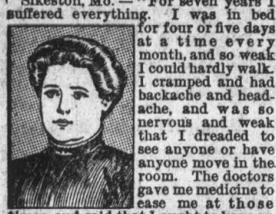


SEVEN YEARS OF MISERY

All Relieved by Lydia E. Pinkham's Vegetable Compound.



Sikeston, Mo.—"For seven years I suffered everything. I was in bed for four or five days at a time every month, and so weak I could hardly walk. I cramped and had backache and headache, and was so nervous and weak that I dreaded to see anyone or have anyone move in the room. The doctors gave me medicine to ease me at those times, and said that I ought to have an operation. I would not listen to that, and when a friend of my husband told him about Lydia E. Pinkham's Vegetable Compound and what it had done for his wife, I was willing to take it. Now I look the picture of health and feel like it, too. I can do my own housework, hoe my garden, and milk a cow. I can entertain company and enjoy them. I can visit when I choose, and walk as far as any ordinary woman, any day in the month. I wish I could talk to every suffering woman and girl."

—Mrs. DEMA BETTUNE, Sikeston, Mo.

The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pinkham's Vegetable Compound.

It is more widely and successfully used than any other remedy. It has cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing down feeling, indigestion, and nervous prostration, after all other means had failed. Why don't you try it?

Guide-Advocate
Watford, Ont.
PUBLISHED EVERY FRIDAY.
Subscription—\$1.00 per annum in advance. \$1.50 if not so paid.

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Space	One Year	Half Year	3 Months
One column	\$60	\$35	\$20
Half column	35	20	12
One fourth column	20	12	8
One eighth	12	8	5
One twelfth	8	5	3

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HARRIS & CO.
PROPRIETORS.

Guide-Advocate
HARRIS & CO. PROPRIETORS
WATFORD, MAY 5, 1911.

Procrastination.

The wisdom of prompt action was lately demonstrated in rather a pathetic way. Two sisters had listened to an address directing attention to the Canadian Government Annuities system as an opportunity for safe investment to people of small means, and with the result that both resolved to take advantage of it immediately. Each had a sum of \$2,000 invested in the stock of a certain Bank. The younger sister, aged 65, did not delay, but at once sold her stock and made the purchase, and is

now in receipt of an income of over \$50 quarterly, the first instalment of which was paid to her three months after the purchase had been made. This gives her for life an income equal to 10% on the amount invested. The elder sister intended to follow her example, but unfortunately, on the advice of Mr. Knowall, put off doing so until it was too late. The Bank failed and her savings of a lifetime were swept away as in the twinkling of an eye. But not only was her \$2,000 lost, but she became indebted to the Bank under the double liability clause to the sum of \$2,000. Had she invested the amount as did her sister in the purchase of an Annuity she would have had an income no matter how long she lived of \$225 a year.

Further information may be obtained on application to your Postmaster, or to the Superintendent of Government Annuities, Ottawa, to whom all letters go free of postage.

Rural School Gardens.

A successful school garden was conducted last year at school section No. 6, Chatham township, south, under the direction of Miss Jean Schleihauf, who took the course in Elementary Agriculture and Horticulture in the 1909 Teachers' Normal class. Besides the experimental and demonstration lots, there were 38 pupils' individual plots, in the garden; of these it was estimated that thirty were a success.

The work was encouraged by the trustees and neighborhood in general. A friend of the school furnished a supply of manure. The pupils spaded half of the ground required, and the janitor the other half. The hoes, rakes and spades were borrowed for the work; the pupils brought their own stakes and twine for marking off the plots. Each child kept a garden journal. The work did not interfere in any way with the regular school work, and on the other hand Miss Schleihauf reports that the garden work gave greater interest and vividness to the other studies.

No difficulty was experienced in caring for the garden during the holidays. On the opening of the school in August, the flowers and other plants were found to have been well looked after by the pupils during the holidays.

There are good prospects of a wider adoption of gardening in the schools of Kent County. There are now four teachers in West Kent qualified to take up the work. With the active support of the Ontario Corn Growers Association, the inspector and a body of trustees who see the value of education that deals with the concerns of the home and farm, the future promises well for the boys and girls in the rural schools of that county.—Essex Free Press.

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Seeds of maple trees have been known to germinate in ice.

Despite their lesser area, Germany, Russia and Austria produce more potatoes than the United States.

There is every probability that the canton of Grisons, Switzerland, will have the first official woman clergyman soon.

The British and American colonies in Valparaiso, Chile, want to build a hospital to cost \$40,000 to \$50,000. The site has been secured.

Many persons fancy that the entire Chinese people depend on rice as the main article of diet, but there are millions in central and north China that have never tasted rice and to other millions it is more of a luxury than wheat.

Toronto had 29 suicides last year. That's pretty bad, and it's all the worse because sometimes it was those who could not best be spared that committed suicide.

The little daughter of a clergyman stubbed her toe and said, "Darn!" "I'll give you ten cents," said her father, "if you'll never say that word again." A few days afterward she came to him and said: "Papa, I've got a word worth half a dollar."

DIDN'T KNOW BEETHOVEN.

The Ignorance That Exists In Russian Official Circles.

The following amazing story illustrates how deep is the ignorance of Russian officials on some matters and how bitter is their hatred of even the mere mention of the name of the late Count Tolstoy.

