In Womanly Ailments and Weaknesses

Dr. Shoop's Night Cure Soothes, Heals and Cures while the Patient Sleeps.

The best remedy which physicians know for Female Weaknesses is composed of parts of a certain white lily. To this are added other remedies which draw out the poisons and heal the inflamed membranes. This soothing antiseptic local application is known by druggists and physicians everywhere as DR. SHOOP'S NIGHT CURE—because it cures while the patient sleeps and the morning finds the pain, the inflammation, the discharges, abated. The lives of many women are records of martyrdom. They suffer, they are sick, they never know a well day—yet all this suffering and sickness is unnecessary. Every ailing woman may be made strong—may be made to experience the vigor and vitality of robust and perfectly healthy womanhood. It is to this ever-increasing number of suffering women that Dr. Shoop sends his message of hope and life and good cheer. It is to these sick and ailing women that DR. SHOOP'S NIGHT CURE will come as a Balm of Gilead. You may not know your trouble by the name physicians give it, but remember DR. SHOOP'S NIGHT CURE may be relied upon in all cases of womb ulceration, falling of the womb, pains in the womb or ovaries, leucorrhœa, (whites) inflammation, congestion, irregular or painful menstruation. Ask for Dr. SHOOP'S NIGHT CURE. Recommended and sold by

Woman's Night Cure

T. B. TAYLOR.

INSURANCE

J. H. HUME.

AGENT FOR

FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.

REPRESENTING

Five Old and Reliable Fire Insurance Companies

If you want your property insured please call on J. H. HUME and get his rates.

—ALSO AGENT FOR—

G. T. R. Telegraph and Canada Permanent Loan and Saving Co.

Ticket Agent For C. P. R.—Tickets sold to all points in Manitoba, Northwest and British Columbia.

THE LAMBTON

Farmers' Mutual Fire Insurance Company.

(Established in 1875

J. W. KINGSTON - President.
THOS. STEADMAN - Vice-Pres

DIRECTORS

ALBERT DUNCAN, JAMES ARMSTRONG
HENRY MCBRYAN, PETER MCPHEDRAN

W. G. WILLOUGHBY,
Secretary-Treasurer, WALNUT P. O

Farms For Sale.

200 ACRES, Lot 21, Con. 4, S. E. R., Warwick, situated on gravel road 1 mile from Watford. Soil rich clay loam, frame barn and outbuildings in good repair, good frame house with cellar, plenty of fruit, wood and water, farm principally in grass. Price $9,500; terms to suit. Owned by John G. Miller, Watford, P. O.

50 ACRES, W. ½ of E. ½, Lot 22, Con. 4, S. E. R., Warwick, 1½ miles from Watford, on gravel road, soil light clay loam, two wells, 2 acres orchard, 5 acres bush, frame house and barn, granary, stables etc. Price $2,600. Will exchange for 100 acres to suit. Wm. McLean, owner, Watford P. O.

116 ACRES, Gore Lot 2, Con. 2, S.E.R., Warwick, 95 acres cleared, balance hardwood timber. Soil clay loam, easily worked and well drained, two spring wells, large brick house, good orchard, mostly winter fruit; good frame barn, stables and drivehouse, 6 miles to Watford and Wyoming, ¼ mile to church, 2 miles to Wanstead Post Office. Price $4,900. Possession spring or fall. Owner, John Brock, Wanstead P. O.

The above are a few of the desirable properties in this locality for sale by the Western Real Estate Exchange. Farms advertised free until sold. For further particulars regarding these properties, apply to the owners, or to

C. L. BRYCE, Agent,
Western Real Estate Exchange.
Frost & Wood, Warerooms, Watford

50 YEARS' EXPERIENCE

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When Forks Succeeded Fingers.

Table forks are a comparatively modern invention. They have been in general use only during the last few hundred years. They were first used by the Italians as early as the twelfth century, but it was not until the end of the fifteenth that they came into general use.

In other countries at that time the use of table forks was considered a contemptuous vice, and in 1450 Marius praised the King of Hungary for eating with his fingers without soiling his clothes. In the sixteenth century forks were not used in Sweden, and at the end of the same century they were novelties at the French court, where the French beauties soiled their dainty fingers in conveying their food to their mouths.

