

## JOHNSON'S ANODYNE LINIMENT



FOR  
Colds  
Croup  
Coughs  
Catarrh  
Croup  
Cholera  
Colic  
Asthma  
Bronchitis  
Influenza  
Pleurisy

Don't let a cough or a cold get a hold on you—it may develop into something serious. Shake it off at once—take a few drops of Johnson's Anodyne Liniment on sugar and see how quickly it will bring relief.

Good for external pain too. For 97 years has cured sprains, strains, muscular rheumatism, sciatica, lumbago, stiff joints, lame back, etc. Try it!

Manufactured under Food and Drugs Act, Toronto, Ont. Bottles contain 1 1/2 oz. A bottle is large bottle holding three times as much. See "Sold everywhere."

I. S. JOHNSON & CO., BOSTON, MASS.

**Come! Come! Come!**

—To the new—  
**Meat Market on Granville St.**  
Fresh Beef, Lamb, Pork, Hams,  
Bacon, Sausages, Head Cheese,  
Mince Meat, Etc., Etc.

Prices Right.  
**MOSES & YOUNG**

**Stoves  
Stoves**

See our large assortment of heaters. Sole agent for the celebrated **QUEEN HEATERS** from \$3.00 up.  
Furnace work and plumbing personally attended to at bottom prices.



**R. ALLEN CROWE**  
Queen Street. Bridgetown.

**Carriages!**

We still have a few new Carriages and several second hand Carriages on hand which we are anxious to close out. At the prices offered these second hand Carriages are genuine bargains, as they are in good repair and nearly as good as new.

We invite inspection.

**Bridgetown Foundry Co Ltd.**

**Fruit for Preserving**

Lombard Plums,	Tomatoes,
Egg Plum	Pears, Crabapples,
Damson Plums,	Apples, etc.

Also jars in all sizes

**C. L. PIGGOTT**

**NEW FALL MILLINERY**

Our fall opening of Millinery will be held on Wednesday and Thursday October 9th and 10th. In the meantime we shall be happy to show goods to any who wish to inspect our stock.

**MISS ANNIE CHUTE**

**Agricultural**

**THE WORK OF POTATO IMPROVEMENT AS CARRIED ON THROUGHOUT CANADA UNDER THE DIRECTION OF THE CANADIAN SEED GROWERS' ASSOCIATION.**

(Extract from the last Annual Report of the Secretary.)

During the past year very material progress has been made by way of perfecting our methods of potato improvement and in instituting their application throughout the country. At the last meeting of the Association a very excellent paper on potato improvement was read by Mr. W. T. Macoun, Horticulturist at the Central Experimental Farm. Upon the work which Mr. Macoun and many other authorities on the potato plant both at home and abroad, have done, a system of potato improvement suitable for use among Canadian growers was drafted and is being applied by several this year. The system adopted is simple and practical yet is founded on scientific principles, the individual plant being taken as the basis for improvement. The tubers produced by each plant are, morphologically considered, simply swollen portions of the vegetative and not of the reproductive system. The question has therefore been raised as to whether or not the principles of sexual reproduction through the seed, obtain in a sexual reproduction or perpetuation through parts of the vegetative system. Bad variation is, as a rule, more narrow than is seed variation, and some investigators claim that a part of any plant cannot possess qualities which differ materially from those of another part of the same plant. The best obtainable evidence at the present time does not support this view and the "individuality" of different parts is more generally recognized. Since the tubers produced by any single plant are all distinct parts of that plant the possibility of variation in the productive capacity and in other qualities is recognized.

The system drafted for use by this Association enables the grower to plant the seed tubers taken from the different hills which were especially chosen for seed purposes the year previous, so that any promising variation which may result may be kept and used in endeavoring to build up a strong, healthy and productive type. Furthermore, in almost all parts of Canada, no matter how suitable may be the conditions, there are many adverse conditions with which the potato has to contend. Unfortunately man himself is often the worst enemy of the potato and unconsciously, though very materially, assists in its downfall. The using of small potatoes from degenerate hills is perhaps one of the most glaring examples of this as far as the seed is concerned. The practicing of improper cultural methods is another common error. Against these things the plant is continually struggling year after year and while there is a continual survival of the fittest, wherein a few plants succeed in fighting above the prevailing difficulties in an endeavor to maintain the standard of the race yet unfortunately these are quickly gathered in and hurried off to market leaving the smaller, less desirable and often degenerate tubers remaining to be used for seed purposes. With such a system is there any wonder why many of our best varieties have suffered a rapid decline until they are now practically worthless? What is needed among potato growers is today is some practical system whereby it may be possible to select for seed purposes those hills which have shown themselves superior to others enjoying equal opportunities. In this way seed tubers which rank above the average would be chosen while those falling short would be ignored, hence making

for an upward instead of a downward tendency. The need of just such an arrangement has been met by the Association in its system of potato improvement already referred to.

