

Large Stock —OF— Men's, Boys' & Youths' SNEAKERS

Also a choice lot of
**Men's Fine
Shoes**
—AT—
SPECIAL PRICES
J. I. FOSTER

Teleph one no 48-3

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QUEEN STREET
recognized headquarters for
all kinds of

**Choice Family
GROCERIES**

—AT—
Right Prices

Also in Stock:
**A SPLENDID LINE OF
Crockeryware**

Call in and inspect.

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**BUY YOUR
Family Supplies**

—FROM—
WM. A. HOWSE

DEALER IN A CHOICE LINE OF
**MEATS and
PROVISIONS**

Family Groceries a Specialty
Queen Street, one door south
of the bridge.

Telephone No. 51

**Have the Kiddies'
Pictures**

**taken now while
they are little!**

**THEY GROW BIG
SO FAST**

GEORGIA H. CUNNINGHAM
The Photographer in Your Town

PROFESSIONAL CARDS

O. S. MILLER
Barrister and Solicitor
Shafner Building
BRIDGETOWN, N. S.
Telephone 15

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J. M. Owen, K.C. Daniel Owen, L.L.B.
OWEN & OWEN
Barristers-at-Law
ANNAPOLIS ROYAL, N. S.
Office over Bank of Nova Scotia

Office in Middleton open Wednesday
from 2:30 to 5:30 p. m. Thursday
from 9 to 11 a. m.
Office in Bear River open the 1st and
3rd Saturdays of every month.

Money to Loan on Real Estate Securities
HERMAN C. MORSE, B.A., L.L.B.
Barrister, Solicitor and Notary Public
Money to Loan on First-class
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INSURANCE AGENT
BRIDGETOWN, N. S.
Office in Royal Bank Building

W. E. REED
Funeral Director and Embalmer
Latest styles in Caskets, etc. All
orders will receive prompt attention.
Hearse sent to all parts of the county.
Office and showrooms in two-story
building in rear of furniture ware-
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DR. F. S. ANDERSON
Dental Surgeon
Graduate of University of Maryland
Office: Queen St., BRIDGETOWN
Hours: 9 to 5

J. H. HICKS & SONS
Undertaking
We do undertaking in all its branches
Hearse sent to any part of the county
Queen St., BRIDGETOWN
Telephone 45 H. B. HICKS, Mgr.

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Plumbing
Furnace and Stove Repairs
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Pure Milk and Cream.
BRIDGETOWN, Nova Scotia.
Residence Phone 76-12

HAIR WORK DONE
Combs or cut hair made into
Puffs, Transformations and Switches.
Terms moderate. Satisfaction guar-
anteed. Mail orders promptly at-
tended to.
MISS GEORGINA BANCROFT.
Annapolis Royal, R.F.D. No. 1.

Northern Fire Insurance Co.

**Protects You Against
Loss By Fire**

F. E. BATH, Local Agent
Bridgetown, N. S.

CASH MARKET

Prime Beef, Fresh Pork, Lamb,
Chicken, Hams and Bacon, Sausages,
Headcheese, Pressed Beef, Mince
Meat, Corned Beef and Pork, Salt
Mackerel, Boneless C.O.L.
Fresh Fish every Thursday.

Thomas Mack

PRINTED BUTTER PARCHMENT

BUTTER PAPER, printed or plain.
Can also be supplied with name
of farm, etc., specially printed to suit
customer. Send all orders to
THE WEEKLY MONITOR,
Bridgetown, N. S.

Influenza Prescription.
A physician gives this rule for
treatment of influenza: "Take the
best of care of yourself while you
think you are sick and after you think
you are well continue the same treat-
ment for several days longer."

SPANISH INFLUENZA RAGES IN CANADA

**Thousands of Cases Reported
With Many Deaths.**

THOSE WHO ARE MOST SUSCEPTIBLE TO IT

**"FRUIT-A-TIVES"—The Wonderful
Fruit Medicine—Gives the Power
To Resist This Disease.**

The epidemic of Spanish Influenza
which played such havoc in Europe,
has reached this continent. Thou-
sands of cases of the strange malady
have appeared and many deaths are
already reported; Surgeon-General
Blue of the United States Public
Health Service having stated that
"Spanish Influenza will probably
spread all over the country in
six weeks."

