Farmers who China, and in the Middle Ages by the dark days of the civil war in the makes dairying their mainstay, who certain monks, but only in very re-United States, some beaten-out official keep some sheep and who are in a cent years have discoveries been F. E. BATH Local Agent would pay a visit to the great Presi- position to sell some potatoes, turnips made which placed the science bedent Lincoln and pour out his tale or similar products apparently will youd the aquarium stage. In fact,

quarters, both in the United States per ton have been reduced to less contrivance by means of which fish

Dr. Cumming's first remark was to obtain lime at figures which will huge saving-the difference between

Templeton's Rheumatic Capsules

RHEUMATISM SCIATICA

NEURITIS LUMBAGO

TEMPLETONS TORONTO

S. N. WEARE, Bridgetown, N. S.

for

PROFITABLE

"Yes," said one of the oldest resithese creeks and little lakes around men and four women over the holiday, here fairly teemed with fish. You could go out and bring home a feed

ed, too often used as places where may be dumped. The day is not very sence to ransack the house. far distant when enlightened opinion will take advantage of modern desults have rewarded a small outlay money and labor.

A year ago, The Rod and Gun Club

de. Yet last Summer a party of anglers took in one day fifty-iour

Many similar instances could be cited, but from these one can get a glimpse of the possibilities of this whose contribution to the local food supply would be no mean item.

Many will be skeptical of this A CHRISTMAS BOX aqua-culture, as it might be called, tions of America from the agricultural just as many were in the early days There is no concealing of the fact point of view, in a very pessimistic of scientific agriculture. There were that a great many people in these frame of mind. There has been a big farmers who laughed at the new-Provinces are finding these times ex- migration from the farms of Illinois, fangled ideas and went on planting are more or less discouraged. The has been from Nova Scotia to the after year, while their land grew

ing a period of depression even in a small body of water never attain cluding delivery. ditions are not yet sufficiently settled to establish the confidence neces- prosperity which must inevitably fol- of the seed it is essential that the fish food be not exhausted from

of disaster and gloom. Lincoln, who get through this period in the best two of the most revolutionary improvements are decidedly modern. was as acutely aware of the situation as any would listen patiently to By the way, the main business which One enables spawn, to be shipped long be right if the plan is to succeed. the end and then say, in his quiet, took the Principal to Illinois was to distances by rail so that today it is convincing way: "This too will pass." look into the tremendous expansion an annual occurence for hundreds of A great many of our people have in the use of ground limestone in thousands of fish eggs to be shipped fish food must be made. This can

and other parts of Canada indicate than half those of Nova Scotia. eggs may be safely deposited in new give below some impressions gleaned consumption. It is hoped that by the spawning the percentage, of infertile in an interview with Principal Cum- adoption of some of the measures now eggs is almost ninety; among eggs ming who recently returned from a prevailing there and the best use of artificially spawned the loss is from two weeks mission in Ontario and our own peculiar circumstances the five to ten per cent. Thus by means farmers of Nova Scotia may be able of this new egg-planting device a

> sorting to hatchery methods. ed eggs were sent a distance of sev- other, and it is only by making the eral hundred miles by parcel post. Think then, of what may come to pass A man has a body of water he wishes can tell what its development will to stock and, after receiving his egg shipment by mail and supplying himself with this new planting device he man happiness. sets out on foot or by boat and in a day has safely disposed of perhaps fty thousand eggs. Three years late these eggs have hatched and the fish matured. Hundreds of pounds of good fish food are available and the cost has been negligible for, unlike farm stock, the fish feed themselves.

Winnipeg.-With the arrest of six

of them any day. Nobody needed to breaking and theft rings in the city's vicinity are now barren and neglect- several wedding and funeral an- radio vogue too has built up a

# "Good Wishes"

As you have thought of us during the year, we think of you, and cordially thank you for your loyal patronage, and at the same time extend to you our sincere good wishes for the

J.H.Longmire & Sons

OF CANADIAN APPLES

Special Express Rates Canadian National For Shipments to Old Country.

poorer and their crops dwindled. But having friends or relatives in Eng- ing of radio sets. and the low prices prevailing for This condition is reflected in very today, what farmer doubts the value tand, Scotland, or Ireland, that an especially appropriate Christmas gift

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BRIDGETOWN, N. S.

In all such work there are, of course, certain conditions which must been looking away to distant fields that State. He found that some 400,- from one end of Canada to the other, and many have gone already to seek 000 tons had been used on the farms and to be kept healthy out of water temperatures thruout an entire seabetter times elsewhere. The facts in the current year. As a result of for weeks at a time. The second and son must be kept, and there must be that are now coming to us from many this enormous consumption the costs more recent improvement is a simple suitable spawning grounds in order food supply is limited it can be augthat second thought is now necessary There are several reasons for this spawning beds with less loss than mented by introducing minute animal before any drastic move is made. We reduction but the major one is large under natural conditions. In natural things is a close observation of natural conditions.