In undertaking systematic work according to this system it is recommended in the first place that a good standard variety be chosen and that the best possible seed of that variety with which to start be secured. The new beginner is advised to test two or three leading varieties—the first year in small plots side by side, to keep the hills separate when digging and, after having decided which variety has given the best results, to select and keep separate twenty-five of the best hills of this variety for planting in the breeding plot of the following year in accordance with the regulations as drafted. While the minimum size of the seed plot recognized by the Association is 1/2 acre, yet in the case of potatoes it was thought advisable to depart somewhat from this rule and to reduce the size of the plot to one consisting of 25 rows with 8 hills in each row, both rows and hills to be at least 24 inches apart. A plot of this size, if was thought, should not require more work than the average grower can well afford to expend and more care should be encouraged. From each of the 25 chosen hills 8 of the most uniform, smooth, and sound tubers are then chosen and each set of 8 tubers so selected is used to plant one of the eight-hilled rows, a single whole tuber being used to plant each hill, within the rows are likewise kept separate for examination. This arrangement permits the grower to determine first the best rows and ascertain the best hills in these rows, and the best number of specially desirable hills can then be laid away for planting on the plot the following spring as above indicated. Special blank forms are sent each grower in duplicate in order that he may record certain information regarding the performance of each row referring especially to yield, quality and freedom from disease. While it is urged that the crop on the improved plot be sprayed for blight, yet the spraying of the breeding plot is left to the discretion of the individual grower.

The object where disease is troublesome the desirability of developing strains capable of withstanding the malady is such that spraying is ignored and those plants which have shown the greatest power in resisting disease varieties in their attitude toward blight and other diseases as observed at the different experiment stations is so noticeable that the development of disease-resistant strains seems to offer great possibilities.

Notes: Potato growers looking for maximum crops are recommended to try the above system. While anyone may carry on the work independent of the above Association yet there are certain advantages which come through organized effort. We advise all, therefore, who desire to know more of this work to communicate at once with the Secretary, Canadian Seed Growers' Association, Canadian Building, Ottawa Ont., as the best time for selecting for next year's crop is not far distant.

**TO MAKE THE FARM ATTRACTIVE**

File wood neatly.  
Keep the barn clean and neat.  
Keep walks and porch swept clean.  
Clean up or fill up small dirty ponds.  
Burn as much of the garbage as possible.  
See that fences are mended and painted.  
Keep the grass around the house in good condition.  
Cover the old rain barrel with a piece of cheese cloth to keep insects out.  
Rake off all the rubbish, pick up the papers and dispose of all waste matter.  
Put screens in neatly, and see that the screen doors have locks that are in order.  
Keep the house in good condition. See that the roof is mended, and the house painted.  
Don't keep garbage or wet material in wooden barrels, because the wood becomes soaked and can't be cleaned.  
Don't empty fish water right outside the kitchen door. It makes a wet, slimy place, which is often the source of disease.  
Dig a deep pit and put all the old tin cans, broken bottles, broken china and rusty pans and kettles in it. Cover with earth.  
Prune the trees and don't leave the branches lying under them. Either take them away or use them as a hedge for sweet peas.  
Don't keep empty tin cans lying around the house. When it rains they fill with water and breed mosquitoes and are a constant danger to the family.  
If there is an unsightly building, plant vines that will form a screen.

Will cucumber, wild hops, morning glories and flowering beans make quick growth.

Do not have too many trees right around the house. A farm house should be very healthy, but is quite often the opposite and we find the rooms damp and the roof and foundation often covered with moss.

Pain anywhere, pain in the head, painful periods, neuralgia, toothache, all pains can be promptly stopped by a thoroughly safe Little Pink Candy Tablet, known by druggists everywhere as Dr. Shoop's Headache Tablets. Pain simply means congestion—undue blood pressure at the point where pain exists. Dr. Shoop's Headache Tablets quickly equalize this unnatural blood pressure, and pain immediately departs. Write Dr. Shoop, Racine, Wis., and get a free trial package. Large box 25 cts.—Druggists.