Practically every ship which
touches our shores from abroad,
brings those infected with the
disease.

Surgeon-General Blue urges that
"the individual take all the precau-
tions he can against contracting
the disease by care and personal
hygiene." Plenty of exercise should
be taken; the diet should be regulated,
etc.

Spanish Influenza affects most
severely elderly persons and others
whose powers of resistance are
weakened by illness, work or worry,
especially those who are "run-down"
or "not feeling up to the mark."

The really great danger from the
disease is not so much in the disease
itself, as that it often develops into
pneumonia.

What everyone needs now is a
general tonic like "Fruit-a-tives".
This wonderful fruit medicine is not
a germ-killer. It is a body-builder;
a strength-maker; a blood-purifier;
a power in protecting against the
ravages of disease.

"Fruit-a-tives" regulates the
kidneys and bowels, causing these
organs to eliminate waste regularly
and naturally as nature intended.
"Fruit-a-tives" keeps the skin active,
and purifies and enriches the blood.
"Fruit-a-tives" tones up and
strengthens the organs of digestion,
insuring food being properly digested
and assimilated.

Everyone can take ordinary pre-
cautions, avoid crowded places, and
use "Fruit-a-tives" regularly to
insure sound digestion, to keep the
bowels and kidneys regular and the
whole system in the best possible
condition. Then we are safe from
disease.

"Fruit-a-tives" is sold by dealers
everywhere at 50c a box, 6 for \$2.50,
trial size 25c or sent postpaid on
receipt of price by Fruit-a-tives
Limited, Ottawa, Ont.

October Rod and Gun.

Of interest to Canadian sportsmen
is the October issue of Rod and Gun
with its hunting stories of deer,
moose, bear, etc., in the various
Canadian provinces, and its well main-
tained departments devoted to guns
and ammunition, fishing, the trap
line, the kennel, etc. "Trout fishing
in Many Waters," by Louis Rhead is
the title of the leading article in the
Fishing Notes section. Mr. Rhead be-
lieves America's foremost angling au-
thor. The first article in a series of
four to be contributed by Mr. H. C.
Haddon in this number also. Rod
and Gun is published by W. J. Tay-
lor Limited, Woodstock, Ont. For
further particulars concerning this
publication call up A. J. Burns, tele-
phone 36-11, Bridgetown.

Frank Cameron, of Parrsboro, a
bank clerk for a time in Middleton,
died on Saturday in Charlottetown of
Influenza and pneumonia. His bro-
ther, Pte. Blair Cameron was killed
in action on Sept. 30.

WHERE APPLES GROW

**A Pleasant Trip With the Annapolis
Valley Apple King**

(From the Middleton Outlook)
On Friday last having a few min-
utes of business and several hours of
leisure in Berwick, I was much in-
debted to my friend, S. B. Chute for
the fact that the time was spent pleas-
antly and instructively.

VALLEY'S BIGGEST ORCHARD
A hasty run by car through Mr.
Chute's plantation gave an idea of the
operations carried on this year in the
largest orchard in the Valley.

"A light crop of apples this year,"
said Mr. Chute. "How many barrels
does that mean," I asked. "About
6,000."

\$5.00 A BARREL

"What did your Crimson Beauties
bring this year?" "Five dollars a
barrel," was the reply.

As we passed by a big patch of
strawberries I asked, "How much did
your strawberries bring?" "Three
thousand dollars this year" was the
answer.

OVER 60 ACRES OF BEANS

At one point a number of men were
digging potatoes and in reply to an
enquiry Mr. Chute said he had nearly
40 acres of potatoes and over 60 acres
of beans.

Passing large areas of orchard but
one or two years old I said; "You
surely have not been setting more
orchard." "Yes, sure and I am not
through yet."

"But do you not get discouraged
over this constant fight with pests?"
Do you not have a new bug, worm or
fungus to meet every year?"

"Let them come" was the cheer-
ful reply. "The apple industry in the
Annapolis Valley never looked so en-
couraging as now. With care, com-
mon sense and industry there is no
trouble to overcome the pests."