> Before this, as before all branches of science, there lies a future eternally broad and far-reaching; we may have struggled to the first hilltop, only to discover another hill beyond, and beyond that another, and yet ansolutions of yesterday's problems help us to solve those of today that we in this generation when these two progress. Fish culture thousands of year's old is still in its infancy. Who victories will add to the sum of

There Are Now 100,000 Fans In Canada and Subsidy For Broadcasting is Suggested.

MEDNESDAY JAM: 2 d, 1920,

go hungry in those days. But it's history. They are alleged to have sidized is a question which is engagnot like that any more. All these entered at least sixty houses during ing the attention of radio broadcastthe past three months, securing ers throughout Canada and which a-days we have to go a long way for jewelry, furs and other valuables may soon require from the Dominion worth approximately \$10,000. One Government, a definite yes or no. of the men, said to be the "look-out" There are over 100,000 radio users in Is there a settled community in for the gang, has a wooden leg. It Canada and broadcasting is the life Canada where in fike or lesser degree was found to be hollow and contain- of the radio world. Again it is of these statements do not hold? Waters ed valuable jewelry. The gang was importance to Canadians that as which once provided clean sport and valuable food for dwellers in their mobiles and is said to have watched should be of Canadian origin. The nouncements in the newspapers, tak- and flourishing industry in Canada with a minimum of trouble, refuse ing advantage of the householders' abset about the task of restoration. For ing The Monitor to some friends far however, at a loss to learn how bes it can be done. Instances are already away who still appreciate the little to get that assistance to radiodon broadcasting would be one mean

completed arrangements whereby ra-dio licenses for private receiving stacompleted arrangements whereby rations may be sold by radio supply houses and other reliable parties. This is a further step by the Department to place all reasonable facilities within reach of the public before entering upon its final campaign to entering upon its final campaign to The suggestion is made to those enforce the law regarding the licens-

Choice Meats and Vegetables Moderate Prices -:- Sanitary Premises Polite Service

LOWE'S Meat Market ELIAS RAMEY'S Old Stand. - Queen St., Bridgetown

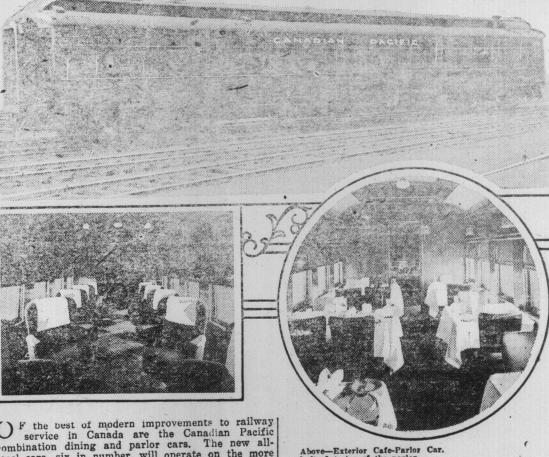
### The Seasons Greetings:

A Prosperous and Happy NEW YFAR to Our increasing Customers & Friends.

J. E. LONGMIRE THE GROCER



## New Cars de Luxe Made in Canada



service in Canada are the Canadian Pacific combination dining and parlor cars. The new allcombination dining and parlor cars. The new allsteel cars, six in number, will operate on the more important short runs, affording every convenience and luxury, where full size dining and parlor cars are not required. They are the only Cafe Parlor Cars existant which are fitted with a smoking room, and the revolving slumber-back chairs are another distinctive feature.

Above—Exterior Cafe-Parlor Car.
Right—Interior of the parlor.
Right—Interior of the

tinctive feature.

Interior decoration has been given special consideration by the Company, and the new cars are an extremely well finished product. Inlaid mahogany has been used with good effect, the ceilings have a light brown finish, and the lighting has been arranged to permit reading in any part of the car without strain or glare. Lamps are arranged along the centre of the ceiling, and bracket lamps over each table and chair, all with truscan shades, diffuse a warm glow. The new cars are different from any others doing service in Canada in that they are practically divided into four separate compartments. The kitchen, fully equipped takes up nearly 16 feet of one end, and in this are found a suge range with ovens and steam tables attached. A charcoal turning grill is placed

and innumerable lockers for groceries, chinaware, glass, silver, etc. A tank overhead supplies fresh and filtered water for use in the dining room and kitchen. Leaving the kitchen one comes upon a small vestibule which opens into the dining room. Hand-

them cool too, because ice may be let into a chamber

A charcoal burning grill is placed class coaches. It is over 7 feet long and the two leather sofas accommodate six people with ease.

The new Canadian Pacific cafe parlor cars h The new Canadian Pacific cafe parlor cars have three men They are fitted with cooling fans and the ventilating system has been so arranged as to ensure a complete

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iping up, is simple is 94% air and 6%

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