Fattening birds should always receive soft feed. As they have no exercise they require food that can be quickly and easily digested. The following mixture is fed at a New York establishment: 100 pounds finely ground barley, 100 pounds finely ground corn, 100 pounds finely ground oats (hulls sifted out), to which mixture is added 10 per cent of beef scrap. Buttermilk or skim milk is used for mixing, the former being preferred. A little salt is sometimes added. The birds are fed twice a day at intervals of twelve hours and are crammed for about three weeks. It is important that the intervals between the feedings should be as nearly equal as possible.

Another ration may be made as follows: 100 pounds ground oats, 100 pounds ground corn, 50 pounds flour and 4 pounds tallow.

Because you have contracted ordinary colds and recovered from them without treatment of any kind, do not for a moment imagine that colds are not dangerous. Everyone knows that pneumonia and chronic catarrh have their origin in a common cold. Consumption is not caused by a cold, but the cold prepares the system for the reception and development of the germs that would not otherwise have found lodgment. It is the same with all infectious diseases. Diphtheria, scarlet fever, measles and whooping cough are much more likely to be contracted when the system is so prepared for their reception than when a cold is to take Chamberlain's Cough Remedy. The many remarkable cures effected by this preparation have made it a staple article of trade over a large part of the world. For sale by W. A. Warren, Phm. B.

**A STUDY-TABLE FOR THE CHILDREN.**

Have the carpenter make a table three feet square of any hard wood with good, substantial legs, have two drawers—one on each side and above them heavy leaves to pull out after the fashion of typewriter-rests on business men's desks. These leaves rest on the open drawers and make hand desks for the children, as they are sloping and not so high as the ordinary table. The table should be about thirty inches high. It should be built with a lower deck or shelf, which may be stocked with simple books of reference, while the drawers hold pencils, paper, erasers and everything else the small students need. In the evening have a good lamp with a shade, and turn the table over to the children. It will pay for itself a thousand times in time and temper saved, and is an incentive to study to the little ones, who get tired of hunting up dozens of books before beginning study.

**MORE THAN ENOUGH IS TOO MUCH.**

To maintain health, a mature man or woman needs just enough food to repair the waste and supply energy and body heat. The habitual consumption of more food than is necessary for these purposes is the prime cause of stomach troubles, rheumatism and disorders of the kidneys. If troubled with indigestion, revise your diet, let reason and not appetite control, and take a few doses of Chamberlain's Stomach and Liver Tablets and you will be benefited.

The world has always canonized her martial heroes. They love the war horse with its rider who bears an unbeaten sword. But some of us believe that the pen in the hand of some is mightier than any here on a battlefield that turns the tide of destiny.

**Stops Colic**  
Nurses and Mothers' Treasure  
Keeps all stomach and bowel disorders. Makes baby plump and rosy. Proved by 30 years' successful use. Ask your druggist for it.

National Drug & Chemical Co., Limited, Montreal.

**Professional Cards**

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1115 EXTRACTOR  
By Gas and Local Anesthesia  
Crown and Bridge Work a specialty.  
Office: Queen street, Bridgetown.  
Hours: 9 to 5.

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Physician, Surgeon  
and Accoucheur  
Office and residence, Granville street,  
Bridgetown. Telephone connections.  
(Formerly Dr. Barnaby)

**J. J. RITCHIE, K. C.,**  
Keith Building Halifax  
Mr Ritchie will continue to attend the sittings of the Courts in the County  
All communications from Annapolis clients addressed to him at Halifax, will receive his personal attention

**Arthur Horsfall DDS. D.M.D**  
Dentist  
Will be at his office Mondays and Tuesdays of each week.  
Office of late Dr. Primrose.  
Hours: 10 to 5.

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Prompt and satisfactory attention given to the collection of claims, and other professional business.

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Money is loaned at 5 per cent on Real Estate

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Hearse sent to any part of the County.  
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J. M. FULMER, Manager

**LESLIE R FAIRN**  
ARCHITECT  
AYLESFORD, N.S.

**The Photo Studio**  
will be open Tuesday and Wednesday of each week in place of Saturday afternoon, until October 15th. After that, I will remain permanently at Bridgetown.  
Hours: Tuesday, 12 a. m. to 6 p. m.  
Wednesday, 8 a. m. to 2 p. m.

**Percy Saunders, Photographer**

**BearRiver Granite Works**  
Best and cheapest place to buy Granite Monuments.  
Inquire prices and be convinced

**Take Notice**  
The old established building surveyor W. A. Chute, is again in the field prepared to move and raise all classes of buildings. Having stranded vessels, hoisting boilers or engines out of steamers. I will guarantee satisfaction and will meet all competition.  
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