TO SET MORE ORCHARD

Passing toward the foot hills of the
South Mountain we came to a num-
ber of teams at work plowing up re-
cently acquired land. "What is to
be planted here" I enquired. "This
is where I expect to set apple trees
next spring."

"How many acres?" I asked.

"About 40." "And how many have
you already?" "Three hundred acres."

"I want to show you what some of
my neighbors are doing" said Mr.
Chute. As we motored along he ex-
plained that this stoney, loamy soil of
Rockland which was thought to be
poorly suited for tillage when broken
up and cleared of stone proves to be
ideal orchard land.

Passing Charles Bentley's twenty-
thousand dollar farm, Mr. Chute point-
ed out a block of gravenstein trees,
which gave \$700 worth of apples this
year. Next we passed through the
expansive and thrifty orchard of Mr.
Margeson which has been giving big
yields, but is light this year.

John Buchanan, following his own
independent ideas in this as in every-
thing else, is making a success of his
large orchard.

\$2,000 WORTH OF GRAVENSTEINS
Stopping for a moment at Stanley
Banks' place in South Waterville, Mr.
Chute showed a block of Crimson
Beauty trees which picked \$1,000 worth
this year and adjoining was a block
in which every tree was loaded to
capacity with handsome clean Red
gravensteins. "There will be \$2,000
worth of gravensteins in that block,"
said Mr. Chute.

MONEY IN FOXES

"But all the money here is not made
out of apples. This man is making as
much as any one in the vicinity" as we
stopped at Rood's fox ranch.

On a third of an acre of land Mr.
Rood has 47 silver-black foxes. He

is experimenting cautiously in feed-
ing, using a small quantity of meat
and thus far has met with good suc-
cess and has reduced his feed expend-
iture materially. He was most ob-
liging in showing his black beauties
and explaining his method of care and
feeding.

As we honked back through South
Waterville and South Berwick, Mr.
Chute gave a bit of history of each
farm. This place twenty years ago was
worth \$2,000 and is now good for five
times that. This man does not be-
lieve in orchard and his farm is worth
the same as it was 25 years ago. This
man started with two acre of orchard
and a block of rough land, now it is
worth \$10,000 and he has money out
at interest. That land was consid-
ered too poor to grow apple trees; the
orchard now speaks for itself and the
owner has a snug bank account. So
ran the comments.

**FROM "POVERTY STREET" TO
PROSPERITY AVENUE.**

"This whole district was formerly
known as Poverty street as the sandy
soil was thought to be almost worth-
less." It might now be called "Pros-
perity Avenue," I thought.

**COULD BE DUPLICATED AT MID-
DLETON.**

"Mr. Chute, you are well acquaint-
ed with Middleton and vicinity. Do
you think the same enterprise would
give the same results there as here."
"No better chance in the Valley than
around Middleton especially on the
Nictaux side. It is only a matter of
going at it," was Mr. Chute's answer
as I thanked him and bade him good
bye.

WATER AND LIGHT FOR BERWICK

Why a thriving community like
Berwick should so long do without
water and lights has been a surprise
to me. After a conversation with M.
R. Nichol, one of the commissioners
I have a better appreciation of the
difficulties the people of Berwick have
had to contend with in this matter.

While Middleton was fortunate in
having a lake or three lakes on the
North Mountain within reach, there
is no lake on the North Mountain from
which Berwick could establish a
gravity water system. The South
Mountain has been almost as unkind
to Berwick in this regard as the
North Mountain.

HAVE MADE A BEGINNING

But recently incorporation of the
Town of Berwick for water and light-
ing has been secured. A waterpower
on the South Mountain is in view and
it is hoped that from this power can
be secured to operate a lighting sys-
tem. Possibly by boring a water
supply can be secured and a pump-
ing system installed and operated by
the same power. A boon to Berwick
would be the installation of water and
light at moderate cost.

ANOTHER BIG WAREHOUSE

A big warehouse is being built at
Berwick station for Grahams Limited,
beside their fine evaporator building.
J. A. Brown and C. H. Lowell, of
Lawrencetown, are in charge of the
work.