Strange to say, our parent country England was one of the last among the larger nations to adopt the use of table forks, and Ben Jonson, in his play, "The Devil Is An Ass," says: "The laudable use of forks is being brought into custom here as in Italy, to the sparing of napkins."

In monasteries the use of forks in eating was considered sinful, and was strictly forbidden, and it was not until Shakespeare had been in his grave for twenty years that forks came into general use in England.

Why That Weariness.

You're uneasy, restless, without appetite. Still worse you are thin and fagged out. Work must be done, but where is the strength to come from.

Make your blood nutritious and you will have lots of strength. Your only hope is Ferrozone an instant blood-maker, blood-purifier, blood-enricher. It brings keen appetite, digests food and supplies nutrition for building up all the bodily tissues. Ferrozone makes muscle and nerve-fibre, increases your weight, instills a reserve of energy into the body that defies weariness, or exhaustion from any cause. To have virility and healthy vigor use Ferrozone which all dealers sell in 50c. boxes.

MIDDLETON—DAVIS.

A very happy event took place at the home of the bride's mother, Mrs. Robt. Davis, Wyoming on Wednesday, August 1st, when her daughter, Miss Edythe Isabella, was united in marriage to Clarence Middleton. The ceremony was performed by Rev. J. M. Gunne, rector of St. John's church, in the presence of only the immediate relatives of the conducting parties. The bride wore her travelling suit of brown broadcloth and both bride and groom were unattended.

The happy couple left on the 2.37 train from Wanstead on a trip to the West.

The Simple Facts.

From the Calgary Herald.

"Children," said the teacher, instructing the class in composition, "you should not attempt any flights of fancy, but simply be yourselves and write what is in you. Do not imitate any other person's writings or draw inspiration from outside sources."

As a result of this advice Tommy Wise turned out the following composition: "We should not attempt any flights of fancy, but write what is in us. In me there is my stummick, lungs, hart, liver, two apples, one piece of pie, one stick of lemon candy, and my dinner."

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher

Health Hints.

Carrots are good for those having a tendency to gout.

Do not bathe the body for at least an hour after meals.

Rhubarb should not be eaten by "gouty" or rheumatic people.

Do not eat between meals (habitually) or at irregular intervals.

Dates are exceedingly nourishing and also prevent constipation.

Asparagus and celery are both beneficial to sufferers from rheumatism.

A gargle of salt and water is a remedy for an ordinary sore throat.

Three pints of water daily should be drunk by the average man.

Avoid iced drinks at meal time, particularly at the beginning of the meal.

Avoid over-eating. Of the two evils it is better to eat too little than too much.

Water standing in a room is a good disinfectant, as it absorbs all impurities.

A piece of raw onion rubbed on a troublesome chilblain is very soothing.

Apples are particularly wholesome for "gouty" people and those with a sluggish liver.

A little parsley eaten immediately after onions will remove the odor from the breath.

The juice of grapes is laxative, but the skin and seeds are likely to cause constipation.

Lettuce has a soothing effect on the nerves, and is excellent for sufferers from insomnia.

The juice of lemon is excellent as a gargle for sore throat, but must not be swallowed.

Bullfrog Likes Chicken.

William Lennard, a farmer, living near Flemington, N. J., has just solved the mystery surrounding the disappearance of 18 of his chickens, and as a result a large pet bullfrog has been banished from the premises.

For three years the frog has been permitted to live in his garden, but yesterday his frogship was discovered attacking a chicken. When the frog was placed in an improvised pen with another small chicken, it leaped quickly, captured the chicken, and devoured it.

Canadian Briefs.

At Hespler bees stung a horse so badly that the attending veterinary says it will die.

It is said that President Roosevelt will tour Canada on the completion of his presidental term.

The total flour shipment from Vancouver last year amounted to $76,486, of which Japan took $62,000

The Collingwood Shipbuilding Co. will build a ship 406 feet long, with 50 feet beam and 28 feet deck, for the Farrar Transportation Co.