It is required by the Russian law that whenever a concert is to be held the police shall be notified of the fact. Recently a club complying with this injunction also forwarded a copy of the program, wherein appeared the item "Kreutzer Sonata." Across this the chief of police wrote, "Tolstoy prohibited." However, the program was proceeded with unaltered, and hearing this, an infuriated chief of police summoned the directors of the club before the governor. "How dare you disobey orders!" they were asked. "You were told that Tolstoy was prohibited." Light dawned on the concert promoters, and they quickly explained that the "Kreutzer Sonata" which appeared in their program had no reference to Tolstoy's book of that title, but to a musical work composed by Beethoven. "Everybody knows Tolstoy," snapped the governor, "but who knows your Beethoven?" It was only by a telegraphic appeal to M. Stolypin, who assured the governor that there was such a person as Beethoven and that he had written a "Kreutzer Sonata," that the club officials were able to convince the governor that he had jumped to a hasty and wrong conclusion.

How to Arrange the Garden.

Put the small fruits and permanent vegetables (asparagus, rhubarb, herbs) at one end of the garden. Put strawberries nearest the plowable land.

Run the rows north so that the sun will shine on both sides of every plant. Make a path three feet wide or more along two sides of the garden at right angles to the rows. Have no path in the center. Make a path a foot wide between every five rows of small vegetables.

Put the tall vegetables (corn and pole beans) where they will not shade the small vegetables—that is, at the north end of the garden.

Use the warmest, highest and best drained spot for the earliest crops—viz, the first sowing of peas, with spinach, lettuce and radishes between the rows.

—Country Life In America.

Are you a sufferer with corns? If you are, get a bottle of Holloway's Corn Cure. It has never been known to fail.

Marcus Ribble, in Sandwich jail on a charge of assaulting his daughter, committed suicide by hanging.

A parson was reading the Scriptures to an old sailor. "And Solomon," he said, "had 500 wives and 300 concubines." "Dear, dear!" gasped the old salt: what privileges then early Christians did have, to be sure, sir."

Shiloh's Cure
quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.

The Middlesex and Lambton Baptist Association will convene at Sarnia on June 5th, 6th and 7th.

The difference in men is often astonishing. The corn growers near Des Moines, Iowa, have been satisfied with a crop bringing \$12 an acre, and yet the son of a stone mason recently came among them made as high as \$400 an acre out of tomatoes. In the last seven years this young man has made \$18,000 worth of improvements on a little farm of 32 acres. He uses very little manure, but a great deal of water. He makes \$2,500 a year on lettuce alone. Other men find farming a slow business, while this young man makes a fortune out of it with all ease. The difference is certainly strange.

A Good Idea in Hair Treatment.

The trouble with most women's hair is that they won't take the time to give it proper treatment. If you want your hair to have that look of lustre and vitality, you must take care of it. You cannot expect to have splendid hair if you simply run a comb through it in the morning—give it a dab on the outer edge with a brush—throw it into a braid—switch it around the head—jab in a few hair pins—and let it go at that.

Hair is like any other growing thing—it needs attention—it needs care—it needs thorough grooming regularly—not only the hair but the scalp.

If you have the time and patience you won't need any hair tonic—but most women haven't. The next best thing is Nyal's Hirsutone. It is the best thing offered to take the place of hours of combing and brushing.

It tones up the roots, brightens the color, improves the texture and makes it stay gracefully where it is put.

Hirsutone literally revitalizes the neglected hair.

Your Druggist cheerfully recommends Hirsutone because he knows. In artistic bottles \$1.00 and 50c.

Sold and Guaranteed by WATFORD DRUGGISTS.



One for each everyday ailment

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of *Chas. H. Fletcher*

The Kind You Have Always Bought

In Use For Over 30 Years
THE CASTOR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Plants. Plants. Plants.

Planting time will soon be on hand and so will we with our RELIABLE BEDDING AND VEGETABLE PLANTS FOR MAY AND JUNE DELIVERY. Watch for our deliveries and place your orders for some of the plants that grow, from

MONTVIEW GARDENS, ARKONA

OPPOSITE CEMETERY.
PHIL. AUSTIN, Proprietor.

Information can be got at our agents,
N. B. HOWDEN EST., Watford.
A. BEATTIE & CO., Thedford.

KERWOOD ROLLER MILLS.

OUR FLOURS:
Ladies' Choice, Silver Leaf and Scotch Thistle.
The Best on the Market. All Tried and Proven.

FEED OF ALL KINDS.
Including a Big Shipment of Corn Just Arrived.

Best Attention Given to Gristing and Chopping
HIGHEST PRICE PAID FOR WHEAT.

Thanks for past favors, and we solicit further orders which will receive our prompt and careful attention.

G. A. DUNLOP, Proprietor.

OUR Furniture Sales

Continue to increase each year and we appreciate the very generous patronage that it has been our pleasure to enjoy during 1910 and during 1911 we shall be in a better position than ever to give you

The Newest . . . **FURNITURE**
The Best . . .
And the Cheapest

that the wholesale trade supplies, because we buy in large quantities and receive large discounts which means bigger values for our patrons. We cordially invite you to share in those advantages.

H. A. COOK,

Main St., Watford. Furniture and Undertaking.