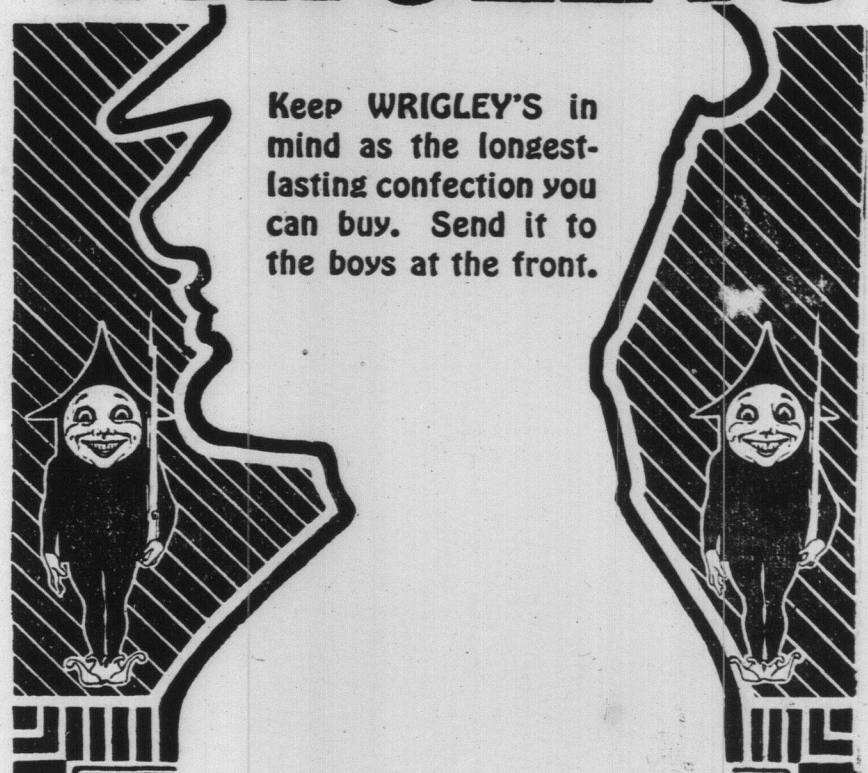
A fraternal call on Editor Wood-
worth of the "Register," and my
pleasant visit to the prosperous town
of Berwick is ended.

FRED E. COX.

One Fifty Dollar Victory Bond Will:

Buy 1,400 rifle cartridges, or,
100 hand grenades, or
104 rifle grenades, or
10 gas masks, or
50 pair soldiers' socks, or
10 pair of soldiers' boots, or
Knives, forks and spoons for a
company, or
Pay Canada's war bill for 4 1-3 sec-
onds or,
One soldier for 40 days, or
Feed 100 soldiers for 40 days, or
Buy 1,000 yards of adhesive tape.

WRIGLEYS



Keep WRIGLEY'S in
mind as the longest-
lasting confection you
can buy. Send it to
the boys at the front.

War Time Economy in Sweetmeats—

a 5-cent package of WRIGLEY'S will
give you several days' enjoyment;
it's an investment in benefit as well
as pleasure, for it helps teeth, breath,
appetite, digestion.

CHEW IT AFTER EVERY MEAL

The Flavour Lasts

Sealed tight—Kept right



JUST RECEIVED

1 Carload Canada Cement

**1 Car Paroid Roofing and
Wall Board**

1 Car British Columbia Shingles

**Also New Brunswick and
Quebec Cedar Shingles**

J. H. HICKS & SONS
BRIDGETOWN, N. S.

The WHITE ROTARY

The UTMOST in SEWING MACHINES

Exquisite in Design.

Efficient as a Superdreadnaught.

The best family SEWING MACHINE made
in America.

Low prices, quality considered.

N. H. PHINNEY
LAWRENCETOWN, N. S.

If for the past four years you have en-
joyed home comfort while others have
been fighting on the battlefield, show
now your keen appreciation by buying
VICTORY BONDS
TO YOUR LIMIT
CANADA MUST HAVE MONEY TO WIN THE WAR

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TEA**

"YOU'LL LIKE THE FLAVOR"