W. A. Cockburn of Sturgeon Falls has made a discovery of rich iron ore in the township of Kirkpatrick, 12 miles from Sturgeon Falls.

Rev. Johd McLeod Sutherland, a former mechanic of Galt, now resident in Toulon, Ill., will shortly publish a book entitled "Then Cometh the Devil."

The C. P. R. land sales for July exceed any previous month. Total 607,037 acres for $2,865,518, compared with 58,477 acres for $304,795 the same month last year.

In Prince Edward County women are in the hay fields running the mowers. Young girls around Picton are getting $1 a day to pick beans for the canning factories.

GIRLS AS HARVEST HANDS.

They Put in Long Hours So as to Garner Crops at Their Best.

Kingston, Ont., Aug. 3.—Women are working in the harvest fields hereabouts, as it is impossible to get male help.

They can run the mowers and binders while the men handle the hay and grain and store it in barns.

They put in long hours so as to have the crops at their best.

In Prince Edward county girls are being paid $1 per day for packing beans for the canning factories.

POPULATION 110,000.

Winnipeg Is Annoyed Over Recent Census Bulletin.

Winnipeg, Man., Aug. 3.—Assessment Commissioner Harris vigorously assailed the estimate of Winnipeg's population given in the first bulletin issued from Ottawa, which fixes the population at 90,216.

Mr. Harris considers the work as done was a farce, and decleares that the population is nearer 115,000, and certainly not less than 110,000.

Mr. Harris points out that the census was taken at the worst time of the year, when hundreds of people are away at summer resorts and their houses are actually closed up, so that it is impossible for enumerators to cover the work efficiently.

Wise Employers Know Clerks.

There is nothing that his employer will notice so quickly as his associations. The young man who is fond of his mother and sisters at home, whose companions are the people of their church or the students at some evening school, strikes an employer favorably. The young men whose associates are sporsmen, gamblers, and adventurers is a terror to his employer, and will never be advanced. If "Juvenis" thinks his employer will never know who his associations are he is mistaken. That is something that an employer must know for self protection, even if he has to employ a detective to find out.

"AVONDALE FARM" FOR SALE.

100 ACRES, Lot 22, Con. 4, N. E. R., Warwick, situated on good gravel road, 2 miles from Arkona, and one mile from Birnam P. O., and cheese factory. Soil rich, sandy loam. On farm are two houses, one new with all modern conveniences. House and barn on each fifty; large orchard of all kinds of fruits, and beautiful maple grove. Will sell east fifty or entire one hundred.

PHOEBE E. WILLIAMS,
July26 tf Arkona, Ont.

County of Lambton.

Treasurers' Notice as to Lands Liable for Sale for Taxes A. D., 1906.

TAKE NOTICE that the list of lands in the County of Lambton liable for sale for arrears of taxes by the Treasurer of the County, has been prepared by me, and that copies thereof may be had in the office of the Treasurer of the County of Lambton in the County Buildings on Christina Street in the town of Sarnia.

AND FURTHER TAKE NOTICE that the list of lands liable for sale as aforesaid is now being published in the Ontario Gazette in the issues thereof bearing dates the 28th day of July and 4th, 11th and 18th days of August, A. D., 1906.

AND FURTHER TAKE NOTICE that in default of payment of the taxes in arrear upon the lands specified in said list together with the costs chargeable thereon as set forth in the said list so being published in the Ontario Gazette before the day fixed for the sale of such lands, being the 31st day of October, A. D., 1906, the said lands will be sold for taxes pursuant to the terms of the advertisement in the Ontario Gazette.

AND FURTHER TAKE NOTICE that this publication is made pursuant to "The Assessment Act 4, Edward VII Chap. 23," and amendments.

DATED at Sarnia this 28th day of July, A.D., 1906.

HENRY INGRAM,
a4-13t Treasurer Lambton County.

Voters' List--1906.

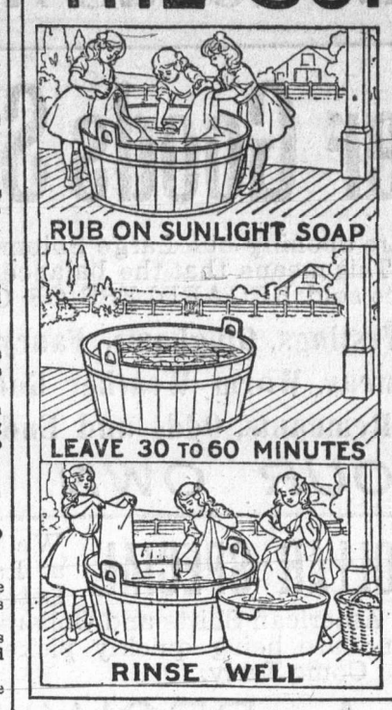
Municipality of the Village of Watford, County of Lambton.

NOTICE is hereby given that I have transmitted or delivered to the persons mentioned in sections 8 and 9 of "The Ontario Voters' List Act," the copies required by said sections to be so transmitted or delivered of the list, made pursuant to said Act, of all persons appearing by the last revised assessment roll of the said Municipality to be entitled to vote in the said Municipality at elections for members of the Legislative Assembly and at Municipal Elections, and that said list was first posted up at my office, at Watford on the 31st day of July, 1906, and remains there for inspection.

Electors are called upon to examine said list, and, if any omissions or any other errors are found therein, to take immediate proceedings to have said errors corrected according to law.

W. S. FULLER,
Clerk of Watford.

THE SUNLIGHT WAY



Sunlight Soap is better than other soaps, but is best when used in the Sunlight way (follow directions).

Hard rubbing and boiling are things of the past in homes where Sunlight Soap is used as directed.

Sunlight Soap will not injure even the daintiest fabric or the hands, and the clothes will be perfectly white, woolens soft and fluffy.

The reason for this is because Sunlight Soap is absolutely pure, contains no injurious chemicals—indeed, nothing but the active, cleansing, dirt-removing properties of soap that is nothing but soap.

5c. Buy it and follow directions **5c.**

YOUR MONEY REFUNDED by the dealer from whom you buy Sunlight Soap if you find any cause for complaint. 165

LEVER BROTHERS LIMITED, TORONTO

FARM LABORERS

CANADIAN PACIFIC RAILWAY

To Manitoba and Saskatchewan

1906 **$12** for the going trip. **$18** additional for the return ticket, under conditions as below.

—GOING DATES—

AUG. 14 Stations south of, but not including main line, Toronto to Sarnia, including Toronto.

AUG. 17 Main line Toronto to Sarnia and stations north, except north of Cardwell Junction and Toronto on North Bay Section.

AUG. 22 From all points Toronto and east to and including Sharbot Lake and Kingston, and north of Toronto and Cardwell Junction on North Bay and Midland Divisions.

One way second class tickets will be sold to Winnipeg only.
Representative farmers, appointed by Manitoba and Saskatchewan Governments, will meet laborers on arrival at Winnipeg.
Free transportation will be furnished at Winnipeg to points where laborers are needed.
A certificate is furnished when each ticket is purchased, and this certificate, when executed by farmer showing that laborer has worked thirty days or more, will be honored from that point for a second class ticket back to starting point in Ontario, at $18.00, prior to Nov. 1st, 1906.
Tickets will be issued to women as well as to men, but will not be issued at half fare to children.
Tickets are good only on special Farm Laborers' trains.

For full particulars see nearest C.P.R. ticket agent, or write C. B. Foster, D.P.A., C.P.R., Toronto.

Resists Wind

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Geo. Chambers,

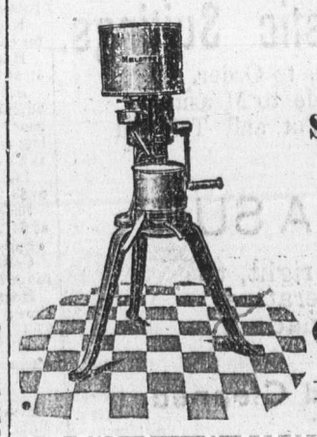
DEALER IN

LUMBER and COAL.

Planing Mill and Chopper,

IN CONNECTION.

Melotte Cream Separators



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